



SEEDS Iceland was founded in 2005 as a non-governmental, non-profit volunteer organisation with international scope. Our main activities relate to the promotion of environmental protection and awareness, intercultural understanding and peace, through the work on social, cultural and environmental projects in Iceland.

We aim to empower, inform and expand the horizons of people of all ages, cultures, and backgrounds, to inform them about the world in which we live and to take an active role in its future development.

SEEDS provides opportunities to live, learn, understand and experience, while sharing and cooperating with others from different cultures and backgrounds.

SEEDS Projects & Activities

SEEDS works closely with local communities, local authorities and other Icelandic associations. Jointly we develop projects aimed at fulfilling an identified need or to help in the development of particular actions that are already being undertaken. Projects are designed to be mutually beneficial to all involved: the individual volunteers, the local hosting communities and Iceland as a whole!

By having a diverse array of projects and bringing together people from different backgrounds, creating more opportunities; we try to fulfil our vision and build on our founding ideas.

Activities developed by SEEDS include:

- Voluntary Service
- International workcamps & Exchanges
- Internships and lifelong learning programmes.
- Awareness raising initiatives and campaigns
- Seminars & training sessions
- Cultural, arts and education exhibitions.



Our projects in Iceland are funded and supported by:

- Contributions from participants and volunteers in the projects
- Youth in Action and Lifelong learning Programmes of the European Commission.
- Engagement of our long-term volunteers and interns.
- Additional non-financial contributions in kind from the local hosts of the projects.

We are members of the Icelandic National Youth Council (LÆF), the Icelandic Environment Association (LANDVERND), the Senior European Volunteers Exchange Network (SEVEN) and work actively as partner organisation of the Alliance of European Voluntary Service Organisations (The Alliance), Service Civil International (SCI) and Youth Action for Peace (YAP).

During 2013 we organised 140 different projects located in every corner of Iceland; we hosted more than 1000 International volunteers from 55 different countries, who performed about 88.000 hours of valuable volunteer work! In this time we increased our work with various environmental protection and conservation projects and we also raised the number of projects related to arts, cultural activities, festivals and sports events.

Volunteers performed different types of tasks, for instance ecological research, removing invasive growth, building hiking trails, cleaning up the coastline, reforestation and erosion control work as well as construction or renovation of heritage monuments or community centres. In the cultural/festival/sport events related jobs, SEEDS came into action helping in their organisation and also taking part actively in the events.

We bring together volunteers and hosts from different nationalities and backgrounds, aiming at building up international understanding and encouraging peace, while working for an identified need within a community.



Many of our participants want to visit Iceland and get to know the country from a different perspective, being able to interact with locals and at the same time dedicating some of their time to support particular projects and addressing specific needs of the hosts.

The rewards for the volunteers, communities and ecosystems are massive, while interacting with Icelanders, volunteers learn about the local culture and have the opportunity to build friendships; additionally, they develop new skills working in challenging and unfamiliar surroundings.

SEEDS Iceland - Workcamps' list for 2014.

For easy browsing and navigation, you can click on the hyperlinks on each project name/location in the table to go directly to the workcamps' description. To return to this table, you can click on each description's title.

<p>* Camp types or themes:</p> <p>AGRI (Agriculture) ARTS (Cultural, arts) CONS (Construction) CULT (Cultural) ENVI (Environment - Nature) FEST (Festival) HERI (Heritage) LANG (Language learning) RENO (Renovation, construction, restoration) SPORTS (Sports events and healthy lifestyle)</p>	<p>Location/Area in the Icelandic map:</p>
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Code	Name / Location	Dates	Type*	Vols.	Age	Area
SEEDS 001.	Winter Photo Marathon in Reykjavík (1:2)	13.01 - 24.01	ARTS / CULT	12	18+	1
SEEDS 002.	Environmentally aware: in Reykjavík	14.01 - 23.01	ENVI / SUST / EDU	8	18+	1
SEEDS 003.	Winter Photo Marathon in Reykjavík (2:2)	27.01 - 07.02	ARTS / CULT	12	18+	1
SEEDS 004.	Environmentally aware: in Reykjavík	28.01 - 06.02	ENVI / SUST / EDU	8	18+	1
SEEDS 005.	Photo Marathon in Reykjavík	10.02 - 21.02	ARTS / CULT	12	18+	1
SEEDS 006.	Environmentally aware: in Reykjavík	11.02 - 20.02	ENVI / SUST / EDU	8	18+	1
SEEDS 008.	Photo Marathon in Reykjavík	24.02 - 07.03	ARTS / CULT	12	18+	1
SEEDS 009.	Environmentally aware: in Reykjavík	25.02 - 06.03	ENVI / SUST / EDU	8	18+	1
SEEDS 010.	Photo Marathon in Reykjavík	11.03 - 20.03	ARTS / CULT	12	18+	1
SEEDS 011.	Environmentally aware: in Reykjavík	11.03 - 20.03	ENVI / SUST / EDU	8	18+	1
SEEDS 012.	Reykjavík: Design March (1:2)	22.03 - 02.04	ARTS / CULT / FEST	8	18+	1
SEEDS 015.	Reykjavík: Design March (2:2)	23.03 - 03.04	ARTS / CULT / FEST	6	18+	1
SEEDS 013.	Photo Marathon in Reykjavík	24.03 - 04.04	ARTS / CULT	12	18+	1
SEEDS 014.	Mýrdalshreppur - South shore (1:3)	02.04 - 16.04	AGRI/RENO/CONS	5	18+	2
SEEDS 016.	Easter Photo Marathon in Reykjavík	12.04 - 23.04	ARTS / CULT	12	18+	1
SEEDS 017.	Easter Environmentally aware: in Reykjavík	13.04 - 22.04	ENVI / SUST / EDU	8	18+	1
SEEDS 007.	Mýrdalshreppur - South shore	23.04 - 07.05	AGRI/RENO/CONS	5	18+	2
SEEDS 019.	Botanic Garden in Reykjavík (1:9)	27.04 - 10.05	ENVI / NATU	7	20+	1
SEEDS 020.	Photo Marathon in Reykjavík	28.04 - 08.05	ARTS / CULT	8	16+	1
SEEDS 022.	Ísafjarðardjúp: Nature & Fun in the Westfjords (1:3)	06.05 - 20.05	CONS / ENVI	9	18+	3
SEEDS 023.	Fun, farm & Animals in the South (1:2)	08.05 - 22.05	CONS/RENO/ENVI	8	18+	2
SEEDS 024.	Botanic Garden in Reykjavík (2:9)	11.05 - 24.05	ENVI / NATU	7	20+	1
SEEDS 025.	Photo Marathon in Reykjavík	12.05 - 22.05	ARTS / CULT	8	18+	1
SEEDS 036.	Djúpavík - Where the northern road ends!	15.05 - 26.05	CONS/ENVI/RENO	8	18+	3
SEEDS 041.	Eyrbakkí in the South Coast	15.05 - 28.05	ENVI/RENO/CONS	6	18+	2
SEEDS 018.	Outdoor adventures in the Blue Mountains	19.05 - 02.06	ENVI / CONS	12	18+	2
SEEDS 021.	Island of Viðey (1:2)	19.05 - 28.05	ENVI / AGRI	7	18+	1
SEEDS 028.	Ísafjarðardjúp: Nature & Fun in the Westfjords (2:3)	20.05 - 03.06	CONS / ENVI	7	18+	3
SEEDS 026.	Mýrdalshreppur - South shore	21.05 - 04.06	AGRI/RENO/CONS	5	18+	2
SEEDS 029.	Nature & Fun at the feet of Vatnajökull	22.05 - 05.06	ENVI / RENO	8	18+	6
SEEDS 027.	Sandfell - Fljótsdalshérað (1:2)	24.05 - 07.06	CONS / ENVI	8	18+	6
SEEDS 033.	Forest & Paths in Skagafjörður	24.05 - 06.06	AGRI/ENVI/CONS	6	18+	4
SEEDS 030.	Botanic Garden in Reykjavík (3:9)	25.05 - 07.06	ENVI / NATU	7	20+	1
SEEDS 032.	Spring in Eyjafjörður - The longest fjord	25.05 - 07.06	CONS / ENVI	6	18+	4
SEEDS 031.	Photo Marathon in Reykjavík	26.05 - 05.06	ARTS / CULT	8	16+	1
SEEDS 034.	Working & Fun in the South (1:3)	29.05 - 13.06	CONS/RENO/ENVI	8	18+	2
SEEDS 040.	Far far away! Icelandic heritage	29.05 - 12.06	CONS/RENO/ENVI	8	18+	6



SEEDS 035.	Eyrarbakki in the South Coast (1:2)	01.06 - 15.06	CONS / ENVI	9	18+	2
SEEDS 037.	Meet us - don't eat us (1:6)	02.06 - 14.06	ENVI / ARTS	10	18+	1
SEEDS 044.	Forestry in the land of fire and ice (1:4)	02.06 - 13.06	ENVI/CONS/EDU	7	18+	2
SEEDS 038.	Nature & Culture in the North of Iceland	03.06 - 13.06	AGRI / ENVI	9	18+	4
SEEDS 039.	The Highlands North of Vatnajökull glacier	06.06 - 20.06	CONS/RENO/ENVI	8	18+	5
SEEDS 045.	Skriðdalur - Crawling Valley	06.06 - 20.06	ENVI/CONS/RENO	8	18+	6
SEEDS 042.	Botanic Garden in Reykjavík (4:9)	08.06 - 21.06	ENVI / NATU	7	20+	1
SEEDS 043.	Photo Marathon in Reykjavík	09.06 - 19.06	ARTS / CULT	8	18+	1
SEEDS 046.	Bjarnarfjörður in the West fjords	10.06 - 24.06	AGRI / ENVI	8	18+	3
SEEDS 047.	The Highlands of Iceland - The Famous Kjölur Road (1:2)	10.06 - 23.06	CONS / RENO	10	18+	5
SEEDS 049.	Secret Solstice Music Festival - Build (1:2)	11.06 - 25.06	FEST / CONS	10	18+	1
SEEDS 048.	Revegetation in the south of Iceland (1:2)	12.06 - 26.06	ENVI	13	18+	1
SEEDS 050.	Secret Solstice Music Festival - Art (2:2)	12.06 - 25.06	FEST/ARTS/CULT	12	18+	1
SEEDS 051.	Meet us - don't eat us (2:6)	16.06 - 28.06	ENVI / ARTS	10	18+	1
SEEDS 052.	Forestry in the land of fire and ice (2:4)	16.06 - 27.06	ENVI/CONS/EDU	7	18+	2
SEEDS 053.	Sirkús Íslands in Reykjavík (1:5)	17.06 - 01.07	CULT / ART	5	20+	1
SEEDS 054.	Strandir in the West fjords of Iceland	19.06 - 01.07	CONS/FEST/ENVI	8	18+	3
SEEDS 055.	West fjords: Music Festival	20.06 - 30.06	FEST/CULT/ARTS	8	20 - 35	3
SEEDS 056.	Botanic Garden in Reykjavík (5:9)	22.06 - 05.07	ENVI / NATU	7	20+	1
SEEDS 057.	Photo Marathon in Reykjavík	23.06 - 03.07	ARTS / CULT	8	16 - 20	1
SEEDS 058.	Hitting the slopes - Skálafell (1:2)	23.06 - 30.06	CONS/ENVI/RENO	8	18+	2
SEEDS 059.	Revegetation in the south of Iceland (2:2)	26.06 - 10.07	ENVI	13	18+	1
SEEDS 065.	Red Sand Festival & Patreksfjörður (1:3)	26.06 - 08.07	FEST / ENVI	8	18+	3
SEEDS 060.	Between glaciers & lava!	29.06 - 09.07	CONS/ENVI/RENO	10	18+	2
SEEDS 061.	Meet us - don't eat us (3:6)	30.06 - 12.07	ENVI / ARTS	10	18+	1
SEEDS 062.	The valleys in the West of Iceland	01.07 - 15.07	CONS / ENVI	8	18+	3
SEEDS 063.	Sirkús Íslands in Reykjavík (2:5)	01.07 - 14.07	CULT / ART	5	20+	1
SEEDS 064.	Hitting the slopes - Blue Mountains (2:2)	01.07 - 13.07	CONS/ENVI/RENO	8	18+	1
SEEDS 069.	Mýrdalshreppur - South shore	02.07 - 16.07	AGRI/RENO/CONS	5	18+	2
SEEDS 066.	Botanic Garden in Reykjavík (6:9)	06.07 - 19.07	ENVI / NATU	7	20+	1
SEEDS 067.	Photo Marathon in Reykjavík	07.07 - 17.07	ARTS / CULT	8	30+	1
SEEDS 068.	Trails & Hot waterfall in the East	08.07 - 22.07	ENVI/NATU/CONS	8	18+	6
SEEDS 070.	Patreksfjörður - Unique West fjords (2:3)	12.07 - 25.07	CONS / ENVI	8	18+	3
SEEDS 071.	Collecting herbs in the South - Vík	13.07 - 26.07	AGRI / ENVI	15	18+	2
SEEDS 072.	Meet us - don't eat us (4:6)	14.07 - 26.07	ENVI / ARTS	10	18+	1
SEEDS 073.	Sirkús Íslands in the West fjords (3:5)	14.07 - 22.07	CULT / ART	5	20+	3
SEEDS 076.	Mýrdalshreppur - South shore (2:3)	16.07 - 30.07	AGRI/RENO/CONS	8	18+	2
SEEDS 077.	Rey Cup - Football Festival for kids	17.07 - 30.07	FEST / SPORT	12	18+	1
SEEDS 078.	Viking Festival & Fire in Húnaþing	18.07 - 28.07	FEST/CULT/ENVI	7	18+	4
SEEDS 079.	Fjallabak Nature reserve - Landmannalaugar	20.07 - 02.08	ENVI / CONS	6	18+	5
SEEDS 080.	Botanic Garden in Reykjavík (7:9)	20.07 - 02.08	ENVI / NATU	7	20+	1
SEEDS 081.	Photo Marathon in Reykjavík	21.07 - 31.07	ARTS / CULT	8	18+	1
SEEDS 082.	History & Culture Festival in the West fjords	21.07 - 01.08	ENVI/FEST/CONS	8	18+	3
SEEDS 083.	Sirkús Íslands in the North of Iceland (4:5)	22.07 - 04.08	CULT / ART	5	20+	4
SEEDS 087.	Meet us - don't eat us (5:6)	28.07 - 09.08	ENVI / ARTS	10	18+	1
SEEDS 088.	Mýrdalshreppur - South shore (3:3)	30.07 - 13.08	AGRI/RENO/CONS	8	18+	2
SEEDS 091.	Eyrarbakki - Stepping back in time	02.08 - 16.08	CULT / FEST	9	20+	2
SEEDS 092.	Botanic Garden in Reykjavík (8:9)	04.08 - 16.08	ENVI / NATU	7	20+	1
SEEDS 094.	Photo Marathon & Gay Pride	04.08 - 14.08	ARTS/CULT/FEST	8	20+	1
SEEDS 096.	Sirkús Íslands in the South (5:5)	04.08 - 19.08	CULT / ART	5	20+	2
SEEDS 093.	Growing Gardens in Reykjavík (1:2)	05.08 - 16.08	ENVI / NATU	7	20+	1
SEEDS 095.	Forestry in the land of fire and ice (3:4)	05.08 - 15.08	ENVI/CONS/EDU	7	18+	4
SEEDS 097.	Reykjanes in the West fjords	08.08 - 22.08	ENVI/CONS/NATU	5	18+	3
SEEDS 100.	Patreksfjörður - Unique West fjords (3:3)	08.08 - 21.08	CONS / ENVI	8	18+	3
SEEDS 101.	Mývatn lake - Magic Iceland	10.08 - 23.08	ENVI / CONS	10	18+	4
SEEDS 098.	Meet us - don't eat us (6:6)	11.08 - 23.08	ENVI / ARTS	10	18+	1
SEEDS 099.	Working & Fun in the South (2:3)	12.08 - 26.08	CONS/RENO/ENVI	8	18+	2
SEEDS 084.	SEEDS 084. Mýrdalshreppur - South shore	13.08 - 27.08	AGRI/RENO/CONS	5	18+	2
SEEDS 103.	Botanic Garden in Reykjavík (9:9)	17.08 - 30.08	ENVI / NATU	7	20+	1



SEEDS 102.	Forestry in the land of fire and ice (4:4)	18.08 - 29.08	ENVI/CONS/EDU	7	18+	2
SEEDS 104.	Growing Gardens in Reykjavík (2:2)	18.08 - 30.08	ENVI / NATU	7	20+	1
SEEDS 105.	Photo Marathon in Reykjavík & Cultural night	18.08 - 28.08	ARTS/CULT/FEST	8	30+	1
SEEDS 085.	Dalabyggð og Laugar	18.08 - 25.08	CONS / ENVI	8	18+	2
SEEDS 089.	Power Food in the East of Iceland	19.08 - 01.09	NATU / ENVI	8	18+	6
SEEDS 107.	Sandfell - Fljótsdalshérað (2:2)	21.08 - 04.09	CONS / ENVI	8	18+	6
SEEDS 106.	Working on the East side of the mountain	24.08 - 31.08	CONS / ENVI	8	18+	2
SEEDS 110.	Organic Farming in Iceland (1:2)	24.08 - 07.09	AGRI / ENVI	6	18+	6
SEEDS 090.	Laugar í Sælingsdal	25.08 - 07.09	CONS / ENVI	6	18+	6
SEEDS 108.	The Highlands of Iceland - The Famous Kjölur Road (2:2)	25.08 - 07.09	CONS / RENO	10	18+	5
SEEDS 109.	Working & Fun in the South (3:3)	26.08 - 09.09	CONS/RENO/ENVI	8	18+	2
SEEDS 111.	Skagafjörður in the North of Iceland (1:2)	27.08 - 10.09	ENVI/CONS/NATU	6	18+	4
SEEDS 115.	Ísafjarðarbær - 66 degrees North	27.08 - 10.09	CONS/RENO/ENVI	8	22+	3
SEEDS 112.	Power Food in the East of Iceland	31.08 - 14.09	NATU / ENVI	10	18+	6
SEEDS 113.	Photo Marathon in Reykjavík	01.09 - 11.09	ARTS / CULT	12	18+	1
SEEDS 114.	Ísafjarðardjúp: Nature & Fun in the Westfjords (3:3)	01.09 - 15.09	CONS / ENVI	7	18+	3
SEEDS 118.	Mýrdalshreppur - South shore	03.09 - 17.09	AGRI/RENO/CONS	5	18+	2
SEEDS 120.	Organic Farming in Iceland (2:2)	06.09 - 20.09	AGRI / ENVI	6	18+	6
SEEDS 122.	Skagafjörður in the North of Iceland (2:2)	10.09 - 24.09	ENVI/CONS/NATU	6	18+	4
SEEDS 124.	Fun, farm & Animals in the South (2:2)	13.09 - 29.09	CONS/RENO/ENVI	8	18+	2
SEEDS 125.	Island of Viðey (2:2)	15.09 - 24.09	ENVI/AGRI/CONS	7	18+	1
SEEDS 126.	Photo Marathon in Reykjavík	15.09 - 25.09	ARTS / CULT	12	18+	1
SEEDS 123.	Environmentally aware: in Reykjavík	16.09 - 26.09	ENVI/SUST/EDU	8	18+	1
SEEDS 127.	Mýrdalshreppur - South shore	17.09 - 01.10	AGRI/RENO/CONS	5	18+	2
SEEDS 129.	Photo Marathon in Reykjavík	29.09 - 10.10	ARTS / CULT	12	18+	1
SEEDS 130.	Environmentally aware: in Reykjavík	30.09 - 09.10	ENVI/SUS/EDU	8	18+	1
SEEDS 131.	Mýrdalshreppur - South shore	01.10 - 15.10	AGRI/RENO/CONS	5	18+	2
SEEDS 132.	European TeamGym 2014	08.10 - 22.10	SPORTS / FEST	20	18+	1
SEEDS 134.	Photo Marathon in Reykjavík	14.10 - 23.10	ARTS / CULT	9	18+	1
SEEDS 086.	Mýrdalshreppur - South shore	15.10 - 29.10	AGRI/RENO/CONS	5	18+	2
SEEDS 135.	Environmental Air-waves	29.10 - 11.11	ENVI/EDU/FEST	12	21+	1
SEEDS 136.	Photo Marathon & Air-waves	30.10 - 10.11	CULT/ARTS/FEST	9	21+	1
SEEDS 137.	Photo Marathon in Reykjavík	16.11 - 27.11	CULT / ARTS	12	18+	1
SEEDS 116.	Circus in Reykjavík (1:2)	16.11 - 27.11	CULT / ARTS	15	18+	1
SEEDS 138.	Environmentally aware: in Reykjavík	17.11 - 26.11	ENVI/SUST/EDU	9	18+	1
SEEDS 117.	Circus in Reykjavík (2:2)	01.12 - 12.12	CULT / ARTS	15	18+	1
SEEDS 139.	Advent Photo Marathon in Reykjavík	03.12 - 15.12	CULT / ARTS	12	18+	1
SEEDS 140.	Environmental Advent in Reykjavík	04.12 - 14.12	ENVI / EDU	8	18+	1
SEEDS 141.	Christmas Photo Marathon in Reykjavík	17.12 - 26.12	CULT/ARTS/FEST	12	18+	1
SEEDS 142.	Environmental Christmas in Reykjavík	18.12 - 26.12	ENVI/EDU/FEST	8	18+	1
SEEDS 143.	New year's Photo Marathon in Reykjavík	29.12 - 09.01	CULT/ARTS/FEST	14	18+	1
SEEDS 144.	Environmental New year's in Reykjavík	30.12 - 08.01	ENVI/EDU/FEST	8	18+	1

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Practical information about our projects:

1. Participation Fees.

Participation/Contribution fees are asked to take part in our workcamps, which helps to support the ongoing work of SEEDS. Please note that your entire fee **might not necessarily** go towards your particular workcamp, the fees collected by SEEDS are mainly used to:

- Bear the administrative expenditures of the association: Salaries, rent, office bills (energy, phone, electricity, insurance, heating), personnel, external representation, mail, website, postage, equipments, supplies, banking costs, legal formalities, etc.
- Provision of financial support and resources to aid develop of some of our other activities (eg. to pay food and/or accommodation in some of the projects, where the hosts do not provide it, co-funding for our long-term voluntary service projects and the development of particular sessions during the camps).
- Cover other costs associated with your workcamp/transportation, e.g. food/accommodation costs, rental/fuel costs, administrative costs and also supporting costs of the long term volunteers and project coordinators.

Most European organisations similar to SEEDS raise funds by sending volunteers abroad, charging outgoing volunteers a registration fee; while we in Iceland face a particular double-folded challenge as voluntary service is not very attractive to Icelanders, additional to the fact that the Icelandic population is quite reduced. Therefore the amount of volunteers sent by SEEDS overseas does not represent a considerable income to run our association.

Furthermore, SEEDS does not receive any governmental funding or financial support from our local, regional or national government. In the meantime SEEDS is taking actions in order to send more Icelanders overseas and to raise funds in different ways to expand our sources of income.

Thanks to the fees contributed by our participants we are able to run the association and to offer the programme of projects all year round. The amount of the fees will be stated in each camp's description.

SEEDS is a non-profit organisation, and all funds go back into improving the quality and service we provide to our volunteers and hosts, expanding the range of SEEDS projects and carrying out projects in areas where funds are not available or to provide food and accommodation to the volunteers.

2. Insurance.

Volunteers need to obtain health and accident insurance for the whole duration of their travel, prior to the arrival to Iceland and bring with them all needed documents, contact numbers, etc.

European volunteers are advised to take with them the European Health Insurance Card (EHIC).

Iceland is part of the European Economic Area (EEA) so volunteers residing in a member country of the EU or of the EEA and Switzerland benefit here from the use of EHIC, having access to the Icelandic Health system as in any European country in the same conditions as Icelandic citizens and will be treated on the same basis as a resident of Iceland.

Volunteers residing outside the (EEA) must seek private medical/travel insurance for the duration of the stay. It is strongly advised that this is obtained before leaving the country of residence, as the cost of insuring in Iceland will be much higher.

Volunteers without insurance will not be allowed to participate in our projects.

3. Transport to Iceland.

We suggest our volunteers to research travel with different airlines/alternatives as fares for different companies may vary significantly according to the dates of travel. There are 3 main airlines flying to Keflavík (Reykjavík) International Airport:

1. Iceland Air: www.icelandair.net
2. WOW Airlines www.wowair.is
3. Scandinavian Airlines(SAS): www.scandinavian.net www.flysas.com www.flysas.is

To check the **map routes** and destinations for **Icelandexpress** and **Icelandair** please click to:

[WowAir route map](#) or [Icelandair route map](#)

Scandinavian Airlines (SAS) might be a good option for volunteers coming from Northern Europe and the Baltic countries (direct flights from Oslo and Stockholm).

Apart from these 3 airlines, there will be few others flying to Iceland during the summer 2013:

- a. **Lufthansa** : www.lufthansa.com
- b. **Germanwings**: www.germanwings.com
- c. **Air Berlin**: www.airberlin.com
- d. **Air Greenland**: www.airgreenland.com
- e. **Transavia France**: www.transavia.com
- f. **Delta Airlines**: www.delta.com
- g. **Norwegian**: www.norwegian.no
- h. **EasyJet**: www.easyjet.com
- i. **NIKI**: www.flyniki.com
- j. **Edelweiss Air**: <http://www.edelweissair.ch>
- k. **Thomas Cook Airlines**: <http://www.thomascook.com>

Volunteers might find good deals and help with connecting flights and general trip planning at:

www.skyscanner.net

www.dohop.com

www.edreams.com

www.ebookers.com

www.opodo.com

www.kayak.com

Last, if volunteers have plenty of time to spare, the **Smyril Line** operates a ferry service to the east of Iceland. This is a four to seven day sea adventure for travellers and stops off at the Faroe Isles on the way! (www.smyril-line.com)

4. Arrival and Departure dates.

Volunteers participating in our projects **should arrive to Iceland the latest one day before the workcamp** starts, as travel to the project, if arranged by SEEDS (see point 5 below), will leave Reykjavík on the first day of the camp in the morning.

If volunteers choose to go by different means, they might need more than one day to reach the destination by public transportation services. In the same way, volunteers shall not book their **return**



journey the day the camp ends, **the earliest one day after the camp finishes**. In this way volunteers ensure they will be able to join the camp for its full length.

Participants in our camps in Reykjavík do not need to arrive one day earlier to Iceland as they can reach the accommodation the same day of arrival.

From former volunteers' feedback you should consider staying longer in Iceland; before or/and after the project. Volunteers may group together and decide to travel the country and visit different areas to those of the project itself.

5. Domestic transport - Minibus.

SEEDS organises shared transport from Reykjavík city to the projects sites for all of the workcamps outside the city. The meeting point will be in Reykjavík on the first day of the camp, in the morning.

The “minibus option” is offered by SEEDS to volunteers in order to provide them a more convenient way to reach the camp, to allow them to meet their fellow volunteers and leaders earlier, and to have a relaxed trip to the camp location, with the opportunity to visit particular sites on the way and stop where possible (e.g. to take pictures or take a short walk).

We try to research all possible transportation to the projects and then offer a fair price for transportation compared with the public transport options available. We recommend that you take the minibus, but please feel free to investigate your own transport.

6. Accommodation in Reykjavík.

Volunteers do not need to book any accommodation for the period of the camp, as SEEDS provides accommodation and food during the project, but you will need accommodation on the days before or/and after the workcamp.

As mentioned in point 4, in order to be able to join the projects on time and fully, volunteers should arrive to Iceland the latest one day prior to the starting date of the camp and leave the country the earliest one day after the camp ends.

SEEDS can organise sleeping bag accommodation in Reykjavík for stays before or after the workcamp; it is a shared sleeping bag accommodation in dorms in a centrally located house in downtown Reykjavík. The house is equipped and volunteers have access to kitchen and washing machine facilities.

The cost per night is:

- From October 1 to April 30 - **€ 10,-**
- From May 1 to September 30 - **€ 15,-**

7. Language.

Icelandic knowledge is not needed in our projects. English is the language used by our leaders and messengers. Therefore, basic knowledge is expected from participants, even though it is not a requirement to fulfil.

8. Age.

We usually host volunteers aged 18 or over, nevertheless in recent years we hosted few teenagers in our projects with very positive results.

Volunteers under the age of 18 need to apply through a slightly different procedure, which involves parental/guardian authorisation. We do not have any upper age limit. So far our youngest volunteer was 15 and the oldest 69!

9. Conditions of Participation.

In order to be fully aware of volunteers' responsibilities during the workcamp, please read carefully the following:

- Volunteers are expected to be active members of the group and contribute to work, housekeeping and free time activities.
- Volunteers are expected to work seven to eight hours per day, five days per week, on a voluntary basis.
- Volunteers are expected to inform the camp-leader in case they want to spend the free time away from the workcamp. However, they should not spend the night away from the camp, nor host other people at the workcamp.
- SEEDS camp-leaders have been trained to run the workcamp; they are responsible for organising work, food, contacts with local authorities and many other things. Do not forget that they are volunteers as well, so try to cooperate with them at work and during free time activities. Camp-leaders are not fully responsible for organising volunteers' free time and they expect their ideas and contribution to do so.
- Smoking is not allowed in the accommodation areas. Use of alcohol should be moderate with consideration and only during free time.
- Volunteers are expected to stay for the whole duration of the workcamp. If you **MUST** leave early or arrive late, you should contact SEEDS in advance.
- Keep in mind that the use of any kind of drugs is strictly forbidden.
- Volunteers without insurance will not be allowed to participate in our projects.
- SEEDS does not accept any kind of discrimination in our workcamps and such cases will be strictly dealt with.

We would like to remind you, that SEEDS is **NOT** an alternative travel agency; our projects are not cheap holidays. Therefore we expect a high level of motivation from every volunteer, cooperation, flexibility and open-mindedness!

Our workcamps are based on self-organisation and self-management and this is also what makes them unique and enriching! Please do not expect the leader to organise everything for the group of volunteers, but be ready to contribute with your own ideas and personality.

10. Study part / Educational Content – Environmental Messengers.

Most of our workcamps have an educational/awareness-raising approach to environmental, nature-protection and sustainable development topics. We will have, apart from the leader(s), a person fully dedicated to organising and developing fun, interactive and educational activities within the workcamp.

This person is called the "Environmental Messenger" and will be in charge of activities aimed at raising awareness about environmental issues both within the local community and among the international volunteers taking part in the workcamps. S/he will be a source of knowledge on specific topics about the environment, nature protection and sustainable development. S/he will encourage workcamp participants to undertake simple but easy-to-implement actions which will affect the way we use our resources and we deal with the environment and the world we live in.



11. Additional information.

For more details and up to date information please visit us at www.seeds.is

Or contact us via email at: volunteer@seeds.is

Or at our phone number: [+354-7713300](tel:+354-7713300)

If you want to check some pictures from our projects in the last years, please visit:

<http://seeds.is/galleries>

You can also follow SEEDS on facebook at

<https://www.facebook.com/seedsiceland>

and

<https://www.facebook.com/volunteer.workcamps.iceland>



SEEDS 001. Winter Photo Marathon in Reykjavík (1:2)

13.01 - 24.01

ARTS / CULT

12 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In January you can see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and in the winter it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



SEEDS 002. Environmentally aware: in Reykjavík

14.01 - 23.01

ENVI / SUST / EDU

8 Volunteers

Age: 18+

WORK/PROJECT: Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about. From appreciating the vegan chocolate cake to scrubbing your face with homemade coffee/honey mask. So with our bellies full of chocolate cosiness we will start exploring the environment and the people around us.

Our day may start from workshops/sessions on the consumption trade of the modern society, waste management (with making of some cool wallets from Tetra Paks), and finish with the weekly documentary nights (where we can discuss the issues close to our heart among friends... while snacking on that famous chocolate cake).

But there is more to come. As part of the project we will also get down and get our hands dirty. Be ready for some famously known "compost parties", cleaning the streets from the rubbish, keeping it close with the soil while we keep our herbal gardens alive and of course some dancing with the happy yeast fungi (a.k.a. the making of the bread)!

And if you behave like good little environmentalists we might even take you to SORPA (recycling centre of Reykjavik) or to a Geothermal Power Plant!

ACCOMMODATION: SEEDS volunteers will stay in a house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is more than pubs and clubs, it also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

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LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and in the winter it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.



SEEDS 003. Winter Photo Marathon in Reykjavík (2:2)

27.01 - 07.02

ARTS / CULT

12 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In January/February you can see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and in the winter it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



SEEDS 004. Environmentally aware: in Reykjavík

28.01 - 06.02

ENVI / SUST / EDU

8 Volunteers

Age: 18+

WORK/PROJECT: Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about. From appreciating the vegan chocolate cake to scrubbing your face with homemade coffee/honey mask. So with our bellies full of chocolate cosiness we will start exploring the environment and the people around us.

Our day may start from workshops/sessions on the consumption trade of the modern society, waste management (with making of some cool wallets from Tetra Paks), and finish with the weekly documentary nights (where we can discuss the issues close to our heart among friends... while snacking on that famous chocolate cake).

But there is more to come. As part of the project we will also get down and get our hands dirty. Be ready for some famously known "compost parties", cleaning the streets from the rubbish, keeping it close with the soil while we keep our herbal gardens alive and of course some dancing with the happy yeast fungi (a.k.a. the making of the bread)!

And if you behave like good little environmentalists we might even take you to SORPA (recycling centre of Reykjavik) or to a Geothermal Power Plant!

ACCOMMODATION: SEEDS volunteers will stay in a house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is more than pubs and clubs, it also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

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LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

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SEEDS 005. Photo Marathon in Reykjavík

10.02 - 21.02

ARTS / CULT

12 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

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In February you can see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

The International Festival of Advanced Music **Sónar Reykjavík** will take place from February 13 to 15. More information about event can be found at www.sonarreykjavik.com/en/2014/. Please note that SEEDS does not provide tickets for the festival.

Weather in Iceland is unpredictable and in the winter it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



SEEDS 006. Environmentally aware: in Reykjavík

11.02 - 20.02

ENVI / SUST / EDU

8 Volunteers

Age: 18+

WORK/PROJECT: Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about. From appreciating the vegan chocolate cake to scrubbing your face with homemade coffee/honey mask. So with our bellies full of chocolate cosiness we will start exploring the environment and the people around us.

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And if you behave like good little environmentalists we might even take you to SORPA (recycling centre of Reykjavik) or to a Geothermal Power Plant!

ACCOMMODATION: SEEDS volunteers will stay in a house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

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LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

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SEEDS 008. Photo Marathon in Reykjavík

24.02 - 07.03

ARTS / CULT

12 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

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LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and in the winter it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.

SEEDS 009. Environmentally aware: in Reykjavík

25.02 - 06.03

ENVI / SUST / EDU

8 Volunteers

Age: 18+

WORK/PROJECT: Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about. From appreciating the vegan chocolate cake to scrubbing your face with homemade coffee/honey mask. So with our bellies full of chocolate cosiness we will start exploring the environment and the people around us.

Our day may start from workshops/sessions on the consumption trade of the modern society, waste management (with making of some cool wallets from Tetra Paks), and finish with the weekly documentary nights (where we can discuss the issues close to our heart among friends... while snacking on that famous chocolate cake).

But there is more to come. As part of the project we will also get down and get our hands dirty. Be ready for some famously known "compost parties", cleaning the streets from the rubbish, keeping it close with the soil while we keep our herbal gardens alive and of course some dancing with the happy yeast fungi (a.k.a. the making of the bread)!

And if you behave like good little environmentalists we might even take you to SORPA (recycling centre of Reykjavik) or to a Geothermal Power Plant!

ACCOMMODATION: SEEDS volunteers will stay in a house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is more than pubs and clubs, it also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In February/March you can see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and in the winter it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.



SEEDS 010. Photo Marathon in Reykjavík

11.03 - 20.03

ARTS / CULT

12 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

March is the last month when you can see, with a piece of good luck, the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



SEEDS 011. Environmentally aware: in Reykjavík

11.03 - 20.03

ENVI / SUST / EDU

8 Volunteers

Age: 18+

WORK/PROJECT: Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about. From appreciating the vegan chocolate cake to scrubbing your face with homemade coffee/honey mask. So with our bellies full of chocolate cosiness we will start exploring the environment and the people around us.

Our day may start from workshops/sessions on the consumption trade of the modern society, waste management (with making of some cool wallets from Tetra Paks), and finish with the weekly documentary nights (where we can discuss the issues close to our heart among friends... while snacking on that famous chocolate cake).

But there is more to come. As part of the project we will also get down and get our hands dirty. Be ready for some famously known "compost parties", cleaning the streets from the rubbish, keeping it close with the soil while we keep our herbal gardens alive and of course some dancing with the happy yeast fungi (a.k.a. the making of the bread)!

And if you behave like good little environmentalists we might even take you to SORPA (recycling centre of Reykjavik) or to a Geothermal Power Plant!

ACCOMMODATION: SEEDS volunteers will stay in a house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is more than pubs and clubs, it also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

March is the last month when you can see, with a piece of good luck, the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.



SEEDS 012. Reykjavík: Design March (1:2)

22.03 - 02.04

ARTS / CULT / FEST

8 Volunteers

Age: 18+

WORK / PROJECT: If you are interested in festival production here is the perfect opportunity to get some experience in the field. This particular project will combine various tasks within Reykjavík city with different partners. This will ensure diverse daily tasks and a rich experience for SEEDS volunteers.

The main task of the project is to give support to DesignMarch 2014, which takes place on the weekend of March 27th -30th. SEEDS volunteers will support the organisers and assist in various tasks related to the artistic events. This is the 5th year in a row that SEEDS supports the DesignMarch!

Possible tasks may include handing out invitation letters, putting up posters around the city, sorting out information in the office, receiving guests at the airport, driving them and running errands for the festival. In some instances volunteers might get the chance to help artists to put up their exhibitions. As volunteers will have to communicate with the project managers, artists and guest it is required that they have good conversational skills in English. Driver's license is also mandatory because some of the tasks that SEEDS volunteers will be performing will include driving a car.

DesignMarch is a four day feast for designers, artists, and anyone interested in design. The first five DesignMarch programmes in 2009-2013 were splendid with events reflecting a wide range of designs. For more information on the event follow the link, <http://www.designmarch.is>

ACCOMMODATION: SEEDS volunteers will stay in a house in downtown Reykjavík. The facilities are basic with only one shower and bathroom and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavík is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

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Reykjavík is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

March is the last month when you can see, with a piece of good luck, the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language of the camp. Good conversational skills are required.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers need to have good conversational skills in English and a driver's license.

The weather in Iceland is unpredictable. Volunteers have to bring warm clothes, hats, gloves and scarves as part of the project takes place outside.

Tours and excursions (Golden Circle, Blue Lagoon or South Shore) can be arranged for SEEDS volunteers at discount fares (usually 30% to 50% lower than regular tour operators).



SEEDS 015. Reykjavík: Design March (2:2)

23.03 - 03.04

ARTS / CULT / FEST

6 Volunteers

Age: 18+

WORK / PROJECT: For the first time SEEDS volunteers are given the opportunity to be a part of the group how is feeding the international press with the latest news from the [DesignMarch 2014](#). Here is the perfect opportunity to get some experience in the field of journalism.

This particular project will combine various tasks within Reykjavík city with different partners. This will ensure diverse daily tasks and a rich experience for SEEDS volunteers.

The main task of the project is to gather all the latest news and photographs from DesignMarch 2014 on a daily basis. You will work the evening to night shift so that all the latest information is ready for the international press early in the morning.

Reykjavík DesignMarch takes place on the weekend of March 27th - 30th. SEEDS volunteers will support the press and independent photographers covering all the artistic events related. As volunteers will have to communicate with the journalist, photographers, project managers, artists and guests it is required that they have good conversational skills in English. Driver's license is also mandatory because some of the tasks that SEEDS volunteers will by performing will include driving a car, such as driving to gather all the photographs taken over the day time.

You will also be twittering about the events and parties related to the festival. If you have a smart phone or a camera it would be nice to bring it along. You are the press support, so we need volunteers with good general computer skills, such as in uploading photographs and texts. We would also like volunteers who are interested in graphic design, journalism and arts.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavík is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavík is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

March is the last month when you can see, with a piece of good luck, the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language of the camp. Good conversational skills are required.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers need to have good conversational skills in English and a driver's license.

The weather in Iceland is unpredictable. Volunteers have to bring warm clothes, hats, gloves and scarves as part of the project takes place outside.

Tours and excursions (Golden Circle, Blue Lagoon or South Shore) can be arranged for SEEDS volunteers at discount fares (usually 30% to 50% lower than regular tour operators).



SEEDS 013. Photo Marathon in Reykjavík

24.03 - 04.04

ARTS / CULT

12 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

March is the last month when you can see, with a piece of good luck, the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



SEEDS 014. Mýrdalshreppur - South shore (1:3)

02.04 - 16.04

AGRI / RENO /CONS

5 Volunteers

Age: 18+

WORK/PROJECT: This is the third year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, have cows and run a tourist accommodation.

Our tasks in this project will mainly be connected with the carrots cultivation; we will be working in the fields, covering the garden beds with plastic wraps.

There will as well be some renovation and maintenance tasks awaiting SEEDS volunteers, for instance painting some of the machinery used in the carrot farming. If weather conditions allow we will do some painting preparation work outdoors.

Some work might as well be in the stalls, such as milking the cows or tending to them in general.

The weather conditions in Iceland are unpredictable, especially during winter and in early April the average temperature is just above zero. Be prepared to experience all kinds of weather and be sure of bringing warm clothing.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped flat, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland.

Our host will organise free time activities in the area, depending on the weather conditions.

SEEDS 016. Easter Photo Marathon in Reykjavík

12.04 - 23.04

ARTS / CULT

12 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

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Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



SEEDS 017. Easter Environmentally aware: in Reykjavík

13.04 - 22.04

ENVI / SUST / EDU

8 Volunteers

Age: 18+

WORK/PROJECT: Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about. From appreciating the vegan chocolate cake to scrubbing your face with homemade coffee/honey mask. So with our bellies full of chocolate cosiness we will start exploring the environment and the people around us.

Our day may start from workshops/sessions on the consumption trade of the modern society, waste management (with making of some cool wallets from Tetra Paks), and finish with the weekly documentary nights (where we can discuss the issues close to our heart among friends... while snacking on that famous chocolate cake).

But there is more to come. As part of the project we will also get down and get our hands dirty. Be ready for some famously known "compost parties", cleaning the streets from the rubbish, keeping it close with the soil while we keep our herbal gardens alive and of course some dancing with the happy yeast fungi (a.k.a. the making of the bread)!

And if you behave like good little environmentalists we might even take you to SORPA (recycling centre of Reykjavik) or to a Geothermal Power Plant!

ACCOMMODATION: SEEDS volunteers will stay in a house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

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In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.



SEEDS 007. Mýrdalshreppur - South shore

23.04 - 07.05

AGRI / RENO /CONS

5 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will have the unique opportunity in this camp to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our host cultivates carrots, has cows and runs a tourist accommodation.

Our tasks in this project will mainly be connected with the carrots cultivation; we will be working in the fields, covering the garden beds with plastic wraps.

There will as well be some renovation and maintenance tasks awaiting SEEDS volunteers, for instance painting some of the machinery used in the carrot farming. If weather conditions allow we will do some painting preparation work outdoors. Some work might as well be in the stalls, such as milking the cows or tending to them in general.

The weather conditions in Iceland are unpredictable, especially during winter and in early April the average temperature is just above zero. Be prepared to experience all kinds of weather and be sure of bringing warm clothing.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped flat, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland.

Our hosting partner will organise free time activities in the area, depending on the weather conditions.



SEEDS 019. Botanic Garden in Reykjavík (1:9)

27.04 - 10.05

ENVI / NATU

7 Vols.

Age: 20+

WORK/PROJECT: For the fourth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50th anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though summer is coming, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged for SEEDS volunteers at discount fares.

SEEDS 020. Photo Marathon in Reykjavík

28.04 - 08.05

ARTS / CULT

8 Volunteers

Age: 16+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

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Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



SEEDS 022. Ísafjarðardjúp: Nature & Fun in the Westfjords (1:3)

06.05 - 20.05

CONS / ENVI

9 Volunteers

Age: 18 +

WORK/PROJECT: SEEDS volunteers will continue working on this project after the excellent results of last years' groups. This is the 6th year in a row SEEDS organizes camps there. Our hosts are a family that have taken up a former farm in the valley and are trying to develop new work opportunities in the area; they live and work there running diverse facilities and offering services for visitors.

This area in the Western fjords is famed for its beautiful landscape and friendly weather with sunny summers, so tourism has been one of the most visible alternative industries and has been given special emphasis due to the socio-economical crash that Iceland suffered after 2008.

We will be assigned various tasks in this remote location. In general, we will be preparing the area before the summer season, when most tourists and hikers visit this isolated district.

The works will primarily focus on beautifying the area; clean up, plant trees and vegetables, do some gardening etc. There may also be some building tasks in this project, including some construction works, which can be very physical and demanding.

The working plan will be very flexible and it will depend on the needs of our local hosts as on weather conditions. This is a very isolated place with none/limited mobile/Internet connection.

In the evenings and during the free days there will be enough time to explore the surroundings, trekking and walking, as you will be able to rest in the natural hot tubs, bathe in the local swimming pool and discover many other surprises of this beautiful place including horseback riding on the unique Icelandic horses and possibly kayaking in the fjords.

ACCOMMODATION: SEEDS volunteers will be hosted in a local housing, sleeping in beds. Bringing a sleeping bag is not necessary for the workcamp (but might be essential before and after it).

Meals will be provided and volunteers will share the duties of helping in the kitchen, preparing the meals and cleaning up. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The workcamp will take place in the Westfjords at the north-western part of Iceland. The region accounts for 10% of the country's surface but only about 8000 people live there, so it is one of the least populated areas of Europe.

The Westfjords are very mountainous; the coastline is made by dozens of fjords surrounded by steep hills. In the area you will be able to explore the whole range of Icelandic flora from the shore and meadows, through birch to mossy moors. On the shore, one can see birds, seals, whales and then an occasional arctic fox around the sheep.

Fishing is traditionally the main industry in the region but tourism started to be more and more important as local and foreign visitors are discovering this region in rising numbers.

The distances to the next town and villages are 130 Km to Ísafjörður and 90 Km to Hólmavík.

Hiking in this beautiful area is very impressive and an inspection of the coastline by walking or kayaking is an inspiring option, this provides a full variety of opportunities for volunteers and visitors.

LANGUAGE: English will be the official language in the camp, high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Domestic airport is Ísafjörður (IFJ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros) to be paid to SEEDS on arrival.

Place of extreme beauty and isolation; SEEDS volunteers have free access to the hot tub and local pool. If weather allows, horseback riding and kayaking around a seal colony can be organised.



SEEDS 023. Fun, farm & Animals in the South (1:2)

08.05 - 22.05

CONS / RENO / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: This is the second year that SEEDS volunteers have the opportunity to join this project and work at the local farm. The aim of the project is to assist in preparing the arrival of the new animals. The farm is expecting to have little rabbits, small goats, pigs and new born horses. Volunteers will work around the animals and may help with their arrivals if they do arrive during the workcamp time.

On the farm there are dogs, cats, horses, rabbits, hens, cattle, a raven and pigeons, so volunteers need to have the motivation to work around the animals as well as to be ready to do manual work such building and fencing work. Volunteers are welcome to bring their own ideas on how to use pallets and/or other recyclable materials for the construction. Other tasks might be general beautifying of the area and clean up after the winter.

Volunteers will have the opportunity to be part of an Icelandic farm life and work where they will have the chance to enjoy the outdoors, the work, the animals, the building process, the farming and the time spent with the local hosts. Volunteers will work with an Icelandic family, participating in the diverse tasks of their daily lives. This is a unique occasion to experience first-hand how a family in the Icelandic countryside lives.

The working plan will be flexible and it will depend on the needs of our local hosts, the advance of the diverse projects in the area surrounding the farm and of course on the weather conditions that can still be unpredictable at this time of the year.

Last but not least we will explore the surroundings of the location and enjoy free time activities arranged in cooperation with the local host.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities and will divide the tasks among themselves. Please do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The volunteers will stay about 70 km from Reykjavik with an easy access from the main highway, only 16 km from the town of Selfoss where you will find all the modern comforts an Icelandic town has to offer. Volunteers will mostly stay in the project place as work and accommodation is both located in a rural area with no public transportation.

Volunteers will stay in a renovated country lodge in a beautiful setting above the lake of Villingarholt. From there you will enjoy a magnificent view, where you can easily spot the Westman islands (Vestmannaeyjar), the glacier of Eyjafjall (Eyjafjallajökull), the Tinda Mountains (Tindfjöll), the famous volcano Hekla and the slopes of Hella.

LANGUAGE: English will be the language in the camp; high proficiency is not required.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic crowns.

SEEDS and/or our hosting partner will organise free time activities such as hiking, fishing in a nearby lake, bicycling and possibly horseback riding.

Volunteers have to be open for living and working with a local family. Even though summer is around, it can be cold and hats and gloves can be needed. Bring good working shoes & clothes.



SEEDS 024. Botanic Garden in Reykjavík (2:9)

11.05 - 24.05

ENVI / NATU

7 Vols.

Age: 20+

WORK/PROJECT: For the fourth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50th anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though summer is coming, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) arranged for SEEDS at discount fares.

SEEDS 025. Photo Marathon in Reykjavík

12.05 – 22.05

ARTS / CULT

8 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

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In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



SEEDS 036. Djúpavík - Where the northern road ends!

15.05 - 26.05

CONS / ENVI / RENO

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS Volunteers will be working on various things in and around Djúpavík, which is a small village in the Icelandic Western fjords. We have been working there since 2008.

Among the main tasks will be to build and maintain hiking trails and walking paths in the area, alongside the paths we will put up sticks and signs. Other tasks will include cleaning the coast line between Djúpavíkurkleif and Stekkjarnes, collecting driftwood and general gardening work.

In Djúpavík there is an old abandoned herring factory. It needs maintenance and we will be assisting in some renovation works, both inside and outside. The building is used by artists and cultural events are hosted there.

ACCOMMODATION: Volunteers will be hosted in a local summer house, sleeping in shared rooms on bunk beds. Please bring a sleeping bag.

Food ingredients will be provided and a kitchen is available. Volunteers will share the duties of preparing and cooking meals.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Djúpavík is located at the head of Reykjarfjörður on the Strandir coast in the Westfjords region (Vestfirðir), in the municipality of Árneshreppur. Perhaps one of Iceland's most remote areas, it is a sheltered bay, largely untouched by modern developments, where silence reigns and nature continues to shape a rugged, mountainous landscape. The distance from the capital is ~ 360 km.

The bay Djúpavík is among the least frequented parts of the country. The roads up there are only open during the few months of the short summer. It is one of the remotest corners of Europe, where the coastline is covered with vast expanses of driftwood that originated on the other side of the Arctic Ocean, in Russian Siberia. The region is stunningly beautiful and a perfect place to really experience Iceland's wildness.

There have been small farming communities in the district for hundreds of years, but the story of Djúpavík really began in 1915, when Elías Stefánsson started a herring salting station. Unfortunately he went bankrupt in 1919 but in 1934 entrepreneurs of Djúpavík started building a huge herring factory that ran for two decades. It changed the lives of the people in the region, giving them a chance to earn a living. In 1954 the "herring adventure" (as Icelanders call it) in this part of Iceland was over and the factory went bankrupt.

Today Djúpavík is dominated by the huge ruins of its old herring factory and the rusting shipwreck of the 100-year-old former passenger and cargo ship Suðurland. The tremendous costs involved in demolishing the factory building – once the largest concrete structure in Europe – is too much for the village so its huge shell remains, reminiscent of a Hollywood set.

Few years ago, the famous Icelandic band Sigur Rós held a small number of concerts in Iceland. The venues were specially chosen, and the old herring factory in Djúpavík was one of them.

LANGUAGE: English will be the language in the camp; basic conversational skills are necessary.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa. This is a cheap, convenient way to travel and it allows volunteers to meet fellow campers and stop at interesting sites on the way.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our hosting partner will organise some free time activities for SEEDS volunteers, for instance a day trip and excursions in the area.



SEEDS 041. Eyrarbakki in the South Coast

15.05 - 28.05

ENVI / RENO / CONS

6 Volunteers

Age: 18+

WORK/PROJECT: This project gives SEEDS volunteers the opportunity to live and work in the beautiful and picturesque town of Eyrarbakki situated on the south coast of Iceland.

The project offers various experiences for SEEDS volunteers. This is a task for green fingers, so all those who like gardening should note this camp. Our first priority will be gardening activities in all its diverse forms.

Our host is committed to proving that green can grow in spite of proximity to the salted sea, in spite of the wind, in spite of unfertile grounds and in spite of volcanoes erupting. We will move and build windbreaks, plant trees and plants, prepare ground to cultivate vegetables and remove weeds.

The work can be physically demanding and volunteers need to be motivated to work outdoors and be flexible to work in all the diverse tasks connected with the project.

ACCOMMODATION: Volunteers will be lodged in the private family home of our host, sharing rooms. Please bring your own sleeping bag.

Volunteers will help our host to do the cooking and cleaning after meals.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The towns Eyrarbakki and Stokkseyri are twin villages on the south coast of Iceland. In the past Eyrarbakki was an important trading post and there were many fishing outfits located along the coastline, but the constant beating of the waves and bad harbour conditions prevented such operations from continuing.

The fish processing factories of the villages received fish for processing from fishing vessels, which unloaded their catch in the harbour of the town Þorlákshöfn further to the west. Tourism is becoming an increasingly important trade. The visitors have the feeling that they have stepped into the past when they walk about between the old and well maintained houses. The oldest building in the village, Húsið ("The House"), dates from 1765 and is the oldest preserved timber dwelling house in Iceland. At first the home of Danish and Icelandic merchants, it is now a folk museum. The old houses built around the turn of the last century are still there in this charming little village. One is the church built in 1890. Its altarpiece was painted by Queen Louise of Denmark, wife of King Christian IX, great-great-grandfather of Queen Margaret II of Denmark, Queen Elisabeth II of England and King Harold V of Norway.

The surroundings are amazing, open sea, beautiful coastline full of bird-life. The river Ölfusá is very popular among the anglers looking for sea trout and char. Nearby you will find many historic places such as Gullfoss, Geysir, Skálholt, Þórsmörk, Skógarfoss and the very well-known and notorious Eyjafjallajökull.

The distance from the capital is about 70 km.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160 (Euros). Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Our hosting partner will organize some free time activities for SEEDS volunteers, for instance a day trip and excursions in the area.

SEEDS 018. Outdoor adventures in the Blue Mountains

19.05 - 02.06

ENVI / CONS

12 Volunteers

Age: 18+

WORK/PROJECT: SEEDS and our volunteers will be working close to the main skiing area in the capital region of Iceland, Bláfjöll or the Blue Mountains.

The aim is to protect the environment and avoid different trails being created from increasing traffic of hikers and nature lovers in the area. The main task will be making a hiking path from the Blue Mountains to an area called Þríhnúkagígur. The hiking path will be 2 km long and about 60 cm wide. The path will be made with gravel and volunteers will use wheel barrels to move the gravel from bags which have been distributed evenly along the path. The work will be done in 500 m above sea level so weather conditions can be colder and windier than in the city at sea level.

Other tasks may be to mark and control areas where the visitors can walk in order to protect the surroundings of unnecessary passage and harm.

Sports associations who run some of the skiing lodges might also need some renovation job, such as painting and/or cleaning. The working plan will depend on the needs of our local host.

Volunteers need motivation to work mainly outdoors on physical jobs and under changeable weather conditions.

The camp starts in early summer but the days are already long so the clear air and bright light can create great conditions for photography or just to enjoy the view.

ACCOMMODATION: SEEDS volunteers will stay in one of the ski lodges in the mountains; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The project takes place in the Blue Mountain Range area, which is located about 30 minutes drive from Reykjavík. The range stretches to the west from the mountain Vífilsfell near the main road (#1) from the capital area to the Southwestern lowlands. The highest mountain in the range reaches 600m and in 1968 the district became a very popular skiing resort among Icelanders and the favourite for skiers in the Capital region.

This area is excellent for recreation, not only for alpine and cross country skiing, but outdoor activities as well such as hiking and mountain biking. Nature lovers are certain to find something to their liking, but they have to be careful crossing the rugged lava fields, because of the numerous caves underneath. The caves here are actually among the most interesting tourist attractions in the capital area and our volunteers will be given the chance to explore them.

Iceland is chilly, even in early summer. Expect nights to dip down to 5 Celsius and days to warm up to the mid-high teens and warmer. In mountains, weather can change quickly and drastically.

The Blue Mountain Range area is a place of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 150 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Our hosting partner will organise free time activities in the area; tours and excursions can be arranged for SEEDS volunteers at discount fares as well.

SEEDS 021. Island of Viðey (1:2)

19.05 - 28.05

ENVI / AGRI

7 Volunteers

Age: 18+

WORK/PROJECT: The city of Reykjavík will once again be our host in this project and SEEDS volunteers will have the opportunity to work in the historical island of Viðey for the 8th year in a row!

Viðey is a popular destination during the summer among Icelandic as well as foreign visitors and we will help preparing for a busy season. The project offers diverse tasks and various experiences for SEEDS volunteers. First of all, we will beautify the surroundings by cleaning up the area, especially along the coastline. We will carry out some planting and gardening activities as well and possibly make and maintain walking paths.

Depending on the advance of the project, we may have other possible tasks as checking up and repairing garden furniture.

The weather conditions in Iceland are unpredictable, the temperature in May can drop during the evenings. Be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

Volunteers should have motivation to work outside and work in all different kinds of weather.

ACCOMMODATION: Volunteers will be lodged in a local house at Viðey Island, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

The house has a well equipped kitchen. Volunteers will be provided with food supplies and take care of the cooking themselves, as being in charge of the cleaning and housekeeping activities.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: Viðey or "Wood Island" is the largest (1,7 km²) island in the Kollafjord Bay, just outside Reykjavík, the capital of Iceland. The island is covered by many species of plants and at least 30 species of breeding birds have been counted here.

Viðey was inhabited from soon after the settlement of Iceland already in the 10th century and at the beginning of the 20th century around 100 people lived there. But it's uninhabited nowadays.

There is a regular boat connection between the island and the harbour of Reykjavík. The trip takes just about 10 minutes and is only a few hundred metres away from the city.

There are hiking and cycling paths around the island and there is no motor traffic allowed. It also inhabits intriguing sculptural art work, amongst them all nine pairs of basalt pillars that comprise Richard's Serra's work Áfangar and Yoko Ono's "Imagine peace" column, a tower of light, which is supported by the widow of John Lennon. <http://imaginepeace.com/news/imagine-peace-tower>

Other places of interest on Viðey are related to archaeological research, the village. At the eastern end of the island is the site of an abandoned fishing village and Viðeyjarnaust, at the southwest of the island, it is a memorial to the twenty men who lost their lives when the cutter Ingvar sank off Viðey in 1906. Dramatic formations of columnar basalt may be seen on the shore.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Some spare time activities will be organised free of charge for SEEDS volunteers such as a whale watching boat trip.

SEEDS volunteers will have free rides in the boat/ferry to the city of Reykjavík during their free time.

Excursions (Golden Circle, Blue Lagoon or South Shore) can be organised at discount fares for SEEDS volunteers.

SEEDS 028. Ísafjarðardjúp: Nature & Fun in the Westfjords (2:3)

20.05 - 03.06

CONS / ENVI

7 Volunteers

Age: 18 +

WORK/PROJECT: SEEDS volunteers will continue working on this project after the excellent results of last years' groups. This is the 6th year in a row SEEDS organizes camps there. Our hosts are a family that have taken up a former farm in the valley and are trying to develop new work opportunities in the area; they live and work there running diverse facilities and offering services for visitors.

This area in the Western fjords is famed for its beautiful landscape and friendly weather with sunny summers, so tourism has been one of the most visible alternative industries and has been given special emphasis due to the socio-economical crash that Iceland suffered after 2008.

We will be assigned various tasks in this remote location. In general, we will be preparing the area before the summer season, when most tourists and hikers visit this isolated district.

The works will primarily focus on beautifying the area; clean up, plant trees and vegetables, do some gardening etc. There may also be some building tasks in this project, including some construction works, which can be very physical and demanding.

The working plan will be very flexible and it will depend on the needs of our local hosts as on weather conditions. This is a very isolated place with none/limited mobile/Internet connection.

In the evenings and during the free days there will be enough time to explore the surroundings, trekking and walking, as you will be able to rest in the natural hot tubs, bathe in the local swimming pool and discover many other surprises of this beautiful place including horseback riding on the unique Icelandic horses and possibly kayaking in the fjords.

ACCOMMODATION: SEEDS volunteers will be hosted in a local housing, sleeping in beds. Bringing a sleeping bag is not necessary for the workcamp (but might be essential before and after it).

Meals will be provided and volunteers will share the duties of helping in the kitchen, preparing the meals and cleaning up. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The workcamp will take place in the Westfjords at the north-western part of Iceland. The region accounts for 10% of the country's surface but only about 8000 people live there, so it is one of the least populated areas of Europe.

The Westfjords are very mountainous; the coastline is made by dozens of fjords surrounded by steep hills. In the area you will be able to explore the whole range of Icelandic flora from the shore and meadows, through birch to mossy moors. On the shore, one can see birds, seals, whales and then an occasional arctic fox around the sheep.

Fishing is traditionally the main industry in the region but tourism started to be more and more important as local and foreign visitors are discovering this region in rising numbers.

The distances to the next town and villages are 130 Km to Ísafjörður and 90 Km to Hólmavík.

Hiking in this beautiful area is very impressive and an inspection of the coastline by walking or kayaking is an inspiring option, this provides a full variety of opportunities for volunteers and visitors.

LANGUAGE: English will be the official language in the camp, high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Domestic airport is Ísafjörður (IFJ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros) to be paid to SEEDS on arrival.

Place of extreme beauty and isolation; SEEDS volunteers have free access to the hot tub and local pool. If weather allows, horseback riding and kayaking around a seal colony can be organised.



SEEDS 026. Mýrdalshreppur - South shore

21.05 - 04.06

AGRI / RENO / CONS

5 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will have the unique opportunity in this camp to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our host cultivates carrots, has cows and runs a tourist accommodation.

We will mainly be doing some environment/construction work in this particular camp; beautifying the area by planting trees and tidying up the surroundings of the farm. We might be asked to do a bit of renovation work as well, such as some painting preparation work if weather conditions allow. Other tasks will be connected with the carrots cultivation. Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable; be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to experience all kinds of weather.

SEEDS and/or our hosting partner will organise free time activities in the area. This might include sight-seeing, hiking etc.

Please bring warm clothes as the project takes place outside, the weather can be cold or rainy.



SEEDS 029. Nature & Fun at the feet of Vatnajökull

22.05 - 05.06

ENVI / RENO

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working for the second year in this project, having the chance to work in a typical Icelandic farm, be a part of the farm life and take part in various indoor and outdoor tasks. The work will mostly take place outside, so volunteers need to be motivated to work in unpredictable weathers. Volunteers will do some fence-work and general clean up in the surroundings of the farm.

Furthermore volunteers will do some painting and those who are interested can take part in the regular farm tasks such as milking cows and attending the animals.

The working plan will be flexible and it will depend on the needs of our hosts as well as weather conditions. The work is physical.

We will have the chance to live and work on an Icelandic farm, participating in the diverse tasks of its daily life. This is a unique opportunity to experience first-hand how a family in the countryside lives. The farm is relatively big, with sheep, cows and few horses, and this time of spring can be very lively. The owners have their own produce which we will have the opportunity to learn about.

ACCOMMODATION: In this camp volunteers will be hosted in a farmhouse, sleeping in shared accommodation. Volunteers will have to bring their own sleeping bag. The house is a fully equipped home, with access to a kitchen, bathroom and washing machine.

We will share the different duties of cooking and cleaning. Please remember to bring some traditional or typical food from your home country for the international evening.

LOCATION: The project takes place in an active Icelandic farm in south-east Iceland placed between the town Höfn in Hornarfjörður and the glacier lagoon Jökulsárlón where big icebergs float. Tourism has been a growing field in the area and the locals are meeting the new demands.

The south of Iceland is one of the most popular destinations for travellers as the landscape offers diverse and breathtaking nature. Rivers and waterfalls, mountains, glaciers and long beaches form a contrast and offer a wide range of experiences.

The view is spectacular and the biggest national park in Europe with the largest glacier in Europe, Vatnajökull is only few kilometres away. The unique beauty of the nature, unpredictable weathers during winter and local culture have shaped the culture in the area.

The Vatnajökull N.P., stretching from the south coast to the north coast of the island; it is the largest protected wilderness in Europe. It covers around 15.000 km² (15% of the surface of Iceland), including all of Vatnajökull glacier, the former Skaftafell N.P., Jökulsárgljúfur N.P. and surrounding area.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). To be paid to SEEDS on arrival.

Volunteers need to be motivated to work outdoors, be willing to take part in all the diverse tasks included in the project and getting to know ways of living in rural Iceland.

The work is physical and demanding. Volunteers have to bring good working shoes and clothes, even though summer is around, it can still be cold and hats and gloves might be necessary.

Place of beautiful natural surroundings with countless opportunities to hike and discover it by foot.

SEEDS 027. Sandfell – Fljótsdalshérað (1:2)

24.05 - 07.06

CONS / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working for the fourth year on construction and nature oriented tasks in this project in the East of Iceland. Our tasks will mainly be focused on improving the environment in and around the whole area; planting trees and doing some paint work. We will be based in a local Icelandic farm where the hosts also run a horse rental and a hotel, so volunteers will have the chance also to experience how locals live and work on a daily basis.

The host keeps horses, dogs and cats. SEEDS volunteers will have access to the animals and will be given guidance in taking care of and riding horses.

The working plan will be flexible and it will depend on the needs of our local host, the advance of the diverse projects in the area surrounding the valley and of course on the weather conditions.

Last but not least we will explore the surroundings of the location and enjoy free time activities arranged in cooperation with the local host, such as horseback riding.

ACCOMMODATION: Volunteers will stay in shared rooms in a sleeping bag accommodation with access to kitchen and bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The farm is located in beautiful landscape with mountains and valleys. It is close to Hallormsstaðaskógur, the largest wooded area of the country that spreads over 30 ha of land. The reforestation of the forest has been going on ever since a law for the protection was passed in 1899. The tree collection keeps an extensive variety of foreign trees and is renowned among professionals and travellers. The oldest part of the woodland is accessible with good hiking trails and explanation signs.

The area offers great variety of walking paths, such as to the deepest valley of the country and up to Sandfell where the view is quite magnificent. Riding tours up to the mountains or in the woodland is also a nice experience. Small stream runs through the land where children and adults can cool down in warm summer days.

The project is located in the municipality of Fljótsdalshérað, Iceland's easternmost populous municipality; 17 km from the largest town in the Eastern Iceland - Egilsstaðir (population 2600). It is a young town, but which has become the largest town of east Iceland and offers a swimming pool, shops and museums among other main services.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains and the wild reindeers of Iceland are found here, the herd counts between three and four thousand animals.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF); domestic airport and bus stop is Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working with outdoors and getting to know ways of living in rural areas in Iceland.

Our hosts will organize free time activities and introduce us to the local community. Volunteers will be offered to take horse-back riding and an introduction to how to treat and hold horses.

SEEDS 033. Forest & Paths in Skagafjörður

24.05 - 06.06

AGRI / ENVI / CONS

6 Volunteers

Age: 18 +

WORK/PROJECT: In this project SEEDS volunteers will have the opportunity to get to know the traditional Icelandic farm life in a ranch that has life stock of more than 50 cows, 100 sheep, few hens and horses. The project takes place in an agricultural area in the North of Iceland which is rich in both culture and history. The volunteers will have the chance to get to know the local family and work hand in hand with them. Our actions here will depend on weather conditions and it's hard to pin down the tasks, but we will mainly be doing some outdoor work.

Big part of the project will be working in a forest, planting trees, thinning the forest, making and maintaining hiking paths. Volunteers will have the opportunity to build from the material that comes out of the thinning process and possibility to make small harbour in a nearby pond.

Volunteers who are interested in farming and/or animal husbandry will have the opportunity to get to know typical farming tasks such as fertilizing the fields, cutting grass, painting timber fences, tear down old fences and possibly put down some potatoes and working around the animals.

The weather in Iceland is unpredictable. Be prepared for all kinds of weather and be sure of bringing warm clothing. The camp starts in early summer and the days are already long so the clear air and bright light can create great conditions for photography or just to go hiking.

ACCOMMODATION: We will stay in a local house with access to kitchen and bathroom, in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Volunteers will take part in cooking and cleaning activities and sometimes they will have meals with the family.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: Known as flashy dressers, the people of Skagafjörður were proud and often preferred to seek other work than farming. In this they were considered rather distinct from other Icelanders. Horsemanship was widespread in Skagafjörður and singing was given more weight than in many other regions; there culture and literature prospered.

Even though the vast majority of Skagafjörður residents make their living through agriculture, many were also engaged in fishing. Stagnation can be said to have marked many fields of life from about 1650 until 1850, when the impact of the industrial revolution began to be felt, and the Icelandic demand for increased independence from Denmark received a great deal of local support. Trade practices likewise began to change and the general population began to migrate from the countryside. Many moved to America, but others simply into villages and larger towns.

In Skagafjörður you will find many protected areas such as Orravatnsrústir, in the grazing commons Hofsafrétt; wetlands surrounding Orravatn lake and reaching north to Reyðarvatn lake. Another example of an exclusive area in Skagafjörður is the Upper end of Vesturdalur valley (Hofsárdalur valley): The innermost part of Vesturdalur, upstream from Miðmundargil gorge and including the canyon stretching inland from the valley.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to all kinds of weather. SEEDS and/or our hosting partner will organise free time activities in the area, which might include sight-seeing, hiking, etc. Countless opportunities to discover the area by foot or to hike in the surroundings.



SEEDS 030. Botanic Garden in Reykjavík (3:9)

25.05 - 07.06

ENVI / NATU

7 Vols.

Age: 20+

WORK/PROJECT: For the fourth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50th anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though summer is around the corner, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) arranged for SEEDS at discount fares.



SEEDS 032. Spring in Eyjafjörður - The longest fjord

25.05. - 07.06.

CONS / ENVI

6 Volunteers

Age: 18+

WORK/PROJECT: This is the third year in a row that SEEDS volunteers have the opportunity to work in this project in the North of Iceland. The main tasks for SEEDS volunteers will be fixing up the outdoor areas of a newly sustainable tourist cooperative in the north of Iceland. The tasks include cleaning up after the winter and preparing the season, planting bushes, maintaining walking paths and other activities if needed. Some indoor cleaning tasks might be expected as well.

This year SEEDS will also cooperate with the local geothermal company for the second half of the workcamp. The task is to restore a small natural pool and the surroundings close to the farm.

The area is great for hiking, both in the mountains and in the Nature Reserve next to the accommodation. Bird watching in the nature reserve is also great this time of the year.

The volunteers can borrow canoes for a tour on the river, and depending on what is going on in the community participate in local events.

ACCOMMODATION: SEEDS volunteers will be lodged in a boarding school that has been changed into a hostel, sleeping in bunk beds 3-4 persons sharing a room. Bring your own sleeping bag.

Volunteers will receive food and be in charge of cooking and cleaning activities. Please do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Volunteers will stay in the North of Iceland in the municipality of Dalvíkurbyggð (population around 2000) and at the shores of Eyjafjörður, the longest fjord in Iceland. The fjord is long and narrow, it measures 60 km from mouth to bottom. Its greatest width is 25 km at the fjord's mouth but the rest of it is around 6 -10 km wide.

The fjord is surrounded by mountains on both sides. In the outer part of the fjord there are no lowlands along the coast as the steep hills roll directly into the sea. Further south there are strips of lowland along both coasts. The ferry Sæfari sails from Dalvík to the island of Grímsey, Iceland's northernmost community, which lies on the Arctic Circle.

The area where SEEDS volunteers will be working and sleeping in is an old boarding school located about 10 Kilometres from Dalvík, in the valley (Svarfaðadalur), which lies between tall and sharp mountains & several small glaciers. A river runs through the valley from the mountains to the sea.

In the valley, there is a Nature reserve that volunteers will have the chance to visit and enjoy. This environment provides an excellent habitat for many species of birds. In April the migratory birds start to arrive for the summer breeding season. From the project base, there are footpaths that can be easily followed through part of the reserve. We advise volunteers to wear rubber boots as part of the reserve is wetland. The mountains offer great hiking options and the mountains of Tröllaskagi peninsula are by many viewed as the most spectacular outdoor activity in all of Iceland.

LANGUAGE: English will be the language of the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good walking shoes and warm clothes. Even though the camp takes place in spring, it might still be cold and hats, scarves and gloves might be necessary.

The camp is located in a place of stunningly beautiful surroundings with countless walking and hiking opportunities.



SEEDS 031. Photo Marathon in Reykjavík

26.05 - 05.06

ARTS / CULT

8 Volunteers

Age: 16+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

Volunteers will work two days with the city of Reykjavík in the cemeteries. Volunteers will help with raking leaves, beautifying the gardens, work on the recycling system among other tasks.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the spring/summer months.



SEEDS 034. Working & Fun in the South (1:3)

29.05 - 13.06

CONS / RENO / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: This project gives SEEDS volunteers again the opportunity to live and work within beautiful surroundings hosted in cooperation with the Icelandic Girls and Boys Scouts Association.

The project offers diverse tasks and various experiences for SEEDS volunteers. First of all, we will beautify the surroundings by cleaning up the area. We will carry out some planting and gardening activities as well and possibly make and maintain walking paths.

Depending on the advance of the project, we may have other possible tasks, like checking up and repairing old fences and light maintenance work in the huts, such as painting.

The work can be physically demanding and volunteers need to be motivated to work outdoors and to be flexible to work in all the diverse tasks connected with the project.

Volunteers should be prepared for cold or rainy weather since the work takes place outdoors.

ACCOMMODATION: Volunteers will be lodged in a local hut, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

The area has a well equipped kitchen. Volunteers will be provided with food supplies and take care of the cooking themselves, as being in charge of the cleaning and housekeeping activities.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The Úlfjótsvatn Scout Center Úlfjótsvatn is approx. 65 km to east from the capital city of Iceland, Reykjavík. The land is originally a farmland and a property of The City of Reykjavík. The scouts in Iceland rent a piece of the land and have been doing that for over 60 years. Úlfjótsvatn has been for decades the centre for outdoor activities, leader training and summer camp for scouts and guides in Iceland.

The nature is beautiful and outdoor activities are many with nature trail, adventure trail and water safari. Thousands of trees have been planted near the centre in the last 15 years. There is a climbing and abseiling tower in the area. Fishing is good in the lake and we have canoes, kayaks, rowing boats and today's most popular boats are 4 persons pedal boats. At the centre you'll find our 10m high outdoor climbing wall. It's used both for practice and fun in abseiling and climbing.

Buildings at Úlfjótsvatn are on two sites, originally made for boy scouts on one site and girl guides the other site. Now the sites are not split according to gender - boys and girls use both sites but the old names are kept as a reminder.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros).

Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic crowns.

Free time activities in the area will be arranged for SEEDS volunteers in cooperation with our host.

The work can be physically demanding and volunteers need to be motivated to work outdoors and to be flexible to work in all the diverse tasks connected with the project.

Volunteers should be prepared for cold or rainy weather since the work takes place outdoors.

SEEDS 040. Far far away! Icelandic heritage

29.05 - 12.06

CONS / RENO / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: The work of SEEDS volunteers will be related to a beautiful Icelandic set of old turf houses that has been transformed into a museum; which is one of the best kept farmhouses from this era in the country.

The museum emphasizes on a realistic set up of its collection, as if the inhabitants just went out for a moment. Additionally they work on transmitting the old ways of working through events, workshops and courses. The museum is unique in the way it shows clearly how the way of living has changed drastically from around 1770 until the last inhabitants lived in the farm in the 1960's.

Many tasks will be related to the museum itself, such as cleaning and polishing the collective items, but the museum includes i.e. textile, wooden household things and other items used in Iceland in the olden days. We will be cleaning the area, maintaining the houses and preparing for the busy season ahead.

Volunteers will also check and mark walking trails in Vopnafjörður and its surroundings.

Additional tasks may include cleaning the old turf coffee house.

ACCOMMODATION: Volunteers will be lodged in a local house, either sleeping in beds or on mattresses on the floor. Please bring your own sleeping bag. Food will be provided and volunteers will have access to a kitchen and have to take care of their own cooking and cleaning activities.

Please do not forget some traditional food from your home country for the international evening.

LOCATION: The project takes place in the north east part of Iceland in a mountainous bay (fjord) called Vopnafjörður, the Fjord of the Weapons, a name that comes from one of the Viking settlers, Eyvindur Vopni. The fjord is renowned for its natural beauty and good weather with salmon rivers and large areas of untouched landscape.

The town Vopnafjörður is one of the warmest places in the country and warmer than most places at a similar latitude. The reason is the warm waters of the Gulf Stream that moderates the winters and makes the island habitable. The main industries of Vopnafjörður are fish processing, agriculture, and tourism and other services. Inhabitants of the fjord are 683 there of 540 who are living in the village.

The county is divided into three valleys, Hofsdalur, Vesturárdalur and Selárdalur and in those valleys are some of the most popular fishing rivers in the country. Selárdalur has natural hot springs, and next to them is a swimming pool with a hot Jacuzzi.

In Iceland you may find many unique pools all over the country but the one in Selárdalur is one of the most special. The area has various lakes, some of them popular for fishing, but others have gotten smaller due to soil erosion.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest International Airports: Keflavík /Reykjavík (KEF); nearest domestic airports are Þórshöfn (THO) and Akureyri (AEY), while the closest bus stop is in town.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

SPECIAL REMARKS / EXTRAS: Participation fee EUR 180. Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our local hosts will organise some free time activities and sightseeing to some of the interesting attraction spots in the area. Remote and isolated site located in natural areas of extreme beauty.

Countless opportunities to discover the area by foot or to hike in the surroundings.

SEEDS 035. Eyrarbakki in the South Coast (1.2)

01.06 -15.06

CONS / ENVI

9 Volunteers

Age: 18+

WORK/PROJECT: The main tasks of SEEDS volunteers will be fixing up the outdoor areas of a newly sustainable tourist cooperative in the south of Iceland.

The tasks include cleaning up after the winter and preparing the season, maintaining walking paths, some painting and other activities if needed.

SEEDS volunteers will also help cleaning up the coast lane to help maintain its wild untouched appearance.

Furthermore SEEDS volunteers can help our host in his activities as a tour operator in one of the most beautiful part of Iceland. Please note that some tasks might be organized in collaboration with other partners in the area which only makes the variety of tasks more interesting.

ACCOMMODATION: SEEDS volunteers will be lodged in a community house in sleeping bag accommodation, sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of cooking and cleaning activities. Please do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The project takes place in Eyrarbakki, a small village in South Iceland. The town played an important role in trading; the towns' prime time was from middle of the 18th century to the early 19th century. During that time the town life flourished and expanded around the houses of the Danish trading area. The population grew fast and at its peak, the inhabitants were around 1000 at 1920, but decreased to 530 - 550 during the last decades.

The historical importance of the town is directly linked to the port, which was an entrance to the country in international trade, churches and bishops in the country had their goods and material for building delivered through Eyrarbakki. In the 18th century Danish merchants were permitted to live in Iceland, which led them to start building and importing houses and settle down in the town.

The town is renowned for its charming old houses and one of oldest house of Iceland, from 1765 is located in the town. Other old houses are there and locals have put effort and energy in maintaining and renovating them, so the town holds more to its original outlook.

Few kilometres out of town is the Flói Nature Reserve, a paradise for wetland birds, with a marked circular hiking trail through the marshes. The surroundings are amazing, open sea, beautiful coastline; nearby you will find places such as Gullfoss, Geysir, Skálholt, Þórsmörk, Skógarfoss, as the very well known and notorious Eyjafjallajökull.

The distance from the capital is about 70 km.

LANGUAGE: English will be the language of the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros).

Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good walking shoes and warm clothes. Even though the camp takes place in summer, it might still be cold and hats, scarves and gloves might be necessary.

The camp is located in a place of stunningly beautiful surroundings with countless walking and hiking opportunities.

SEEDS 037. Meet us - don't eat us (1:6)

02.06 - 14.06

ENVI / ARTS

10 Volunteers

Age: 18+

WORK/PROJECT: This is the fourth year that SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with [IFAW](#) (International Fund for Animal Welfare). This mainly consists of distributing information, conducting a survey, having people fill out postcards that will be taken to the government at the end of the work camp, talking to people and having fun in Reykjavík! SEEDS is looking for enthusiastic and open people for this workcamp!

The aim of the project is to raise awareness in a friendly, peace- and joyful manner. Volunteers will be given the opportunity to prepare and carry out acts or actions to grab attention and entertain passers-by. We encourage people with artistic skills and talents to apply: this is your change to give vent to your joy of creation and performance.

The group will take turns wearing a whale costume and walk around downtown Reykjavík. One part of our project is also to let pedestrians try on the costume and take pictures. We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss them with the group and try to implement them.

Our goal is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% were in favour of commercial whaling.

Iceland was one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Europe's most northern capital is a friendly, vibrant city that manages to combine the intimacy of a small-town atmosphere with all the qualities of a modern, trendy city. Here you can leisurely stroll around the lovely little streets of the town centre with its many renovated old houses and there's no hustle and bustle, no noisy traffic to contend with.

The visitor to Reykjavík is simply spoiled when it comes to things to do. There is the National Gallery and a range of other small avant-garde galleries for the art lover. The newly reopened National Museum provides an exciting insight into Iceland's history and heritage, as does the Arbaer Folk Museum.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; good conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

SEEDS will provide volunteers with passes to go on free whale watching trips. Tours and excursions (eg. Golden Circle, Blue Lagoon, Snaefellsnes or South Shore) can be arranged for SEEDS volunteers at discount fares.



SEEDS 044. Forestry in the land of fire and ice (1:4)

02.06 - 13.06

ENVI / CONS / EDU

7 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will participate for the fourth year in a row in a unique project with the Icelandic Forestry Association. The work camp will take place in an old Icelandic farm, in the beautiful area of Lake Úlfjótsvatn, just under Þingvallavatn, and possibly go for couple of days to Skógar, just south of the famous Eyjafjallajökull. Volunteers will be working on the surrounding farmland, performing different tasks such as clearing old fences, planting trees, cleaning up, farm restoration and beautifying the area.

Eight working hours are expected on week days. After the workday, some time will be devoted to education. During this relaxed interactive time volunteers will have the opportunity to learn and discuss about environmental matters and forestry, practice numerous tools, realize craftwork, go hiking, visit places of interest in the surroundings, go to the local swimming pool and take part in local cultural events. Volunteers need to be motivated to work outdoors and be willing to take part in all the diverse tasks connected with the project. Work is physical and demanding.

ACCOMMODATION: SEEDS volunteers will be hosted in a basically equipped farmhouse in a sleeping bag accommodation. Please bring your own sleeping bag.

Food supplies will be provided and a kitchen will be available. Volunteers will share the duties of cooking and cleaning.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The camp will take place in the area of Lake Úlfjótsvatn which lies just south of Lake Thingvallavatn a 70 km drive from Reykjavík, the capital of Iceland. The area is beloved among scouts and nature lovers and it is popular for recreational fishing. The attractive surroundings of the lake are patterned with hiking trails and walking paths.

Only a stone's throw away from the site of the camp lays the UNESCO world heritage site of Thingvellir. It's a national park and was the location of Iceland's parliament from 930 to 1798. Many of Iceland's biggest moments in history happened in Thingvellir, such as the adoption of Christianity around 1000 AD and the foundation of the modern Republic in 1944.

History is not the only reason attracting Icelanders and tourists to Þingvellir, it is also a place of extraordinary beauty and a complex ecological system. The area of Þingvellir was established as a national park in 1930 and it is part of a fissure zone running through Iceland.

In case the volunteers will go to Skógar, it is beautiful place which is located at the south of the Eyjafjallajökull glacier, in the municipality of Rangárþing eystra. The area is known for its waterfall, Skógafoss, one of the biggest waterfalls in the country, on the Skógá river, which springs from 60 metres at the top of an eroded cliff.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 150 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and be prepared to experience all kinds of weather. Please bring warm clothes with you as the project takes place outdoors and the weather can be cold.

This camp includes environmental education and free time will be devoted to leisure activities organised by our hosting partner.

SEEDS 038. Nature & Culture in the North of Iceland

03.06 - 13.06

AGRI / ENVI

9 Volunteers

Age: 18 +

WORK/PROJECT: In this project SEEDS volunteers will have the opportunity to get to know the traditional Icelandic country life in a farm that is taking its first steps into being able to welcome guests and travellers. Our hosts are a family that are trying to develop new work opportunities in the area; they intend to run diverse facilities and start offering services for visitors.

The project takes place in an agricultural area in the North of Iceland, rich in culture, history and famed for its beautiful landscape, so tourism has been one of the most visible alternative industries getting special emphasis after the socio-economical crash that Iceland suffered in 2008.

The volunteers will have the chance to get to know the local family and work with them. Our jobs will be mainly outdoors and depend on the weather, so it is hard to pin them down.

Big part of the project will go into general gardening works, as planning, designing and making a flower bed, tree bushes and other related tasks. We will also have the chance to prepare and start a vegetable garden. Additionally, we will build fences and tidy up the surroundings of the farm after the winter season. Other tasks might be making or maintaining hiking paths among others.

Volunteers with artistic talents are encouraged to use their joy of creation when designing and making the garden. Those interested in animal husbandry can be in touch with some of the animals in the farm, around 100 horses and 760 sheep that run freely in the nature during summer.

ACCOMMODATION: We will stay in a well equipped apartment with access to kitchen and bathroom, in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that the apartment is attached to the main farm house, so volunteers are expected to show consideration to the family who lives there. Volunteers will take part in cooking and cleaning activities and sometimes they will have meals with the family.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: Much of the northwest gives the feeling that you have reached the end of the world. Little villages try to survive in a modern world with a decreasing population in the countryside.

Although the area around Húnaflói is sparsely populated and scattered with only few tiny villages it is rich in wildlife. The region receives many visitors because of its fishing opportunities, but there are also good opportunities for bird watching, canoeing, golfing, hiking, kayaking, and river rafting. The region is a paradise for people who like beautiful nature and outdoor activities.

The farm is about 13 Km south of Blönduós, a town with around 810 inhabitants, standing where the river Blanda, runs into the ocean. It is a quiet town with a couple of museums, shops and a church.

From the farm is a short distance to the sea, mountains and fields; the best way to appreciate the area is to be off the main road, discover spectacular scenery and experience the surroundings.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200, (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to all kinds of weather (be sure of bringing warm clothing).

SEEDS and/or our hosting partner will organise free time activities in the area. There are countless opportunities to discover the area by foot or to hike in the surroundings.

SEEDS 039. The Highlands North of Vatnajökull glacier

06.06 - 20.06

CONS / RENO / ENVI

8 Volunteers

Age: 18+

WORK / PROJECT: SEEDS Volunteers will have the chance to work for the fourth year in a row in this very special project. We will work in the midland, East of lake Mývatn and North of the Vatnajökull glacier. Our work camp base is situated in the highlands - 469 meters above sea level.

The area has been inhabited since the early times of the settlement. As small-scale farming has become more difficult in recent times, some of the locals have decided to combine the farm-work with the new tourism services and push forward alternative ways of income for the region. The extreme beauty of the area draws more and more visitors every year.

Hundreds of years of farming work have taken its toll in the pristine landscape. We will support local farms in removing elements and machinery (e.g. old tires, old corrugated iron, fences, etc.) that has been left unattended and needs to be removed in order to restore the natural and historical heritage of the region.

We will also work repairing an old turf building, restoring it to its previous "form", so it looks similar to the several other turf buildings in the surroundings.

Additional work for us will be turfing, fixing and maintaining walking paths and making a new trail.

ACCOMMODATION: We will be lodged in a house in one of the farms, sleeping in shared rooms in beds, please bring a sleeping bag.

We will receive food ingredients and be in charge of cooking and cleaning activities. Equipped kitchen and washing machine are available.

Please do not forget some traditional food from your home country for the international evening.

LOCATION: The work camp is located in the North-eastern part of the country and in the vicinity of the largest national park in Europe; Vatnajökull NP; which is now around 12.000 Km² and it is expected to expand within the next years. The region of the park is unique; one can find glaciers, volcanic activity, glacier bursts, eruptions and geothermal heat plus an extremely rare landscape.

With the establishment of Vatnajökull National Park, Icelanders wade into the largest nature conservation project ever taken on in Iceland. It is one of the largest developments the authorities have undertaken in this region and has created many jobs. The land within the park is mostly owned by the government, but a few privately owned districts are a part of the national park.

Under its ice-cap, the glacier hides seven volcanoes and most of them are active. Underneath there is an ice cavern system several kilometres long. Vatnajökull covers about 8% of the country, and is about 1000 m thick at its thickest point. Mount Herðubreið, the queen of Icelandic mountains is located in the area.

LANGUAGE: English will be the language of the camp; basic conversational skills are required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

EXTRAS / SPECIAL REMARKS: Participation fee is EUR 200 (Euros). Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic crowns.

A very remote place located in a natural area of extreme beauty. Outdoor activities, like hikes will be arranged for SEEDS volunteers and **if possible at the time**, volunteers can go horse riding.

Please bring warm clothes as the weather in Iceland can be unpredictable. You will need to bring comfortable clothes to work in, good overcoats and outdoor wear as well as good shoes or boots.

SEEDS 045. Skriðdalur - Crawling Valley

06.06 - 20.06

ENVI / CONS / RENO

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working on environmental and nature oriented tasks in this project. We will be based on an Icelandic farm in the East of the country. This is our fifth year of cooperation and the volunteers' experiences have been very positive.

Our tasks will mainly be focused on improving and beautifying the environment in and around the whole area; planting trees, clearing out a barn and clearing the surrounding area. Volunteers will possibly help with lambing and work with some animals.

The working schedule will be very flexible. It will depend on the needs of our local host, the advance of the diverse projects in the area surrounding the valley and the weather conditions. While we help to preserve the local environment, we will explore the surroundings of the location and enjoy free time activities arranged in cooperation with the local host, such as hiking and discovering the beautiful scenery.

ACCOMMODATION: We will be lodged in a farmhouse, in shared rooms, sleeping on mattresses on the floor. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen is available. Volunteers will share the duties of cooking and cleaning. Please do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The project is located in the municipality of Fjórðungshérað; 17 km from the largest town in Eastern Iceland called Egilsstaðir (population 2300). The town has a swimming pool, shops, pubs and museums among other main services.

The area is beautiful and has a lot of interesting sites. The biggest forest in Iceland, Hallormstaðarskógur is located within the district. The forest spreads over 30 ha and it offers great opportunities for hiking. The tree collection has a huge variety of foreign trees and is renowned among professionals and travellers. There is also a horse rental and a small swimming pool in the forest.

The farm we will be staying at is located close to Lagarfjót, the home of the mythical creature "the Lagarfjót Serpent" (Lagarfjótsormurinn) which was believed to have been spotted last in early 2012 by a local farmer. The serpent is thought to be Iceland's equivalent of the Loch Ness Monster. If you get lucky you might get a glimpse of it and maybe even be able to get a picture of the much sought after serpent. Other interesting animals of the area are the wild reindeers. They live in and around Fjórðungshérað and count about ten thousand.

The East Fjords of Iceland have a special landscape, dominated by long, narrow fjords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). The closest bus stop and local airport is located in Egilsstaðir (EGS). The ferry "Norraena – Smyril line" sails from the Faroe Islands and Denmark and docks in the harbour in Seyðisfjörður town, 27 km from Egilsstaðir.

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and getting to know ways of living in rural areas in Iceland.

Please bring warm clothes and out-door wear as weather in Iceland can be unpredictable.

SEEDS 042. Botanic Garden in Reykjavík (4:9)

08.06 - 21.06

ENVI / NATU

7 Vols.

Age: 20+

WORK/PROJECT: For the fourth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50th anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) arranged for SEEDS at discount fares.

SEEDS 043. Photo Marathon in Reykjavík

09.06 - 19.06

ARTS / CULT

8 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers will work two days with the city of Reykjavík in the cemeteries. Volunteers will help with raking leaves, beautifying the gardens, work on the recycling system among other tasks.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

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Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

The **Icelandic National Day** is celebrated annually on June 17. The celebrations include a parade through the streets, along with various parties, street theatre, live music and other events.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.



SEEDS 046. Bjarnarfjörður in the West fjords

10.06 - 24.06

AGRI / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will have the opportunity to participate in this project in the West Fjords. The project takes place in a small fjord, called Bjarnarfjörður and volunteers will be working in the surrounding area.

The main work tasks will be to re-vegetate eroded soils, fertilize small trees and maintain walking paths. For the first 3-4 days volunteers will carry bags of fertilizers up some hills and spread the fertilizer on the land. The next 3-4 days volunteers will fertilize small trees. The rest of the days volunteers will mark some walking paths and in some cases place gravel on them in order to maintain them.

Volunteers will get good guidance from the hosts on how to come around those tasks. The nature in the area is quite diverse and in a few places there are swamps that have to be crossed.

The tasks can get rather physically demanding and require a good physical condition.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather and be sure to bring warm clothing since most of the work will take place outdoors.

ACCOMMODATION: SEEDS volunteers will be hosted in a local house. Volunteers will either sleep on mattresses or in beds. Please bring your own sleeping bag.

The house is equipped with a kitchen. Volunteers will share the duties of preparing food, cooking meals and cleaning. There is no shower in the local house, but volunteers will have access to showers in the local swimming pool.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The closest town to Bjarnarfjörður (Bear fjord) is Drangsnæs which is about 20 Km away. It is part of the Kaldrananeshreppur municipality and has barely 100 inhabitants. It got its name from a tall rock named Kerling of what is said that it is one of three troll women who tried to separate the West Fjords from the rest of Iceland.

The area around Drangsnæs is a haven for bird-lovers, especially in early summer; this area offers easy hiking treks for everyone in summer and winter alike.

Bjarnarfjörður belongs to the region Strandir (literally: the costs). For centuries Strandir was one of the most remote areas in Iceland. It was known for the inhabitants' knowledge of magic and as a refuge for criminals. The landscape of Strandir is far from uniform, the low hills of Hrútafjörður in the south gradually change to 700 m high mountains rising straight from the coast in the northern part. The population in the Strandir region is only little under 800. The town Hólmavík and Drangsnæs village are the most populated areas.

The weather conditions are rather wet and cold and sometimes pack ice from Greenland fills the fjords, but there are lovely days in-between. Thermal activity can be found in several places. There is quite some number of rivers, rivulets and small lakes in the area.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 60 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Our hosting partner will organise some free time activities for SEEDS volunteers, for instance a day trip and excursions in the area.

SEEDS 047. The Highlands of Iceland - The Famous Kjölur Road (1:2)

10.06 - 23.06

CONS / RENO

10 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working on several projects, mostly construction and renovation related tasks, preparing the area before the summer; supporting a group of local Icelanders that are developing the area with new tourism services and pushing forward alternative ways of income; running a series of mountain huts in this isolated area and offering services to travellers during the summer time.

The tasks will include landscaping around houses in the area as well as painting and maintaining verandas. As the landscape is raw, the work is physically demanding but also rewarding.

We will be maintaining hiking paths, clearing litter along the paths and in the valley. We will also build fences around natural hot pools in the area and clear some old fences.

ACCOMMODATION: We will be hosted in a local mountain hut; sleeping in shared rooms on mattresses on the floor; please bring your own sleeping bag. The facilities are very basic and volunteers are expected to show consideration for their companions.

We will receive food ingredients and be in charge of cooking and cleaning. Please do not forget some traditional food from your home country for the international evening.

LOCATION: The Icelandic highlands, or "the interior", are a true pearl to all nature lovers and outdoor people. It is accessible on 4WD cars and most routes involve crossing un-bridged rivers.

If you really want to get away from it all, the interior of Iceland is like nothing you have ever experienced. The mountainous centre of the island, with its rocky deserts, craggy mountain peaks, ice caps, volcanoes, hidden valleys and hot springs, is an awesome and untouched wilderness.

The interior was almost totally inaccessible until recently. However outlaws managed to hide out for years at a time in the highlands, rustling sheep and keeping away from law-abiding citizens. Folklore stories tell of both natural and supernatural beings that lay in wait for unwary highland travellers. Travellers going between the north and south of Iceland sometimes had to cross the highlands. To get to the assembly of Alþingi (parliament) each summer, delegates had to ride from every corner of the country to Þingvellir in the southwest.

Journeys across the interior were never undertaken lightly; such travel was risky and lives were often lost. Today the interior is crossed by two mountain roads, via Kjölur and Sprengisandur, which are only open in summer, after the snow has thawed in spring.

We will be staying close to the glacier Hofsjökull and near to the rivers Hvítá and Þjórsá. The mountains in the area that reach up to 1500 m were formed during a volcanic eruption in the later part of the ice age. The area is still dynamic and great geothermal activity takes place in the surroundings. The environment is very diverse, both in shape and colour. The mountains are weathered and have very little continuous growth, as the forces of nature, like glaciers, water flow, ice bursts etc. have been fast working in these mountain highlands.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). To be paid to SEEDS on arrival.

Remote and very isolated site located in natural areas of extreme beauty. Volunteers need to be prepared for physical and demanding work, free time activities are mostly outdoors in the area as there is no transportation available or possibility to organise transport to different sites.

Bring warm clothes, gloves, hats, scarves and socks as the weather can be cold even in summer.



SEEDS 049. Secret Solstice Music Festival - Build (1:2)

11.06 - 25.06

FEST / CONS

10 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working with an Icelandic music festival called Secret Solstice. This is the first time this festival is being held and it will feature over a hundred artists both local and international from various arrays of genres. The festival takes place over the course of three days in the 24 hour midnight sun during the summer solstice.

The workcamp takes place in Reykjavík, the capital of Iceland. Volunteers in this workcamp will work as the site build crew. This crew is all about hard work and long hours, it takes place before and after the festival. Volunteers will be doing all kinds of different jobs with the build and breakdown of the festival site.

The work is physically demanding and will require heavy lifting, hence it is not for the faint-hearted although very rewarding.

Volunteers will get a t-shirt that is to be worn at all times while on duty. The great thing about this shift is that you can enjoy the festival in its entirety.

ACCOMMODATION: SEEDS volunteers in this workcamp will sleep in tents in the festival area. Please bring your own sleeping bag.

Volunteers will have access to a bathroom, showers and a fully equipped kitchen. Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your country for the international evening.

LOCATION: The population of Reykjavík is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavík is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

During this time in June you will be able to experience Iceland's 24 hour midnight sun during the summer solstice. Because of how close Iceland is situated to the Arctic Circle, the nation gets the full on effect of seasonal changes on a unique scale. During the summer we get long, sunny days and, as expected, winter comes with complete darkness.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers will get a free festival wristband and get to participate in a special Secret Solstice staff party.

Tours and excursions (Golden Circle, Blue Lagoon or South Shore) can be arranged for SEEDS volunteers at discount fares.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather.

SEEDS 048. Revegetation in the south of Iceland (1:2)

12.06 - 26.06

ENVI

13 Volunteers

Age: 18 +

WORK/PROJECT: Since 2007, SEEDS has been working with a few other NGOs devoted to the revegetation of eroded soils in the south-west of Iceland. The aim of the project is to halt the downward spiral of erosion and to strengthen the ecosystem by enhancing its natural vegetation.

In 2014 SEEDS volunteers will perform three different types of work: a) Revegetation and erosion control, b) Monitoring the survival and growth of tree plantations of former years, c) Tree planting. Volunteers will likely be working hand-in-hand with Icelanders of similar age.

By using organic waste materials for fertilizing we aim for a double gain. The soils, poor in plant nutrients, are enriched while the amount of materials in need for a waste treatment is substantially decreased. The south-west is part of the volcanic belt of Iceland, with vast lava fields and erodible volcanic soils. Additionally, the area has suffered from overgrazing of sheep for long. Consequently the ecological condition is rather poor and some areas are stripped entirely of top soil.

Close to 70% of the total population lives in this part of Iceland. Different kinds of organic waste materials are being generated in and from the urban environment, substantial quantities every year. In the long run materials like horse manure, garden waste and the likes are the best revegetation means available. We work to make way for these materials as a revegetation medium. In this project we combine professionalism with idealism. The results so far can already be seen at a number of sites in the area and since 2007 with great contribution from SEEDS volunteers.

ACCOMMODATION: Volunteers will be lodged in a school with basic facilities in one of Reykjavik's neighbouring towns, Hafnarfjörður. Volunteers will sleep on mattresses, please bring a sleeping bag.

Food ingredients will be provided and the group will be responsible for cooking and cleaning. Please do not forget some traditional food from your home country for the international evening.

LOCATION: The work will take place in the vicinity of Reykjavík, and the groups will touch upon more than one project in different places. The main emphasis will be on erosion control on the banks of Kleifarvatn (big lake in Reykjanes peninsula), Vatnsskarð, Bolalda, Sandskeið and various sites on the Reykjanes peninsula.

The Reykjanes peninsula is located near the capital and most travellers coming to Iceland land in the area: As the Reykjanes coastline draws closer and the plane prepares to land at Keflavík Airport, the peninsula is marked by active volcanism under its surface, and large lava fields allow little vegetation. There are numerous hot springs and sulphur springs in the southern half of the peninsula, around the Kleifarvatn Lake and in the Krýsuvík geothermal area. The Peninsula is envied for its hiking trails that zigzag through the region with colourful landscapes. Amazing ocean cliffs, (up to 70 m high) are nested by numerous bird species, often a wonderful spot for bird and whale watching. Another great asset of the peninsula is the geothermal power station at Svartsengi, where a pool has been installed using the hot and mineralized water coming down from the station. It is known as the "Blue Lagoon".

The Leif the Lucky Bridge is named after the Icelandic explorer Leifur Eriksson who travelled from Europe to America 500 years before Columbus. It spans the Álfagjá rift valley (60 feet wide and 20 deep) that marks the boundary of the Eurasian and North American continental tectonic plates.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 60 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our hosting partner will take the group on a two day trip, where participants are asked to pay 25 euros for staying overnight in a rented house.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.



SEEDS 050. Secret Solstice Music Festival - Art (2:2)

12.06 - 25.06

FEST / ARTS/ CULT

12 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working with an Icelandic music festival called Secret Solstice. This is the first time this festival is being held and it will feature over a hundred artists both local and international from various arrays of genres. The festival takes place over the course of three days in the 24 hour midnight sun during the summer solstice.

The workcamp takes place in Reykjavík, the capital of Iceland. Volunteers in this workcamp will work as the site art crew. This crew works on making Secret Solstice look the best and the coolest festival site in the world.

This is hard work, long hours and will require building and some heavy lifting, but all in all it will be completely rewarding. Volunteers will be working with the festival's Creative Director.

Volunteers will get a t-shirt that is to be worn at all times while on duty. The great thing about this shift is that you can enjoy the festival in its entirety.

ACCOMMODATION: SEEDS volunteers in this workcamp will sleep in tents in the festival area. Please bring your own sleeping bag.

Volunteers will have access to a bathroom, showers and a fully equipped kitchen. Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your country for the international evening.

LOCATION: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

During this time in June you will be able to experience Iceland's 24 hour midnight sun during the summer solstice. Because of how close Iceland is situated to the Arctic Circle, the nation gets the full on effect of seasonal changes on a unique scale. During the summer we get long, sunny days and, as expected, winter comes with complete darkness.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers will get a free festival wristband and get to participate in a special Secret Solstice staff party.

Tours and excursions (Golden Circle, Blue Lagoon or South Shore) can be arranged for SEEDS volunteers at discount fares.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather.

SEEDS 051. Meet us - don't eat us (2:6)

16.06 - 28.06

ENVI / ARTS

10 Volunteers

Age: 18+

WORK/PROJECT: This is the fourth year that SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with [IFAW](#) (International Fund for Animal Welfare). This mainly consists of distributing information, conducting a survey, having people fill out postcards that will be taken to the government at the end of the work camp, talking to people and having fun in Reykjavík! SEEDS is looking for enthusiastic and open people for this workcamp!

The aim of the project is to raise awareness in a friendly, peace- and joyful manner. Volunteers will be given the opportunity to prepare and carry out acts or actions to grab attention and entertain passers-by. We encourage people with artistic skills and talents to apply: this is your change to give vent to your joy of creation and performance.

The group will take turns wearing a whale costume and walk around downtown Reykjavík. One part of our project is also to let pedestrians try on the costume and take pictures. We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss them with the group and try to implement them.

Our goal is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% were in favour of commercial whaling.

Iceland was one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Europe's most northern capital is a friendly, vibrant city that manages to combine the intimacy of a small-town atmosphere with all the qualities of a modern, trendy city. Here you can leisurely stroll around the lovely little streets of the town centre with its many renovated old houses and there's no hustle and bustle, no noisy traffic to contend with.

The visitor to Reykjavík is simply spoiled when it comes to things to do. There is the National Gallery and a range of other small avant-garde galleries for the art lover. The newly reopened National Museum provides an exciting insight into Iceland's history and heritage, as does the Arbaer Folk Museum.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; good conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

SEEDS will provide volunteers with passes to go on free whale watching trips. Tours and excursions (eg. Golden Circle, Blue Lagoon, Snaefellsnes or South Shore) can be arranged for SEEDS volunteers at discount fares.



SEEDS 052. Forestry in the land of fire and ice (2:4)

16.06 - 27.06

ENVI / CONS / EDU

7 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will participate for the fourth year in a row in a unique project with the Icelandic Forestry Association. The work camp will take place in a valley deep in Hvalfjörður, the whale-fjord, located in the South west of Iceland. Volunteers will be performing different tasks such as cleaning up in the forest, collecting wood, creating new and maintaining old walking paths and do some maintenance work and renovation work on a timber house.

Eight working hours are expected on week days. After the workday, some time will be devoted to education. During this relaxed interactive time volunteers will have the opportunity to learn and discuss about environmental matters and forestry, practice numerous tools, realize craftwork, go hiking, visit places of interest in the surroundings, and take part in local cultural events. Volunteers need to be motivated to work outdoors and be willing to take part in all the diverse tasks connected with the project. Work is physical and demanding.

ACCOMMODATION: In this camp volunteers will challenge themselves with rather primitive facilities. We will sleep in a big "Indian" tent on the location of the project. Volunteers have to bring their own warm sleeping bag and a camping mattress.

Food will be provided and will be cooked either on camping gas or on an open fire. Food will be kept cold in the river and we will wash ourselves with cloths and water either straight from the river or with water heated on the fire. A travel-toilet will be set up in a private location.

We will share the different duties of cooking and cleaning. Do not forget to bring some traditional or typical food from your home country for the international evening.

LOCATION: The valley of Brynjudalur, where the work camp takes place is about 80 Kilometres from the capital; deep inside Hvalfjörður. It is surrounded by mountains, to the north of the valley is a mountain called Múlafjall, south of the Valley are Bolafell and Suðurfjall and to the west Þrándarstaðafjall. The valley is extremely beautiful, with many plants and trees.

There are many small canyons, streams and waterfalls and it is a popular place for hikers to visit. Along the valley runs the river Brynjudalsá which starts in Sandvatn.

Hvalfjörður lies north of Reykjavík and Mosfellsbær and is the longest fjord in the south-west of Iceland, cutting 30kms deep into the land along a north-east/south-west axis and curling to the east at its head. Before the Hvalfjarðargöng tunnel was opened in 1998 and the main ring-road rerouted underneath the fjord, all traffic heading north or west to and from Reykjavík had to follow the fjord all the way around -a drive of an hour or two.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and be prepared to experience all kinds of weather. Please bring warm winter clothes as the project takes place outside and the weather can be cold.

This camp includes environmental education and weekends will be devoted to leisure activities organised in cooperation with SEEDS and our hosting partner.

SEEDS 053. Sirkús Íslands in Reykjavík (1:5)

17.06 - 01.07

CULT / ART

5 Volunteers

Age: 20+

WORK/PROJECT: This workcamp takes place in Reykjavík, the capital of Iceland, and will give you the opportunity to experience the circus life in Iceland for two weeks.

The main tasks include putting up the circus tents and taking them down afterwards. Volunteers will make sure the area is neat and tidy during the stay of the circus and assist in the Circus shop. We will help with putting up the stage and chairs for the shows and work together with the back stage team.

Sirkús Íslands was founded in the year 2007. The circus is a big group of people with talents in circus arts with ambitions to show people daring and funny circus acts. The group includes specialists in aerial entertainment, acrobatics, juggling, fire shows, stilt walking and roving entertainers.

ACCOMMODATION: SEEDS volunteers will stay in a house in Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration with their companions. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Note that the circus cannot serve the needs of vegan people.

Do not forget some traditional/typical food from your country for the international evening.

LOCATION: The population of Reykjavík is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavík is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

During this time in June you will be able to experience Iceland's 24 hour midnight sun during the summer solstice. Because of how close Iceland is situated to the arctic circle, the nation gets the full on effect of seasonal changes on a unique scale. During the summer we get long, sunny days and, as expected, winter comes with complete darkness.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 80 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers will be working in the morning on the last day of the project.

Tours and excursions (Golden Circle, Blue Lagoon or South Shore) can be arranged for SEEDS volunteers at discount fares.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather.

If you play an instrument or have circus implements that you can bring to Iceland, please do that!

SEEDS 054. Strandir in the West fjords of Iceland

19.06 - 01.07

CONS / FEST / ENVI

8-10 Volunteers

Age: 18+

WORK/PROJECT: SEEDS has been working with the municipality of Strandabyggð since 2009 with very good results for the volunteers, the locals and SEEDS. Strandir (e. The coasts), located on the north-eastern part of the western fjords of Iceland, are a hiker's paradise.

Some of the most popular walking paths have not been maintained in a proper way for some time. Therefore SEEDS volunteers will be working on restoring and maintaining those hiking trails. Maintaining these pathways is very important to encourage people in the area to enjoy the beautiful environment in a way that does not spoil the nature around. The ground is sometimes rocky and volunteers have to work together to find the most suitable place for the path.

Volunteers might also assist with preparing for the town festival, by for example putting up stages, taking them down; decorate the town and beautifying the area afterwards. Interested volunteers will also have the opportunity to participate in the town festival and put up their own acts (show art work, do an act on stage, introduce their culture, etc.) if they like.

Work can be physically demanding and volunteers should be in a good physical condition. Be prepared for some flexibility due to the weather.

ACCOMMODATION: SEEDS volunteers will be hosted in a local house and have access to shower facilities. Volunteers will be sleeping on mattresses on the floor in shared rooms. Please bring your own sleeping bag.

Food ingredients will be provided and volunteers will have access to a kitchen. Volunteers will share the different duties of cooking and cleaning. Please do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The work camp takes place in the West fjords at the north-western part of Iceland. The region accounts for 10% of the country's surface but only about 7200 people live there, so it is one of the least populated areas of Europe. The West fjords are very mountainous; the coastline is made by dozens of fjords surrounded by steep hills.

The region of Strandir was for centuries one of the most remote areas in Iceland, known for the inhabitants' knowledge of magic and as a refuge for criminals and outlaws. The landscape of Strandir is far from uniform, the low hills of Hrótafjörður in the south gradually change to 700 m high mountains rising straight from the coast in the northern part.

The population in the Strandir region is under 800. The towns of Hólmavík and Drangsnæs are the most populated; around 400 people in Hólmavík and 100 in Drangsnæs. The people of Strandir live almost entirely on traditional fishing and farming and are increasingly aware of their heritage and will proudly tell tales of their ancestors' dealings with ghosts and other supernatural beings.

It has often been said that the people of Strandir know a bit more about witchcraft and sorcery than others, and to underscore that claim The Museum of Sorcery & Witchcraft, which takes one on a magical tour into the mystical world of the supernatural, is to be found in the area.

LANGUAGE: English will be the official language in the camp, high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 80 (Euros). Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic crowns.

Bring warm clothes with you as the project takes place outdoors.

Our hosting partner will organise some free time activities in the surroundings of the project.



SEEDS 055. West fjords: Music Festival

20.06 - 30.06

FEST / CULT / ARTS

8 Volunteers

Age: 20-35

WORK/PROJECT: SEEDS volunteers will again be part of the annual music festival "ViðDjúpið". This is the 5th year in a row we work with the organisers of the festival with very good results.

The festival is held in the 'capital' of the West Fjords, Ísafjörður, around summer solstice every year. The event offers series of concerts and master classes, which are held in close cooperation with the Iceland Academy of Arts. During the last 10 years the festival has offered master classes and concerts with nation- and worldwide known artists.

We will share all types of tasks related to the festival and the group will be split according to the needs to give everyone the chance to try out different assignments. The input of volunteers will make a big difference in making the festival an impressive cultural event.

The tasks include welcoming guests at the airport and **driving** them around, selling entrance tickets, controlling at the entrances to the venues, helping during the classes and concerts, guiding and assisting participants and audience, preparing the venues before and after the concerts and a wide variety of many different duties.

We are an integral part of creating a special festival atmosphere in Ísafjörður and shall be ready for flexible time schedule (as for evenings&weekends).

ACCOMMODATION: Volunteers will stay at a local house/school; volunteers will sleep on mattresses on the floor and need to bring a sleeping bag.

Volunteers will be provided with food and be in charge of the cooking themselves.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATIONS: Ísafjörður is surrounded by mountains that offer endless opportunities to enjoy nature and wilderness during all seasons. Despite its small population, the town has a rather urban, or one could say international, atmosphere. It is known throughout the country for its rich cultural life, with music and visual arts having long tradition and firm roots in the town's history.

In the West fjords one travels through the whole range of Icelandic flora from the shore and meadows, through birch and willow, to mossy moors. On a stroll amidst the driftwood on the shore one can see birds and seals and then an occasional arctic fox around the deserted farmsteads.

Fishing is traditionally the main industry in the region but tourism started to be more and more important as local and foreign visitors are discovering this region in rising numbers.

In the month of June, when the camp takes place, the sun never fully sets at this degree of latitude and the nights are as bright as the days. The bright nights are magical with almost 24 hours of sunlight and staying awake enjoying the beautiful surroundings is a unique experience.

LANGUAGE: English will be the language in the camp; good conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 140 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers need to be flexible and motivated to work at late hours and week-ends and be willing to take part in all the diverse tasks connected with the project.

Volunteers should have a driving licence and be ready to drive during the project.

SEEDS 056. Botanic Garden in Reykjavík (5:9)

22.06 - 05.07

ENVI / NATU

7 Vols.

Age: 20+

WORK/PROJECT: For the fourth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50th anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) arranged for SEEDS at discount fares.



SEEDS 057. Photo Marathon in Reykjavík

23.06 - 03.07

ARTS / CULT

8 Volunteers

Age: 16 - 20

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

Volunteers will work two days with the city of Reykjavík in the cemeteries. Volunteers will help with raking leaves, beautifying the gardens, work on the recycling system among other tasks.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.



SEEDS 058. Hitting the slopes - Skálafell (1:2)

23.06 - 30.06

CONS / ENVI / RENO

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will once again be working with the City of Reykjavík in one of the main Skiing areas in the capital region of Iceland.

We will be working in Skálafell, where the ski slopes are turned into a Bike park during summertime and mountain bike enthusiasts can nourish their passion. The main tasks will include renovation and maintenance work on the bike trails; mainly raking and scraping them up. Some paint job awaits the SEEDS volunteers as well and general cleaning of the area.

The camp starts only a couple of days after summer solstice, when the sun never fully sets at this latitude and the nights are as bright as the days. The bright nights are magical with almost 24 hours of sunlight and staying awake enjoying the beautiful surroundings is a unique experience.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house in Reykjavík. The facilities are basic and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be partly in charge of the cooking and cleaning activities. During week days lunch will be served at the working site.

Do not forget some traditional food from your country for an international evening.

LOCATION: The house where SEEDS volunteers will be quartered during the project is located in Reykjavík, approximately 30 km away from the location of the working site. Volunteers will be transported there every working day.

Some of the best natural country sides in Iceland are located where this workcamp takes place. Hiking, mountain biking, alpine and cross country skiing are a few outdoor activities people can enjoy in the area.

Iceland is chilly, even in summer. Expect nights to dip down to 10 Celsius and days to warm up to the mid-high teens Celsius and warmer. In mountains, weather can change quickly and drastically.

The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavík is a vibrant city that manages to combine the intimacy of a small-town atmosphere with all the qualities of a modern, trendy city. Here you can leisurely stroll around the lovely little streets of the town centre with its many renovated old houses and there's no hustle and bustle, no noisy traffic to contend with.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 80 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary. Volunteers need to be prepared for a wide range of weather.

Our hosting partner will organise free time activities in the area and tours and excursions can be arranged for SEEDS volunteers at discount fares as well (for example Golden Circle, Blue Lagoon, South Shore, etc.)

SEEDS 059. Revegetation in the south of Iceland (2:2)

26.06 - 10.07

ENVI

13 Volunteers

Age: 18 +

WORK/PROJECT: Since 2007, SEEDS has been working with a few other NGOs devoted to the revegetation of eroded soils in the south-west of Iceland. The aim of the project is to halt the downward spiral of erosion and to strengthen the ecosystem by enhancing its natural vegetation.

In 2013 SEEDS volunteers will perform three different types of work: a) Revegetation and erosion control, b) Monitoring the survival and growth of tree plantations of former years, c) Tree planting. Volunteers might be working hand-in-hand with Icelanders of similar age.

By using organic waste materials for fertilizing we aim for a double gain. The soils, poor in plant nutrients, are enriched while the amount of materials in need for a waste treatment is substantially decreased. The south-west is part of the volcanic belt of Iceland, with vast lava fields and erodible volcanic soils. Additionally, the area has suffered from overgrazing of sheep for long. Consequently the ecological condition is rather poor and some areas are stripped entirely of top soil.

Close to 70% of the total population lives in this part of Iceland. Different kinds of organic waste materials are being generated in and from the urban environment, substantial quantities every year. In the long run materials like horse manure, garden waste and the likes are the best revegetation means available. We work to make way for these materials as a revegetation medium. In this project we combine professionalism with idealism. The results so far can already be seen at a number of sites in the area and since 2007 with great contribution from SEEDS volunteers.

ACCOMMODATION: Volunteers will be lodged in a school with basic facilities in one of Reykjavik's neighbouring towns, Hafnarfjörður. We will sleep on mattresses, please bring a sleeping bag.

Food ingredients will be provided and the group will be responsible for cooking and cleaning. Please do not forget some traditional food from your home country for the international evening.

LOCATION: The work will take place in the vicinity of Reykjavík, and the groups will touch upon more than one project in different places. The main emphasis will be on erosion control on the banks of Kleifarvatn (big lake in Reykjanes peninsula), Vatnsskarð, Bolalda, Sandskeið and various sites on the Reykjanes peninsula.

The Reykjanes peninsula is located near the capital and most travellers coming to Iceland land in the area: As the Reykjanes coastline draws closer and the plane prepares to land at Keflavík Airport, the peninsula is marked by active volcanism under its surface, and large lava fields allow little vegetation. There are numerous hot springs and sulphur springs in the southern half of the peninsula, around the Kleifarvatn Lake and in the Krýsuvík geothermal area. The Peninsula is envied for its hiking trails that zigzag through the region with colourful landscapes. Amazing ocean cliffs, (up to 70 m high) are nested by numerous bird species, often a wonderful spot for bird and whale watching. Another great asset of the peninsula is the geothermal power station at Svartsengi, where a pool has been installed using the hot and mineralized water coming down from the station. It is known as the "Blue Lagoon".

The Leif the Lucky Bridge is named after the Icelandic explorer Leifur Eriksson who travelled from Europe to America 500 years before Columbus. It spans the Álfaqjára rift valley (60 feet wide and 20 deep) that marks the boundary of the Eurasian and North American continental tectonic plates.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our hosting partner will take the group on a two day trip, where participants are asked to pay 25 euros for staying overnight in a rented house.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.



SEEDS 065. Red Sand Festival & Patreksfjörður (1:3)

26.06 - 08.07

FEST / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working this year once again with the local municipality in Patreksfjörður, in the West Fjords. SEEDS has been working in the municipality for the last 8 years in different projects.

In this project volunteers will partly be working in Rauðisandur (Red Sand). Volunteers will be working with a music festival which will take place during this workcamp. Volunteers will prepare the area for the festival, put up decorations, put up a bonfire and clean up the area before, during and after the festival. The festival takes place between July 3 and 6. More information can be found at www.raudasandurfestival.is

Other tasks might include beautifying the area around Patreksfjörður.

The working plan will be flexible and it will depend on the needs of our local host and the advance of the diverse projects in the area as well as weather conditions.

The weather conditions in Iceland are unpredictable, be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

ACCOMMODATION: SEEDS volunteers will sleep in tents during the time in Rauðisandur and there will be access to a big grill to cook on. Please bring your own sleeping bag.

Food supplies will be provided by the host. Volunteers will share the duties of cooking and cleaning.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The West Fjords are among the most breathtakingly beautiful places in Iceland, with its high mountains and dramatic fjords cutting deep into the landscape.

Although the locals here are great, it is the nature that attracts visitors. For understandable reasons as well: it is untouched and almost uninhabited. The cliffs and valleys are packed with birds, the uninhabited fjords offer a moment of silence and tranquillity, and the Arctic fox proudly roams the mountains and inlets. The waterfalls are high and the streams pure. The distances are long and the fjords are deep. And then there are places where there are no roads at all.

Patreksfjörður is a typical fishing village with a population of about 800. The town is located on the shores in the south of the West Fjords and is surrounded by mountains that offer endless opportunities to enjoy nature and wilderness during all seasons.

In this area is the beautiful Red Sand, which is a 10km long beach with red sand. The beach is the biggest pearl in a string of coves with sand ranging in colours from white through yellow through red to black, and in coarseness from very fine to sole-hurting chips of seashells.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and be prepared to experience different kinds of weather. Volunteers will also get to participate in the festival events.

There are countless opportunities to discover the area by foot or to hike the surroundings. Our hosting partner will organise free time activities in the area; for instance visiting the local swimming pool in Patreksfjörður.

SEEDS 060. Between glaciers & lava!

29.06 - 09.07

CONS / ENVI / RENO

10 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be taking part in various outdoors tasks such as building a stone wall in a garden with sculptures and outdoor artwork. The volunteers will be supervised by a professional stonewall maker and a nature scientist. Furthermore volunteers will make a walking path from the sculpture garden towards a small canyon where some outdoor artwork can be found. Volunteers will also help with setting up and moving the artwork.

Our host is taking the first steps towards making a Geo-park and volunteers will help with marking and registering locations and other related tasks.

If time and weather allows, volunteers will help building a chapel which is aimed to be for all religions and beliefs. We may take down old fences and generally beautify the area.

The working plan will depend on the needs of our local host and the volunteers need motivation to work mainly outdoors on physical jobs and under changeable weather conditions.

ACCOMMODATION: SEEDS volunteers will stay in a local house; Sleeping in shared rooms on mattresses in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers receive food supplies and mostly are in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The project takes place in the Western part of Iceland, in a unique natural pearl with breathtaking landscape, between glaciers and lava fields. The place is like an oasis in the desert, as the weather is often better than in the surroundings.

The place is a dream for hikers, walking paths and trails spread around in all directions, beautiful waterfalls and one of the best known caves in Iceland is nearby. Every weekend there is a bon-fire in the nearby camping area where visitors meet, sing, play games and enjoy the company.

Among the natural wonders around are the Hraunfossar waterfalls, where water comes out from a lava field over a length of 1 km, placed in a setting of birch-wood and Surtshellir (Surt's Cave) is in the Hallmundarhraun lava field, which is among the best known and deepest in Iceland.

According to some of the oldest Icelandic sagas, this area is said to be inhabited since the very early settlement of the island. In the old days, farmers were expected to offer travellers something to eat and a place to stay if needed and as the location was in a busy trail, the locals had many guests they had to take care of: In that way it can be said that tourism started few hundred years ago in this beautiful location. Dense forests, lava, water springs and torrential glacier rivers, mixed with a diverse fauna and flora makes this area a delightful place to stay at.

There are small local services, a convenience store, swimming pool with Jacuzzis, a pit-stop joint with a gas station and a small restaurant.

The project is next to Langjökull (Long Glacier), the second largest glacier in Iceland, it is 950 km² and its highest point is 1355 m above sea level. Agencies organize snow mobile trips and snow truck trips. Langjökull is surrounded by other small glaciers, Eiríksjökull, Þórisjökull, Hrútafell and Ok.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Volunteers applying for this project should have a motivation for working outdoors and do physical work. Our hosting partner will organise some free time activities in the area.



SEEDS 061. Meet us - don't eat us (3:6)

30.06 - 12.07

ENVI / ARTS

10 Volunteers

Age: 18+

WORK/PROJECT: This is the fourth year that SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with [IFAW](#) (International Fund for Animal Welfare). This mainly consists of distributing information, conducting a survey, having people fill out postcards that will be taken to the government at the end of the work camp, talking to people and having fun in Reykjavík! SEEDS is looking for enthusiastic and open people for this workcamp!

The aim of the project is to raise awareness in a friendly, peace- and joyful manner. Volunteers will be given the opportunity to prepare and carry out acts or actions to grab attention and entertain passers-by. We encourage people with artistic skills and talents to apply: this is your change to give vent to your joy of creation and performance.

The group will take turns wearing a whale costume and walk around downtown Reykjavík. One part of our project is also to let pedestrians try on the costume and take pictures. We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss them with the group and try to implement them.

Our goal is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% were in favour of commercial whaling.

Iceland was one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Europe's most northern capital is a friendly, vibrant city that manages to combine the intimacy of a small-town atmosphere with all the qualities of a modern, trendy city. Here you can leisurely stroll around the lovely little streets of the town centre with its many renovated old houses and there's no hustle and bustle, no noisy traffic to contend with.

The visitor to Reykjavík is simply spoiled when it comes to things to do. There is the National Gallery and a range of other small avant-garde galleries for the art lover. The newly reopened National Museum provides an exciting insight into Iceland's history and heritage, as does the Arbaer Folk Museum.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; good conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

SEEDS will provide volunteers with passes to go on free whale watching trips. Tours and excursions (eg. Golden Circle, Blue Lagoon, Snaefellsnes or South Shore) can be arranged for SEEDS volunteers at discount fares.



SEEDS 062. The valleys in the West of Iceland

01.07 - 15.07

CONS / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working with the local municipality of Dalabyggð, in western Iceland. Volunteers will be beautifying the town of Búðardalur and surroundings by cleaning up and doing some light maintenance in the area.

Volunteers will also work on walking paths, do some painting jobs, tear down a stable and assist in preparing for the town's festival.

Some work tasks will be rather physically demanding and require a good physical condition.

The weather conditions in Iceland are unpredictable, be prepared to experience all kinds of weather and be sure to bring warm clothing since most of the work will take place outdoors.

ACCOMMODATION: SEEDS volunteers will be hosted in a local house, in a sleeping bag accommodation on mattresses on the floor in shared rooms. Please bring your own sleeping bag.

Food supplies will be provided and a kitchen will be available. Volunteers will share the duties of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: Dalabyggð (the valleys district) is located in the Vesturland (west) region of the country and its only town is Búðardalur. Dalabyggð, was formed in 1994 when 8 municipalities were merged. Its population is about 700 and it has been experiencing slight decline over the past five years. Therefore the area which is 2.421 km² only has 0.2% of the population of Iceland.

There are many valleys in Dalir and often it is unclear where one starts and another ends. The heaths above and between the valleys are covered with vegetation, animal life and lakes, many of which contain trout. Around the lakes and rivers, it is possible to watch the rich and varied birdlife. Further away from the coastline lie the many islands of Breiðarfjörður in all their glory which form a magnificent view when bathed in the light of the setting sun over this great fjord.

The municipality is known for the country's most fertile and best rivers for salmon and trout fishing, as well as plenty of fresh water lakes for freshwater trout. The area is popular with hikers who can choose from many different paths and routes ranging from easy to very challenging and difficult.

Dalabyggð is not only famous for fishing and hiking, it has been mentioned in many of the Sagas and was the setting in two of very famous Viking sagas from the 850 to 1300. Two of Iceland's most famous poets also lived in Dalabyggð, therefore the place is ideal for history savvy volunteers.

Strong women have always played a key role in the history of Dalir. One of the first settlers of Iceland was the aforementioned Auður djúpuðga (The Deep-Minded) from Hvammur who played a vital role in freeing bonded men and claiming vast areas of land in Dalir. Thjóðhildur, Eirik-the-Red, Leifur-the-Lucky and others left Dalir to discover Greenland and later America.

The project location is about 180 kilometre drive from Reykjavík through the "whale tunnel".

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and be prepared to experience all kinds of weather. Our hosting partner will organise free time activities in the area; for instance going to a swimming pool. Volunteers will also get the chance to participate in the town festival.

SEEDS 063. Sirkús Íslands in Reykjavík (2:5)

01.07 - 14.07

CULT / ART

5 Volunteers

Age: 20+

WORK/PROJECT: This workcamp takes place in Reykjavík, the capital of Iceland, and will give you the opportunity to experience circus life in Iceland for two weeks.

The main tasks include putting up the circus tents and taking them down afterwards. Volunteers will make sure the area is neat and tidy during the stay of the circus and assist in the Circus shop. We will help with putting up the stage and chairs for the shows and work together with the back stage team.

Sirkús Íslands was founded in the year 2007. The circus is a big group of people with talents in circus arts with ambitions to show people daring and funny circus acts. The group includes specialists in aerial entertainment, acrobatics, juggling, fire shows, stilt walking and roving entertainers.

ACCOMMODATION: SEEDS volunteers will stay in a house in Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration with their companions. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Note that the circus cannot serve the needs of vegan people.

Do not forget some traditional/typical food from your country for the international evening.

LOCATION: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

During this time in June you will be able to experience Iceland's 24 hour midnight sun during the summer solstice. Because of how close Iceland is situated to the Arctic Circle, the nation gets the full on effect of seasonal changes on a unique scale. During the summer we get long, sunny days and, as expected, winter comes with complete darkness.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers will be working in the morning on the last day of the project.

Tours and excursions (Golden Circle, Blue Lagoon or South Shore) can be arranged for SEEDS volunteers at discount fares.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather.

If you play an instrument or have circus implements that you can bring to Iceland, please do that!

SEEDS 064. Hitting the slopes - Blue Mountains (2:2)

01.07 - 13.07

CONS / ENVI / RENO

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working once again with the City of Reykjavík in the main Skiing area in the capital region of Iceland, Bláfjöll or the Blue Mountains.

The main tasks in this workcamp will be maintaining the slopes and preparing them for the next ski season. The city and few sports associations run lodges there and they might also need some renovation job, such as painting and/or cleaning.

The working plan is flexible and it will depend on the needs of our local host. Volunteers need to be motivated to work mainly outdoors on physical jobs and under changeable weather conditions.

The camp starts shortly after summer solstice, when the sun never fully sets at this latitude and the nights are almost as bright as the days. The bright nights are magical and staying awake enjoying the beautiful surroundings is a unique experience.

ACCOMMODATION: SEEDS volunteers will stay in one of the ski lodges in the mountains and sleep in a sleeping bag accommodation, sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be partly in charge of the cooking and cleaning activities. During week days lunch will be served.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The project takes place in the Blue Mountain Range area, which is about 30 minutes drive from Reykjavík. The range stretches to the west from the mountain Vífilsfell near the main road (#1) from the capital area to the Southwestern lowlands. The highest mountain in the range reaches 600m and in 1968 the district became a very popular skiing resort among Icelanders and the favourite for skiers in the Capital region.

This area is excellent for recreation, not only for alpine and cross country skiing, but outdoor activities as well such as hiking and mountain biking. Nature lovers are certain to find something they like there, but they have to be careful crossing the rugged lava fields because of the numerous caves underneath. The caves here are actually among the most interesting tourist attractions in the capital area and our volunteers will be given the chance to explore them.

The Blue Mountain Range area is a place of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot.

Iceland is chilly, even in summer. Expect nights to dip down to 10 Celsius and days to warm up to the mid-high teens Celsius and warmer. In mountains, weather can change quickly and drastically.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

In the Blue Mountain Range area, volunteers will be given an extraordinary opportunity to explore a hidden world beneath ours in an amazing trip to the underworld! Beneath the lava field in the area the volcanic eruptions have left behind caves with magical rock formations. Exploring the dark and hidden lava tubes is a fantastic addition to your volunteer adventure in Iceland and a perfect way to see how Iceland was created.

Our hosting partner will organise free time activities in the area and tours and excursions will be arranged for SEEDS volunteers at discount fares as well.



SEEDS 069. Mýrdalshreppur - South shore

02.07 - 16.07

AGRI / RENO /CONS

5 Volunteers

Age: 18+

WORK/PROJECT: This is the third year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, have cows and run a tourist accommodation.

We will mainly be doing some environment/construction work in this particular camp; beautifying the area and tidying up the surroundings of the farm. We might be asked to do a bit of renovation work as well, such as some painting preparation work if weather conditions allow. Other tasks will be connected with the carrots cultivation. Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable; be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 150 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to different kinds of weather.

Our host will organise free time activities in the area, depending on the weather conditions.

SEEDS 066. Botanic Garden in Reykjavík (6:9)

06.07 - 19.07

ENVI / NATU

7 Vols.

Age: 20+

WORK/PROJECT: For the fourth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50th anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) arranged for SEEDS at discount fares.

SEEDS 067. Photo Marathon in Reykjavík

07.07 - 17.07

ARTS / CULT

8 Volunteers

Age: 30+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

Volunteers will work two days with the city of Reykjavík in the cemeteries. Volunteers will help with raking leaves, beautifying the gardens, work on the recycling system among other tasks.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.

SEEDS 068. Trails & Hot waterfall in the East

08.07 - 22.07

ENVI / NATU / CONS

8-10 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working on a project in a beautiful place in the east of Iceland with the hikers' association of the area. Our tasks will mainly be focused on improving the environment in and around the area.

SEEDS Volunteers will gather stones for a stone wall, which is a famous landmark in the area. It is almost 4km long.

Volunteers will also work in a place called Laugavellir. Laugavellir is where Iceland's one and only geothermal hot waterfall is located. Volunteers will clean a cabin that is there and clean up the area around.

Volunteers will also mark walking paths in the area and go over older markings.

ACCOMMODATION: SEEDS volunteers will sleep in beds in house and share rooms. The house is fully equipped with access to a kitchen and a bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: Fjótshérað is Iceland's easternmost populous municipality with a population of about 3.500. The largest towns in the area are Egilsstaðir and Fellabær.

Fjótshérað is famous for its natural beauty and pleasant climate, it is particularly characterised by woods, whose appearance in the environment is special for Iceland. The surrounds, waterfalls, lakes and rivers contribute to the many scenic attractions favourable for outdoor recreation.

There are many enjoyable walking routes through forests and open areas, and trips into nearby mountain ranges are popular regardless of the time of year. Not only is the fauna varied, but there are outstanding opportunities for bird-watching, besides the unique chance to view reindeer in Iceland. Lagarfliót lake is inhabited by Iceland's most renowned water monster, Lagarfliótsormur. Berries and mushrooms grow plentifully, while anglers seek out the lakes and rivers, and sportsmen also encounter one of Iceland's most exciting areas for hunting.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains and the wild reindeers of Iceland are found here, the herd counts between three and four thousand animals.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF); closest domestic airport and bus stop are in Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working with outdoors and getting to know ways of living in rural areas in Iceland.

The weather in Iceland is unpredictable. Be prepared for all kinds of weather and be sure of bringing warm clothing.

Last but not least we will explore the surroundings of the location and enjoy free time activities arranged by the local host.

SEEDS 070. Patreksfjörður - Unique West fjords (2:3)

12.07 - 25.07

CONS / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working this year once again with the local municipality in Patreksfjörður, in the West Fjords. SEEDS has been working in the municipality for the last 8 years in different projects.

Volunteers will be beautifying the area around Birkimelur in Barðaströnd. We will clean up the surroundings, lay sod on a lawn and other possible tasks within that area.

The working plan will be flexible and it will depend on the needs of our local host and the advance of the diverse projects in the area as well as weather conditions. Other tasks might include some work in Patreksfjörður.

The weather conditions in Iceland are unpredictable, be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

ACCOMMODATION: SEEDS volunteers will be hosted in a local house in a sleeping bag accommodation. Please bring your own sleeping bag.

Food supplies will be provided and a kitchen will be available. Volunteers will share the duties of cooking and cleaning.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The West Fjords are among the most breathtakingly beautiful places in Iceland, with its high mountains and dramatic fjords cutting deep into the landscape. The Lonely Planet travel guide actually put the area on its top 10 list of regions in the world to visit in 2011.

Although the locals here are great, it is the nature that attracts visitors. For understandable reasons as well: it is untouched and almost uninhabited. The cliffs and valleys are packed with birds, the uninhabited fjords offer a moment of silence and tranquillity, and the Arctic fox proudly roams the mountains and inlets. The waterfalls are high and the streams pure. The distances are long and the fjords are deep. And then there are places where there are no roads at all.

Patreksfjörður is a typical fishing village with a population of about 800. It is the biggest town in the southern part of the West Fjords. Patreksfjörður got its name from its first settler, whose spiritual guide was St. Patrick, the patron saint of Ireland. Somewhat fittingly it was in this fjord that the first potatoes were cultivated in Iceland in the 18th century.

The town is located on the shores in the south of the West Fjords and is surrounded by mountains that offer endless opportunities to enjoy nature and wilderness during all seasons.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and be prepared to experience different kinds of weather.

There will be countless opportunities to discover the area by foot or to hike the surroundings; the location is surrounded by stunning nature.

Our hosting partner will organise free time activities in the area; for instance visiting the local swimming pool and hiking.

SEEDS 071. Collecting herbs in the South - Vík

13.07 - 26.07

AGRI / ENVI

15 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working for a pioneer Icelandic natural products manufacturer that was founded in the year 2000. The medicinal herbs in their supplements have been used as herbal remedies by Icelandic ancestors for more than a millennium. Our main task will be to harvest leaves of Icelandic *Angelica archangelica*.

Harvesting the leaves of the Icelandic *Angelica archangelica* requires working by specific procedures. The procedures are relatively easy to learn, but the tasks can get rather physically demanding and require a good physical condition.

Note that working hours should be regular, but will also depend on weather conditions.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather and be sure to bring warm clothing since most of the work will take place outdoors.

ACCOMMODATION: SEEDS volunteers will be hosted in a local house just outside the town Vík í Mýrdal. Volunteers will sleep on mattresses in one big room. Please bring your own sleeping bag.

The house is equipped with a kitchen. Volunteers will share the duties of preparing food, cooking meals and cleaning. There is no shower in the local house, but volunteers will have access to showers in the local swimming pool.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The project takes place in the south of Iceland in a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions. The area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011 and got covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

The closest town is Iceland's southernmost village, Vík í Mýrdal. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly on agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our hosting partner will organise some free time activities for SEEDS volunteers, for instance a day trip and excursions in the area.

SEEDS 072. Meet us - don't eat us (4:6)

14.07 - 26.07

ENVI / ARTS

10 Volunteers

Age: 18+

WORK/PROJECT: This is the fourth year that SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with [IFAW](#) (International Fund for Animal Welfare). This mainly consists of distributing information, conducting a survey, having people fill out postcards that will be taken to the government at the end of the work camp, talking to people and having fun in Reykjavík! SEEDS is looking for enthusiastic and open people for this workcamp!

The aim of the project is to raise awareness in a friendly, peace- and joyful manner. Volunteers will be given the opportunity to prepare and carry out acts or actions to grab attention and entertain passers-by. We encourage people with artistic skills and talents to apply: this is your change to give vent to your joy of creation and performance.

The group will take turns wearing a whale costume and walk around downtown Reykjavík. One part of our project is also to let pedestrians try on the costume and take pictures. We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss them with the group and try to implement them.

Our goal is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% were in favour of commercial whaling.

Iceland was one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Europe's most northern capital is a friendly, vibrant city that manages to combine the intimacy of a small-town atmosphere with all the qualities of a modern, trendy city. Here you can leisurely stroll around the lovely little streets of the town centre with its many renovated old houses and there's no hustle and bustle, no noisy traffic to contend with.

The visitor to Reykjavík is simply spoiled when it comes to things to do. There is the National Gallery and a range of other small avant-garde galleries for the art lover. The newly reopened National Museum provides an exciting insight into Iceland's history and heritage, as does the Arbaer Folk Museum.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; good conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

SEEDS will provide volunteers with passes to go on free whale watching trips. Tours and excursions (eg. Golden Circle, Blue Lagoon, Snaefellsnes or South Shore) can be arranged for SEEDS volunteers at discount fares.



SEEDS 073. Sirkús Íslands in the West fjords (3:5)

14.07 - 22.07

CULT / ART

5 Volunteers

Age: 20+

WORK/PROJECT: This workcamp takes place in a town called Ísafjörður. It is located in the West Fjords of Iceland. Volunteers get the opportunity to experience real circus life in Iceland.

The main tasks include putting up the circus tents and taking them down afterwards. Volunteers will make sure the area is neat and tidy during the stay of the circus and assist in the Circus shop. We will help with putting up the stage and chairs for the shows and work together with the back stage team.

Sirkús Íslands was founded in the year 2007. The circus is a big group of people with talents in circus arts with ambitions to show people daring and funny circus acts. The group includes specialists in aerial entertainment, acrobatics, juggling, fire shows, stilt walking and roving entertainers.

ACCOMMODATION: SEEDS volunteers will sleep in a tent. Please bring your own sleeping bags.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Note that the circus cannot serve the needs of vegan people.

Do not forget some traditional/typical food & music from your home for the international evening.

LOCATION: Ísafjörður is the largest town in the West Fjords peninsula with a population of about 2,600 people. The distance from Reykjavík is 457 km by the Whale Bay tunnel. It is conveniently located between five smaller villages, and being the capital of the area it is the centre of interest in the peninsula.

The Westfjords are sometimes called Iceland's best-kept secret and the word is spreading about the scenic wonders that light up Europe's westernmost region.

Fishing has been the main industry in Ísafjörður and the town has one of the largest fisheries in Iceland. A severe decline in the fishing industry, for a variety of reasons such as political fishing restrictions in the early 80s and a decline in the fish population, has led the inhabitants to seek work elsewhere, leading to a decline in the town's population. The harbour also serves ferries to nearby settlements as well as larger cruise ships for tourists visiting the area.

The town is known for its flourishing art and cultural life and many prominent musicians and composers come from here or reside here. Commerce and trading have a long history in Ísafjörður and are still thriving. Skiing is the local winter sport and the skiing facilities rate among the best in the country.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Domestic airport is Ísafjörður (IFJ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers will be working in the morning on the last day of the project.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather.

If you play an instrument or have circus implements that you can bring to Iceland, please do that!

SEEDS 076. Mýrdalshreppur - South shore (2:3)

16.07 - 30.07

AGRI / RENO /CONS

8 Volunteers

Age: 18+

WORK/PROJECT: This is the third year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, have cows and run a tourist accommodation.

Our tasks in this project will be mainly connected with the carrot farming; we will be collecting plastic covers from the garden beds, cleaning carrots, wrapping and preparing them for the market. To ensure good atmosphere while handling the carrots participants are urged to bring their favourite music and introduce it to their companions.

Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The camp starts less than a month after summer solstice, when the sun hardly sets at this latitude and the nights are almost as bright as the days. The bright nights are magical and staying awake enjoying the beautiful surroundings is a unique experience.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to different kinds of weather.

Our host will organise free time activities in the area, depending on the weather conditions.

SEEDS 077. Rey Cup - Football Festival for kids

17.07 - 30.07

FEST / SPORT

12 Volunteers

Age: 18+

WORK/PROJECT: Once again SEEDS volunteers will be a part of the Rey Cup team, an International football festival for kids in 4th and 5th grade. The festival is 5 days long and has been growing every year since it was first held in 2001 and this year it will be around 100 teams participating, including up to 10 foreign teams from Norway, Denmark and England.

Rey Cup is a great adventure in the eyes of the young taking part. We will team up with the local Icelandic volunteers, young people interested in outdoor activities and sport, the parents of the participants and others. This festival is run mainly by volunteers and the support SEEDS is giving to the event is well appreciated.

We will share all types of tasks related to the festival and the group will be split according to the needs and to give everyone the chance to try out different assignments. We might be working during the weekends, but free days will be given accordingly to the working days. Volunteers are an integral part of creating an international atmosphere in Reykjavik. The input of us the volunteers will make a big difference in making the festival an impressive multicultural event.

Before starting the festival we will be helping with preparing the area for the festival, cleaning, painting and doing light maintenance work. During the festival we will be keeping the football fields clean, assisting with closing the fields in the evenings, preparing breakfast for the teams, helping with the clearance of the area after the tournament and a wide variety of many different duties before, during and after the festival.

ACCOMMODATION: We will be lodged in a school in Reykjavik, sleeping on mattresses, so please bring your own sleeping bag. Shower facilities may be located outside the actual accommodation, in a sports hall or swimming pool. Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. During the tournament some meals will be served in restaurants. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the North". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and America. It is spread across a peninsula with a panoramic view of the mountains and the Atlantic on almost all sides.

July is the month of white night, when the sunsets are late, sunrises are early and darkness is never complete. In the area closer than 100 km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

The population of the city is over 200.000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

LANGUAGE: English will be the language in the camp, and good conversational skills are required.

TERMINAL: Closest International Airport: Keflavik (Reykjavik), KEF.

SPECIAL REMARKS / EXTRAS: Participation fee EUR 200, (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

We will have free passes to the biggest geothermal outdoor pool in Reykjavik during the project and be invited to the final barbeque party in the Reykjavik Zoo. Volunteers with experience in refereeing are encouraged to apply.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) can be arranged for SEEDS volunteers at discount fares.



SEEDS 078. Viking Festival & Fire in Húnabing

18.07 - 28.07

FEST / CULT / ENVI

7 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will have again the unique opportunity to take part in two different cultural festivals in the North of Iceland; a youth arts festival called "Eldur í Húnabingi" and a Viking festival "Grettistak" devoted to one of the heroes of the Icelandic sagas, Grettir the strong!

We will be involved in preparing, participating and then taking down the festivals. The area will be prepared to fit the "Grettistak", Viking tents will be set up and a wooden playground for kids will be built. Areas for bow shooting and tests of strength will be arranged. We will also help around with games for the children, competitions and courses related to the Viking culture. After the festival we will help to deconstruct the Viking tents and get the area in its former shape.

Eldur í Húnabingi is a Youth arts festival organised since 2003 that became a venue for Youth to let their light shine. It is organized by local youngsters with the help of many people in the county and Iceland. We will be helping in the preparations for an outdoor concert, doing light cleaning and maintenance work. We assist on the family-day – i.e. face painting and other fun activities.

Volunteers with any kind of artistic skills are more than welcome and the organizers of the festival will try to involve them in the programme of its activities.

Apart from taking part in both festivals, we will get to know the place and the history of the area.

SEEDS volunteers will among other things be given the opportunity to get to know the activities of The Seal Center, located in the area, by helping out on their annual seal counting day.

ACCOMMODATION: SEEDS volunteers will stay in a local school, sleeping on mattresses on the floor, with access to kitchen and bathrooms. Please bring your own sleeping bag.

Volunteers will be provided with food and be in charge of the cooking themselves. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The project is located about 260 Km from Reykjavík, in the North West of the country, on the foot of the Western Fjords peninsula, where one of the most famous Icelandic sagas took place. This area is rich in history, here the Viking battled for power and justice. Today it is a more peaceful place, with few farms, small towns and villages, rich on beautiful basalt cliffs and hot springs. Hvammstangi is the largest town in the area; its main economic activities are fisheries, a variety of services for the surrounding area while tourism is blooming.

From Hvammstangi is only a short travel to Vatnsnes with a wealth of varied historical sites, beautiful scenery, great views of the mountains at Strandir and last but not least a seal habitat within easy walking distance.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 210 (Euros). Please note this fees are to be paid to SEEDS on arrival in Icelandic krónur or Euros

SEEDS and/or our local hosts will organise leisure activities for the group of volunteers. SEEDS volunteers will have free access to the local geothermal pool in Hvammstangi.

This project is a unique opportunity to get in touch with one of the greatest Icelandic sagas, Grettissaga, through work and play.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather and be sure to bring warm clothing since most of the work will take place outdoors.



SEEDS 079. Fjallabak Nature reserve - Landmannalaugar

20.07 - 02.08

ENVI / CONS

6 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will have the unique opportunity to work at Landmannalaugar, which is a very popular destination and hiking hub in the highlands of Iceland. It is within the Fjallabak Nature reserve and it is a protected area of unique beauty and fragile nature.

SEEDS Iceland has been working with the Environmental agency of Iceland (Umhverfisstofnun) since 2007 in diverse projects in the national parks and protected areas of the country.

The work in this project will mainly be making and maintaining hiking paths, put gravel on paths and along the roads. Other tasks may be clean up and light maintenance in the area.

Well maintained paths enable people to visit these amazing areas without damaging them and this important work also helps to improve safety for visitors.

Volunteers should be prepared for all kinds of weather. The work is physically demanding and volunteers need to be motivated to work outdoors.

ACCOMMODATION: SEEDS volunteers will stay **in tents** during this workcamp. Volunteers will have access to a kitchen tent and all equipment related to cooking.

Volunteers will share the responsibilities of the cooking and cleaning activities.

Volunteers will have to bring their own **warm sleeping bag, sleeping mat** and familiarize themselves with the Equipment Checklist in the Information sheet.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Landmannalaugar (the people's pools) is situated in a valley between colourful mountains at the dark edge of the rhyolite lava field Laugahraun. In Landmannalaugar there are many hot and cold springs creating a bathing warm brook where people can bathe, although it is forbidden to use soap in the brook.

The area displays a number of unusual geological elements, like the multicoloured rhyolite mountains and expansive lava fields, not far from the service centre. The surroundings of Landmannalaugar are too colourful and magnificent to describe with words. The mountains are split with gullies and gorges, one of which, the Jökulgil, is about 13 km long. It is possible to hike all the way to its end, when the river is not swollen, and there are many other hiking possibilities.

Visitors can access the area from June through September, after which time the road is closed.

Landmannalaugar is about 200 Km from Reykjavík. Four routes lead to there but only one of them is accessible by regular car, though the road is rough (stones the size of fists are not uncommon as well as washing-board style sections of the road).

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the 'minibus option', a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

In the area there are many hiking trails which volunteers will be able to explore in their free time.

Volunteers need to be prepared for physical work, free time activities are mostly outdoors, like hikes in the area. Bring your own warm sleeping bag & sleeping mat.

Volunteers have to familiarize themselves with the Equipment Checklist at the Information Sheet.

SEEDS 080. Botanic Garden in Reykjavík (7:9)

20.07 - 02.08

ENVI / NATU

7 Vols.

Age: 20+

WORK/PROJECT: For the fourth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50th anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) arranged for SEEDS at discount fares.

SEEDS 081. Photo Marathon in Reykjavík

21.07 - 31.07

ARTS / CULT

8 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

Volunteers will work two days with the city of Reykjavík in the cemeteries. Volunteers will help with raking leaves, beautifying the gardens, work on the recycling system among other tasks.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.



SEEDS 082. History & Culture Festival in the West fjords

21.07 - 01.08

ENVI / FEST / CONS

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will have, for the third year in a row, the opportunity to work in the West Fjords of the country doing various tasks preparing for a village fair and helping during the fair itself. The festival wants to promote the local History and Culture, so this project is very good for volunteers interested in these aspects in a remote isolated area of the country.

Tasks will include beautifying the area in and around the town, helping with the village festivities by preparing for evening shows and entertainment during the festival, beautifying the area before the fair as well as cleaning up after the festival itself.

ACCOMMODATION: SEEDS volunteers will stay in a local school sharing rooms. Volunteers will have access to toilets and shower facilities. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking, cleaning activities and will divide the tasks among themselves. The food will partly be from the surrounding area giving volunteers a chance to try the local fare and experience with local ingredients.

Please do not forget some traditional/typical food from your home for the international evening.

LOCATION: Volunteers will stay in the West fjords of Iceland, in the municipality of Reykhólahreppur, which is located about 280 kilometres from Reykjavík. The municipality is located south in the West fjords. In 2012 the population of Reykhólahreppur was around 271 inhabitants, this is not a typo, making it the 60th most populous municipality in Iceland.

The area boasts of beautiful landscape which catches the eye of everyone who travels through. It is a great place to stop and enjoy nature, go for hikes and for bird watching. The village gives a unique and beautiful view of the Breiðafjörður Bay. Geothermal heat can be found in the area, one of the few areas in the West fjords which have geothermal heat, and in the olden days it was used to grow corn. The only Algae factory in Iceland is located in Reykhólahreppur and it is environmentally friendly, algae growth at the inshore of Breiðafjörður is harvested and then the geothermal heat is used to dry the algae.

Economically, the town is quite different from many other of the Westfjord communities. It is not a fishing village, due in large to the shallow waters of the eastern end of Breiðafjörður. Historically, however, it has made its way over the years through the harvest of natural resources. In the past this has included the harvesting of seals and birds, the history of which is documented in the Gifts of Nature Museum located adjacent to the tourist information center.

This is quite a historic place which is mentioned in many Viking Sagas especially the one of Grettir the strong or Grettissaga. The local swimming pool is named after him and is called Grettislaug.

The distance is around 200km from Reykjavík, 240km from Ísafjörður and 350km from Akureyri.

LANGUAGE: English will be the language in the camp; high proficiency is not required.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus, Central Bus Station (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). To be paid to SEEDS on arrival in Euros or Icelandic Krónur.

Free time activities will be organized for SEEDS volunteers by our hosting partner.

SEEDS volunteers will get the chance to participate in the town fair, access to the swimming pool and other leisure activities during their stay.

SEEDS 083. Sirkús Íslands in the North of Iceland (4:5)

22.07 - 04.08

CULT / ART

5 Volunteers

Age: 20+

WORK/PROJECT: This workcamp takes place in Akureyri and will give you the opportunity to experience real circus life in Iceland for two weeks.

The main tasks include putting up the circus tents and taking them down afterwards. Volunteers will make sure the area is neat and tidy during the stay of the circus and assist in the Circus shop. We will help with putting up the stage and chairs for the shows and work together with the back stage team.

Sirkús Íslands was founded in the year 2007. The circus is a big group of people with talents in circus arts with ambitions to show people daring and funny circus acts. The group includes specialists in aerial entertainment, acrobatics, juggling, fire shows, stilt walking and roving entertainers.

ACCOMMODATION: SEEDS volunteers will sleep in a tent. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Note that the circus cannot serve the needs of vegan people.

Do not forget some traditional/typical food from your country for the international evening.

LOCATION: Akureyri is a town in northern Iceland. It is Iceland's second largest urban area after the Greater Reykjavík area with a population of about 18.000. It is located in one of the longest fjords in the country and is surrounded by mountains reaching 1000-1500 m. The Arctic Circle is only 60 km north of Akureyri but still the climate is mild, with summer temperatures up to 25°C and winter temperatures in average around 0°C.

Akureyri is the centre of trade and services in northern Iceland. It is also a town of culture and education, building on a firm foundation. The town is a popular tourist destination for short or long visits. The town offers a wide range of activities and interesting places e.g. notable museums, the world's most northerly botanic garden, one of Iceland's most popular swimming facilities, 18-hole golf course, the best skiing area in the country, good hiking trails and free city bus.

It boasts of a thriving cultural life, artists shops and galleries, museums, a college, a university and other schools.

Its older church is one of the most beautiful of the country and well worth visiting.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Domestic airport is Akureyri (AEY).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers will be working in the morning on the last day of the project.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather.

If you play an instrument or have circus implements that you can bring to Iceland, please do that!

SEEDS 087. Meet us - don't eat us (5:6)

28.07 - 09.08

ENVI / ARTS

10 Volunteers

Age: 18+

WORK/PROJECT: This is the fourth year that SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with [IFAW](#) (International Fund for Animal Welfare). This mainly consists of distributing information, conducting a survey, having people fill out postcards that will be taken to the government at the end of the work camp, talking to people and having fun in Reykjavík! SEEDS is looking for enthusiastic and open people for this workcamp!

The aim of the project is to raise awareness in a friendly, peace- and joyful manner. Volunteers will be given the opportunity to prepare and carry out acts or actions to grab attention and entertain passers-by. We encourage people with artistic skills and talents to apply: this is your chance to give vent to your joy of creation and performance.

The group will take turns wearing a whale costume and walk around downtown Reykjavík. One part of our project is also to let pedestrians try on the costume and take pictures. We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss them with the group and try to implement them.

Our goal is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% were in favour of commercial whaling.

Iceland was one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Europe's most northern capital is a friendly, vibrant city that manages to combine the intimacy of a small-town atmosphere with all the qualities of a modern, trendy city. Here you can leisurely stroll around the lovely little streets of the town centre with its many renovated old houses and there's no hustle and bustle, no noisy traffic to contend with.

The visitor to Reykjavík is simply spoiled when it comes to things to do. There is the National Gallery and a range of other small avant-garde galleries for the art lover. The newly reopened National Museum provides an exciting insight into Iceland's history and heritage, as does the Arbaer Folk Museum.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; good conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

SEEDS will provide volunteers with passes to go on free whale watching trips. Tours and excursions (eg. Golden Circle, Blue Lagoon, Snaefellsnes or South Shore) can be arranged for SEEDS volunteers at discount fares.



SEEDS 088. Mýrdalshreppur - South shore (3:3)

30.07 - 13.08

AGRI / RENO /CONS

8 Volunteers

Age: 18+

WORK/PROJECT: This is the third year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, have cows and run a tourist accommodation.

Our tasks in this project will be mainly connected with the carrot farming; cleaning carrots, wrapping and preparing them for the market. To ensure good atmosphere while handling the carrots participants are urged to bring their favourite music and introduce it to their companions.

Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable, although it's midsummer, please be prepared to experience different kinds of weather and be sure of bringing warm clothing.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to different kinds of weather.

Our host will organise free time activities in the area, depending on the weather conditions.

SEEDS 091. Eyrarbakki - Stepping back in time

02.08 - 16.08

CULT / FEST

9 Volunteers

Age: 20+

WORK/PROJECT: This project gives SEEDS volunteers the opportunity to work in cultural and festival related tasks in Eyrarbakki, a village in the South of Iceland which is very rich in culture and history.

We will have the unique opportunity to take part in an annual village festival dedicated to the spirit of 1900. We will work together with the locals preparing the village for and running the festival Aldamótahátíð (Turn of the century festival). We will help preparing the town for hosting hundreds of visitors and assisting in various tasks in the village. Residents and visitors dress up in the spirit of 1900. Volunteers with artistic skills or just enthusiasm to perform are welcome to develop their ideas and the local hosts will try to include them in the schedule.

We will be involved in preparing, participating and then taking down the festival. The area will be prepared for the events, after them we will help to get the area in its former shape.

As many events and happenings will be going on at the same time during the festival, we may work in teams in different stations at different times. Furthermore SEEDS volunteers may help our hosts in his activities as a tour operator in one of the most beautiful part of Iceland.

SEEDS volunteers may help cleaning up the coastline to maintain its wild untouched appearance.

ACCOMMODATION: SEEDS volunteers will be lodged in a community house in sleeping bag accommodation, sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of cooking and cleaning activities. Please do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The project takes place in Eyrarbakki, a small village in South Iceland. The town played an important role in trading; the towns' prime time was from middle of the 18th century to the early 19th century. During that time the town life flourished and expanded around the houses of the Danish trading area. The population grew fast and at its peak, the inhabitants were around 1000 at 1920, but decreased to 530 - 550 during the last decades.

The historical importance of the town is directly linked to the port, which was an entrance to the country in international trade, churches and bishops in the country had their goods and material for building delivered through Eyrarbakki. In the 18th century Danish merchants were permitted to live in Iceland, which led them to start building and importing houses and settle down in the town.

The town is renowned for its charming old houses and one of oldest house of Iceland, from 1765 is located in the town. Other old houses are there and locals have put effort and energy in maintaining and renovating them, so the town holds more to its original outlook.

Few kilometres out of town is the Flói Nature Reserve, a paradise for wetland birds, with a marked circular hiking trail through the marshes. The surroundings are amazing, open sea, beautiful coastline; nearby you will find places such as Gullfoss, Geysir, Skálholt, Þórsmörk, Skógarfoss, as the very well known and notorious Eyjafjallajökull. The distance from the capital is about 70 km.

LANGUAGE: English will be the language of the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros).

Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

The camp is located in a place of stunningly beautiful surroundings with countless walking and hiking opportunities.



SEEDS 092. Botanic Garden in Reykjavík (8:9)

04.08 - 16.08

ENVI / NATU

7 Vols.

Age: 20+

WORK/PROJECT: For the fourth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50th anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) arranged for SEEDS at discount fares.



SEEDS 094. Photo Marathon & Gay Pride

04.08 - 14.08

ARTS / CULT / FEST

8 Volunteers

Age: 20+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Reykjavik Gay Pride 2014 will take place from August 5th to 10th. Many events and happiness colour the city during these days, volunteers will have the opportunity to take pictures during these events and also enjoy the famous Reykjavik Pride Parade!

Reykjavik Pride is one of the most vibrant and popular events in Reykjavík's cultural calendar.

Volunteers will work two days with the city of Reykjavík in the cemeteries. Volunteers will help with raking leaves, beautifying the gardens, work on the recycling system among other tasks.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros).

Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic crowns.

Tours and excursions (Golden Circle, Blue Lagoon or South Shore) can be arranged for SEEDS volunteers at discount fares.



SEEDS 096. Sirkús Íslands in the South (5:5)

04.08 - 19.08

CULT / ART

5 Volunteers

Age: 20+

WORK/PROJECT: This workcamp takes place in Selfoss and Keflavík, and will give you the opportunity to experience real circus life in Iceland for two weeks.

The main tasks include putting up the circus tents and taking them down afterwards. Volunteers will make sure the area is neat and tidy during the stay of the circus and assist in the Circus shop. We will help with putting up the stage and chairs for the shows and work with the back stage team.

Sirkus Íslands was founded in the year 2007. The circus is a big group of people with talents in circus arts with ambitions to show people daring and funny circus acts. The group includes specialists in aerial entertainment, acrobatics, juggling, fire shows, stilt walking and roving entertainers.

ACCOMMODATION: SEEDS volunteers will sleep in a tent. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Note that the circus cannot serve the needs of vegan people. Do not forget some traditional/typical food & music from your home for the international evening.

LOCATION: This workcamp takes place in two towns in Iceland, Selfoss and Keflavík, giving you a better opportunity to see the country.

Selfoss is a town in southern Iceland on the banks of the Ölfusá river. It is part, and seat, of the municipality Árborg. The Ring Road (Icelandic: Hringvegur) runs through the town on its way between Hveragerði and Hella. It is a centre of commerce and small industries. The town is supplied with natural hot water from bore holes at the nearest farm to the east, Laugardælir.

Selfoss has 6,599 inhabitants, which makes it the largest residential area in South Iceland. The town is located 50km from Reykjavík.

Keflavík (meaning Driftwood Bay) is a town in the Reykjanes Peninsula in southwest Iceland. About 8,000 people live in the town. The Reykjanes peninsula is a geothermal wonder, where lighthouses outnumber villages. Besides hosting the Keflavík International Airport and, just a few minutes away, the spectacular Blue Lagoon, the Reykjanes peninsula is a destination in its own right.

The local geography is dominated by fields of basalt rubble, interspersed with a few hardy plants and mosses. As the airport, Keflavík has a harbour making it very accessible by sea, land and air.

It is very popular to go whale watching from Keflavík. Tours leave daily from the harbour. Not only can people see whales on these tours but also birds and dolphins making them a perfect way to spend a family day out. Some of the types of whale on view are humpbacks, orcas and minke.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers will be working in the morning on the last day of the project.

Tours and excursions (Golden Circle, Blue Lagoon or South Shore) can be arranged for SEEDS volunteers at discount fares.

Weather conditions in Iceland are unpredictable, be prepared to experience all kinds of weather.

If you play an instrument or have circus implements that you can bring to Iceland, please do that!

SEEDS 093. Growing Gardens in Reykjavík (1:2)

05.08 - 16.08

ENVI / NATU

7 Vols.

Age: 20+

WORK/PROJECT: The volunteers will work in a Gardening station run by the municipality of Reykjavík. The station takes care of growing flowers, eatable plants and trees for the green areas of the city and the educational school gardens of Reykjavík. The station aims at maintaining Icelandic species and cultivars and to increase those who have adapted well to Icelandic climate. The station also tries to experiment with new species to increase variety and quality of plants that are grown in the gardens and recreational areas of the city.

SEEDS volunteers will be doing general garden work in the station, attending the flowers, trees and other plants and clearing out weed. Part of the work may take place in green houses. The work can be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning, but they will have more free time in the afternoon.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house that is situated in the middle of the gardening station about 4 Kilometres from the city centre. The house is used as the offices and facilities of the staff of the gardening station and it is equipped with kitchen, dining area, shower and washing machine.

Volunteers will be sleeping on mattresses in a shared sleeping bag accommodation. Please bring your own sleeping bag. Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The population of Iceland's capital Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though summer is coming, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.



SEEDS 095. Forestry in the land of fire and ice (3:4)

05.08 - 15.08

ENVI / CONS / EDU

7 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will participate for the fourth year in a row in a unique project with the Icelandic Forestry Association. The work camp will take place in Siglufjörður a small Icelandic town with a population of roughly 1200 people.

Volunteers will be working in the surrounding forest, thinning it, taking wood out, making walking paths and placing information panels. Volunteers will help with general clean up and beautifying the area. Volunteers may have the chance to a run wood chipping machine under safe condition and supervision.

Eight working hours of efficient work are expected on week days. After the workday, some time will be devoted to education. During this relaxed interactive time volunteers will have the opportunity to learn and discuss about environmental matters and forestry, practice numerous tools, realize craftwork, go hiking, visit places of interest in the surroundings, go to the local swimming-pool and take part in local cultural events.

Volunteers need to be motivated to work outdoors and be willing to take part in all the diverse tasks connected with the project. Work is physical and demanding.

ACCOMMODATION: SEEDS volunteers will be staying in a fully equipped accommodation. Please bring your own warm sleeping bag.

Food supplies will be provided, cooking facilities will be available. Volunteers will share the duties of cooking and cleaning. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The camp will take place in the area of Siglufjörður, a fishing town that has been shrinking in size since the 1950s when the town reached its peak with 3,000 inhabitants.

Siglufjörður is a part of the municipality of Fjallabyggð (e. Mountain Settlement). The area is known for its natural beauty and variety of hiking paths.

The town grew up around the herring industry that was in much bloom in the 1940s and 1950s, but the herring are gone now. Today the town remains dependent on fishing industries although the herring is not to be found. The government of Iceland is attempting to reverse the population shrinking in the area by improving land transportation.

Siglufjörður was connected with a road for the first time in 1940, when the horse riding trail was improved enabling cars to get through. Before, ships, seaplanes, horses and strong legs provided the transport. The old road to Siglufjörður is open during the summer. The road was and still is the highest mountain road in Iceland and is used today both for hiking, horse-riding and driving.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 300 (Euros). Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic crowns. The fee includes the domestic transportation from Reykjavík to Siglufjörður and back (on the first and last day of the camp).

Volunteers should have a motivation for working outdoors and be prepared to experience all kinds of weather. Please bring warm clothes since the project takes place outdoors.

This camp includes environmental education and weekends will be devoted to leisure activities organised in cooperation with SEEDS and our hosting partner.

SEEDS 097. Reykjanes in the West fjords

08.08- 22.08

ENVI / CONS / NATU

5 Vols.

Age: 18+

WORK/PROJECT: Volunteers will be working in Reykjanes in the West Fjords, where a newly established production makes artisan flake sea salt, using two centuries old method.

Saltverk's Icelandic Flake Salt is the world's only artisan salt produced with 100% geothermal energy and one of the best flake salts available, making it the choice for consumers looking for excellent salt made in an environmentally sustainable way.

SEEDS volunteers will be working on environmental and nature oriented tasks in this workcamp. Our tasks will mainly be focused on improving the environment around the factory. The task list offers various things to be performed by SEEDS volunteers such as creating a pedestrian path and some paving along the path, planting trees, beautifying the area around and building a patio and making sea bath facilities.

To increase even further the variation of the tasks, our host will also invite SEEDS volunteers to do some work in the salt production.

The working plan will be flexible and it will depend on the needs of our local host, the advance of the diverse projects will depend on the weather conditions. Volunteers should have a motivation for working outdoors and getting to know ways of living in rural areas in Iceland.

Last but not least we will explore the surroundings of the location and enjoy free time activities arranged in cooperation with the local host.

ACCOMMODATION: Volunteers will be accommodated in shared rooms in Saltverk's staff building. Volunteers will have access to a kitchen and a bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The small peninsula of Reykjanes is located in the Icelandic West fjords. It separates two fjords and is surrounded with high mountains. Reykjanes has some of the cleanest seawater imaginable which is the raw material used for making sea salt.

A lively wild life, consisting of whales, seals and birds exists on Reykjanes. Not to mention the geysers, which the place derives its name from. Remnants of Iceland's bathing history are still visible in many places in the area; hot springs are secured and used as thermal pools or saunas.

The West fjords are very mountainous; the coastline is heavily indented by dozens of fjords surrounded by steep hills, this make roads very circuitous and communications by land difficult. Many of the roads are closed by ice and snow for several months of the year.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Domestic airport is Ísafjörður (IFJ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and getting to know the ways of living in rural areas in Iceland.

Our hosting partner will organise free time activities in the surroundings of the workcamp, for instance a day trip or excursions in the area.

SEEDS 100. Patreksfjörður - Unique West fjords (3:3)

08.08 - 21.08

CONS / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working this year once again with the local municipality in Patreksfjörður, in the West Fjords. SEEDS has been working in the municipality for the last 8 years in different projects.

Volunteers will be beautifying the town of Patreksfjörður and surroundings by maintaining walking paths and taking care of green areas.

The working plan will be flexible and it will depend on the needs of our local host and the advance of the diverse projects in the area as well as weather conditions.

The weather conditions in Iceland are unpredictable, be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

ACCOMMODATION: SEEDS volunteers will be hosted in a local house in a sleeping bag accommodation. Please bring your own sleeping bag.

Food supplies will be provided and a kitchen will be available. Volunteers will share the duties of cooking and cleaning.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The West Fjords are among the most breathtakingly beautiful places in Iceland, with its high mountains and dramatic fjords cutting deep into the landscape. The Lonely Planet travel guide actually put the area on its top 10 list of regions in the world to visit in 2011.

Although the locals here are great, it is the nature that attracts visitors. For understandable reasons as well: it is untouched and almost uninhabited. The cliffs and valleys are packed with birds, the uninhabited fjords offer a moment of silence and tranquillity, and the Arctic fox proudly roams the mountains and inlets. The waterfalls are high and the streams pure. The distances are long and the fjords are deep. And then there are places where there are no roads at all.

Patreksfjörður is a typical fishing village with a population of about 800. It is the biggest town in the southern part of the West Fjords. Patreksfjörður got its name from its first settler, whose spiritual guide was St. Patrick, the patron saint of Ireland. Somewhat fittingly it was in this fjord that the first potatoes were cultivated in Iceland in the 18th century.

The town is located on the shores in the south of the West Fjords and is surrounded by mountains that offer endless opportunities to enjoy nature and wilderness during all seasons.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and be prepared to experience different kinds of weather.

There will be countless opportunities to discover the area by foot or to hike the surroundings; the location is surrounded by stunning nature.

Our hosting partner will organise free time activities in the area; for instance visiting the local swimming pool and hiking.

SEEDS 101. Mývatn lake - Magic Iceland

10.08 - 23.08

ENVI / CONS

10-12 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will have the unique opportunity to work in the area of Mývatn in the north of Iceland; Mývatn is the fourth largest lake in Iceland.

SEEDS Iceland has been working with the Environmental agency of Iceland (Umhverfisstofnun) since 2007 in diverse projects in the national parks and protected areas of the country.

The work in this project will mainly consist of making and maintaining hiking paths, put gravel on paths and along the roads. Other tasks may be clean up and light maintenance in the area.

Well maintained paths enable people to visit these amazing areas without damaging them and this important work also helps to improve safety for visitors.

Volunteers should be prepared for all kinds of weather. The work is physically demanding and volunteers need to be motivated to work outdoors.

ACCOMMODATION: SEEDS volunteers will stay **in tents** during this workcamp. Volunteers will have access to a kitchen tent and all equipment related to cooking.

Volunteers will share the responsibilities of the cooking and cleaning activities.

Volunteers will have to bring their own **warm sleeping bag, sleeping mat** and familiarize themselves with the Equipment Checklist in the Information sheet.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Mývatn is located in the north of Iceland, about 490 km from Reykjavík. Mývatn offers a unique natural environment. Large open spaces with roads and walkways lead people to interesting locations, where volcanic eruptions have played a crucial role in the formation of the landscape.

Few areas offer such a wide spectrum of geological formations, since Mývatn lies on an active volcanic belt where eruptions are frequent, most recently in 1984. There is intense geothermal activity as well, producing mud pools, solfataras and spectacular coloured deposits. Steam is harnessed for heating, electricity generation and industrial applications.

Mývatn is the fourth-largest lake in Iceland, measuring 37.3 km². Frequent lava flows have left the lake very irregular in shape, and it is dotted with many islets and rock formations. It is also exceptionally shallow: no more than 4.5 m at its deepest point. More species of duck are said to breed at this internationally renowned bird-watching site than anywhere else in the world. Particularly rich flora flourishes around the lake, which is well sheltered despite being at 277 m and generally enjoys some of the best summer weather in Iceland. Most of the water in Mývatn originates from springs on the bed of the lake, and drains into Laxá.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the 'minibus option', a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

In the area, it is possible to take countless fascinating walks and hikes. Volunteers will be able to explore those in their free time.

Volunteers need to be prepared for hard physical work, free time activities are mostly outdoors, like hikes in the area. Bring your own warm sleeping bag & sleeping mat.

Volunteers have to familiarize themselves with the Equipment Checklist at the Information Sheet.



SEEDS 098. Meet us - don't eat us (6:6)

11.08 - 23.08

ENVI / ARTS

10 Volunteers

Age: 18+

WORK/PROJECT: This is the fourth year that SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with [IFAW](#) (International Fund for Animal Welfare). This mainly consists of distributing information, conducting a survey, having people fill out postcards that will be taken to the government at the end of the work camp, talking to people and having fun in Reykjavík! SEEDS is looking for enthusiastic and open people for this workcamp!

The aim of the project is to raise awareness in a friendly, peace- and joyful manner. Volunteers will be given the opportunity to prepare and carry out acts or actions to grab attention and entertain passers-by. We encourage people with artistic skills and talents to apply: this is your chance to give vent to your joy of creation and performance.

The group will take turns wearing a whale costume and walk around downtown Reykjavík. One part of our project is also to let pedestrians try on the costume and take pictures. We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss them with the group and try to implement them.

Our goal is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% were in favour of commercial whaling.

Iceland was one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Europe's most northern capital is a friendly, vibrant city that manages to combine the intimacy of a small-town atmosphere with all the qualities of a modern, trendy city. Here you can leisurely stroll around the lovely little streets of the town centre with its many renovated old houses and there's no hustle and bustle, no noisy traffic to contend with.

The visitor to Reykjavík is simply spoiled when it comes to things to do. There is the National Gallery and a range of other small avant-garde galleries for the art lover. The newly reopened National Museum provides an exciting insight into Iceland's history and heritage, as does the Arbaer Folk Museum.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; good conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

SEEDS will provide volunteers with passes to go on free whale watching trips. Tours and excursions (eg. Golden Circle, Blue Lagoon, Snaefellsnes or South Shore) can be arranged for SEEDS volunteers at discount fares.



SEEDS 099. Working & Fun in the South (2:3)

12.08 - 26.08

CONS / RENO / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: This project gives SEEDS volunteers again the opportunity to live and work within beautiful surroundings hosted in cooperation with the Icelandic Girls and Boys Scouts Association.

The project offers diverse tasks and various experiences for SEEDS volunteers. First of all, we will beautify the surroundings by cleaning up the area. We will carry out some planting and gardening activities as well and possibly make and maintain walking paths.

Depending on the advance of the project, we may have other possible tasks, like checking up and repairing old fences and light maintenance work in the huts, such as painting.

The work can be physically demanding and volunteers need to be motivated to work outdoors and to be flexible to work in all the diverse tasks connected with the project.

Volunteers should be prepared for cold or rainy weather since the work takes place outdoors.

ACCOMMODATION: Volunteers will be lodged in a local hut, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

The area has a well equipped kitchen. Volunteers will be provided with food supplies and take care of the cooking themselves, as being in charge of the cleaning and housekeeping activities.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The Úlfjótsvatn Scout Center Úlfjótsvatn is approx. 65 km to east from the capital city of Iceland, Reykjavík. The land is originally a farmland and a property of The City of Reykjavík. The scouts in Iceland rent a piece of the land and have been doing that for over 60 years. Úlfjótsvatn has been for decades the centre for outdoor activities, leader training and summer camp for scouts and guides in Iceland.

The nature is beautiful and outdoor activities are many with nature trail, adventure trail and water safari. Thousands of trees have been planted near the centre in the last 15 years. There is a climbing and abseiling tower in the area. Fishing is good in the lake and we have canoes, kayaks, rowing boats and today's most popular boats are 4 persons pedal boats. At the centre you'll find our 10m high outdoor climbing wall. It's used both for practice and fun in abseiling and climbing.

Buildings at Úlfjótsvatn are on two sites, originally made for boy scouts on one site and girl guides the other site. Now the sites are not split according to gender - boys and girls use both sites but the old names are kept as a reminder.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros).

Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic crowns.

Free time activities in the area will be arranged for SEEDS volunteers in cooperation with our host.

The work can be physically demanding and volunteers need to be motivated to work outdoors and to be flexible to work in all the diverse tasks connected with the project.

Volunteers should be prepared for cold or rainy weather since the work takes place outdoors.

SEEDS 084. Mýrdalshreppur - South shore

13.08 - 27.08

AGRI / RENO /CONS

5 Volunteers

Age: 18+

WORK/PROJECT: This is the third year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, have cows and run a tourist accommodation.

We will mainly be doing some environment/construction work in this particular camp; beautifying the area and tidying up the surroundings of the farm. Volunteers will help with some renovation work as well, such as painting work if weather conditions allow. Other tasks will be connected with the carrots cultivation. Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable; be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to different kinds of weather.

Our host will organise free time activities in the area, depending on the weather conditions.

SEEDS 103. Botanic Garden in Reykjavík (9:9)

17.08 - 30.08

ENVI / NATU

7 Vols.

Age: 20+

WORK/PROJECT: For the fourth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50th anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) arranged for SEEDS at discount fares.



SEEDS 102. Forestry in the land of fire and ice (4:4)

18.08 - 29.08

ENVI / CONS / EDU

7 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will participate for the fourth year in a row in a unique project with the Icelandic Forestry Association. The work camp will take place in a valley deep in Hvalfjörður, the whale-fjord, located in the South west of Iceland. Volunteers will be performing different tasks such as cleaning up in the forest, collecting wood, creating new and maintaining old walking paths and do some maintenance work and renovation work on a timber house.

Eight working hours are expected on week days. After the workday, some time will be devoted to education. During this relaxed interactive time volunteers will have the opportunity to learn and discuss about environmental matters and forestry, practice numerous tools, realize craftwork, go hiking, visit places of interest in the surroundings, and take part in local cultural events. Volunteers need to be motivated to work outdoors and be willing to take part in all the diverse tasks connected with the project. Work is physical and demanding.

ACCOMMODATION: In this camp volunteers will challenge themselves with rather primitive facilities. We will sleep in a big "Indian" tent on the location of the project. Volunteers have to bring their own warm sleeping bag and a camping mattress.

Food will be provided and will be cooked either on camping gas or on an open fire. Food will be kept cold in the river and we will wash ourselves with cloths and water either straight from the river or with water heated on the fire. A travel-toilet will be set up in a private location.

We will share the different duties of cooking and cleaning. Do not forget to bring some traditional or typical food from your home country for the international evening.

LOCATION: The valley of Brynjudalur, where the work camp takes place is about 80 Kilometres from the capital; deep inside Hvalfjörður. It is surrounded by mountains, to the north of the valley is a mountain called Múlafjall, south of the Valley are Bolafell and Suðurfjall and to the west Þrándarstaðafjall. The valley is extremely beautiful, with many plants and trees.

There are many small canyons, streams and waterfalls and it is a popular place for hikers to visit. Along the valley runs the river Brynjudalsá which starts in Sandvatn.

Hvalfjörður lies north of Reykjavík and Mosfellsbær and is the longest fjord in the south-west of Iceland, cutting 30kms deep into the land along a north-east/south-west axis and curling to the east at its head. Before the Hvalfjarðargöng tunnel was opened in 1998 and the main ring-road rerouted underneath the fjord, all traffic heading north or west to and from Reykjavík had to follow the fjord all the way around -a drive of an hour or two.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas. The fee includes the domestic transportation from Reykjavík to Brynjudalur and back (on the first and last day of the camp).

Volunteers should have a motivation for working outdoors and be prepared to experience all kinds of weather. Please bring warm winter clothes as the project takes place outside and the weather can be cold.

This camp includes environmental education and weekends will be devoted to leisure activities organised in cooperation with SEEDS and our hosting partner.

SEEDS 104. Growing Gardens in Reykjavík (2:2)

18.08 - 30.08

ENVI / NATU

7 Vols.

Age: 20+

WORK/PROJECT: The volunteers will work in a Gardening station run by the municipality of Reykjavík. The station takes care of growing flowers, eatable plants and trees for the green areas of the city and the educational school gardens of Reykjavík. The station aims at maintaining Icelandic species and cultivars and to increase those who have adapted well to Icelandic climate. The station also tries to experiment with new species to increase variety and quality of plants that are grown in the gardens and recreational areas of the city.

SEEDS volunteers will be doing general garden work in the station, attending the flowers, trees and other plants and clearing out weed. Part of the work may take place in green houses. The work can be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning, but they will have more free time in the afternoon.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house that is situated in the middle of the gardening station about 4 Kilometres from the city centre. The house is used as the offices and facilities of the staff of the gardening station and it is equipped with kitchen, dining area, shower and washing machine.

Volunteers will be sleeping on mattresses in a shared sleeping bag accommodation. Please bring your own sleeping bag. Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The population of Iceland's capital Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though summer is coming, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.



SEEDS 105. Photo Marathon in Reykjavík & Cultural night

18.08 - 28.08

ARTS / CULT / FEST

8 Volunteers

Age: 30+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

We will also be able to join partly the happenings of Menningarnótt (The Culture Night) on August 23rd. Menningarnótt is a yearly event held in Reykjavík. It was created by the Reykjavík city council, and has now become the largest festival in Iceland, rivalling the celebration of Iceland's national day on June 17th. During Culture Night a carnival atmosphere reigns. The festival consists of a main stage in the centre and many smaller events spread over the city. The highlight is an outside concert by few of the popular musicians in Iceland followed by a glamorous fireworks show.

Volunteers will work two days with the city of Reykjavík in the cemeteries. Volunteers will help with raking leaves, beautifying the gardens, work on the recycling system among other tasks.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

Reykjavík is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros).

Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.



SEEDS 085. Dalabyggð og Laugar

18.08 - 25.08

CONS / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working with the local municipality of Dalabyggð, in the west of Iceland, and a youth activity center owned and run by the Icelandic Sports and culture Federation. The volunteers' main task will be to mark walking/hiking trails. This can be a rather physically demanding job and may require a good physical condition.

The weather conditions in Iceland are unpredictable, be prepared to experience all kinds of weather and be sure to bring warm clothing since most of the work will take place outdoors.

ACCOMMODATION: SEEDS volunteers will be hosted in a local summer hotel, in a sleeping bag accommodation, sharing rooms. Please bring your own sleeping bag.

Food supplies will be provided and a kitchen will be available. Volunteers will share the duties of cooking and cleaning. Some days the volunteers might be provided with cooked meals in the hotel. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The project will take place in the country side in the West of Iceland; in a district called Dalabyggð ('Valley district'). The only town of Dalabyggð is Búðardalur. Dalabyggð, was formed in 1994 when 8 municipalities were merged. Its population is about 700 and it has been experiencing slight decline over the past five years. Therefore the area which is 2.421 km² only has 0.2% of the population of Iceland.

There are many valleys in Dalir and often it is unclear where one starts and another ends. The heaths above and between the valleys are covered with vegetation, animal life and lakes, many of which contain trout. Around the lakes and rivers, it is possible to watch the rich and varied birdlife. Further away from the coastline lie the many islands of Breiðarfjörður in all their glory which form a magnificent view when bathed in the light of the setting sun over this great fjord.

The municipality is known for the country's most fertile and best rivers for salmon and trout fishing, as well as plenty of fresh water lakes for freshwater trout. The area is popular with hikers who can choose from many different paths and routes ranging from easy to very challenging and difficult.

Dalabyggð is not only famous for fishing and hiking, it has been mentioned in many of the Sagas and was the setting in two of very famous Viking sagas from the 850 to 1300. Two of Iceland's most famous poets also lived in Dalabyggð, therefore the place is ideal for history savvy volunteers.

Strong women have always played a key role in the history of Dalir. One of the first settlers of Iceland was the aforementioned Auður djúpuðga (The Deep-Minded) from Hvammur who played a vital role in freeing bonded men and claiming vast areas of land in Dalir. Thjóðhildur, Eirik-the-Red, Leifur-the-Lucky and others left Dalir to discover Greenland and later America.

The project location is about 180 kilometre drive from Reykjavík through the "whale tunnel".

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and be prepared to experience all kinds of weather. Our hosting partner will organise some free time activities in the area; for instance going to a swimming pool and an excursion in the area.

SEEDS 089. Power Food in the East of Iceland

19.08 - 01.09

NATU / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working on a project in the beautiful forest Hallormsstaðaskógur, doing nature oriented tasks. Our tasks will mainly be focused on picking blueberries, stone bramble, tree cones and herbs. Our host has a small 100% organic food and herb production, which focuses on manually handpicked food ingredients. This is a great volunteer project for those who love food, outdoors and have opinions about nutrition.

The working plan will be flexible and it will depend on the needs of our local host, the advance of the diverse projects in the area surrounding the forest and of course on the weather conditions.

Last but not least we will explore the surroundings of the location and enjoy free time activities arranged in cooperation with the local host.

ACCOMMODATION: SEEDS volunteers will sleep in a local house, sharing rooms. The apartment is fully equipped with access to kitchen and bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: Hallormsstaðaskógur, the largest wooded area of the country that spreads over 30 ha of land. The reforestation of the forest has been going on ever since a law for the protection was passed in 1899. The tree collection keeps an extensive variety of foreign trees and is renowned take professionals and travellers. The oldest part of the woodland is accessible with good hiking trails and explanation signs.

The area offers great variety of walking paths, such as to the deepest valley of the country and up to Sandfell where the view is quite magnificent. Riding tours up to the mountains or in the woodland are also nice experiences. Small streams run through the land where children and adults can cool down in warm summer days.

The project is located in the municipality of Fjórðungshérað, Iceland's easternmost populous municipality; 17 km from the largest town in the Eastern Iceland - Egilsstaðir (population 2600). It is a young town, but which has become the largest town of east Iceland and offers a swimming pool, shops and museums among other main services.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains and the wild reindeers of Iceland are found here, the herd counts between three and four thousand animals.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF); domestic airport and bus stop is Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working with outdoors and getting to know ways of living in rural areas in Iceland.

Our hosting partner will organise free time activities in the surroundings of the project, such as hiking and possibly horseback riding.

If you take SEEDS minibus option to and from the camp location, you will be able to go all around Iceland, as we drive different ways (either North or South) to and from the camp.

SEEDS 107. Sandfell – Fljótsdalshérað (2:2)

21.08 - 04.09

CONS / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working for the fourth year on construction and nature oriented tasks in this project in the East of Iceland. Our tasks will mainly be focused on improving the environment in and around the whole area; planting trees and doing some paint work. We will be based in a local Icelandic farm where the hosts also run a horse rental and a hotel, so volunteers will have the chance also to experience how locals live and work on a daily basis.

The host keeps horses, dogs and cats. The volunteers will have access to the animals and will be given guidance in taking care of and riding horses.

The working plan will be flexible and it will depend on the needs of our local host, the advance of the diverse projects in the area surrounding the valley and of course on the weather conditions.

Last but not least we will explore the surroundings of the location and enjoy free time activities arranged in cooperation with the local host, such as horseback riding.

ACCOMMODATION: Volunteers will stay in shared rooms in a sleeping bag accommodation with access to kitchen and bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The farm is located in beautiful landscape with mountains and valleys. It is close to Hallormsstaðaskógur, the largest wooded area of the country that spreads over 30 ha of land. The reforestation of the forest has been going on ever since a law for the protection was passed in 1899. The tree collection keeps an extensive variety of foreign trees and is renowned among professionals and travellers. The oldest part of the woodland is accessible with good hiking trails and explanation signs.

The area offers great variety of walking paths, such as to the deepest valley of the country and up to Sandfell where the view is quite magnificent. Riding tours up to the mountains or in the woodland is also a nice experience. Small stream runs through the land where children and adults can cool down in warm summer days.

The project is located in the municipality of Fljótsdalshérað, Iceland's easternmost populous municipality; 17 km from the largest town in the Eastern Iceland - Egilsstaðir (population 2600). It is a young town, but which has become the largest town of east Iceland and offers a swimming pool, shops and museums among other main services.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains and the wild reindeers of Iceland are found here, the herd counts between three and four thousand animals.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF); domestic airport and bus stop is Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working with outdoors and getting to know ways of living in rural areas in Iceland.

Our hosts will organize free time activities and introduce us to the local community. Volunteers will be offered to take horse-back riding and an introduction to how to treat and hold horses.

SEEDS 106. Working on the East side of the mountain

24.08 - 31.08

CONS / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: This is the fourth year that SEEDS volunteers will have the chance to work on this horse-breeding farm in the South of Iceland. Our tasks will mainly be focused on improving the environment in and around the area. We will be coating wooden walls of the accommodation facilities, sleeping huts, platforms and fences. We will also assist our host with gardening and the surroundings of the area.

While we help to beautify the area and the facilities, we will explore the surroundings and enjoy free time activities such as swimming and hiking. Please note that the amount of horseback riding might be limited, depending on weather and physical condition of the horses.

The Icelandic horse is a rather small breed and it is the only one in the world that has five gaits. You will be able to experience the fourth and special gait known as "tölt". The Icelandic horse is strong and quite easy to train. It has been very popular in other European countries.

ACCOMMODATION: We will be lodged in the guesthouse at the premises, sharing rooms, sleeping on made up beds. Bringing a sleeping bag is not necessary for the workcamp (but might be essential before and after it). Please bring your own bathing suit and towels.

Food ingredients will be provided and a kitchen is available, volunteers will share the duties of cooking and cleaning.

Please do not forget some traditional food from your home country for the international evening.

LOCATION: The south of Iceland is one of the most popular destinations for travellers as the landscape offers diverse and breathtaking nature. Rivers and waterfalls, mountains, glaciers and long beaches form a contrast and offer a wide range of experiences.

The South of Iceland is unique. There, history follows visitors at every footstep, both ancient and recent. There is a lot of creative art, culture and flourishing trade in the area as well as endless possibilities to enjoy the outdoor life in all seasons.

We will stay in the south of Iceland, around 60 km from Reykjavík. The largest towns in the vicinity are Hveragerði and Selfoss (pop. 6000). The workcamp site is located about 15 km from Selfoss. We will be able to explore and enjoy the south Icelandic lowland, which is made out of sand and rock sediments delivered by the river Þjórsá during the last centuries. The land is covered mostly by green grass and the closeness of the ocean can be felt in the air.

Our camp is in close vicinity to many natural hot springs and natural pools that hikers can take a dip in. The hiking possibilities are almost endless with Hengill, Reykjadalir (Steam Valley), Mòlddahnúkur, Ölkelduhnúkur, Dalsel and Klambragil close by.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers are asked to bring a passport photo as they will get an ID card at the location.

The host will organise free time activities such as finding trails and natural springs to bathe in.

Volunteers need to be motivated to work outdoors and to take part in all the diverse projects. Please bring warm clothes and outdoor wear as the weather in Iceland can be unpredictable.

Place of beautiful surroundings with countless opportunities to hike and discover by foot.

SEEDS 110. Organic Farming in Iceland (1:2)

24.08 - 07.09

AGRI / ENVI

6 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working at one of the few organic farms in Iceland, located in the East of the country. Our main task will be to harvest (by hand) vegetables, mainly potatoes, beets, beetroots and lettuce.

Alongside the harvesting tasks, volunteers will clean the vegetables and make them ready for consumers in the Icelandic market, as the farm sells its products in different stores and organic shops around the country. Volunteers will also pick berries from the surrounding area.

Around the farm there is a young forest that can be maintained and cleaned if the harvesting jobs are done. Volunteers need motivation to work mainly outdoors doing very **physical** labour and under ever changing weather conditions. As the farm is largely run by volunteers, SEEDS volunteers will be working alongside volunteers from other organizations.

Volunteers will work all working days and on Saturday mornings as the camp takes place on the peak of the harvesting season. Volunteers will receive waterproof overalls and gloves for the work.

ACCOMMODATION: SEEDS volunteers will be hosted in a local house, sleeping on beds or mattresses, sharing rooms (2-4 persons in each room). Please bring your own sleeping bag. The house is equipped with a shower, washing machine and a kitchen.

Volunteers will share the duties of preparing food, cooking meals and cleaning. Please keep in mind that during this work camp **only** vegetarian food will be provided, which also means eating mainly local, organic food from the farm.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The farm is one of the few organic farms in Iceland and is run with the large support of volunteers. About 20% of the farm area is used for cultivation of different crops and the rest of the land is grassland with a forest of about one million trees planted there since starting the farm in the 1970s. The two major crops grown are barley and potatoes. Others include parsley, kale, beetroot, lettuce, kohlrabi, carrots and cabbage.

The farm is located in the municipality of Fljótsdalshérað, Iceland's easternmost populated municipality; 16 km from the largest town in Eastern Iceland called Egilsstaðir (population 2268).

The area is beautiful and has a lot of interesting sites. The biggest forest in Iceland, Hallormstaðarskógur is located within the district. The farm is located very close to Lagarfljót, the home of the mythical creature "the Lagarfljót Serpent" (Lagarfljótsormurinn) which was believed to have been spotted last in early 2012 by a local farmer. Other interesting animals in the area are the wild reindeers, counting about ten thousand in the area.

The East Fjords of Iceland have a special landscape, dominated by long, narrow fjords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). The closest bus stop and local airport is located in Egilsstaðir (EGS). The ferry "Norræna – Smyril line" sails from the Faroe Islands and Denmark and docks in the harbour of Seyðisfjörður town, 27 km from Egilsstaðir.

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Some free time activities will be organized for SEEDS volunteers as day trips and excursions in the area. Some of them will be free of charge while others might require a financial contribution.

Please bring warm clothes as the weather in Iceland can be cold in the end of August/September.



SEEDS 090. Laugar í Sælingsdal

25.08 - 07.09

CONS / ENVI

6 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will join the construction and maintenance of a natural obstacle course and a challenge playground in the West of Iceland. The aim of the project is to develop a stimulating and playful area for children and families and assist with building up a youth-camp by assembling bunk-beds and do some light carpentry work.

Mainly natural local Icelandic materials will be used for the construction: Woods, rope, turf, rocks and stones are the primary building materials. The main tasks will be covering an existing obstacle course with protective oil and make a bonfire place. Other tasks may be making paths, plant trees and create a garden grove.

The site is a youth activity center owned and run by the Icelandic Sports and culture Federation; the obstacle and training course will be used by the people staying at the center and by visitors.

With these projects we want to establish platforms for recreational/sports use of the local surroundings, as to increase the outdoor use and improve the healthy lifestyle of the inhabitants.

ACCOMMODATION: SEEDS volunteers will stay in the youth centre, a fully equipped house; sleeping in shared rooms. Please bring your own sleeping bag.

Volunteers will be provided with food and be in charge of cooking and cleaning activities themselves.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The project will take place in the country side in the West of Iceland; in the district of Dalabyggð ('Valley district'); which is one of the smaller districts in Iceland and one of the most sparsely populated, with only one town, Búðardalur with about 250 inhabitants. Agriculture, especially cattle rearing has long been the occupation of the people here.

Búðardalur is the largest town in the area. The county has a rich history dating back to the first settlers of Iceland. It is also notable that Leif Ericsson who discovered Vinland or America long before the time of Christopher Columbus grew up in Dalasýsla.

The valleys of Dalabyggð have much to offer anyone enjoying the great outdoors, with varied landscapes, many walking paths and places of historical interest. Fishing, horseback riding and historical walks through Laugar are among the attractions travellers are invited to enjoy in Dalasýsla.

Few parts of Iceland are as rich in history as Dalabyggð, where records go back virtually unbroken to the Settlement in the 9th and 10th centuries. On the 24th July 2000, a replica of a Viking ship, Islendingur (Icelander), set sail from Budardalur harbour en route for Greenland and America, retracing the first Viking voyages to North America.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers applying for this project should have a motivation for working outdoors.

Our local host will organise leisure activities for the group of volunteers, they might include hiking, excursions and possibly horseback riding.

SEEDS 108. The Highlands of Iceland - The Famous Kjölur Road (2:2)

25.08 - 07.09

CONS / RENO

10 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working on several projects, mostly construction and renovation related tasks, preparing the area for the winter, after the busy summer season; helping a group of locals developing the area with tourism services, pushing forward alternative ways of income; running a series of huts in this isolated area, offering services to travellers in the summer.

The tasks will include landscaping around houses in the area as well as painting and maintaining verandas. As the landscape is raw, the work is physically demanding but also rewarding.

We will be maintaining hiking paths, clearing litter along the paths and in the valley. We may also build fences around natural hot pools in the area and clear some old fences. Some of these tasks may have been fully accomplished by the group coming in the spring so we may take on new different tasks in coordination with our hosts and depending on weather conditions.

ACCOMMODATION: We will be hosted in a local mountain hut; sleeping in shared rooms on mattresses on the floor; please bring your own sleeping bag. The facilities are very basic and volunteers are expected to show consideration for their companions.

We will receive food ingredients and be in charge of cooking and cleaning. Please do not forget some traditional food from your home country for the international evening.

LOCATION: The Icelandic highlands, or "the interior", are a true pearl to all nature lovers and outdoor people. It is accessible on 4WD cars and most routes involve crossing un-bridged rivers.

If you really want to get away from it all, the interior of Iceland is like nothing you have ever experienced. The mountainous centre of the island, with its rocky deserts, craggy mountain peaks, ice caps, volcanoes, hidden valleys and hot springs, is an awesome and untouched wilderness.

The interior was almost totally inaccessible until recently. However outlaws managed to hide out for years at a time in the highlands, rustling sheep and keeping away from law-abiding citizens. Folklore stories tell of both natural and supernatural beings that lay in wait for unwary highland travellers. Travellers going between the north and south of Iceland sometimes had to cross the highlands. To get to the assembly of Alþingi (parliament) each summer, delegates had to ride from every corner of the country to Þingvellir in the southwest.

Journeys across the interior were never undertaken lightly; such travel was risky and lives were often lost. Today the interior is crossed by two mountain roads, via Kjölur and Sprengisandur, which are only open in summer, after the snow has thawed in spring.

We will be staying close to the glacier Hofsjökull and near to the rivers Hvítá and Þjórsá. The mountains in the area that reach up to 1500 m were formed during a volcanic eruption in the later part of the ice age. The area is still dynamic and great geothermal activity takes place in the surroundings. The environment is very diverse, both in shape and colour. The mountains are weathered and have very little continuous growth, as the forces of nature, like glaciers, water flow, ice bursts etc. have been fast working in these mountain highlands.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). To be paid to SEEDS on arrival.

Remote and very isolated site located in natural areas of extreme beauty. Volunteers need to be prepared for physical and demanding work, free time activities are mostly outdoors in the area as there is no transportation available or possibility to organise transport to different sites.

Bring warm clothes, gloves, hats, scarves and socks as the weather can be cold even in summer.



SEEDS 109. Working & Fun in the South (3:3)

26.08 - 09.09

CONS / RENO / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: This project gives SEEDS volunteers again the opportunity to live and work within beautiful surroundings hosted in cooperation with the Icelandic Girls and Boys Scouts Association.

The project offers diverse tasks and various experiences for SEEDS volunteers. First of all, we will beautify the surroundings by cleaning up the area. We will carry out some planting and gardening activities as well and possibly make and maintain walking paths.

Depending on the advance of the project, we may have other possible tasks, like checking up and repairing old fences and light maintenance work in the huts, such as painting.

The work can be physically demanding and volunteers need to be motivated to work outdoors and to be flexible to work in all the diverse tasks connected with the project.

Volunteers should be prepared for cold or rainy weather since the work takes place outdoors.

ACCOMMODATION: Volunteers will be lodged in a local hut, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

The area has a well equipped kitchen. Volunteers will be provided with food supplies and take care of the cooking themselves, as being in charge of the cleaning and housekeeping activities.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The Úlfjótsvatn Scout Center Úlfjótsvatn is approx. 65 km to east from the capital city of Iceland, Reykjavík. The land is originally a farmland and a property of The City of Reykjavík. The scouts in Iceland rent a piece of the land and have been doing that for over 60 years. Úlfjótsvatn has been for decades the centre for outdoor activities, leader training and summer camp for scouts and guides in Iceland.

The nature is beautiful and outdoor activities are many with nature trail, adventure trail and water safari. Thousands of trees have been planted near the centre in the last 15 years. There is a climbing and abseiling tower in the area. Fishing is good in the lake and we have canoes, kayaks, rowing boats and today's most popular boats are 4 persons pedal boats. At the centre you'll find our 10m high outdoor climbing wall. It's used both for practice and fun in abseiling and climbing.

Buildings at Úlfjótsvatn are on two sites, originally made for boy scouts on one site and girl guides the other site. Now the sites are not split according to gender - boys and girls use both sites but the old names are kept as a reminder.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros).

Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic crowns.

Free time activities in the area will be arranged for SEEDS volunteers in cooperation with our host.

The work can be physically demanding and volunteers need to be motivated to work outdoors and to be flexible to work in all the diverse tasks connected with the project.

Volunteers should be prepared for cold or rainy weather since the work takes place outdoors.

SEEDS 111. Skagafjörður in the North of Iceland (1:2)

27.08 - 10.09

ENVI / CONS / NATU

6-8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working on environmental and nature oriented tasks in this project in the North of the country. Our tasks will mainly be focused on improving the environment around the farmhouse. The task list offers various things to be performed by SEEDS volunteers such as: harvesting potatoes from the ground, picking berries and mushrooms, painting, beautifying the area around the house and attending to the small things that need attention in and around the buildings.

The working plan will be flexible and it will depend on the needs of our local host, the advance of the diverse projects in the area surrounding the farmhouse and of course on the weather conditions. Volunteers should have a motivation for working outdoors and getting to know ways of living in rural areas in Iceland.

Last but not least we will explore the surroundings of the location and enjoy free time activities.

ACCOMMODATION: Volunteers will sleep in an apartment, sharing rooms. The apartment is fully equipped with access to a kitchen and a bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: Known as flashy dressers, the people of Skagafjörður were proud and often preferred to seek other work than farming. In this they were considered rather distinct from other Icelanders. Horsemanship was widespread in Skagafjörður and singing was given more weight than in many other regions; there culture and literature prospered.

Even though the vast majority of Skagafjörður residents make their living through agriculture, many were also engaged in fishing. Stagnation can be said to have marked many fields of life from about 1650 until 1850, when the impact of the industrial revolution began to be felt, and the Icelandic demand for increased independence from Denmark received a great deal of local support. Trade practices likewise began to change and the general population began to migrate from the countryside. Many moved to America, but others simply into villages and larger towns.

The previous history of Skagafjörður was decisively shaped by the presence of the bishop's seat. On the secular side, however, there were powerful chieftains living at such Skagafjörður estates as Reynistaður, Flugumýri and Ás, to name a few.

In Skagafjörður you will find many protected areas such as Orravatsnrústir, in the grazing commons Hofsafreitt; wetlands surrounding Orravatn lake and reaching north to Reyðarvatn lake. Another example of an exclusive area in Skagafjörður is the Upper end of Vesturdalur valley (Hofsárdalur valley): The innermost part of Vesturdalur, upstream from Miðmundargil gorge and including the canyon stretching inland from the valley. Unusual, lush valley, encircled by cliffs and precipitous slopes with enchanting waterfalls in Fossá river.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Our hosting partner will organise free time activities such as hiking and possibly horseback riding.

SEEDS 115. Ísafjarðarbær - 66 degrees North

27.08 - 10.09

CONS / RENO / ENVI

8 -10 Volunteers

Age: 22+

WORK/PROJECT: SEEDS volunteers will be doing mainly environmental work in this work camp, based in a country-side farm close to the village of Flateyri, in the Icelandic West fjords. The work is mostly outdoors and volunteers will have to be willing to work outdoors.

The main tasks will be to make walking paths and work in the area of the forest. Volunteers will also help with cleaning out an old barn and an old sheepcote.

Other tasks will be to beautify and clean the area. Volunteers might be asked to assist with some construction work and to do some painting jobs.

ACCOMMODATION: SEEDS volunteers will stay in a local farm house with shared facilities. Please bring your own sleeping bag.

Volunteers will receive food and will cook together with the host. Volunteers will share the different duties of cooking and cleaning.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The workcamp will take place in the municipality Ísafjarðarbær, in the Westfjords at the north-western part of Iceland. The region accounts for 10% of the country's surface but only about 7200 people live there, so it is one of the least populated areas of Europe. The Westfjords are very mountainous; the coastline is made by dozens of fjords surrounded by steep hills.

Districts on the West Fjords have been merging recently in order to strengthen their administrative capabilities. The largest and most populous is Ísafjarðarbær with a population of 3800 in total.

In the Westfjords you will be able to explore the whole range of Icelandic flora from the shore and meadows, through birch to mossy moors. On the shore, one can see birds and seals and then an occasional arctic fox around the sheep.

Fishing is traditionally the main industry in the region but tourism started to be more and more important as local and foreign visitors are discovering this region in rising numbers.

The farm-house/base of the project is very close to Flateyri which is a small and friendly fishing village by Öundurarfjörður, located about 500 Km away from Reykjavík and with 260 inhabitants.

Flateyri has been a trading post for over two centuries and a whaling station operated there until it burned down in 1901. In the old days Flateyri was the local harbour for shark fishermen but today fish processing and fishing is the main trade. During the last years; due to the introduction of the quota system in the Icelandic fishing sector, the town lost part of its share in the fishing amounts to be caught, which strongly hit the economy and living situation in the area. In the past years the emphasis on alternative industries has been more visible similar to other fishing villages in Iceland.

Flateyri is surrounded by spectacular mountains and above the village is Eyrafjall which caused a devastating avalanche in 1995; defensive walls were then constructed, which tower over the town.

In Flateyri there is a swimming pool, kayak rental and a beautiful sandy beach that hosts a sandcastle building competition each summer. Many small boats are equipped and run from Flateyri, characterising the village, especially during the summer.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note these fee is to be paid to SEEDS on arrival in Euros or Icelandic Krónur.

Our local host will organise leisure time activities for SEEDS volunteers, for instance hikes and access to the swimming pool in Flateyri. Place of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot.



SEEDS 112. Power Food in the East of Iceland

31.08 - 14.09

NATU / ENVI

10 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working on a project in the beautiful forest Hallormsstaðaskógur, doing nature oriented tasks. Our tasks will mainly be focused on picking blueberries, stone bramble, tree cones and herbs. Our host has a small 100% organic food and herb production, which focuses on manually handpicked food ingredients. This is a great volunteer project for those who love food, outdoors and have opinions about nutrition.

The working plan will be flexible and it will depend on the needs of our local host, the advance of the diverse projects in the area surrounding the forest and of course on the weather conditions.

Last but not least we will explore the surroundings of the location and enjoy free time activities arranged in cooperation with the local host.

ACCOMMODATION: SEEDS volunteers will sleep in a local house, sharing rooms. The apartment is fully equipped with access to kitchen and bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: Hallormsstaðaskógur, the largest wooded area of the country that spreads over 30 ha of land. The reforestation of the forest has been going on ever since a law for the protection was passed in 1899. The tree collection keeps an extensive variety of foreign trees and is renowned take professionals and travellers. The oldest part of the woodland is accessible with good hiking trails and explanation signs.

The area offers great variety of walking paths, such as to the deepest valley of the country and up to Sandfell where the view is quite magnificent. Riding tours up to the mountains or in the woodland are also nice experiences. Small streams run through the land where children and adults can cool down in warm summer days.

The project is located in the municipality of Fjórðungshérað, Iceland's easternmost populous municipality; 17 km from the largest town in the Eastern Iceland - Egilsstaðir (population 2600). It is a young town, but which has become the largest town of east Iceland and offers a swimming pool, shops and museums among other main services.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains and the wild reindeers of Iceland are found here, the herd counts between three and four thousand animals.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF); domestic airport and bus stop is Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working with outdoors and getting to know ways of living in rural areas in Iceland.

Our hosting partner will organise free time activities in the surroundings of the project, such as hiking and possibly horseback riding.

SEEDS 113. Photo Marathon in Reykjavík

01.09 - 11.09

ARTS / CULT

12 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

Volunteers will work two days with the city of Reykjavík in the cemeteries. Volunteers will help with raking leaves, beautifying the gardens, work on the recycling system among other tasks.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

In September you can see the Northern lights (Aurora Borealis) in Iceland.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable and cold!



SEEDS 114. Ísafjarðardjúp: Nature & Fun in the Westfjords (3:3)

01.09 - 15.09

CONS / ENVI

7 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will continue working on this project after the excellent results of last years' groups. This is the 6th year in a row SEEDS organizes camps there. Our hosts are a family that have taken up a former farm in the valley and are trying to develop new work opportunities in the area; they live and work there running diverse facilities and offering services for visitors.

This area in the Western fjords is famed for its beautiful landscape and friendly weather with sunny summers, so tourism has been one of the most visible alternative industries and has been given special emphasis due to the socio-economical crash that Iceland suffered after 2008.

We will be assigned various tasks in this remote location. The tasks in this camp will include some constructional works on the one hand and picking and cleaning berries on the other. The building tasks and construction works, can be very physical and demanding. SEEDS Volunteers will also help with a general outdoor cleaning before the winter.

The working plan will be very flexible and it will depend on the needs of our local hosts as on weather conditions. This is a very isolated place with none/limited mobile/Internet connection.

In the evenings and during the free days there will be enough time to explore the surroundings, trekking and walking, as you will be able to rest in the natural hot tubs, bathe in the local swimming pool and discover many other surprises of this beautiful place including horseback riding on the unique Icelandic horses and possibly kayaking in the fjords.

ACCOMMODATION: SEEDS volunteers will be hosted in a local housing, sleeping in beds. Bringing a sleeping bag is not necessary for the workcamp (but might be essential before and after it).

Meals will be provided and volunteers will share the duties of helping in the kitchen, preparing the meals and cleaning up. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The workcamp will take place in the Westfjords at the north-western part of Iceland. The region accounts for 10% of the country's surface but only about 8000 people live there, so it is one of the least populated areas of Europe.

The Westfjords are very mountainous; the coastline is made by dozens of fjords surrounded by steep hills. In the area you will be able to explore the whole range of Icelandic flora from the shore and meadows, through birch to mossy moors. On the shore, one can see birds, seals, whales and then an occasional arctic fox around the sheep.

Fishing is traditionally the main industry in the region but tourism started to be more and more important as local and foreign visitors are discovering this region in rising numbers.

The workcamp will take place in a valley covered with birch bushes in Mjóifjörður in Ísafjarðardjúp. The distances to the next town and villages are 130 Km to Ísafjörður and 90 Km to Hólmavík.

Hiking in this beautiful area is very impressive and an inspection of the coastline by walking or kayaking is an inspiring option, this provides a full variety of opportunities for volunteers and visitors.

LANGUAGE: English will be the official language in the camp, high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Domestic airport is Ísafjörður (IFJ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros) to be paid to SEEDS on arrival.

Place of extreme beauty and isolation; SEEDS volunteers have free access to the hot tub and local pool. If weather allows, horseback riding and kayaking around a seal colony can be organised.

SEEDS 118. Mýrdalshreppur - South shore

03.09 - 17.09

AGRI / RENO /CONS

5 Volunteers

Age: 18+

WORK/PROJECT: This is the third year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, have cows and run a tourist accommodation.

Our tasks in this project will mainly be connected with the carrots cultivation; volunteers will be working in the fields, removing plastic wraps and other things from the carrot beds.

Volunteers might also be asked to do some environment/construction work in this camp; beautifying the area and tidying up the surroundings of the farm. We might be asked to do a bit of renovation work as well, such as some painting preparation work if weather conditions allow. Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable; be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to different kinds of weather.

Our host will organise free time activities in the area, depending on the weather conditions.

SEEDS 120. Organic Farming in Iceland (2:2)

06.09 - 20.09

AGRI / ENVI

6 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working at one of the few organic farms in Iceland, located in the East of the country. Our main task will be to harvest (by hand) vegetables, mainly potatoes, beets, beetroots and lettuce.

Alongside the harvesting tasks, volunteers will clean the vegetables and make them ready for consumers in the Icelandic market, as the farm sells its products in different stores and organic shops around the country. Volunteers will also pick berries from the surrounding area.

Around the farm there is a young forest that can be maintained and cleaned if the harvesting jobs are done. Volunteers need motivation to work mainly outdoors doing very **physical** labour and under ever changing weather conditions. As the farm is largely run by volunteers, SEEDS volunteers will be working alongside volunteers from other organizations.

Volunteers will work all working days and on Saturday mornings as the camp takes place on the peak of the harvesting season. Volunteers will receive waterproof overalls and gloves for the work.

ACCOMMODATION: SEEDS volunteers will be hosted in a local house, sleeping on beds or mattresses, sharing rooms (2-4 persons in each room). Please bring your own sleeping bag. The house is equipped with a shower, washing machine and a kitchen.

Volunteers will share the duties of preparing food, cooking meals and cleaning. Please keep in mind that during this work camp **only** vegetarian food will be provided, which also means eating mainly local, organic food from the farm.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The farm is one of the few organic farms in Iceland and is run with the large support of volunteers. About 20% of the farm area is used for cultivation of different crops and the rest of the land is grassland with a forest of about one million trees planted there since starting the farm in the 1970s. The two major crops grown are barley and potatoes. Others include parsley, kale, beetroot, lettuce, kohlrabi, carrots and cabbage.

The farm is located in the municipality of Fljótshálsa, Iceland's easternmost populated municipality; 16 km from the largest town in Eastern Iceland called Egilsstaðir (population 2268).

The area is beautiful and has a lot of interesting sites. The biggest forest in Iceland, Hallormstaðarskógur is located within the district. The farm is located very close to Lagarfljót, the home of the mythical creature "the Lagarfljót Serpent" (Lagarfljótsormurinn) which was believed to have been spotted last in early 2012 by a local farmer. Other interesting animals in the area are the wild reindeers, counting about ten thousand in the area.

The East Fjords of Iceland have a special landscape, dominated by long, narrow fjords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). The closest bus stop and local airport is located in Egilsstaðir (EGS). The ferry "Norrcæna – Smyril line" sails from the Faroe Islands and Denmark and docks in the harbour of Seyðisfjörður town, 27 km from Egilsstaðir.

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Some free time activities will be organized for SEEDS volunteers as day trips and excursions in the area. Some of them will be free of charge while others might require a financial contribution.

Please bring warm clothes as the weather in Iceland can be cold in September.

SEEDS 122. Skagafjörður in the North of Iceland (2:2)

10.09 - 24.09

ENVI / CONS / NATU

6-8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working on environmental and nature oriented tasks in this project in the North of the country. Our tasks will mainly be focused on improving the environment around the farmhouse. The task list offers various things to be performed by SEEDS volunteers such as: harvesting potatoes from the ground, picking berries and mushrooms, painting, beautifying the area around the house and attending to the small things that need attention in and around the buildings.

The working plan will be flexible and it will depend on the needs of our local host, the advance of the diverse projects in the area surrounding the farmhouse and of course on the weather conditions. Volunteers should have a motivation for working outdoors and getting to know ways of living in rural areas in Iceland.

Last but not least we will explore the surroundings of the location and enjoy free time activities.

ACCOMMODATION: Volunteers will sleep in an apartment, sharing rooms. The apartment is fully equipped with access to a kitchen and a bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: Known as flashy dressers, the people of Skagafjörður were proud and often preferred to seek other work than farming. In this they were considered rather distinct from other Icelanders. Horsemanship was widespread in Skagafjörður and singing was given more weight than in many other regions; there culture and literature prospered.

Even though the vast majority of Skagafjörður residents make their living through agriculture, many were also engaged in fishing. Stagnation can be said to have marked many fields of life from about 1650 until 1850, when the impact of the industrial revolution began to be felt, and the Icelandic demand for increased independence from Denmark received a great deal of local support. Trade practices likewise began to change and the general population began to migrate from the countryside. Many moved to America, but others simply into villages and larger towns.

The previous history of Skagafjörður was decisively shaped by the presence of the bishop's seat. On the secular side, however, there were powerful chieftains living at such Skagafjörður estates as Reynistaður, Flugumýri and Ás, to name a few.

In Skagafjörður you will find many protected areas such as Orravatsnrústir, in the grazing commons Hofsafrétt; wetlands surrounding Orravatn lake and reaching north to Reyðarvatn lake. Another example of an exclusive area in Skagafjörður is the Upper end of Vesturdalur valley (Hofsárdalur valley): The innermost part of Vesturdalur, upstream from Miðmundargil gorge and including the canyon stretching inland from the valley. Unusual, lush valley, encircled by cliffs and precipitous slopes with enchanting waterfalls in Fossá river.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Our hosting partner will organise free time activities such as hiking and possibly horseback riding.

SEEDS 124. Fun, farm & Animals in the South (2:2)

13.09 - 29.09

CONS / RENO / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: The aim of the project is to assist in preparing and building animal houses and shelters from recyclable material in a farm. Volunteers will be building an animal living area and pens from repurposed pallets. This is done to ease the access to the animals and make them feel better. The goal is to make a little zoo with animals that are in Iceland so that people can experience animals in an old farm.

On the farm there are dogs, cats, horses, rabbits, hens, cattle, a raven and pigeons, so volunteers need to have the motivation to work around the animals as well as to be ready to do manual work such building and fencing work. Volunteers are welcome to bring their own ideas on how to use pallets and/or other recyclable materials for the construction. Other tasks might be general beautifying of the area and clean up after the winter.

Volunteers will have the opportunity to be part of an Icelandic farm life and work where they will have the chance to enjoy the outdoors, the work, the animals, the building process, the farming and the time spent with the local hosts. Volunteers will work with an Icelandic family, participating in the diverse tasks of their daily lives. This is a unique occasion to experience first-hand how a family in the Icelandic countryside lives.

The working plan will be flexible and it will depend on the needs of our local hosts, the advance of the diverse projects in the area surrounding the farm and of course on the weather conditions.

Last but not least we will explore the surroundings of the location and enjoy free time activities arranged in cooperation with the local host.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities and will divide the tasks among themselves. Please do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The volunteers will stay about 70 km from Reykjavik with an easy access from the main highway, only 16 km from the town of Selfoss where you will find all the modern comforts an Icelandic town has to offer. Volunteers will mostly stay in the project place as work and accommodation is both located in a rural area with no public transportation.

Volunteers will stay in a renovated country lodge in a beautiful setting above the lake of Villingarholt. From there you will enjoy a magnificent view, where you can easily spot the Westman islands (Vestmannaeyjar), the glacier of Eyjafjall (Eyjafjallajökull), the Tinda Mountains (Tindfjöll), the famous volcano Hekla and the slopes of Hella.

LANGUAGE: English will be the language in the camp; high proficiency is not required.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic crowns.

SEEDS and/or our hosting partner will organise free time activities such as hiking, fishing in a nearby lake, bicycling and possibly horseback riding.

Volunteers have to be open for living and working with a local family. Even though summer is around, it can be cold and hats and gloves can be needed. Bring good working shoes & clothes.



SEEDS 125. Island of Viðey (2:2)

15.09 - 24.09

ENVI / AGRI / CONS

7 Volunteers

Age: 18+

WORK/PROJECT: The city of Reykjavík will once again be our host in this project and SEEDS volunteers will have the opportunity to work on the historical island of Viðey for the 8th year in a row!

The project offers diverse tasks and various experiences for SEEDS volunteers. We will work on environmental and nature related assignments, such as harvesting of vegetables and crops grown on the island.

We will also help with cleaning up in the area, especially along the coastline. Tools and furniture will also need to be stored inside, preparing the common and green recreational areas for the autumn/winter season. There will also be a bit of constructional work since some fences need maintenance and we'll do some paint jobs as well.

The weather conditions in Iceland are unpredictable, winter is kicking in soon and temperatures are dropping. Be prepared to experience all kinds of weather and be sure of bringing warm clothing as it can be cold, windy and rainy since most of the work will take place outdoors.

ACCOMMODATION: Volunteers will be lodged in a local house at Viðey Island, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

The house has a well equipped kitchen. Volunteers will be provided with food supplies and take care of the cooking themselves, as being in charge of the cleaning and housekeeping activities.

Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: Viðey or "Wood Island" is the largest (1,7 km²) island in the Kollafjord Bay, just outside Reykjavík, the capital of Iceland. The island is covered by many species of plants and at least 30 species of breeding birds have been counted here.

Viðey was inhabited from soon after the settlement of Iceland already in the 10th century and at the beginning of the 20th century around 100 people lived there. But it's uninhabited nowadays.

There is a regular boat connection between the island and the harbour of Reykjavík. The trip takes just about 10 minutes and is only a few hundred metres away from the city. This makes Viðey so special; it is a peaceful place, very close to the busy city life of the capital.

There are hiking and cycling paths around the island and there is no motor traffic allowed. It also inhabits intriguing sculptural art work, amongst them all nine pairs of basalt pillars that comprise Richard's Serra's work *Áfangar* and Yoko Ono's "Imagine peace" column, a tower of light, which is supported by the widow of John Lennon. <http://imaginepeace.com/news/imagine-peace-tower>

Other places of interest on Viðey are related to archaeological research, the village. At the eastern end of the island is the site of an abandoned fishing village and Viðeyjarnaust, at the southwest of the island, it is a memorial to the twenty men who lost their lives when the cutter *Ingvar* sank off Viðey in 1906. Dramatic formations of columnar basalt may be seen on the shore.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Some spare time activities will be organised free of charge for SEEDS volunteers such as a whale watching boat trip.

SEEDS volunteers will have free rides in the boat/ferry to the city of Reykjavík during their free time and according to the service timetable. Excursions (Golden Circle, Blue Lagoon or South Shore) can be organised at discount fares for SEEDS volunteers.

SEEDS 126. Photo Marathon in Reykjavík

15.09 - 25.09

ARTS / CULT

12 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

Volunteers will work two days with the city of Reykjavík in the cemeteries. Volunteers will help with raking leaves, beautifying the gardens, work on the recycling system among other tasks.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

In September you can see the Northern lights (Aurora Borealis) in Iceland.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable and cold!



SEEDS 123. Environmentally aware: in Reykjavík

16.09 - 26.09

ENVI / SUST / EDU

8 Participants

Age: 18+

WORK/PROJECT: Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about.

We will start with the state of environment in general; then we will make an overview of the environment in Iceland - issues that regular visitors may not get to know or learn by travelling around Iceland (like the ecological footprint and energy use).

We will then have workshops about human needs - difference between 'wanting' and 'needing' something for a 'happy complete' life. During these days debates about consumerism, recycling, society and empowering will come up. Some days we will have workshops on global issues, and we will have documentary nights where we discuss the issues close to our heart among friends...

Our participants usually also learn how to make things independently in a simple and easy way, for instance seed-bombs to grow trees, cheese, humus and bread.

Some of our study visits may include one of the garbage collection/recycling centres of SORPA in Reykjavik or to the geothermal power plant!

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

ACCOMMODATION: SEEDS participants will stay in a house in the centre of Reykjavík. The facilities are basic with only one shower and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

With a piece of good luck you may be able to see the Northern lights (Aurora Borealis) in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.



SEEDS 127. Mýrdalshreppur - South shore

17.09 - 01.10

AGRI / RENO /CONS

5 Volunteers

Age: 18+

WORK/PROJECT: This is the third year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, have cows and run a tourist accommodation.

Our tasks in this project will mainly be connected with the carrots cultivation; volunteers will be working in the fields, harvesting carrots, removing plastic wraps and other things from the carrot beds. Volunteers might also be asked to do some environment/construction work in this camp; beautifying the area and tidying up the surroundings of the farm. We might be asked to do a bit of renovation work as well, such as some painting preparation work if weather conditions allow. Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable; be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to different kinds of weather.

Our host will organise free time activities in the area, depending on the weather conditions.



SEEDS 129. Photo Marathon in Reykjavík

29.09 - 10.10

ARTS / CULT

12 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In September/October you can see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Imagine Peace Tower (an outdoor work of art conceived by Yoko Ono in memory of John Lennon, situated on Viðey Island) will be light up on October 9th.



SEEDS 130. Environmentally aware: in Reykjavík

30.09 - 09.10

ENVI / SUST / EDU

8 Participants

Age: 18+

WORK/PROJECT: Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about.

We will start with the state of environment in general; then we will make an overview of the environment in Iceland - issues that regular visitors may not get to know or learn by travelling around Iceland (like the ecological footprint and energy use).

We will then have workshops about human needs - difference between 'wanting' and 'needing' something for a 'happy complete' life. During these days debates about consumerism, recycling, society and empowering will come up. Some days we will have workshops on global issues, and we will have documentary nights where we discuss the issues close to our heart among friends...

Our participants usually also learn how to make things independently in a simple and easy way, for instance seed-bombs to grow trees, cheese, humus and bread.

Some of our study visits may include one of the garbage collection/recycling centres of SORPA in Reykjavik or to the geothermal power plant!

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

ACCOMMODATION: SEEDS participants will stay in a house in down town Reykjavík. The facilities are basic with only one shower and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In September/October you can see the Northern lights (Aurora Borealis) in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.



SEEDS 131. Mýrdalshreppur - South shore

01.10 - 15.10

AGRI / RENO /CONS

5 Volunteers

Age: 18+

WORK/PROJECT: This is the third year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, have cows and run a tourist accommodation.

We will mainly be doing some environment/construction work in this particular camp; beautifying the area and tidying up the surroundings of the farm. We might be asked to do a bit of renovation work as well, such as some painting preparation work if weather conditions allow. Other tasks will be connected with the carrots cultivation and preparing the fields for the winter time. Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable; be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to different kinds of weather.

Our host will organise free time activities in the area, depending on the weather conditions.

SEEDS 132. European TeamGym 2014

08.10 - 22.10

SPORT / FEST

20 Volunteers

Age: 18+

WORK/PROJECT: This fall for the first time SEEDS volunteers will be a part of the European TEAMGYM 2014 Championships. The tournament itself is 4 days long and has been growing every year since it was first held in Finland in 1996. This year 42 teams from 14 countries will come together in their quest to become the best in Europe.

Team Gymnastics is one of the fastest growing events within the gymnastic family and is enjoying increasing popularity in Europe. This high tempo sport combines music, dance, high level gymnastics and team spirit that fill spectators with great joy and excitement.

This gymnastic festival takes place in Laugardalshöll, which is Iceland's number 1 sports arena. The TEAMGYM 2014 is a very big event and since Laugardalshöll cannot host the number of guests expected, the plan is to build up a venue within Laugardalshöll. Volunteers will help with building up this venue before the tournament starts and then taking it down after it finishes.

Volunteers will also help with sorting documents and goodie bags for the participants, as well as tickets for the tournament. Volunteers might also be asked to assist with security and catering during the tournament.

Volunteers will share all types of tasks related to the events and the group might be divided into smaller groups according to the needs and to give everyone the chance to try out different assignments. There might be work during the weekends, but free days will be given accordingly to the working days.

ACCOMMODATION: Volunteers will be lodged in a local house in Reykjavík, sleeping on mattresses in a shared room. Please bring your own sleeping bag. Shower facilities may be located outside the actual accommodation, in a sports hall or swimming pool.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. During the tournament some meals will be served. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: Reykjavík is the capital of Iceland, often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and America. It is spread across a peninsula with a panoramic view of the mountains and the Atlantic on almost all sides. In the area closer than 100 km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

The population of the city is over 200.000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavík is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

In October you can see the Northern lights (Aurora Borealis) in Iceland.

LANGUAGE: English will be the language in the camp, basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SPECIAL REMARKS / EXTRAS: Participation fee EUR 100 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our hosting partner will organise free time activities in the area for SEEDS volunteers.

Tours and excursions (Blue Lagoon, Golden Circle, South shore, etc.) can be arranged for SEEDS volunteers at discount fares as well.

SEEDS 134. Photo Marathon in Reykjavík

14.10 - 23.10

ARTS / CULT

9 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

ACCOMMODATION: SEEDS volunteers will stay in a house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In October you can see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats.

SEEDS 086. Mýrdalshreppur - South shore

15.10 - 29.10

AGRI / RENO /CONS

5 Volunteers

Age: 18+

WORK/PROJECT: This is the third year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, have cows and run a tourist accommodation.

Volunteers will mainly be packing carrots in this camp but might also be asked to do a bit of renovation work as well, such as some painting if weather conditions allow. Volunteers might also be asked to help with putting up fences or taking down old ones. Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable; be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

LOCATION: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to different kinds of weather.

Our host will organise free time activities in the area, depending on the weather conditions.

SEEDS 135. Environmental Air-waves

29.10 - 11.11

ENVI / EDU / FEST

12 Volunteers

Age: 21+

WORK/PROJECT: SEEDS volunteers in this project will have the opportunity to share and learn on Environmental issues while being able to enjoy part of the Iceland Airwaves music festival!

Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about.

We will start with the state of environment in general; then we will make an overview of the environment in Iceland - issues that regular visitors may not get to know or learn by travelling around Iceland (like the ecological footprint and energy use).

We will then have workshops about human needs - difference between 'wanting' and 'needing' something for a 'happy complete' life. During these days debates about consumerism, recycling, society and empowering will come up. Some days we will have workshops on global issues, and we will have documentary nights where we discuss the issues close to our heart among friends...

Our participants usually also learn how to make things independently in a simple and easy way, for instance seed-bombs to grow trees, cheese, humus and bread. Some of our study visits may include one of the garbage collection centres of SORPA or to a geothermal power plant!

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

Iceland Airwaves is an annual music festival held in Reykjavik in late October, this year it takes place between November 5 and 9. More information at www.icelandairwaves.is

Please note that SEEDS does not provide the festival pass for access to the main concerts but volunteers can attend many of the off-venue events and concerts, which are open and for free.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of Reykjavik, which are located about 4 Kilometres from the centre.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

LOCATION: The population of Iceland's capital Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources.

Reykjavik is often called "the nightlife capital of the north", but there is more: It also gathers the most interesting of Icelandic culture; it is an incubator of new ideas and styles. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavik experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic crowns.

Volunteers should have a motivation to learning and sharing. Tours and excursions (Golden Circle, Blue Lagoon or South Shore) can be arranged for SEEDS volunteers at discount fares.



SEEDS 136. Photo Marathon & Air-waves

30.10 - 10.11

CULT / ARTS / FEST

9 Volunteers

Age: 21+

WORK/PROJECT: SEEDS volunteers in this project will have the opportunity to share and learn about Photography while being able to enjoy part of the Iceland Airwaves music festival!

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace, Environment and music.

One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

Participants need to take their own cameras and the main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Iceland Airwaves is an annual music festival held in Reykjavík in late October, this year it takes place between November 5 and 9. More information at www.icelandairwaves.is

The festival main focus is showcasing new music, both Icelandic and international. The first show was held in 1999 as a one-off event and subsequently has become one of the premier showcases for new music in the world, with hundreds of journalists and industry people in attendance. It has become known for its intimacy and party spirit and has been called "the hippest long weekend on the annual music-festival calendar" and an "unbelievable zest for music and celebration".

Please note that SEEDS does not provide the festival pass for access to the main concerts but volunteers can attend many of the off-venue events and concerts, which are open and for free.

ACCOMMODATION: SEEDS volunteers will stay in a house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The population of Iceland's capital Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources.

Reykjavik is often called "the nightlife capital of the north", but there is more: It also gathers the most interesting of Icelandic culture; it is an incubator of new ideas and styles. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation to learning and sharing. Tours and excursions (Golden Circle, Blue Lagoon or South Shore) can be arranged for SEEDS volunteers at discount fares.



SEEDS 137. Photo Marathon in Reykjavík

16.11 - 27.11

ARTS / CULT

12 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

ACCOMMODATION: SEEDS participants will stay in a house in the centre of Reykjavík. The facilities are basic with only one shower and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In November you can see the Northern lights (Aurora Borealis) in Iceland.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.

SEEDS 116. Circus in Reykjavík (1:2)

16.11 - 27.11

ARTS / CULT

15 Volunteers

Age: 18+

WORK/PROJECT: The SEEDS CIRCUS workcamp is a project done in cooperation with Sirkus Íslands. The workcamp will give you the opportunity to experience almost two weeks in the land of Northern lights, exploring cultures through circus acrobatics.

Sirkus Íslands was founded in the year 2007. The circus is a big group of people with talents in circus arts with ambitions to show people daring and funny circus acts. The group includes specialists in aerial entertainment, acrobatics, juggling, fire shows, still walking and roving entertainers.

Participants in this workcamp can learn to juggle with bowls or clubs, and do acro-yoga. Circus artists will give workshops where participants have the chance to learn the arts of juggling, balancing and all object manipulation. Participants can also learn to balance on tightropes, slack ropes, rola bolas, unicycles and globes. Group acrobatics and pyramid building is combined with trampoline and tumbling. Truly brave souls can venture into the air on teeterboard or aerial acrobatics.

Have in mind that you don't have to be experienced in circus to join the workcamp: positive energy is more than enough to be part of it!

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food & music from your home for the international evening.

LOCATION: The population of Reykjavík is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavík is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In November you can see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Tours and excursions (Golden Circle, Blue Lagoon or South Shore) can be arranged for SEEDS volunteers at discount fares.

Weather can be cold and rainy/snowy. Bring warm winter clothes, overcoats, scarves, gloves and hats. With a bit of luck & nice weather we may be able to watch the Northern Lights.



SEEDS 138. Environmentally aware: in Reykjavík

17.11 - 26.11

ENVI / SUST / EDU

9 Participants

Age: 18+

WORK/PROJECT: Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about.

We will start with the state of environment in general; then we will make an overview of the environment in Iceland - issues that regular visitors may not get to know or learn by travelling around Iceland (like the ecological footprint and energy use).

We will then have workshops about human needs - difference between 'wanting' and 'needing' something for a 'happy complete' life. During these days debates about consumerism, recycling, society and empowering will come up. Some days we will have workshops on global issues, and we will have documentary nights where we discuss the issues close to our heart among friends...

Our participants usually also learn how to make things independently in a simple and easy way, for instance seed-bombs to grow trees, cheese, humus and bread.

Some of our study visits may include one of the garbage collection/recycling centres of SORPA in Reykjavik or to the geothermal power plant!

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

ACCOMMODATION: SEEDS participants will stay in a house in down town Reykjavík. The facilities are basic with only one shower and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In November you can see the Northern lights (Aurora Borealis) in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.

SEEDS 117. Circus in Reykjavík (2:2)

01.12 - 12.12

ARTS / CULT

15 Volunteers

Age: 18+

WORK/PROJECT: The SEEDS CIRCUS workcamp is a project done in cooperation with Sirkus Íslands. The workcamp will give you the opportunity to experience almost two weeks in the land of Northern lights, exploring cultures through circus acrobatics.

Sirkus Íslands was founded in the year 2007. The circus is a big group of people with talents in circus arts with ambitions to show people daring and funny circus acts. The group includes specialists in aerial entertainment, acrobatics, juggling, fire shows, still walking and roving entertainers.

Participants in this workcamp can learn to juggle with bowls or clubs, and do acro-yoga. Circus artists will give workshops where participants have the chance to learn the arts of juggling, balancing and all object manipulation. Participants can also learn to balance on tightropes, slack ropes, rola bolas, unicycles and globes. Group acrobatics and pyramid building is combined with trampoline and tumbling. Truly brave souls can venture into the air on teeterboard or aerial acrobatics.

Have in mind that you don't have to be experienced in circus to join the workcamp: positive energy is more than enough to be part of it!

ACCOMMODATION: SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food & music from your home for the international evening.

LOCATION: The population of Reykjavík is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

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Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In December you can see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Tours and excursions (Golden Circle, Blue Lagoon or South Shore) can be arranged for SEEDS volunteers at discount fares.

Weather can be cold and rainy/snowy. Bring warm winter clothes, overcoats, scarves, gloves and hats. With a bit of luck & nice weather we may be able to watch the Northern Lights.



SEEDS 139. Advent Photo Marathon in Reykjavík

03.12 - 15.12

CULT / ARTS

12 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will take part in photography sessions and workshops and may help with fundraising for the Red Cross and the Salvation Army.

This is the seventh year that SEEDS organizes series of International Photo marathons! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and flexible time schedule (early morning photo sessions, night photographing).

Apart from working on the photo marathon, volunteers may join the festive atmosphere during some days by handing out hot chocolate in the city centre as a way of fundraising for non-for-profit projects of the Icelandic Red Cross and of the Salvation Army.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they can help to create a nice and friendly atmosphere.

ACCOMMODATION: SEEDS participants will stay in a house in down town Reykjavík. The facilities are basic with only one shower and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

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Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In December you can see the Northern lights (Aurora Borealis) in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and in the winter it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



SEEDS 140. Environmental Advent in Reykjavík

04.12 - 14.12

ENVI/ EDU

8 Volunteers

Age: 18+

WORK/PROJECT: Participants in this SEEDS project will have the opportunity to share and learn on Environmental issues while at the same time may assist in fundraising for the Red Cross and the Salvation Army.

Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about.

We will start with the state of environment in general; then we will make an overview of the environment in Iceland - issues that regular visitors may not get to know or learn by travelling around Iceland (like the ecological footprint and energy use).

We will then have workshops about human needs - difference between 'wanting' and 'needing' something for a 'happy complete' life. During these days debates about consumerism, recycling, society and empowering will come up. Some days we will have workshops on global issues, and we will have documentary nights where we discuss the issues close to our heart among friends...

Some of our study visits may include one of the garbage collection/recycling centres of SORPA in Reykjavik or to the geothermal power plant!

Apart from the environmental study part of the camp, participants may join the festive atmosphere during some days by handing out hot chocolate in the city centre as a way of fundraising for non-for-profit projects of the Icelandic Red Cross and of the Salvation Army.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply as they can help to create a nice and friendly atmosphere.

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

ACCOMMODATION SEEDS participants will stay in a house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The population of Iceland's capital is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is often called "the nightlife capital of the north". There is more than pubs and clubs, the city also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

In December you can see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180 (Euros). Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Tours and excursions (Golden Circle, Blue Lagoon or South Shore) can be arranged at discount fares. Weather in Iceland is unpredictable and in the winter it can be cold or rainy. Bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



SEEDS 141. Christmas Photo Marathon in Reykjavík

17.12 - 26.12

CULT / ARTS / FEST

12 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will take part in photography sessions and workshops and may help with fundraising for the Red Cross and the Salvation Army.

This is the seventh year that SEEDS organizes series of International Photo marathons! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and flexible time schedule (early morning photo sessions, night photographing).

Apart from working on the photo marathon, volunteers may join the festive atmosphere during some days by handing out hot chocolate in the city centre as a way of fundraising for non-for-profit projects of the Icelandic Red Cross and of the Salvation Army.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they can help to create a nice and friendly atmosphere.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of Reykjavík, which are located about 4 Kilometres from the centre.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning.

Do not forget some traditional food from your country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

Reykjavík is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In December you can see the Northern lights (Aurora Borealis) in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and in the winter it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



SEEDS 142. Environmental Christmas in Reykjavík

18.12 - 26.12

ENVI / EDU / FEST

8 Volunteers

Age: 18+

WORK/PROJECT: Participants in this SEEDS project will have the opportunity to share and learn on Environmental issues while at the same time may assist in fundraising for the Red Cross and the Salvation Army.

Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about.

We will start with the state of environment in general; then we will make an overview of the environment in Iceland - issues that regular visitors may not get to know or learn by travelling around Iceland (like the ecological footprint and energy use).

We will then have workshops about human needs - difference between 'wanting' and 'needing' something for a 'happy complete' life. During these days debates about consumerism, recycling, society and empowering will come up. Some days we will have workshops on global issues, and we will have documentary nights where we discuss the issues close to our heart among friends...

Some of our study visits may include one of the garbage collection/recycling centres of SORPA in Reykjavik or to the geothermal power plant!

Apart from the environmental study part of the camp, participants may join the festive atmosphere during some days by handing out hot chocolate in the city centre as a way of fundraising for non-for-profit projects of the Icelandic Red Cross and of the Salvation Army.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply as they can help to create a nice and friendly atmosphere.

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

ACCOMMODATION: SEEDS participants will stay in a house in down town Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The population of Iceland's capital is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is often called "the nightlife capital of the north". There is more than pubs and clubs, the city also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

In December you can see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South Shore) can be arranged at discount fares. Weather in Iceland is unpredictable and in the winter it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



SEEDS 143. New year's Photo Marathon in Reykjavík

29.12 - 09.01

CULT / ARTS / FEST

14 Volunteers

Age: 18+

WORK/PROJECT: This is the seventh year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to help create a nice and friendly atmosphere.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of Reykjavík, which are located about 4 Kilometres from the centre.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning.

Do not forget some traditional food from your country for the international evening.

LOCATION: The population of Iceland's capital Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In December & January you can see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and in the winter it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.

SEEDS 144. Environmental New year's in Reykjavík

30.12 - 08.01

ENVI / EDU / FEST

8 Volunteers

Age: 18+

WORK/PROJECT: Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about.

We will start with the state of environment in general; then we will make an overview of the environment in Iceland - issues that regular visitors may not get to know or learn by travelling around Iceland (like the ecological footprint and energy use).

We will then have workshops about human needs - difference between 'wanting' and 'needing' something for a 'happy complete' life. During these days debates about consumerism, recycling, society and empowering will come up. Some days we will have workshops on global issues, and we will have documentary nights where we discuss the issues close to our heart among friends...

Our participants usually also learn how to make things independently in a simple and easy way, for instance seed-bombs to grow trees, cheese, humus and bread.

Some of our study visits may include one of the garbage collection/recycling centres of SORPA in Reykjavik or to the geothermal power plant!

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

ACCOMMODATION: SEEDS participants will stay in a house in down town Reykjavík. The facilities are basic with only one shower and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In December & January you can see the Northern lights (Aurora Borealis) in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.

