



SEEDS - Sjálfbær umhverfis landið

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SEEDS offers an opportunity in Anora (Cordoba), Spain

Are you interested in travelling, meeting new people, getting to know different cultures and having fun? On behalf of the volunteer organisation **SEEDS**, a group of 5 Icelanders aged between 18 and 30 will participate in the exciting Youth exchange “Reco-Operando” in Anora, (Cordoba) Spain.

Would you like to join the group?

When: June 30th to July 8th, 2014

Deadline for application: June 22nd, 2014.

Theme/aim of the project:

Involve young people to actively participate in the construction of Europe, thereby responding to the needs expressed by our youth group. Carrying signs of our culture and the essence of our identity to others, learn to value the traditions and culture of other countries. The main theme in this project is that the departments of culture, environment, education and sport are working jointly.

Some of the specific objectives of the project are:

- Expand our training and acquire a range of knowledge within the field of non-formal education.
- Foster mutual understanding between young people from different countries, develop solidarity and promote tolerance among young people, in particular in order to foster social cohesion in the European Union and other countries.
- Encourage self-learning and teamwork.
- Improving communication skills of young people, encouraging their formation and subsequent entry into the labour market.
- Encourage the use of new technologies, imagination and creativity as essential resources for future entrepreneurs.
- To publicise the new program ERASMUS + and all the opportunities it offers.

Programme:

- Several workshops to pass on the traditions and lifestyle of the respective countries, both in the past and today, referring to, for example, a day in the life of any member of a family, work, personal relationships, the main festival of the region, a wedding day, a vacation day.
- Produce a video
- Spending a few hours with some families from here "Family fun day"
- Recovery of sayings and folktales of our people interviewing seniors who participants meet on the street.
- Development of comics with a traditional story of each country.
- Rehearse traditional dances and folk songs to represent them in a small exhibition.
- Training of traditional games and participating in the Olympics.
- Prepare the photo exhibition with pictures of each country and exchange days to be displayed during the Olympics to show the results of the exchange.

The language of the youth exchange will be English.

Participating countries: Estonia, Iceland, Italy, Spain and Turkey.

Number and age of participants: 4 young + 1 leader from each country, aged 18 -30 years old



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Profile of the participants:

- Able to work in English
- Willing to share the gained knowledge with the members of his/her organization once he/she gets back
- Able to attend the entire duration of the course

Costs/expenses:

SEEDS has been awarded a grant for the project from the Youth in Action programme, which will cover costs of board, lodging and 70% of the travel costs.

70% of the travel costs for the Youth Exchange will be refunded to the participants up to an amount of €400 (Euros) per participant.

The accommodation and food is provided by the hosting organisation during the project.

Applicants selected to join the project need to pay an administrative and registration-fee of 20.000 kr. to **SEEDS**. If you apply and are not selected, you do not need to pay anything!

This fee will not be refunded and can also not be reimbursed in case you have to cancel your trip.

You will find the application form under this link: <http://www.seeds.is/files/SEEDS-umsoknarform.doc>

Please fill it out in English and submit it before the 22.06.2014 (June 22nd, 2014).

For further information please contact Aniko at outgoing@seeds.is or at 7713312.