

**SEEDS** Iceland was founded in 2005 as a non-governmental, non-profit volunteer organisation with international scope. Our main activities relate to the promotion of environmental protection and awareness, intercultural understanding and peace, through the work on social, cultural and environmental projects in Iceland.

We aim to empower, inform and expand the horizons of people of all ages, cultures, and backgrounds, to inform them about the world in which we live and to take an active role in its future development.

SEEDS provides opportunities to live, learn, understand and experience, while sharing and cooperating with others from different cultures and backgrounds.

#### **SEEDS Projects & Activities**

SEEDS works closely with local communities, local authorities and other Icelandic associations. Jointly we develop projects aimed at fulfilling an identified need or to help in the development of particular actions that are already being undertaken. Projects are designed to be mutually beneficial to all involved: the individual volunteers, the local hosting communities and Iceland as a whole!

By having a diverse array of projects and bringing together people from different backgrounds, creating more opportunities; we try to fulfil our vision and build on our founding ideas.

Activities developed by SEEDS include:

- Voluntary Service
- International workcamps & Exchanges
- Internships and lifelong learning programmes.
- Awareness raising initiatives and campaigns
- Seminars & training sessions
- Cultural, arts and education exhibitions.



Our projects in Iceland are funded and supported by:

- Contributions from participants and volunteers in the projects
- Youth in Action and Lifelong learning Programmes of the European Commission.
- Engagement of our long-term volunteers and interns.
- Additional non-financial contributions in kind from the local hosts of the projects.

We are members of the Icelandic National Youth Council (LÆF), the Icelandic Environment Association (LANDVERND), the Senior European Volunteers Exchange Network (SEVEN) and work actively as partner organisation of the Alliance of European Voluntary Service Organisations (The Alliance), Service Civil International (SCI) and Youth Action for Peace (YAP).

During 2014 we organised 140 different projects located in every corner of Iceland; we hosted more than 1000 International volunteers from 55 different countries, who performed about 88.000 hours of valuable volunteer work! In this time we increased our work with various environmental protection and conservation projects and we also raised the number of projects related to arts, cultural activities, festivals and sports events.

Volunteers performed different types of tasks, for instance ecological research, removing invasive growth, building hiking trails, cleaning up the coastline, reforestation and erosion control work as well as construction or renovation of heritage monuments or community centres. In the cultural/festival/sport events related jobs, SEEDS came into action helping in their organisation and also taking part actively in the events.

We bring together volunteers and hosts from different nationalities and backgrounds, aiming at building up international understanding and encouraging peace, while working for an identified need within a community.



Many of our participants want to visit Iceland and get to know the country from a different perspective, being able to interact with locals and at the same time dedicating some of their time to support particular projects and addressing specific needs of the hosts.

The rewards for the volunteers, communities and ecosystems are massive, while interacting with Icelanders, volunteers learn about the local culture and have the opportunity to build friendships; additionally, they develop new skills working in challenging and unfamiliar surroundings.



## SEEDS Iceland - Workcamps' list for 2015.

For easy browsing and navigation, you can click on the hyperlinks on each project name/location in the table to go directly to the workcamps' description. To return to this table, you can click on each description's title.

#### \* Camp types or themes:

AGRI (Agriculture) ARTS (Cultural, arts) CONS (Construction) CULT (Cultural) ENVI (Environment - Nature) FEST (Festival) HERI (Heritage) LANG (Language learning) RENO (Renovation, construction, restoration) SPORTS (Sports events and healthy lifestyle)



Code	Name / Location	Dates	Type*	Vols.	Age	Area
SEEDS 001.	Winter Photo Marathon in Reykjavík (1:2)	12.01 - 22.01	ARTS / CULT	12	18+	1
SEEDS 002.	Environmentally aware: in Reykjavík	13.01 - 21.01	ENVI / SUST / EDU	8	18+	1
SEEDS 003.	Winter Photo Marathon in Reykjavík (2:2)	26.01 - 05.02	ARTS / CULT	12	18+	1
SEEDS 004.	Environmentally aware: in Reykjavík	27.01 - 04.02	ENVI / SUST / EDU	8	18+	1
SEEDS 005.	Photo Marathon in Reykjavík	09.02 - 19.02	ARTS / CULT	12	18+	1
SEEDS 006.	Environmentally aware: in Reykjavík	10.02 - 18.02	ENVI / SUST / EDU	8	18+	1
SEEDS 007.	Photo Marathon in Reykjavík	23.02 - 05.03	ARTS / CULT	12	18+	1
SEEDS 008.	Environmentally aware: in Reykjavík	24.02 - 04.03	ENVI / SUST / EDU	8	18+	1
SEEDS 010.	Reykjavík: Design March (1:2)	06.03 - 18.03	ART/CULT/FEST	8	18+	1
SEEDS 011.	Reykjavík: Design March (2:2)	07.03 - 19.03	ART/CULT/FEST	6	18+	1
SEEDS 009.	Photo Marathon in Reykjavík	09.03 - 19.03	ARTS / CULT	12	18+	1
SEEDS 012.	Easter Photo Marathon in Reykjavík	30.03 - 09.04	ARTS / CULT	12	18+	1
SEEDS 013.	Easter Environmentally aware: in Reykjavík	31.03 - 08.04	ENVI / SUST / EDU	8	18+	1
SEEDS 021.	Mýrdalshreppur - South shore	01.04 - 15.04	AGRI/RENO /CONS	5	18+	2
SEEDS 016.	Photo Marathon in Reykjavík	13.04 - 23.04	ARTS / CULT	12	18+	1
SEEDS 017.	Environmentally aware: in Reykjavík	14.04 - 22.04	ENVI / SUST / EDU	8	18+	1
SEEDS 029.	Mýrdalshreppur - South shore	15.04 - 29.04	AGRI/RENO /CONS	5	18+	2
SEEDS 040.	Volunteering at the feet of Eyjafjallajökull	17.04 - 01.05	ENVI/RENO/CONS	6	18+	2
SEEDS 018.	Botanic Garden in Reykjavík (1:10)	26.04 - 09.05	ENVI / NATU	7	20+	1
SEEDS 019.	Photo Marathon in Reykjavík	27.04 - 07.05	ARTS / CULT	8	18+	1
SEEDS 031.	Mýrdalshreppur - South shore	29.04 - 13.05	AGRI/RENO /CONS	5	18+	2
SEEDS 066.	Spring in Eyjafjörður - The longest fjord	03.05 - 12.05.	CONS / ENVI	8	18+	4
SEEDS 020.	Growing Gardens in Reykjavík (1:4)	04.05 - 16.05	ENVI / NATU	7	20+	1
SEEDS 022.	Fun, farm & Animals in the South (1:2)	08.05 - 22.05	CONS/RENO/ENVI	6	18+	2
SEEDS 023.	Botanic Garden in Reykjavík (2:10)	10.05 - 23.05	ENVI / NATU	7	20+	1
SEEDS 024.	Photo Marathon in Reykjavík	11.05 - 21.05	ARTS / CULT	8	18+	1
SEEDS 054.	Volunteering at the feet of Eyjafjallajökull	13.05 - 26.05	AGRI / CONS	6	18+	2
SEEDS 025.	Pathway to the Volcano	17.05 - 30.05	CONS / ENVI	12	18+	2
SEEDS 026	Forest & Paths in Skagafjörður	18.05 - 01.06	AGRI/ENVI/CONS	7	18+	4
SEEDS 027.	Djúpavík - Where the northern road ends!	18.05 - 29.05	CONS/ENVI/RENO	8	18+	3
SEEDS 046.	Island of Viðey (1:2)	18.05 - 28.05	ENVI / AGRI	7	18+	1
SEEDS 028.	Saga Fest: Inspiration through music and art	19.05 -27.05	FEST / CONS	16	18+	2
SEEDS 033.	Mýrdalshreppur - South shore	20.05 - 03.06	AGRI/RENO /CONS	5	18+	2
SEEDS 030.	Outdoors work in the far East	22.05 - 05.06	CONS / ENVI	8	18+	6
SEEDS 032.	Botanic Garden in Reykjavík (3:10)	24.05 - 06.06	ENVI / NATU	7	20+	1
SEEDS 034.	Photo Marathon in Reykjavík	25.05 - 04.06	ARTS / CULT	8	18+	1
SEEDS 035.	Sandfell – Fljótsdalshérað	25.05 - 08.06	CONS / ENVI	8	18+	6
SEEDS 045.	Volunteering at the feet of Eyjafjallajökull	26.05 - 09.06	ENVI/RENO/CONS	6	18+	2



www.seeds.is seeds@seeds.is Phones: +354-7713300

SEEDS 058.	Forestry in the Westfjords	27.05 - 05.06	CONS/RENO/ENVI	9	18+	3
SEEDS 030.	Midnight Sun in West Fjords	28.05 - 11.06	CONS / ENVI	6	18+	3
SEEDS 036.	Eyrarbakki in the South Coast (1:2)	31.05 -14.06	CONS / ENVI	9	18+	2
SEEDS 038.	Meet us - don't eat us (1:6)	01.06 - 13.06	ENVI / ARTS	10	18+	1
SEEDS 039.	Biarnarfjörður in the West fjords	01.06 - 15.06	AGRI / ENVI	8	18+	3
SEEDS 050.	Hiking trails near Katla volcano	01.06 - 12.06	ENVI / AGRI	10	18+	2
SEEDS 030.	Tálknafjörður in the West fjords (1.4)	03.06 - 17.06	CONS / ENVI	8	18+	3
SEEDS 047.	Archaeology in the East	04.06 - 18.06	ENVI/CONS/NATU	8	18+	6
SEEDS 047.	The Highlands North of Vatnajökull glacier	05.06 - 19.06	CONS/RENO / ENVI	8	18+	5
SEEDS 041.	The Highlands of Iceland - The Famous Kjölur Road (1:2)	07.06 - 21.06	CONS / RENO	10	18+	5
SEEDS 042.	Botanic Garden in Reykjavík (4:10)	07.06 - 20.06	ENVI / NATU	7	20+	1
SEEDS 043.	Photo Marathon in Reykjavík	08.06 - 18.06	ARTS / CULT	8	18+	1
SEEDS 044.	Revegetation in the south of Iceland (1:2)	11.06 - 25.06	ENVI	19	18+	1
SEEDS 040.	Geothermal experience in the South (1:2)	15.06 - 26.06	ENVI / CONS	8	18+	2
SEEDS 051.	Meet us - don't eat us (2:6)	15.06 - 27.06	ENVI / ARTS	10	18+	1
SEEDS 051.	Archaeology in the East	17.06 - 01.07	ENVI/CONS/NATU	8	18+	6
SEEDS 071.	Tálknafjörður in the West fjords (2:4)	17.06 - 01.07	CONS / ENVI	8	18+	3
SEEDS 053.	The Small Town Games in the North West	18.06 - 01.07	FEST / CULT / ENVI	10	18+	4
SEEDS 064.	Patreksfjörður - Unique West fjords (1:3)	19.06 - 03.07	CONS / ENVI	6	18+	3
SEEDS 055.	Hitting the slopes – Blue mountains (1:2)	21.06 - 29.06	CONS/ENVI / RENO	8	18+	1
SEEDS 055.	Botanic Garden in Reykjavík (5:10)	21.06 - 04.07	ENVI / NATU	7	20+	1
SEEDS 057.	Photo Marathon in Reykjavík	22.06 - 02.07	ARTS / CULT	8	16+	1
SEEDS 059.	Revegetation in the south of Iceland (2:2)	25.06 - 09.07	ENVI	13	18+	1
SEEDS 060.	Geothermal experience in the South (2:2)	29.06 - 10.07	ENVI / CONS	8	18+	2
SEEDS 061.	Meet us - don't eat us (3:6)	29.06 - 11.07	ENVI / ARTS	10	18+	1
SEEDS 015.	Outdoor work on the South Shore (1:3)	30.06 - 15.07	AGRI / RENO	8	18+	2
SEEDS 062.	Between glaciers & lava!	30.06 - 10.07	CONS/ENVI / RENO	8	18+	2
SEEDS 063.	Hitting the slopes – Blue mountains (2:2)	21.06 - 29.06	CONS/ENVI / RENO	8	18+	1
SEEDS 073.	Tálknafjörður in the West fjords (3:4)	01.07 - 15.07	CONS / ENVI	8	18+	3
SEEDS 075.	Family Farm under the Glacier	01.07 - 15.07	AGRI/RENO/CONS	5	18+	2
SEEDS 065.	Patreksfjörður - Unique West fjords (2:3)	03.07 - 17.07	CONS / ENVI	6	18+	3
SEEDS 067.	Botanic Garden in Reykjavík (6:10)	05.07 - 18.07	ENVI / NATU	7	50+	1
SEEDS 082.	Collecting herbs in the South - Vík (1:2)	05.07 - 18.07	AGRI / ENVI	12	20+	2
SEEDS 068.	Photo Marathon in Reykjavík	06.07 - 16.07	ARTS / CULT	8	30+	1
SEEDS 069.	Trails & Hot waterfall in the East	08.07 - 22.07	ENVI/ NATU / CONS	8	18+	6
SEEDS 096.	Turf house renovation in the South	10.07 – 23.07	RENO/HERI	8	18+	2
SEEDS 102.	To the center of the earth - Snæfellsjökull	12.07 – 25.07	ENVI / CONS	8	18+	2
SEEDS 072.	Meet us - don't eat us (4:6)	13.07 - 25.07	ENVI / ARTS	10	18+	1
SEEDS 093.	History & Culture Festival in the West fjords	14.07 - 27.07	ENVI / FEST / CONS	8	18+	3
SEEDS 074.	Tálknafjörður in the West fjords (4:4)	15.07 - 29.07	CONS / ENVI	8	18+	3
SEEDS 078.	Family Farm under the Glacier	15.07 – 29.07	AGRI/RENO/CONS	8	18+	2
SEEDS 090.	Outdoor work on the South Shore (2:3)	15.07 – 30.07	AGRI / RENO	8	18+	2
SEEDS 076.	Rey Cup - Football Festival for kids	16.07 - 29.07	FEST / SPORT	12	18+	1
SEEDS 095.	Local festival in the East fjords	17.07 - 29.07	FEST / HERI	10	20+	6
SEEDS 077.	Patreksfjörður - Unique West fjords (3:3)	17.07 - 31.07	CONS / ENVI	6	18+	3
SEEDS 089.	Collecting herbs in the South - Vík (2:2)	18.07 – 31.07	AGRI / ENVI	12	20+	2
SEEDS 079.	Botanic Garden in Reykjavík (7:10)	19.07 - 01.08	ENVI / NATU	7	20+	1
SEEDS 080.	Growing Gardens in Reykjavík (2:4)	20.07 - 01.08	ENVI / NATU	7	20+	1
SEEDS 092.	Planting on a family farm in West Iceland	26.07 - 04.08	AGRI / ENVI	8	18+	3
SEEDS 081.	Photo Marathon in Reykjavík	20.07 - 30.07	ARTS / CULT	8	16 - 20	
SEEDS 084.	Meet us - don't eat us (5:6)	27.07 - 08.08	ENVI / ARTS	10	18+	1
SEEDS 110.	French Cemetery in the West Fjords	30.07 - 11.08	AGRI / ENVI	7	18+	3
SEEDS 083.	Family Farm under the Glacier	29.07 - 12.08	AGRI/RENO/CONS	8	18+	2
SEEDS 091.	Outdoor work on the South Shore (3:3)	30.07 - 13.08	AGRI / RENO	8	18+	2
SEEDS 085.	Eyrarbakki - Stepping back in time	31.07 - 14.08	CULT / FEST	9	20+	2
SEEDS 086. SEEDS 087.	Photo Marathon & Gay Pride Botanic Garden in Reykjavík (8:10)	03.08 - 13.08 03.08 - 15.08	ARTS / CULT / FEST ENVI / NATU	7	20+ 30+	1
SEEDS 087. SEEDS 088.	Growing Gardens in Reykjavík (8:10)	03.08 - 15.08	ENVI / NATU ENVI / NATU	7	20+	1
SEEDS 111.	Festival of Sacred Arts in Reykjavík	10.08 - 24.08	CULT / FEST	10	18+	1
JLEDS III.	TESTIVULUL SUCIEU ALIS ILI KEYKJUVIK	10.00 - 24.00	CULI / FESI	10	107	1



SEEDS 094.	Meet us - don't eat us (6:6)	10.08 - 22.08	ENVI / ARTS	10	18+	1
SEEDS 113.	Nature reserve below the Arctic Circle	15.08 - 22.08	CULT/FEST	10	18+	3
SEEDS 113. SEEDS 098.	Growing Gardens in Reykjavík (4:4)	17.08 - 29.08	ENVI / NATU	7	30+	1
SEEDS 099.	Photo Marathon in Reykjavík & Cultural night	17.08 - 27.08	ARTS / CULT / FEST	8	18+	1
SEEDS 100.	Power Food in the East of Iceland	18.08 - 01.09	NATU / ENVI	8	18+	6
SEEDS 100.	Family Farm under the Glacier	19.08 - 02.09	AGRI/RENO/CONS	5	18+	2
SEEDS 101.	Skriðuklaustur - Making history	19.08 - 02.09	CONS/AGRI/NATU	8	18+	6
SEEDS 104.	Working & Fun in the South	20.08 - 03.09	CONS/RENO/ENVI	8	18+	2
SEEDS 104.	Botanic Garden in Reykjavík (9:10)	23.08 - 05.09	ENVI / NATU	7	20+	1
SEEDS 108.	Organic Farming in Iceland (1:2)	23.08 - 06.09	AGRI / ENVI	6	18+	6
SEEDS 107.	Lava and beaches in Reykjanes	24.08 - 31.08	ENVI	7	18+	2
SEEDS 105.		24.08 - 31.08	CONS / ENVI	6	18+	2
SEEDS 103.	Building Playground with Elves	25.08 - 04.09		0 8	18+	4
SEEDS 108.	Skagafjörður in the North of Iceland (1:2)	26.08 - 09.09	AGRI / CONS CONS / RENO	0 10	18+	4
	The Highlands of Iceland - The Famous Kjölur Road (2:2)			10	18+	2
SEEDS 139. SEEDS 112.	Work and festival in Reykjanes	31.08 - 14.09	ENVI / FEST	8	18+	6
	Power Food in the East of Iceland	31.08 - 14.09	NATU / ENVI	-	-	
SEEDS 115.	Organic Farming in Iceland (2:2)	05.09 - 19.09	AGRI / ENVI	6 7	18+	6
SEEDS 116.	Botanic Garden in Reykjavík (10:10)	06.09 - 19.09			20+	
SEEDS 140.	Waterfalls and glaciers in the West of Iceland	06.09 - 19.09	ENVI / CONS	5 8	18+	3
SEEDS 117.	Photo Marathon in Reykjavík	07.09 - 17.09	ARTS / CULT		16+	
SEEDS 121.	Skagafjörður in the North of Iceland (2:2)	08.09 - 22.09	AGRI / CONS	8 5	18+	4
SEEDS 119.	Mýrdalshreppur - South shore	09.09 - 23.09	AGRI/RENO /CONS		18+	
SEEDS 114.	Forestry in the East of Iceland	13.09 - 26.09	NATU / ENVI	8	18+	6
SEEDS 118.	Fun, farm & Animals in the South (2:2)	13.09 - 27.09	CONS/RENO/ENVI	6	18+	2
SEEDS 120.	Island of Viðey (2:2)	14.09 - 24.09	ENVI / AGRI /CONS	7	18+	1
SEEDS 138.	Power Food in the East of Iceland	18.09 - 02.10	ENVI / NATU	8	18+	6
SEEDS 122.	Photo Marathon in Reykjavík	21.09 - 01.10	ARTS / CULT	12	18+	1
SEEDS 123.	Environmentally aware: in Reykjavík	22.09 - 30.09	ENVI / SUST / EDU	8	18+	
SEEDS 124.	Mýrdalshreppur - South shore	23.09 - 07.10	AGRI/RENO /CONS	5	18+	2
SEEDS 126.	Photo Marathon in Reykjavík	05.10 - 15.10	ARTS / CULT	12	18+	1
SEEDS 127.	Environmentally aware: in Reykjavík	06.10 - 14.10	ENVI / SUST / EDU	8	18+	1
SEEDS 125.	Mýrdalshreppur - South shore	07.10 - 21.10	AGRI/RENO /CONS	5	18+	2
SEEDS 128.	Environmentally aware: in Reykjavík	22.10 - 30.10	ENVI / SUST / EDU	8	18+	1
SEEDS 129.	Photo Marathon in Reykjavík	22.10 - 31.10	ARTS / CULT	12	18+	1
SEEDS 130.	Environmentally aware: in Reykjavík	12.11 - 20.11	ENVI / SUST / EDU	8	18+	1
SEEDS 131.	Photo Marathon in Reykjavík	12.11 - 21.11	ARTS / CULT	12	18+	1
SEEDS 132.	Advent Environmentally aware in Reykjavik	27.11 - 06.12	ENVI / SUST / EDU	8	18+	1
SEEDS 133.	Advent Photo Marathon in Reykjavík	27.11 - 07.12	ARTS / CULT	12	18+	1
SEEDS 134.	Christmas Environmentally aware in Reykjavik	11.12 - 20.12	ENVI / SUST / EDU	8	18+	1
SEEDS 135.	Christmas Photo Marathon in Reykjavík	11.12 - 21.12	ARTS / CULT	12	18+	1
SEEDS 136.	New Year's Environmentally aware in Reykjavik	29.12 - 06.01	ENVI / SUST / EDU	8	18+	1
SEEDS 137.	New Year's Photo Marathon in Reykjavík	29.12 - 07.01	ARTS / CULT	12	18+	1

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#### Practical information about our projects:

#### 1. Participation Fees.

Participation/Contribution fees are asked to take part in our workcamps, which helps to support the ongoing work of SEEDS. Please note that your entire fee **might not necessarily** go towards your particular workcamp, the fees collected by SEEDS are mainly used to:

- Bear the administrative expenditures of the association: Salaries, rent, office bills (energy, phone, electricity, insurance, heating), personnel, external representation, mail, website, postage, equipments, supplies, banking costs, legal formalities, etc.
- Provision of financial support and resources to aid develop of some of our other activities (eg. to pay food and/or accommodation in some of the projects, where the hosts do not provide it, co-funding for our long-term voluntary service projects and the development of particular sessions during the camps).
- Cover other costs associated with your workcamp/transportation, e.g. food/accommodation costs, rental/fuel costs, administrative costs and also supporting costs of the long term volunteers and project coordinators.

Most European organisations similar to SEEDS raise funds by sending volunteers abroad, charging outgoing volunteers a registration fee; while we in Iceland face a particular double-folded challenge as voluntary service is not very attractive to Icelanders, additional to the fact that the Icelandic population is quite reduced. Therefore the amount of volunteers sent by SEEDS overseas does not represent a considerable income to run our association.

Furthermore, SEEDS does not receive any governmental funding or financial support from our local, regional or national government. In the meantime SEEDS is taking actions in order to send more Icelanders overseas and to raise funds in different ways to expand our sources of income.

Thanks to the fees contributed by our participants we are able to run the association and to offer the programme of projects all year round. The amount of the fees will be stated in each camp's description.

SEEDS is a non-profit organisation, and all funds go back into improving the quality and service we provide to our volunteers and hosts, expanding the range of SEEDS projects and carrying out projects in areas where funds are not available or to provide food and accommodation to the volunteers.

#### 2. Insurance.

Volunteers need to obtain health and accident insurance for the whole duration of their travel, prior to the arrival to Iceland and bring with them all needed documents, contact numbers, etc.

European volunteers are advised to take with them the European Health Insurance Card (EHIC).

Iceland is part of the European Economic Area (EEA) so volunteers residing in a member country of the EU or of the EEA and Switzerland benefit here from the use of EHIC, having access to the Icelandic Health system as in any European country in the same conditions as Icelandic citizens and will be treated on the same basis as a resident of Iceland.



Volunteers residing outside the (EEA) must seek private medical/travel insurance for the duration of the stay. It is strongly advised that this is obtained before leaving the country of residence, as the cost of insuring in Iceland will be much higher.

Volunteers without insurance will not be allowed to participate in our projects.

## 3. Transport to Iceland.

We suggest our volunteers to research travel with different airlines/alternatives as fares for different companies may vary significantly according to the dates of travel. There are 3 main airlines flying to Keflavík (Reykjavík) International Airport:

- 1 Iceland Air: www.icelandair.net
- 2. WOW Airlines www.wowair.is
- 3. Scandinavian Airlines(SAS): www.scandinavian.net www.flysas.com www.flysas.is

To check the **map routes** and destinations for **Icelandexpress** and **Icelandair** please click to:

WowAir route map or Icelandair route map

Scandinavian Airlines (SAS) might be a good option for volunteers coming from Northern Europe and the Baltic countries (direct flights from Oslo and Stockholm).

Apart from these 3 airlines, there will be few others flying to Iceland during the summer 2013:

- a. Lufthansa : www.lufthansa.com
- b. Germanwings: www.germanwings.com
- c. Air Berlin: www.airberlin.com
- d. Air Greenland: www.airgreenland.com
- e. Transavia France: www.transavia.com
- f. Delta Airlines: www.delta.com
- g. Norwegian: <u>www.norwegian.no</u>
- h. EasyJet: www.easyjet.com
- i. NIKI: www.flyniki.com
- i. Edelweiss Air: http://www.edelweissair.ch
- k. Thomas Cook Airlines: http://www.thomascook.com

Volunteers might find good deals and help with connecting flights and general trip planning at:

www.skyscanner.net	www.dohop.com	www.edreams.com
www.ebookers.com	www.opodo.com	<u>www.kayak.com</u>

Last, if volunteers have plenty of time to spare, the **Smyril Line** operates a ferry service to the east of Iceland. This is a four to seven day sea adventure for travellers and stops off at the Faroe Isles on the way! (www.smyril-line.com)

## 4. Arrival and Departure dates.

Volunteers participating in our projects taking place out of Reykjavík should arrive to Iceland the latest one day before the workcamp starts, as travel to the project, if arranged by SEEDS (see point 5 below), will leave Reykjavík on the first day of the camp in the morning.

If volunteers choose to go by different means, they might need more than one day to reach the destination by public transportation services. In the same way, volunteers shall not book their return SEEDS Iceland www.seeds.is seeds@seeds.is



journey the day the camp ends, the earliest one day after the camp finishes. In this way volunteers ensure they will be able to join the camp for its full length.

# Participants in our camps in Reykjavík do not need to arrive one day earlier to Iceland as they can reach the accommodation the same day of arrival.

From former volunteers' feedback you should consider staying longer in Iceland; before or/and after the project. Volunteers may group together and decide to travel the country and visit different areas to those of the project itself.

## 5. Domestic transport - Minibus.

SEEDS organises shared transport from Reykjavík city to the projects sites for all of the workcamps outside the city. The meeting point will be in Reykjavík on the first day of the camp, in the morning.

The "minibus option" is offered by SEEDS to volunteers in order to provide them a more convenient way to reach the camp, to allow them to meet their fellow volunteers and leaders earlier, and to have a relaxed trip to the camp location, with the opportunity to visit particular sites on the way and stop where possible (e.g. to take pictures or take a short walk).

We try to research all possible transportation to the projects and then offer a fair price for transportation compared with the public transport options available. We recommend that you take the minibus, but please feel free to investigate your own transport.

## 6. Accommodation in Reykjavík.

Volunteers do not need to book any accommodation for the period of the camp, as SEEDS provides accommodation and food during the project, but you will need accommodation on the days before or/and after the workcamp.

As mentioned in point 4, in order to be able to join the projects on time and fully, volunteers should arrive to Iceland the latest one day prior to the starting date of the camp and leave the country the earliest one day after the camp ends.

SEEDS can organise sleeping bag accommodation in Reykjavík for stays before or after the workcamp; it is a shared sleeping bag accommodation in dorms in a centrally located house in downtown Reykjavík. The house is equipped and volunteers have access to kitchen and washing machine facilities.

The cost per night is:

- From October 1 to April 30 - € 10,-

- From May 1 to September 30 - € 15,-

### 7. Language.

Icelandic knowledge is not needed in our projects. English is the language used by our leaders and messengers. Therefore, basic knowledge is expected from participants, even though it is not a requirement to fulfil.

### 8. Age.

We usually host volunteers aged 18 or over, nevertheless in recent years we hosted few teenagers in our projects with very positive results.



Volunteers under the age of 18 need to apply through a slightly different procedure, which involves parental/guardian authorisation. We do not have any upper age limit. So far our youngest volunteer was 15 and the oldest 70!

## 9. Conditions of Participation.

In order to be fully aware of volunteers' responsibilities during the workcamp, please read carefully the following:

- Volunteers are expected to be active members of the group and contribute to work, housekeeping and free time activities.
- Volunteers are expected to work seven to eight hours per day, five days per week, on a voluntary basis.
- Volunteers are expected to inform the camp-leader in case they want to spend the free time away from the workcamp. However, they should not spend the night away from the camp, nor host other people at the workcamp.
- SEEDS camp-leaders have been trained to run the workcamp; they are responsible for organising work, food, contacts with local authorities and many other things. Do not forget that they are volunteers as well, so try to cooperate with them at work and during free time activities. Camp-leaders are not fully responsible for organising volunteers' free time and they expect their ideas and contribution to do so.
- Smoking is not allowed in the accommodation areas. Use of alcohol should be moderate with consideration and only during free time.
- Volunteers are expected to stay for the whole duration of the workcamp. If you MUST leave early or arrive late, you should contact SEEDS in advance.
- Keep in mind that the use of any kind of drugs is strictly forbidden.
- Volunteers without insurance will not be allowed to participate in our projects.
- SEEDS does not accept any kind of discrimination in our workcamps and such cases will be strictly dealt with.

We would like to remind you, that SEEDS is **NOT** an alternative travel agency; our projects are not cheap holidays. Therefore we expect a high level of motivation from every volunteer, cooperation, flexibility and open-mindedness!

Our workcamps are based on self-organisation and self-management and this is also what makes them unique and enriching! Please do not expect the leader to organise everything for the group of volunteers, but be ready to contribute with your own ideas and personality.

### 10. Study part / Educational Content – Environmental Messengers.

Most of our workcamps have an educational/awareness-raising approach to environmental, natureprotection and sustainable development topics. We will have, apart from the leader(s), a person fully dedicated to organising and developing fun, interactive and educational activities within the workcamp.

This person is called the "Environmental Messenger" and will be in charge of activities aimed at raising awareness about environmental issues both within the local community and among the international volunteers taking part in the workcamps. S/he will be a source of knowledge on specific topics about the environment, nature protection and sustainable development. S/he will encourage workcamp participants to undertake simple but easy-to-implement actions which will affect the way we use our resources and we deal with the environment and the world we live in.



#### 11. Additional information.

For more details and up to date information please visit us at <u>www.seeds.is</u>

Or contact us via email at: volunteer@seeds.is Or at our phone number: +354-7713300

If you want to check some pictures from our projects in the last years, please visit: <u>http://seeds.is/galleries</u>

You can also follow SEEDS on facebook at https://www.facebook.com/seedsiceland and https://www.facebook.com/volunteer.workcamps.iceland





**SEEDS** Iceland Grettisgata 3a 101 Reykjavík - Iceland



www.seeds.is seeds@seeds.is Phones: +354-7713300

#### SEEDS 001. Winter Photo Marathon in Reykjavík (1:2) 12.01 - 22.01 ARTS / CULT 12 Volunteers Age: 18+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In January you can see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and in the winter it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



#### SEEDS 002. Environmentally aware: in Reykjavík 13.01 - 21.01 ENVI / SUST / EDU 8 Participants Age: 18+

**WORK/PROJECT:** Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about.

We will start with the state of environment in general; then we will make an overview of the environment in Iceland - issues that regular visitors may not get to know or learn by travelling around Iceland (like the ecological footprint and energy use).

We will then have workshops about human needs - difference between 'wanting' and 'needing' something for a 'happy complete' life. During these days debates about consumerism, recycling, society and empowering will come up. Some days we will have workshops on global issues, and we will have documentary nights where we discuss the issues close to our heart among friends...

Our participants usually also learn how to make things independently in a simple and easy way, for instance seed-bombs to grow trees, cheese, humus and bread.

Some of our study visits may include one of the garbage collection/recycling centres of SORPA in Reykjavik or to the geothermal power plant!

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION:** SEEDS participants will stay in a house in down town Reykjavík. The facilities are basic with only one shower and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavík is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In January you can see the Northern lights (Aurora Borealis) in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.



#### SEEDS 003. Winter Photo Marathon in Reykjavík (2:2) 26.01 - 05.02 ARTS / CULT 12 Volunteers Age: 18+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavík is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In January/February you can see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and in the winter it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



#### SEEDS 004. Environmentally aware: in Reykjavík 27.01 - 04.02 ENVI / SUST / EDU 8 Participants Age: 18+

**WORK/PROJECT:** Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about.

We will start with the state of environment in general; then we will make an overview of the environment in Iceland - issues that regular visitors may not get to know or learn by travelling around Iceland (like the ecological footprint and energy use).

We will then have workshops about human needs - difference between 'wanting' and 'needing' something for a 'happy complete' life. During these days debates about consumerism, recycling, society and empowering will come up. Some days we will have workshops on global issues, and we will have documentary nights where we discuss the issues close to our heart among friends...

Our participants usually also learn how to make things independently in a simple and easy way, for instance seed-bombs to grow trees, cheese, humus and bread.

Some of our study visits may include one of the garbage collection/recycling centres of SORPA in Reykjavik or to the geothermal power plant!

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION:** SEEDS participants will stay in a house in down town Reykjavík. The facilities are basic with only one shower and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In January and February you can see the Northern lights (Aurora Borealis) in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.



SEEDS 005. Photo Marathon in Reykjavík 09.02 - 19.02 ARTS / CULT 12 Volunteers Age: 18+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

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Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In February you can see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



#### SEEDS 006. Environmentally aware: in Reykjavík 10.02 - 18.02 ENVI / SUST / EDU 8 Participants Age: 18+

**WORK/PROJECT:** Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about.

We will start with the state of environment in general; then we will make an overview of the environment in Iceland - issues that regular visitors may not get to know or learn by travelling around Iceland (like the ecological footprint and energy use).

We will then have workshops about human needs - difference between 'wanting' and 'needing' something for a 'happy complete' life. During these days debates about consumerism, recycling, society and empowering will come up. Some days we will have workshops on global issues, and we will have documentary nights where we discuss the issues close to our heart among friends...

Our participants usually also learn how to make things independently in a simple and easy way, for instance seed-bombs to grow trees, cheese, humus and bread.

Some of our study visits may include one of the garbage collection/recycling centres of SORPA in Reykjavik or to the geothermal power plant!

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION:** SEEDS participants will stay in a house in down town Reykjavík. The facilities are basic with only one shower and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In February you can see the Northern lights (Aurora Borealis) in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.



SEEDS 007. Photo Marathon in Reykjavík 23.02 - 05.03 ARTS / CULT 12 Volunteers Age: 18+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In February/March you can see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



#### SEEDS 008. Environmentally aware: in Reykjavík 24.02 - 04.03 ENVI / SUST / EDU 8 Participants Age: 18+

**WORK/PROJECT:** Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about.

We will start with the state of environment in general; then we will make an overview of the environment in Iceland - issues that regular visitors may not get to know or learn by travelling around Iceland (like the ecological footprint and energy use).

We will then have workshops about human needs - difference between 'wanting' and 'needing' something for a 'happy complete' life. During these days debates about consumerism, recycling, society and empowering will come up. Some days we will have workshops on global issues, and we will have documentary nights where we discuss the issues close to our heart among friends...

Our participants usually also learn how to make things independently in a simple and easy way, for instance seed-bombs to grow trees, cheese, humus and bread.

Some of our study visits may include one of the garbage collection/recycling centres of SORPA in Reykjavik or to the geothermal power plant!

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION:** SEEDS participants will stay in a house in down town Reykjavík. The facilities are basic with only one shower and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In February and March you can see the Northern lights (Aurora Borealis) in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.



SEEDS 010. Reykjavík: Design March (1:2) 06.03 - 18.03 ARTS / CULT / FEST 8 Volunteers Age: 18+

**WORK / PROJECT:** If you are interested in festival production here is the perfect opportunity to get some experience in the field. This particular project will combine various tasks within Reykjavík city with different partners. This will ensure diverse daily tasks and a rich experience for SEEDS volunteers.

The main task of the project is to give support to DesignMarch 2015, which takes place on the weekend of March 12<sup>th</sup> - 15<sup>th</sup>. SEEDS volunteers will support the organisers and assist in various tasks related to the artistic events. This is the 6<sup>th</sup> year in a row that SEEDS supports the DesignMarch!

Possible tasks may include welcome honorary guests to the festival, pick up honorary guests to the festival, help with last minute event preparations and production, help with festival event openings upon need, help set up posters, help deliver brochures and materials, help with general office tasks and personal assistance to festival management.

As volunteers will have to communicate with the project managers, artists and guests, good conversational skills in English are required. **Driver's license is** also **essential** because some of the tasks that SEEDS volunteers will be performing will include driving a car.

DesignMarch is a four day feast for designers, artists, and anyone interested in design. The first six DesignMarch programmes in 2009-2014 were splendid with events reflecting a wide range of designs. For more information on the event follow the link, <u>http://www.designmarch.is</u>

**ACCOMMODATION:** SEEDS volunteers will stay in a house in Reykjavík. The facilities are basic with only one shower and bathroom and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION:** Reykjavík is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavík is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

March is the last month when you can see, with a piece of good luck, the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language of the camp. Good conversational skills are required.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers need to have good conversational skills in English and a driver's license.

Due to the important and public role of the volunteers as representatives of the festival, we remind that the team members should have at least one presentable outfit with them.

Our hosting partner will provide some free time activities. Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.



#### SEEDS 011. Reykjavík: Design March (2:2) 07.03 - 19.03 ARTS / CULT / FEST 6 Volunteers Age: 18+

**WORK / PROJECT:** For the second time SEEDS volunteers are given the opportunity to be a part of the group that feeds the international press with the latest news from DesignMarch 2015. This is the perfect opportunity to get some experience in the field of journalism.

This particular project will combine various tasks within Reykjavík city with different partners. This will ensure diverse daily tasks and a rich experience for SEEDS volunteers.

The main task of the project is to gather all the latest news and photographs from DesignMarch 2015 on a daily basis. You will work the evening to night shift so that all the latest information is ready for the international press early in the morning.

Reykjavík DesignMarch takes place on the weekend of March 12<sup>th</sup> - 15<sup>th</sup>. SEEDS volunteers will support the press and independent photographers covering all the artistic events related. As volunteers will have to communicate with the project managers, artists and guests, good conversational skills in English are required. **Driver's license is** also **essential** because some of the tasks that SEEDS volunteers will be performing will include driving a car, such as driving to gather all the photographs taken over the day time.

Volunteers in this project will use Instragram, Facebook and tweet about the events and parties related to the festival. If you have a smart phone or a camera it would be nice to bring it along. You are the press support, so we need volunteers with good general computer skills, such as in uploading photographs and texts and resize and edit images. We would also like volunteers who are interested in graphic design, journalism and arts.

**ACCOMMODATION:** SEEDS volunteers will stay in a house in Reykjavík. The facilities are basic with only one shower and bathroom and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION:** Reykjavík is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavík is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

March is the last month when you can see, with a piece of good luck, the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language of the camp. Good conversational skills are required.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers need to have good conversational skills in English and a driver's license. Volunteers have to bring their own laptop and camera. Previous knowledge of social media and handling images is essential.

Our hosting partner will provide some free time activities. Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.



#### SEEDS 009. Photo Marathon in Reykjavík 09.03 - 19.03 ARTS / CULT 12 Volunteers Age: 18+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

March is the last month when you can see, with a piece of good luck, the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



#### SEEDS 012. Easter Photo Marathon in Reykjavík 30.03 - 09.04 ARTS / CULT 12 Volunteers Age: 18+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



#### SEEDS 013. Easter Environmentally aware: in Reykjavík 31.03 - 08.04 ENVI / SUST / EDU 8 Participants Age: 18+

**WORK/PROJECT:** Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about.

We will start with the state of environment in general; then we will make an overview of the environment in Iceland - issues that regular visitors may not get to know or learn by travelling around Iceland (like the ecological footprint and energy use).

We will then have workshops about human needs - difference between 'wanting' and 'needing' something for a 'happy complete' life. During these days debates about consumerism, recycling, society and empowering will come up. Some days we will have workshops on global issues, and we will have documentary nights where we discuss the issues close to our heart among friends...

Our participants usually also learn how to make things independently in a simple and easy way, for instance seed-bombs to grow trees, cheese, humus and bread.

Some of our study visits may include one of the garbage collection/recycling centres of SORPA in Reykjavik or to the geothermal power plant!

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION:** SEEDS participants will stay in a house in down town Reykjavík. The facilities are basic with only one shower and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture.

It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.



#### SEEDS 021. Mýrdalshreppur - South shore 01.04 - 15.04 AGRI / RENO /CONS 5 Volunteers Age: 18+

**WORK/PROJECT:** This is the fourth year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, have cows and run a tourist accommodation.

The main tasks in this project will mainly be connected with the carrots cultivation; volunteers will be working in the fields, covering the garden beds with plastic wraps.

There will as well be some cleaning tasks awaiting SEEDS volunteers, for instance cleaning the garden beds and beautifying the area around.

Some work might as well be in the stalls, such as milking the cows or tending to them in general.

The weather conditions in Iceland are unpredictable, especially during winter and in early April the average temperature is just above zero. Be prepared to experience all kinds of weather and be sure of bringing warm clothing.

**ACCOMMODATION**: SEEDS volunteers will stay in a fully equipped flat, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland.

Our host will organise free time activities in the area, depending on the weather conditions.



SEEDS 016. Photo Marathon in Reykjavík 13.04 - 23.04 ARTS / CULT 12 Volunteers Age: 18+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a regular workcamp - but volunteers will likely work for 2 days with the city of Reykjavík in the cemeteries, helping with raking leaves, beautifying the gardens and working on the recycling system among other tasks.

**ACCOMMODATION:** SEEDS participants will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



#### SEEDS 017. Environmentally aware: in Reykjavík 14.04 - 22.04 ENVI / SUST / EDU 8 Participants Age: 18+

**WORK/PROJECT:** Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about.

We will start with the state of environment in general; then we will make an overview of the environment in Iceland - issues that regular visitors may not get to know or learn by travelling around Iceland (like the ecological footprint and energy use).

We will then have workshops about human needs - difference between 'wanting' and 'needing' something for a 'happy complete' life. During these days debates about consumerism, recycling, society and empowering will come up. Some days we will have workshops on global issues, and we will have documentary nights where we discuss the issues close to our heart among friends...

Our participants usually also learn how to make things independently in a simple and easy way, for instance seed-bombs to grow trees, cheese, humus and bread.

Some of our study visits may include one of the garbage collection/recycling centres of SORPA in Reykjavik or to the geothermal power plant!

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION:** SEEDS participants will stay in a house in down town Reykjavík. The facilities are basic with only one shower and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture.

It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.



#### SEEDS 029. Mýrdalshreppur - South shore 15.04 - 29.04 AGRI / RENO /CONS 5 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will have the unique opportunity in this camp to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our host cultivates carrots, has cows and runs a tourist accommodation.

The main tasks in this project will mainly be connected with the carrots cultivation; volunteers will be working in the fields, covering the garden beds with plastic wraps.

There will as well be some renovation and maintenance tasks awaiting SEEDS volunteers. If weather conditions allow, volunteers will do some painting preparation work outdoors. Some work might as well be in the stalls, such as milking the cows or tending to them in general.

The weather conditions in Iceland are unpredictable, especially during winter and in April the average temperature is just above zero. Be prepared to experience all kinds of weather and be sure of bringing warm clothing.

**ACCOMMODATION**: SEEDS volunteers will stay in a fully equipped flat, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland.

Our hosting partner will organise free time activities in the area, depending on the weather conditions.



#### SEEDS 040. Volunteering at the feet of Eyjafjallajökull 17.04 - 01.05 ENVI / RENO / CONS 6 Volunteers Age: 18+

**WORK/PROJECT:** For the fifth year, SEEDS volunteers will be working at this farm in the South of Iceland, at the feet of the famous Eyjafjallajökull, which last erupted in 2010. The tasks will mainly be focused on improving the environment and preparing the place for summer.

The working plan will be flexible and it will depend on the needs of our hosts as well as weather conditions. If the weather allows the work will mostly take place outdoors. We will assist in cleaning up the area, clearing old fences and replacing them. If the weather does not allow for outside work volunteers will do some maintenance work inside, cleaning out a storage and cleaning up old hey. Volunteers might help with preparations for the lambing season. The work is physical.

Volunteers will have a unique opportunity to live and work with an Icelandic family, participating in the diverse tasks of their daily lives. The farm is big, with sheep, cows and horses. The owners have their own production which volunteers will have the opportunity to learn about.

**ACCOMMODATION:** In this camp volunteers will be hosted in a partly renovated farmhouse, sleeping together in one big room on mattresses on the floor. Please bring your own sleeping bag. The house is a fully equipped home, with access to a kitchen, bathroom and washing machine.

Volunteers will share the different duties of cooking and cleaning. Please remember to bring some traditional or typical food from your home country for the international evening.

**LOCATION:** The work camp is located in a farm in the beautiful south lowlands of Iceland. Volunteers will be able to explore and enjoy the surroundings; the land is mostly made out of sand and rock sediments delivered by the river Þjórsá during the last centuries. The land is covered by green grass and the closeness of the ocean can be felt in the air. Small earthquakes that can rarely be felt are very common in the area since the mid-Atlantic ridge goes across Iceland and the southern lowland is situated between the two largest tectonic plates in the world, the Eurasian and North American plate.

The south of Iceland is one of the most popular destinations for travellers as the landscape offers diverse and breathtaking nature. Rivers and waterfalls, mountains, glaciers and long beaches form a contrast and offer a wide range of experiences. In this area you will find some of Iceland's most beautiful places, like Þórsmörk, Tindfjöll, Eyjafjallajökull, Skógarfoss, Seljalandsfoss (a waterfall you can walk behind) and Paradísarhellir (Paradise Cave) in addition to finding unique natural and geological heritage sites and relics of a centuries-old forest. Furthermore, the ferry to the Westman-islands is very close. The islands are beautiful and offer a great opportunity to see the aftermath of a volcanic eruption, as a third of the town was buried under lava in the year 1973.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a special shared transport from Reykjavík to the camp which includes the Golden circle excursion. This excursion will be organised on the first day of the camp and it is included in the fee of the project. **Departure time will be at 9:00 in the morning**.

Apart from being cheaper than regular public services or tour operators, it also allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers need to be motivated to work outdoors and be willing to take part in all the diverse tasks included in the project. The work is very physical. Please bring warm clothes.

This is a place of extremely beautiful natural surroundings with countless opportunities to hike and discover it by foot. Volunteers will have the opportunity to go horse-back riding during the project.



#### SEEDS 018. Botanic Garden in Reykjavík (1:10) 26.04 - 09.05 ENVI / NATU 7 Vols. Age: 20+

**WORK/PROJECT:** For the fifth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50<sup>th</sup> anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

**ACCOMMODATION:** SEEDS volunteers will stay in a well-equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though summer is coming, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged for SEEDS volunteers at discount fares.



SEEDS 019. Photo Marathon in Reykjavík 27.04 - 07.05 ARTS / CULT 8 Volunteers Age: 18+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a regular workcamp - but volunteers will likely work for 2 days with the city of Reykjavík in the cemeteries, helping with raking leaves, beautifying the gardens and working on the recycling system among other tasks.

**ACCOMMODATION:** SEEDS participants will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



#### SEEDS 031. Mýrdalshreppur - South shore 29.04 - 13.05 AGRI / RENO / CONS 5 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will have the unique opportunity in this camp to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our host cultivates carrots, has cows and runs a tourist accommodation.

Volunteers will mainly be doing some environment/construction work in this particular camp; beautifying the area by maybe planting trees and tidying up the surroundings of the farm. Volunteers might be asked to do a bit of renovation work as well, such as some painting preparation work if weather conditions allow. Other tasks will be connected with the carrots cultivation. Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable; be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

**ACCOMMODATION**: SEEDS volunteers will stay in a fully equipped house, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to experience all kinds of weather.

Our hosting partner will organise free time activities in the area. This might include sight-seeing, hiking etc.

Please bring warm clothes as the project takes place outside, the weather can be cold or rainy.



#### SEEDS 066. Spring in Eyjafjörður - The longest fjord 03.05. - 12.05. CONS / ENVI 8 Volunteers Age: 18+

**WORK/PROJECT:** This is the fourth year in a row that SEEDS volunteers have the opportunity to work in a project with this host in the North of Iceland. The main tasks take place in a valley which is a Nature Reserve and called Svarfaðardalur.

Volunteers will build footbridges which will be put up in the Nature Reserve. Volunteers will also clean walking paths and the surrounding area. Volunteers might be asked to help with other related tasks.

This work camp is especially well located for hiking. The area is great for hiking, both in the mountains and in the Nature Reserve next to the accommodation. Bird watching in the nature reserve is also great this time of the year.

**ACCOMMODATION**: SEEDS volunteers will be lodged in a boarding school that has been changed into a hostel, sleeping in bunk beds. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning activities. Please do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Volunteers will stay in the North of Iceland in the municipality of Dalvíkurbyggð (population around 2000) and at the shores of Eyjafjörður, the longest fjord in Iceland. The fjord is long and narrow, it measures 60 km from mouth to bottom. Its greatest width is 25 km at the fjord's mouth but the rest of it is around 6 -10 km wide.

The fjord is surrounded by mountains on both sides. In the outer part of the fjord there are no lowlands along the coast as the steep hills roll directly into the sea. Further south there are strips of lowland along both coasts. The ferry Sœfari sails from Dalvík to the island of Grímsey, Iceland's northernmost community, which lies on the Arctic Circle.

The area where SEEDS volunteers will be working and sleeping in is an old boarding school located about 10 kilometres from Dalvík, in the valley Svarfaðadalur, which lies between tall and sharp mountains and several small glaciers. A river runs through the valley from the mountains to the sea.

The Nature Reserve has an environment that provides an excellent habitat for many species of birds. In April the migratory birds start to arrive for the summer breeding season. From the project base, there are footpaths that can be easily followed through part of the reserve. We advise volunteers to wear rubber boots as part of the reserve is wetland. The mountains offer great hiking options and the mountains of Tröllaskagi peninsula are by many viewed as the most spectacular outdoor activity in all of Iceland.

LANGUAGE: English will be the language of the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 120 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good walking shoes and warm clothes. Even though the camp takes place in spring, it might still be cold and hats, scarves and gloves might be necessary.

Our host will organise some free time activities in the area. This might include sight-seeing, hiking and visits to the local geothermal swimming pool.

The camp is located in a place of stunningly beautiful surroundings with countless walking and hiking opportunities.



#### SEEDS 020. Growing Gardens in Reykjavík (1:4) 04.05 - 16.05 ENVI / NATU 7 Vols. Age: 20+

**WORK/PROJECT:** The volunteers will work in a Gardening station run by the municipality of Reykjavík. The station takes care of growing flowers, eatable plants and trees for the green areas of the city and the educational school gardens of Reykjavík. The station aims at maintaining Icelandic species and cultivars and to increase those who have adapted well to Icelandic climate. The station also tries to experiment with new species to increase variety and quality of plants that are grown in the gardens and recreational areas of the city.

SEEDS volunteers will be doing general garden work in the station, attending the flowers, trees and other plants and clearing out weed. Part of the work may take place in green houses. The work can be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning, but they will have more free time in the afternoon.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house that is situated in the middle of the gardening station about 4 Kilometres from the city centre. The house is used as the offices and facilities of the staff of the gardening station and it is equipped with kitchen, dining area, shower and washing machine.

Volunteers will be sleeping on mattresses in a shared sleeping bag accommodation. Please bring your own sleeping bag. Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The population of Iceland's capital Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though summer is coming, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.



SEEDS 022. Fun, farm & Animals in the South (1:2) 08.05 - 22.05 CONS / RENO / ENVI 6 Volunteers Age: 18+

**WORK/PROJECT:** This is the third year that SEEDS volunteers have the opportunity to join this project and work at the local farm. The aim of the project is to assist in preparing the arrival of the new animals. The farm is expecting to have little rabbits, goats, pigs and new born horses. We will work around the animals and may help with their arrivals if they do arrive during the workcamp time.

On the farm there are dogs, cats, horses, rabbits, hens, cattle, a raven and pigeons, so volunteers need to have the motivation to work around the animals as well as to be ready to do manual work such building and fencing work. Volunteers are welcome to bring their own ideas on how to use pallets and/or other recyclable materials for the construction. Other tasks might be general beautifying of the area and clean up after the winter.

Volunteers will have the opportunity to be part of an Icelandic farm life and work where they will have the chance to enjoy the outdoors, the work, the animals, the building process, the farming and the time spent with the local hosts. Volunteers will work with an Icelandic family, participating in the diverse tasks of their daily lives. This is a unique occasion to experience first-hand how a family in the Icelandic countryside lives.

The working plan will be flexible and it will depend on the needs of our local hosts, the advance of the diverse projects in the area surrounding the farm and of course on the weather conditions that can still be unpredictable at this time of the year.

**ACCOMMODATION**: SEEDS volunteers will stay in a fully equipped house. Bringing a sleeping bag is not necessary for the workcamp (but might be essential before and after it).

Volunteers will receive food and be in charge of the cooking and cleaning activities and will divide the tasks among themselves. Please do not forget some traditional/typical food from your home country for the international evening.

**LOCATION:** Volunteers will stay about 70 km from Reykjavik with an easy access from the main highway, only 16 km from the town of Selfoss where you will find all the modern comforts an Icelandic town has to offer. Volunteers will mostly stay in the project place as work and accommodation is both located in a rural area with no public transportation.

Volunteers will stay in a renovated country lodge in a beautiful setting above the lake of Villingarholt. From there you will enjoy a magnificent view, where you can easily spot the Westman islands (Vestmannaeyjar), the glacier of Eyjafjall (Eyjafjallajökull), the Tinda Mountains (Tindfjöll), the famous volcano Hekla and the slopes of Hella.

LANGUAGE: English will be the language in the camp; high proficiency is not required.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a special shared transport from Reykjavík to the camp which includes the Golden circle excursion. This excursion will be organised on the first day of the camp and it is included in the fee of the project. **Departure time will be at 9:00 in the morning**.

Apart from being cheaper than regular public services or tour operators, it also allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). This fee is paid to SEEDS on arrival in either Euros or Icelandic krónas. The fee includes the transportation from Reykjavík to the camp and back (on the first and last day of the camp). In the first day we will do the Golden Circle trip.

Our hosting partner will organise some free time activities such as hiking, fishing in a nearby lake and bicycling. Volunteers have to be open for living and working with a local family.

Even though summer is around, it can be cold and hats and gloves can be needed. Bring good working shoes & clothes.



SEEDS 023. Botanic Garden in Reykjavík (2:10) 10.05 - 23.05 ENVI / NATU 7 Vols. Age: 20+

**WORK/PROJECT:** For the fifth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50<sup>th</sup> anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

**ACCOMMODATION:** SEEDS volunteers will stay in a well-equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

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Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though summer is coming, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) can be arranged for SEEDS at discount fares.



SEEDS 024. Photo Marathon in Reykjavík 11.05 - 21.05 ARTS / CULT 8 Volunteers Age: 18+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a regular workcamp - but volunteers will likely work for 2 days with the city of Reykjavík in the cemeteries, helping with raking leaves, beautifying the gardens and working on the recycling system among other tasks.

**ACCOMMODATION:** SEEDS participants will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



## SEEDS 054. Volunteering at the feet of Eyjafjallajökull 13.05 - 26.05 AGRI / CONS 6 Volunteers Age: 18+

**WORK/PROJECT:** For the fifth year, SEEDS volunteers will be working at a farm in the South of Iceland, at the feet of the famous Eyjafjallajökull, which last erupted in 2010.

The tasks will mainly be focused on the lambing season. Volunteers main task will be to watch over the sheep and assist them during these two weeks of the lambing season.

The working plan will be flexible and it will depend on the needs of our hosts as well as weather conditions. Volunteers will likely be divided into smaller groups that will take turn on shifts. Volunteers will do some nightshifts as well as dayshifts. The work will be physical and very demanding.

Volunteers will have the opportunity to live and work with an Icelandic family, participating in the diverse tasks of their daily lives. This is a unique opportunity to experience first-hand how a family in the countryside lives. The farm is big, with sheep, cows and horses. The owners have their own production which volunteers will have the opportunity to learn about.

**ACCOMMODATION:** In this camp volunteers will be hosted in a partly renovated farmhouse, sleeping together in one big room on mattresses on the floor. Please bring your own sleeping bag. The house is a fully equipped home, with access to a kitchen, bathroom and washing machine.

Volunteers will share the different duties of cooking and cleaning. Please remember to bring some traditional or typical food from your home country for the international evening.

**LOCATION:** The work camp is located in a farm in the beautiful south lowlands of Iceland. Volunteers will be able to explore and enjoy the surroundings, the land is mostly made out of sand and rock sediments delivered by the river Þjórsá during the last centuries. The land is covered by green grass and the closeness of the ocean can be felt in the air. Small earthquakes that can rarely be felt are very common in the area since the mid-Atlantic ridge goes across Iceland and the southern lowland is situated between the two largest tectonic plates in the world, the Eurasian and North American plate.

The south of Iceland is one of the most popular destinations for travellers as the landscape offers diverse and breathtaking nature. Rivers and waterfalls, mountains, glaciers and long beaches form a contrast and offer a wide range of experiences. In this area you will find some of Iceland's most beautiful places, like Þórsmörk, Tindfjöll, Eyjafjallajökull, Skógarfoss, Seljalandsfoss (a waterfall you can walk behind) and Paradísarhellir (Paradise Cave) in addition to finding unique natural and geological heritage sites and relics of a centuries-old forest. Furthermore, the ferry to the Westman-islands is very close. The islands are beautiful and offer a great opportunity to see the aftermath of a volcanic eruption, as a third of the town was buried under lava in the year 1973.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a special shared transport from Reykjavík to the camp which includes the Golden circle excursion. This excursion will be organised on the first day of the camp and it is included in the fee of the project. **Departure time will be at 9:00 in the morning**.

Apart from being cheaper than regular public services or tour operators, it also allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers need to be motivated to work outdoors and be willing to take part in all the diverse tasks included in the project. The work is very physical. Please bring warm clothes.

This is a place of extremely beautiful natural surroundings with countless opportunities to hike and discover it by foot. Volunteers will have the opportunity to go horse-back riding during the project.



SEEDS 025. Pathway to the Volcano 17.05 - 30.05 CONS / ENVI 12 Volunteers Age: 18+

**WORK/PROJECT:** Volunteers will be working close to the main skiing area of the capital region of Iceland, Bláfjöll or the Blue Mountains.

The aim is to protect the environment and avoid different trails being created from increasing traffic of hikers and nature lovers in the area. The main task will be making a hiking path in the Blue Mountains in an area called Þríhnúkagígur or Three Peaks Crater, which is a dormant volcano that last erupted over 4000 years ago. The path will be made with gravel and volunteers will use wheel barrels to move the gravel from bags which have been distributed evenly along the path. The work will be done in 500 m above sea level so weather conditions can be cold and windy.

Other tasks may be to mark and control areas where the visitors can walk in order to protect the surroundings of unnecessary passage and harm. Sports associations who run some of the skiing lodges might also need some renovation job, such as painting and/or cleaning. The working plan will depend on the needs of our local host and may change upon weather conditions.

Volunteers need motivation to work mainly outdoors on physical jobs and under changeable weather conditions. The camp starts in early summer but the days are already long so the clear air and bright light can create great conditions for photography or just to enjoy the views.

Volunteers will have chance to explore the heart of a volcano, the only place on earth where you can enter a magma chamber.

**ACCOMMODATION:** SEEDS volunteers will stay in one of the ski lodges in the mountains; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION:** The project takes place in the Blue Mountain Range area, which is located about 30 minutes drive from Reykjavík. The range stretches to the west from the mountain Vifilsfell near the main road (#1) from the capital area to the Southwestern lowlands. The highest mountain in the range reaches 600m and in 1968 the district became a very popular skiing resort among Icelanders and the favourite for skiers in the Capital region.

This area is excellent for recreation, not only for alpine and cross country skiing, but outdoor activities as well such as hiking and mountain biking. Nature lovers are certain to find something to their liking, but they have to be careful crossing the rugged lava fields, because of the numerous caves underneath. The caves here are actually among the most interesting tourist attractions in the capital area and our volunteers will be given the change to explore them.

Iceland is chilly, even in early summer. Expect nights to dip down to 5 Celsius and days to warm up to the mid-high teens and warmer. In mountains, weather can change quickly and drastically.

The Blue Mountain Range area is a place of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Volunteers will have chance to explore the heart of a volcano, the only place on earth where you can enter a magma chamber; tours and excursions can be arranged at discount fares as well.



### SEEDS 026. Forest & Paths in Skagafjörður 18.05 - 01.06 AGRI / ENVI / CONS 6 Volunteers Age: 18 +

**WORK/PROJECT:** In this project SEEDS volunteers will have the opportunity to get to know the traditional Icelandic farm life in a ranch that has life stock of more than 50 cows, 100 sheep, few hens and horses. The project takes place in an agricultural area in the North of Iceland which is rich in both culture and history. The volunteers will have the chance to get to know the local family and work hand in hand with them. Tasks will depend on weather conditions, but will mainly be some outdoor work.

A big part of the project will take place in a nearby forest. Volunteers will plant trees, thin the forest, make and maintain hiking paths. Volunteers will have the opportunity to build from the material that comes out of the thinning process and possibility to make a small harbour in a nearby pond.

Volunteers who are interested in farming and/or animal husbandry will have the opportunity to get to know typical farming tasks such as fertilizing the fields, cutting grass, painting timber fences, tear down old fences and possibly put down some potatoes and working around the animals.

The weather in Iceland is unpredictable. Be prepared for all kinds of weather and be sure of bringing warm clothing. The camp starts in early summer and the days are already long so the clear air and bright light can create great conditions for photography or just to go hiking.

**ACCOMMODATION:** Volunteers will stay in a local house, sleep in shared rooms in a sleeping bag accommodation with access to a kitchen and a bathroom. Please bring your own sleeping bag. Volunteers will take part in cooking and cleaning activities and sometimes they will have meals with the family.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: Known as flashy dressers, the people of Skagafjörður were proud and often preferred to seek other work than farming. Horsemanship was widespread in Skagafjörður and singing was given more weight than in many other regions; there culture and literature prospered.

Even though the vast majority of Skagafjörður residents make their living through agriculture, many were also engaged in fishing. Stagnation can be said to have marked many fields of life from about 1650 until 1850, when the impact of the industrial revolution began to be felt, and the Icelandic demand for increased independence from Denmark received a great deal of local support. Trade practices likewise began to change and the general population began to migrate from the countryside. Many moved to America, but others simply into villages and larger towns.

In Skagafjörður you will find many protected areas such as Orravatnsrústir, in the grazing commons Hofsafrétt; wetlands surrounding Orravatn lake and reaching north to Reyðarvatn lake. Another example of an exclusive area in Skagafjörður is the Upper end of Vesturdalur valley (Hofsárdalur valley): The innermost part of Vesturdalur, upstream from Miðmundargil gorge and including the canyon stretching inland from the valley.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 200, (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know the ways of living in rural areas in Iceland, for working outdoors and be prepared to all kinds of weather. Our hosting partner will organise free time activities in the area, which might include sight-seeing, hiking, etc. There are countless opportunities to discover the area by foot or to hike in the surroundings.



SEEDS 027. Djúpavík - Where the northern road ends! 18.05 - 29.05 CONS / ENVI / RENO 8 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS Volunteers will be working on various things in and around Djúpavík, which is a small village in the Icelandic Western fjords. SEEDS has been working there since 2008.

Among the main tasks will be to build and maintain hiking trails and walking paths in the area, alongside the paths volunteers will put up sticks and signs. Other tasks will include cleaning the coast line, collecting driftwood and general gardening work.

In Djúpavík there is an old abandoned herring factory. It needs maintenance and volunteers will be assisting in some renovation works, like help cleaning and fixing the roof. The building is used by artists and cultural events are hosted there.

**ACCOMMODATION**: Volunteers will be hosted in a local summer house, sleeping in shared rooms on bunk beds. Please bring a sleeping bag.

Food ingredients will be provided and a kitchen is available. Volunteers will share the duties of preparing and cooking meals.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Djúpavík is located at the head of Reykjarfjörður on the Strandir coast in the Westfjords region (Vestfirðir), in the municipality of Árneshreppur. Perhaps one of Iceland's most remote areas, it is a sheltered bay, largely untouched by modern developments, where silence reigns and nature continues to shape a rugged, mountainous landscape. The distance from the capital is ~ 360 km.

The bay Djúpavík is among the least frequented parts of the country. The roads up there are only open during the few months of the short summer. It is one of the remotest corners of Europe, where the coastline is covered with vast expanses of driftwood that originated on the other side of the Arctic Ocean, in Russian Siberia. The region is stunningly beautiful and a perfect place to really experience Iceland's wildness.

There have been small farming communities in the district for hundreds of years, but the story of Djúpavík really began in 1915, when Elías Stefánsson started a herring salting station. Unfortunately he went bankrupt in 1919 but in 1934 entrepreneurs of Djúpavík started building a huge herring factory that ran for two decades. It changed the lives of the people in the region, giving them a chance to earn a living. In 1954 the "herring adventure" (as Icelanders call it) in this part of Iceland was over and the factory went bankrupt.

Today Djúpavík is dominated by the huge ruins of its old herring factory and the rusting shipwreck of the 100-year-old former passenger and cargo ship Suðurland. The tremendous costs involved in demolishing the factory building – once the largest concrete structure in Europe – is too much for the village so its huge shell remains, reminiscent of a Hollywood set.

Few years ago, the famous Icelandic band Sigur Rós held a small number of concerts in Iceland. The venues were specially chosen, and the old herring factory in Djúpavík was one of them.

LANGUAGE: English will be the language in the camp; basic conversational skills are necessary.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa. This is a cheap, convenient way to travel and it allows volunteers to meet fellow campers and stop at interesting sites on the way.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our hosting partner will organise some free time activities for SEEDS volunteers, for instance a day trip and excursions in the area.



### SEEDS 046. Island of Viðey (1:2) 18.05 - 28.05 ENVI / AGRI 7 Volunteers Age: 18+

**WORK/PROJECT:** The city of Reykjavík will once again be our host in this project and SEEDS volunteers will have the opportunity to work in the historical island of Viðey for the 9th year in a row!

Viðey is a popular destination during the summer among Icelandic as well as foreign visitors. Volunteers will help prepare for a busy season. The project offers diverse tasks and various experiences for SEEDS volunteers. First of all, volunteers will beautify the surroundings by cleaning up the area, especially along the coastline. Volunteers will carry out some planting and gardening activities as well and possibly make and maintain walking paths.

Depending on the advance of the project, volunteers may have other possible tasks like checking up and repairing garden furniture.

The weather conditions in Iceland are unpredictable; the temperature in May can drop during the evenings. Be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

Volunteers should have motivation to work outside and work in all different kinds of weather.

**ACCOMMODATION:** Volunteers will be lodged in a local house at Viðey Island, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

The house has a well equipped kitchen. Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: Viðey or "Wood Island" is the largest (1,7 km<sup>2</sup>) island in the Kollafjord Bay, just outside Reykjavík, the capital of Iceland. The island is covered by many species of plants and at least 30 species of breeding birds have been counted here.

Viðey was inhabited from soon after the settlement of Iceland already in the 10th century and at the beginning of the 20th century around 100 people lived there. But it's uninhabited nowadays.

There is a regular boat connection between the island and the harbour of Reykjavík. The trip takes just about 10 minutes and is only a few hundred metres away from the city.

There are hiking and cycling paths around the island and there is no motor traffic allowed. It also inhabits intriguing sculptural art work, amongst them all nine pairs of basalt pillars that comprise Richard's Serra's work Áfangar and Yoko Ono's "Imagine peace" column, a tower of light, which is supported by the widow of John Lennon. http://imaginepeace.com/news/imagine-peace-tower

Other places of interest on Viõey are related to archaeological research, the village. At the eastern end of the island is the site of an abandoned fishing village and Viõeyjarnaust, at the southwest of the island, it is a memorial to the twenty men who lost their lives when the cutter Ingvar sank off Viõey in 1906. Dramatic formations of columnar basalt may be seen on the shore.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Some spare time activities will be organised free of charge for SEEDS volunteers such as a whale watching boat trip.

SEEDS volunteers will have free rides in the boat/ferry to the city of Reykjavík during their free time.

Excursions (Golden Circle, Blue Lagoon or South Shore) can be organised at discount fares for SEEDS volunteers.



# SEEDS 028. Saga Fest: Inspiration through music and art 19.05 -27.05 FEST / CONS 16 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working with an Icelandic music and arts festival called Saga Fest. This is the first time this festival is being held.

Volunteers in this workcamp will mainly be focusing on three things: building, art and sustainability. Volunteers might be split into three groups to tackle these tasks. The build team can expect some heavy lifting; this is all about helping designers, architects and landscape architects with the construction of the festival's structures and custom stages. They report to the Festival's On-Site Operations Manager.

The art team will help artists put up installations and exhibitions for Saga Fest. If volunteers happen to be artists with experience putting up either structures or art installations, they can pitch a project and the festival can provide them with materials. They will report to the Festival's Art Director.

The sustainability team will help integrate sustainability into every part of the festival, from operations to educational programming. They will help build out a garden, get composting sites ready, create areas for recycling and upcycling, and design placards that showcase how Saga Fest is being sustainable. They will report to the Festival's Sustainability Director.

**ACCOMMODATION**: SEEDS volunteers in this workcamp **will sleep in tents** in partially sheltered accommodations for camping. Please bring your own warm sleeping bag.

Volunteers will have access to a bathroom and showers and a communal kitchen. Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your country for the international evening.

**LOCATION**: The project takes place in Árborg. It is the largest municipality in the south of Iceland. Árborg has a beautiful environment and a unique landscape such as large lava fields and black sand beaches. Árborg has a population of 7800 people. Sagafest takes place between the towns Selfoss and Eyrarbakki. The distance from the capital to the festival location is about 60 km.

Selfoss is the largest town in South Iceland, and it sometimes referred to as the capital of the South. The town is an excellent centre for day tours to the many attractions in the area.

Eyrarbakki is renowned for its charming old houses and one of oldest house of Iceland, from 1765 is located in the town. Few kilometres out of town is the Flói Nature Reserve, a paradise for wetland birds, with a marked circular hiking trail through the marshes.

LANGUAGE: English will be the language of the camp; basic conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a special shared transport from Reykjavík to the camp which includes the Golden circle excursion. This excursion will be organised on the first day of the camp and it is included in the fee of the project. **Departure time will be at 9:00 in the morning**.

Apart from being cheaper than regular public services or tour operators, it also allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). This fee is paid to SEEDS on arrival in Euros or Icelandic krónas and it includes the transportation from Reykjavík to the camp location and back (on the first and last day of the camp). In the first day we will include the Golden Circle excursion.

Volunteers have to bring good working shoes and clothes, even though it is almost summer, it might still be cold and hats and gloves are necessary.

Volunteers will get a free festival wristband. Tours and excursions can be arranged for SEEDS volunteers at discount fares as well (for example Blue Lagoon, South Shore, etc.)



### SEEDS 033. Mýrdalshreppur - South shore 20.05 - 03.06 AGRI / RENO / CONS 5 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will have the unique opportunity in this camp to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our host cultivates carrots, has cows and runs a tourist accommodation.

Volunteers will mainly be doing some environment/construction work in this particular camp and beautifying the area. Volunteers might be asked to do a bit of renovation work as well, such as some painting preparation work if weather conditions allow. Other tasks might be connected with the carrots cultivation. Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable; be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

**ACCOMMODATION**: SEEDS volunteers will stay in a fully equipped house, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to experience all kinds of weather.

Our hosting partner will organise free time activities in the area. This might include sight-seeing, hiking etc.

Please bring warm clothes as the project takes place outside, the weather can be cold or rainy.



## SEEDS 030. Outdoors work in the far East 22.05 - 05.06 CONS / ENVI 8 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will have the opportunity to participate in this project in the east of Iceland. The project takes place in a fjord, called Hamarsfjörður and volunteers will be working in the surrounding area. The surroundings are beautiful, high mountains all around and deep valleys.

Our hosts are a family that have taken up a former farm in the fjord and are trying to develop new work opportunities in the area; they live and work there running diverse facilities and offering services for visitors.

The main work tasks will be to clean the area, tear down old fences and maybe put up some new ones. Volunteers will also help with some tree cutting. The working plan will be flexible and it will depend on the needs of our hosts as well as weather conditions. The work is physical.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather and be sure to bring warm clothing since most of the work will take place outdoors.

**ACCOMMODATION**: SEEDS volunteers will be hosted in a local summer house. Volunteers will either sleep on mattresses or in beds. Please bring your own sleeping bag.

The house is equipped with a kitchen. Volunteers will receive food ingredients and be in charge of cooking and cleaning.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The closest town to Hamarsfjörður is Djúpivogur, which is a charming village with a long history of trading located in Djúpavogshreppur. It is the southernmost district of the east. Álftafjörður and Hamarsfjörður are lagoons, rich in birdlife. The pyramid-shaped Búlandstindur at 1069 m, dominates the landscape.

Near the cost of Djúpivogur there is an island called Papey. The island was inhabited since the settlement of Iceland until the year 1966. There are still a lighthouse, a dwelling house, a church and a weather station on the island, the latter automized since 1998. There are also large colonies of Atlantic puffins on the island. Papey is the largest island off the east coast of Iceland, about 2 km<sup>2</sup> in area, and the only populated one until a few decades ago.

The view is spectacular and the biggest national park in Europe with the largest glacier in Europe, Vatnajökull is only few kilometres away. The unique beauty of the nature, unpredictable weathers during winter and local culture have shaped the culture in the area.

The Vatnajökull N.P., stretching from the south coast to the north coast of the island; it is the largest protected wilderness in Europe. It covers around 15.000 km2 (15% of the surface of Iceland), including all of Vatnajökull glacier, the former Skaftafell N.P., Jokulsargljufur N.P. and surroundings.

The area of this project is very diverse and beautiful. The nature has many things to offer and there are plenty of opportunities to go hiking.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Our hosting partner will organise some free time activities for SEEDS volunteers, for instance a day trip and excursions in the area and a barbeque.



### SEEDS 032. Botanic Garden in Reykjavík (3:10) 24.05 - 06.06 ENVI / NATU 7 Vols. Age: 20+

**WORK/PROJECT:** For the fifth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50<sup>th</sup> anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

**ACCOMMODATION:** SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though summer is around the corner, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) can be arranged for SEEDS at discount fares.



SEEDS 034. Photo Marathon in Reykjavík 25.05 - 04.06 ARTS / CULT 8 Volunteers Age: 18+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a regular workcamp - but volunteers will likely work for 2 days with the city of Reykjavík in the cemeteries, helping with raking leaves, beautifying the gardens and working on the recycling system among other tasks.

**ACCOMMODATION:** SEEDS participants will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



SEEDS 035. Sandfell – Fljótsdalshérað 25.05 - 08.06 CONS / ENVI 6-8 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working for the fifth year on construction and nature oriented tasks in the East of Iceland. The tasks will mainly be focused on improving the environment in and around the whole area; planting trees and doing some paint work. Volunteers will be based in a local Icelandic farm where the hosts also run a horse rental and a hotel, so volunteers will have the chance also to experience how locals live and work on a daily basis.

The host keeps horses, dogs and cats. SEEDS volunteers will have access to the animals and will be given guidance in taking care of and riding horses. The working plan will be flexible and it will depend on the needs of our local host, the advance of the diverse projects in the area surrounding the valley and of course on the weather conditions.

Last but not least we will explore the surroundings of the location and enjoy free time activities arranged in cooperation with the local host, such as horseback riding.

**ACCOMMODATION**: Volunteers will stay in shared rooms in a sleeping bag accommodation with access to kitchen and bathroom. Please bring your own sleeping bag. Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The farm is located in beautiful landscape with mountains and valleys. It is close to Hallormsstaðaskógur, the largest wooded area of the country that spreads over 30 ha of land. The reforestation of the forest has been going on ever since a law for the protection was passed in 1899. The tree collection keeps an extensive variety of foreign trees and is renowned among professionals and travellers. The oldest part of the woodland is accessible with good hiking trails and explanation signs. The area offers great variety of walking paths, such as to the deepest valley of the country and up to Sandfell where the view is quite magnificent. Riding tours up to the mountains or in the woodland is also a nice experience. Small stream runs through the land where children and adults can cool down in warm summer days.

The project is located in the municipality of Fljótsdalshérað, Iceland's easternmost populous municipality; 17 km from the largest town in the Eastern Iceland - Egilsstaðir (population 2600). It is a young town, but which has become the largest town of east Iceland and offers a swimming pool, shops and museums among other main services. The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains and the wild reindeers of Iceland are found here, the herd counts between three and four thousand animals.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF); domestic airport and bus stop is Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working with outdoors and getting to know ways of living in rural areas in Iceland. Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Our hosts will organize free time activities and introduce us to the local community. Volunteers will be offered to take horse-back riding and an introduction to how to treat and hold horses.

If you take SEEDS minibus option to and from the camp location, you will be able to go all around lceland, as we drive different ways (either North or South) to and from the camp.



### SEEDS 045. Volunteering at the feet of Eyjafjallajökull 26.05 - 09.06 ENVI / RENO / CONS 6 Volunteers Age: 18+

**WORK/PROJECT:** For the fifth year, SEEDS volunteers will be working at a farm in the South of Iceland, at the feet of the famous Eyjafjallajökull, which last erupted in 2010. The tasks will mainly be focused on improving the environment. The work will mostly take place outside. Volunteers will make paths and put up fences and signs along the paths. Furthermore volunteers will clean up and beautify the area after construction -and maintenance work. There might be some gardening work as well. The working plan will be flexible and it will depend on the needs of our hosts as well as weather conditions. The work is very physical and demanding.

Volunteers will have the opportunity to live and work with an Icelandic family, participating in the diverse tasks of their daily lives. This is a unique opportunity to experience first-hand how a family in the countryside lives. The farm is big, with sheep, cows and horses. The owners have their own production which volunteers will have the opportunity to learn about.

**ACCOMMODATION:** In this camp volunteers will be hosted in a partly renovated farmhouse, sleeping together in one big room on mattresses on the floor. Please bring your own sleeping bag. The house is a fully equipped home, with access to a kitchen, bathroom and washing machine.

Volunteers will share the different duties of cooking and cleaning. Please remember to bring some traditional or typical food from your home country for the international evening.

**LOCATION:** The work camp is located in a farm in the beautiful south lowlands of Iceland. Volunteers will be able to explore and enjoy the surroundings, the land is mostly made out of sand and rock sediments delivered by the river Þjórsá during the last centuries. The land is covered by green grass and the closeness of the ocean can be felt in the air. Small earthquakes that can rarely be felt are very common in the area since the mid-Atlantic ridge goes across Iceland and the southern lowland is situated between the two largest tectonic plates in the world, the Eurasian and North American plate.

The south of Iceland is one of the most popular destinations for travellers as the landscape offers diverse and breathtaking nature. Rivers and waterfalls, mountains, glaciers and long beaches form a contrast and offer a wide range of experiences. In this area you will find some of Iceland's most beautiful places, like Þórsmörk, Tindfjöll, Eyjafjallajökull, Skógarfoss, Seljalandsfoss (a waterfall you can walk behind) and Paradísarhellir (Paradise Cave) in addition to finding unique natural and geological heritage sites and relics of a centuries-old forest. Furthermore, the ferry to the Westmanislands is very close. The islands are beautiful and offer a great opportunity to see the aftermath of a volcanic eruption, as a third of the town was buried under lava in the year 1973.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a special shared transport from Reykjavík to the camp which includes the Golden circle excursion. This excursion will be organised on the first day of the camp and it is included in the fee of the project. **Departure time will be at 9:00 in the morning**.

Apart from being cheaper than regular public services or tour operators, it also allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers need to be motivated to work outdoors and be willing to take part in all the diverse tasks included in the project. The work is very physical. Please bring warm clothes.

This is a place of extremely beautiful natural surroundings with countless opportunities to hike and discover it by foot. Volunteers will have the opportunity to go horse-back riding during the project.



### SEEDS 058. Forestry in the Westfjords 27.05 - 05.06 CONS / RENO / ENVI 9 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be doing mainly environmental work in this work camp, based in a country-side farm close to the village of Flateyri, in the Icelandic West fjords. The work will be mostly outdoors and volunteers have to be willing to work outdoors.

The main tasks will be to clean and beautify the area, helping to repair and remove old fences. Volunteers will also maintain and mark walking paths and make signs to put up by interesting sites. There will also be some work in the local forest and volunteers will help to build and put up stiles.

Volunteers might also be asked to help make a grill and put up a sort of an outdoor kitchen near by the old sheep cote.

**ACCOMMODATION**: SEEDS volunteers will stay in a guesthouse in beds with shared facilities. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The workcamp will take place in the municipality Ísafjarðarbær, in the Westfjords at the north-western part of Iceland. The region accounts for 10% of the country's surface but only about 7200 people live there, so it is one of the least populated areas in Europe. The Westfjords are very mountainous; the coastline is made by dozens of fjords surrounded by steep hills.

Districts on the West Fjords have been merging recently in order to strengthen their administrative capabilities. The largest and most populous is Ísafjarðarbær with a population of 3800 in total.

In the Westfjords you will be able to explore the whole range of Icelandic flora from the shore and meadows, through birch to mossy moors. On the shore, one can see birds and seals and then occasionally an arctic fox around the sheep.

Fishing is traditionally the main industry in the region but tourism started to be more and more important as local and foreign visitors are discovering this region in increasing numbers.

The nearest town to the guesthouse is Flateyri which is a small and friendly fishing village by Önundarfjörður, located about 500 Km away from Reykjavík and with 260 inhabitants.

In the old days Flateyri was the local harbour for shark fishermen but today fish processing and fishing is the main trade. During the last years; due to the introduction of the quota system in the lcelandic fishing sector, the town lost part of its share in the fishing amounts to be caught, which strongly hit the economy and living situation in the area. In the past years the emphasis on alternative industries has been more visible similar to other fishing villages in Iceland.

In Flateyri there is a swimming pool, kayak rental and a beautiful sandy beach that hosts a sandcastle building competition each summer. Many small boats are equipped and run from Flateyri, characterising the village, especially during the summer.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

The local host will organise leisure time activities for SEEDS volunteers, for instance visits to nearby farms and hikes. This is a place of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot.



### SEEDS 037. Midnight Sun in West Fjords 28.05 - 11.06 CONS / ENVI 6 Volunteers Age: 18+

**WORK/PROJECT:** In this project SEEDS volunteers will get the chance to work with a support fund for skiers. The support fund's goals are to support young, promising skiers, build good ski trails, help provide great accommodation for skiers, operate a top scale skiing school and much more related to skiing.

The main task in this project is to build a 60m2 house for the skiers to stay in during their trainings. A professional carpenter will work with the volunteers at all times, as well as other professional workers who will teach the volunteers how to do what they are supposed to do. The volunteer's main tasks will be to saw, hammer, carry timber and other tasks related to this.

Volunteers might also be asked to help shovel holes for the veranda foundations and other related tasks.

**ACCOMMODATION**: SEEDS volunteers will be hosted in a local housing, sleeping in beds. Please bring your own sleeping bag.

Food will be provided and volunteers will share the duties of helping in the kitchen, preparing the meals and cleaning up.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The workcamp takes place in a very nice town called Ísafjörður, which is located in the Westfjords at the north-western part of Iceland. The region accounts for 10% of the country's surface but only about 8000 people live there. This makes the area one of the least populated areas of Europe.

Ísafjörður is the largest town in the Westfjords with a population of about 2600. Despite its size, small population, and historical isolation from the rest of the country, the town has a rather urban atmosphere. Ísafjörður has a school of music as well as a hospital. The older former hospital building now accommodates a cultural center with a library and showrooms.

The Westfjords are very mountainous; the coastline is made by dozens of fjords surrounded by steep hills. In the area you will be able to explore the whole range of Icelandic flora from the shore and meadows, through birch to mossy moors. On the shore, one can see birds, seals, whales and then an occasional arctic fox around the sheep. Fishing is traditionally the main industry in the region but tourism started to be more and more important as local and foreign visitors are discovering this region in rising numbers.

Hiking in this beautiful area is very impressive and an inspection of the coastline by walking or kayaking is an inspiring option, this provides a full variety of opportunities for volunteers and visitors in this area.

LANGUAGE: English will be the official language in the camp, high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Domestic airport is Ísafjörður (IFJ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our local hosts will organise some free time activities and sightseeing to some of the interesting attraction spots in the area. There are countless opportunities to discover the area by foot or to hike in the surroundings.

Weather in Iceland is unpredictable and hats and gloves can be needed. Please bring warm clothes, warm sleeping bag and good working shoes.



## SEEDS 036. Eyrarbakki in the South Coast (1.2) 31.05 - 14.06 CONS / ENVI 9 Volunteers Age: 18+

**WORK/PROJECT:** The main tasks of SEEDS volunteers will be fixing up the outdoor areas of a newly sustainable tourist cooperative in the south of Iceland.

The tasks include cleaning up after the winter and preparing the season, maintaining walking paths, some painting and other activities if needed. SEEDS volunteers will also help cleaning up the coastline to help maintain its wild untouched appearance and will collect dulse.

Furthermore, volunteers may help our hosts in their activities as a sustainable tour operator in one of the most beautiful parts of Iceland. Please note that some tasks might be organized in collaboration with other partners in the area which only makes the variety of tasks more interesting.

**ACCOMMODATION**: SEEDS volunteers will be lodged in a community house in sleeping bag accommodation, sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of cooking and cleaning activities. Please do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The project takes place in Eyrarbakki, a small village in South Iceland. The town played an important role in trading; the towns' prime time was from middle of the 18th century to the early 19th century. During that time the town life flourished and expanded around the houses of the Danish trading area. The population grew fast and at its peak, the inhabitants were around 1000 at 1920, but decreased to 530 - 550 during the last decades.

The historical importance of the town is directly linked to the port, which was an entrance to the country in international trade, churches and bishops in the country had their goods and material for building delivered through Eyrarbakki. In the 18<sup>th</sup> century Danish merchants were permitted to live in Iceland, which led them to start building and importing houses and settle down in the town.

The town is renowned for its charming old houses and one of oldest house of Iceland, from 1765 is located in the town. Other old houses are there and locals have put effort and energy in maintaining and renovating them, so the town holds more to its original outlook.

Few kilometres out of town is the Flói Nature Reserve, a paradise for wetland birds, with a marked circular hiking trail through the marshes. The surroundings are amazing, open sea, beautiful coastline; nearby you will find places such as Gullfoss, Geysir, Skálholt, Þórsmörk, Skógarfoss, as the very well known and notorious Eyjafjallajökull. The distance from the capital is about 70 km.

LANGUAGE: English will be the language of the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a special shared transport from Reykjavík to the camp which includes the Golden circle excursion. This excursion will be organised on the first day of the camp and it is included in the fee of the project. **Departure time will be at 9:00 in the morning**.

Apart from being cheaper than regular public services or tour operators, it also allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). This fee is paid to SEEDS on arrival in either Euros or Icelandic krónas.

The fee includes the transportation from Reykjavík to Eyrarbakki and back (on the first and last day of the camp). In the first day of the camp we will include the Golden Circle excursion.

Volunteers have to bring good walking shoes and warm clothes. Even though the camp takes place in summer, it might still be cold and hats, scarves and gloves might be necessary.

The camp is located in a place of stunningly beautiful surroundings with countless walking and hiking opportunities. Our hosts will organise some additional free time activities.



SEEDS 038. Meet us - don't eat us (1:6) 01.06 - 13.06 ENVI / ARTS 10 Volunteers Age: 18+

**WORK/PROJECT:** This is the fifth year that SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with <u>IFAW</u> (International Fund for Animal Welfare). This mainly consists of distributing information, conducting a survey, having people fill out postcards that will be taken to the government at the end of the work camp, talking to people and having fun in Reykjavík! SEEDS is looking for enthusiastic and open people for this workcamp!

The aim of the project is to raise awareness in a friendly, peace- and joyful manner. Volunteers will be given the opportunity to prepare and carry out acts or actions to grab attention and entertain passers-by. We encourage people with artistic skills and talents to apply: this is your chance to give vent to your joy of creation and performance.

We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss them with the group and try to implement them. The work in this workcamp can be quite repetitive.

Our goal is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% where in favour of commercial whaling.

Iceland was one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house in Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Europe's most northern capital is a friendly, vibrant city that manages to combine the intimacy of a small-town atmosphere with all the qualities of a modern, trendy city. Here you can leisurely stroll around the lovely little streets of the town centre with its many renovated old houses and there's no hustle and bustle, no noisy traffic to contend with.

The visitor to Reykjavik is simply spoiled when it comes to things to do. There is the National Gallery and a range of other small avant-garde galleries for the art lover. The newly reopened National Museum provides an exciting insight into Iceland's history and heritage, as does the Arbaer Folk Museum.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; good conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 140 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

SEEDS will provide volunteers with passes to go on free whale watching trips. Tours and excursions (eg. Golden Circle, Blue Lagoon, Snaefellsnes or South Shore) can be arranged for SEEDS volunteers at discount fares.



## SEEDS 039. Bjarnarfjörður in the West fjords 01.06 - 15.06 AGRI / ENVI 8 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will have the opportunity to participate in this project in the West Fjords. The project takes place in a small community, called Bjarnarfjörður and volunteers will be working in three sites in the area.

The main work task will be to take part in combatting soil erosion, fertilize small trees and maintain walking paths. For the first 3-4 days volunteers will carry fertilizer in rucksacks (provided) up some hills to spread on eroded soils. The next 3-4 days volunteers will fertilize small trees. The rest of the stay volunteers will work on a walking path, marking and fording small wetlands with timber and/or gravel. Volunteers will get good guidance from the hosts on the purpose of the projects and how to manage those tasks in an efficient and easy manner. The nature in the area is quite diverse, the geology, botany and bird life.

The tasks can get rather physically demanding, but the work will be carefully constructed to avoid strain and to be able to enjoy the surroundings as people walk about in the hills. Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather and be sure to bring warm clothing since most of the work will take place outdoors.

**ACCOMMODATION**: SEEDS volunteers will be hosted in a rustic but charming old farmhouse with ample space and beds for everyone. Please bring your own sleeping bag. The house is equipped with a kitchen. Volunteers will share the duties of preparing food, cooking meals and cleaning. There is no shower in the house, but volunteers will have access to showers at the local swimming pool and natural hot tub, close by. Bring your swimwear.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: About 20 km from Bjarnarfjörður is Drangsnes, a small fishing village. It is part of the Kaldrananeshreppur municipality and has barely 100 inhabitants. The village got its name from a tall rock (*Drangur*) named Kerling which according to legend is one of the three trolls who tried to separate the West Fjords from the rest of Iceland.

Bjarnarfjörður is a haven for nature lovers, with vibrant bird life especially in early summer; this area offers easy hiking tracks for everyone in summer and winter alike.

Bjarnarfjörður belongs to the region Strandir (literally: the coasts). For centuries Strandir was one of the most remote areas in Iceland. It was known for the inhabitants' knowledge of magic and as a refuge for criminals. The landscape of Strandir is far from uniform. The low hills of Hrútafjörður in the south gradually change to 700 m high mountains rising straight from the coast in the northern part, just north of Bjarnarfjörður. The population in the Strandir region is only just under 800. The town Hólmavík (25 km from Bjarnarfjörður) with its 400 inhabitants is the biggest in the area. Warm springs are abundant, feeding natural pools in many places. There is quite some number of rivers, rivulets and small lakes in the area, not to mention majestic waterfalls.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Our hosting partner will organise some free time activities for SEEDS volunteers, for instance a day trip and excursions in the area.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.



# SEEDS 050. Hiking trails near Katla volcano 01.06 - 12.06 ENVI/ AGRI 8-10 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working with the southernmost municipality of Iceland, in Vík í Mýrdal. Volunteers will mostly be doing environmental work in the area.

The main tasks will be to mark hiking trails around the town and on Hjörleifshöfði island/mountain. Volunteers will also help to prepare tourist destinations for the summer and do some painting in the town. Other tasks will be cleaning and beautifying the area and some vegetation work. Volunteers might be asked to do some other related tasks.

The work can get physically demanding and might require a good physical condition.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather and be sure to bring warm clothing since most of the work will take place outdoors.

**ACCOMMODATION**: SEEDS volunteers will be hosted in a local house in the town Vík. Volunteers will sleep on mattresses on the floor. Please bring your own sleeping bag.

The house is equipped with a kitchen. Volunteers will share the duties of preparing food, cooking meals and cleaning. There is no shower in the local house, but volunteers will have free access to showers in the local swimming pool.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The project takes place in the south of Iceland in a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions. The area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011 and got covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík is located in an area called Mýrdalur. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly on agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991.

A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our hosting partner will organise some free time activities for SEEDS volunteers, for instance short excursions and hikes in the area.



### SEEDS 070. Tálknafjörður in the West fjords (1.4) 03.06-17.06 CONS / ENVI 8 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working with the municipality of Tálknafjörður, in the West Fjords.

Volunteers will work in a forest, plant trees and take care of green areas. Volunteers will also help to beautify the town, make walking paths, mark walking paths and mark their GPS coordinates. Each day, two volunteers will do some other tasks outside the town.

The weather conditions in Iceland can be unpredictable, be prepared to experience different kinds of weather and bring warm clothing since most of the work takes place outdoors.

**ACCOMMODATION**: Volunteers will sleep on mattresses on the floor in a local house in a sleeping bag accommodation. Please bring your own sleeping bag. There is no shower in the local house, but volunteers will have access to showers in the local swimming pool.

Food supplies will be provided and a kitchen will be available. Volunteers will share the duties of cooking and cleaning.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The West Fjords are among the most breathtakingly beautiful places in Iceland, with its high mountains and dramatic fjords cutting deep into the landscape. The Lonely Planet travel guide actually put the area on its top 10 list of regions in the world to visit in 2011.

Although the locals here are great, it is the nature that attracts visitors. For understandable reasons as well: it is untouched and almost uninhabited. The cliffs and valleys are packed with birds, the uninhabited fjords offer a moment of silence and tranquility, and the Arctic fox proudly roams the mountains and inlets. The waterfalls are high and the streams pure. The distances are long and the fjords are deep. And then there are places where there are no roads at all.

Tálknafjörður is located in the southern Westfjords, it is one of three communities in the southwestern area of the Westfjords. Tálknafjörður is a fishing village that rests on the 15 km long and nearly 4 km wide bay, Tálknafjörður. The mountains drop steep into the bay, the lowland stretches are small and narrow and short valleys cut into the interior plateau. Thermal activity has been discovered in a few places and is used for house heating and a swimming pool in the village.

The place is surrounded by mountains that offer endless opportunities to enjoy nature and wilderness during all seasons.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 180 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and be prepared to experience different kinds of weather in a very isolated region of the country.

There will be countless opportunities to discover the area by foot or to hike the surroundings; the location is surrounded by stunning nature.

Our hosting partner will organize some free time activities in the area; for instance a day trip in the area and visits to the local swimming pool.



### SEEDS 047. Archaeology in the East 04.06 - 18.06 ENVI / CONS / NATU 8 Volunteers Age: 18+

**WORK/PROJECT:** For the fourth year SEEDS volunteers will have the unique opportunity to join one of the most exciting archaeological projects in Iceland.

Volunteers will be working at the archaeological site Skriðuklaustur (e. The monastery at Skriða). On site are the ruins of a medieval monastery which was reconstructed by SEEDS volunteers a few years ago after 10 years of research and excavation.

The tasks will be mainly connected with taking care of the land around the monastery. Main tasks include repairing ruins, beautifying the area and building a monastic garden.

The working plan will be very flexible and it will depend on the needs of our local hosts and of course on the weather conditions. Be prepared to get dirty. The work can be physical.

**ACCOMMODATION**: Volunteers will sleep in beds in a local house next to the cultural center. The house is fully equipped and volunteers will have access to kitchen and bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: Volunteers will work in Skriðuklaustur in Fljótsdalur valley, which is located about 40 km from the biggest town in the East of Iceland, Egilsstaðir (pop. 2,300) and about 650 km from Reykjavík. It is a part of Fljótsdalshérað. Skriðuklasutur is located by the south end of the mysterious lake Lagarfljót, where a world famous worm monster lives. In the valley you will also find Hengifoss, the second highest waterfall in Iceland 128m.

The monastery at Skriða, named Skriðuklaustur, was the youngest of the seven monasteries and two nunneries in operation in Iceland during the medieval period, but within a short time, it became one of the richest. It is thought that this increase in material wealth was due to Skriðuklaustur having been the only monastery in East Iceland. Nowadays, Skriðuklaustur has a local centre of culture and history. The house was built in 1939 and is one of Iceland's most important buildings. There is a museum about the writer Gunnar Gunnarsson in the house. It is also a residence for artists, writers and scholars, both Icelandic and foreign. At Skriðuklaustur there are as well exhibitions available for visitors and many events organized concerning local culture and the nature of East Iceland. The ruins of the 16th century monastery with archaeological excavation are located nearby.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age. The largest natural forest in Iceland, Hallormsstaðaskógur, and wild reindeers are also found in Fljótsdalur.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF); domestic airport and bus stop is Egilsstaðir.

SEEDS organizes the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

Volunteers joining SEEDS minibus option will have the chance to **travel around Iceland**, as we will go to the camp via the North of the country and will return from the camp by the South. This trip includes scenic sights such as glaciers, unique waterfalls, glacier lagoons, geothermal areas, and amazing mountain ranges.

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Our hosting partner will organize free time activities such as a day tour, hiking and possibly horseback riding and fishing.



SEEDS 041. The Highlands North of Vatnajökull glacier 05.06 - 19.06 CONS / RENO / ENVI 8 Volunteers Age: 18+

**WORK / PROJECT:** SEEDS Volunteers will have the chance to work for the fifth year in a row in this very special project. Volunteers will work in the midland, East of lake Mývatn and North of the Vatnajökull glacier. The work camp's base is situated in the highlands - 469 meters above sea level.

The area has been inhabited since the early times of the settlement. As small-scale farming has become more difficult in recent times, some of the locals have decided to combine the farm-work with the new tourism services and push forward alternative ways of income for the region. The extreme beauty of the area draws more and more visitors every year.

Hundreds of years of farming work have taken its toll in the pristine landscape. Volunteers will support local farms in removing elements and machinery (e.g. old tires, old corrugated iron, fences, etc.) that has been left unattended and needs to be removed in order to restore the natural and historical heritage of the region.

Volunteers will also work repairing an old turf building, restoring it to its previous "form", so it looks similar to the several other turf buildings in the surroundings.

Additional work for us will be turfing, fixing and maintaining walking paths and making a new trail.

**ACCOMMODATION:** Volunteers will be lodged in a house in one of the farms, sleeping in shared rooms in beds, please bring a sleeping bag.

Volunteers will receive food ingredients and be in charge of cooking and cleaning activities. Equipped kitchen and washing machine are available.

Please do not forget some traditional food from your home country for the international evening.

**LOCATION:** The work camp is located in the North-eastern part of the country and in the vicinity of the largest national park in Europe; Vatnajökull NP; which is now around 12.000 Km<sup>2</sup> and it is expected to expand within the next years. The region of the park is unique; one can find glaciers, volcanic activity, glacier bursts, eruptions and geothermal heat plus an extremely rare landscape.

With the establishment of Vatnajökull National Park, Icelanders wade into the largest nature conservation project ever taken on in Iceland. It is one of the largest developments the authorities have undertaken in this region and has created many jobs. The land within the park is mostly owned by the government, but a few privately owned districts are a part of the national park.

Under its ice-cap, the glacier hides seven volcanoes and most of them are active. Underneath there is an ice cavern system several kilometres long. Vatnajökull covers about 8% of the country, and is about 1000 m thick at its thickest point. Mount Herðubreið, the queen of Icelandic mountains is located in the area.

LANGUAGE: English will be the language of the camp; basic conversational skills are required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee is EUR 200 (Euros). Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

This work camp takes place in a very remote place, located in a natural area of extreme beauty. Outdoor free time activities, for instance hikes, will be arranged for SEEDS volunteers.

Please bring warm clothes as the weather in Iceland can be unpredictable. Bring comfortable clothes to work in, good overcoats and outdoor wear as well as good shoes or boots.



# SEEDS 042. The Highlands of Iceland - The Famous Kjölur Road (1:2) 07.06 - 21.06 CONS / RENO 10 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working on several projects, mostly construction and renovation related tasks, preparing the area before the summer; supporting a group of local lcelanders that are developing the area with new tourism services and pushing forward alternative ways of income; running a series of mountain huts in this isolated area and offering services to travellers during the summer time.

The tasks will include landscaping around houses in the area as well as some painting. Volunteers will also help revegetate some areas around. We will be maintaining hiking paths and clearing litter. As the landscape is raw, the work is physically demanding but also rewarding.

**ACCOMMODATION**: Volunteers will be hosted in a local mountain hut; sleeping in shared rooms on mattresses on the floor; please bring your own sleeping bag. The facilities are very basic and volunteers are expected to show consideration for their companions.

Volunteers will receive food ingredients and be in charge of cooking and cleaning. Please do not forget some traditional food from your home country for the international evening.

**LOCATION:** The Icelandic highlands, or "the interior", are a true pearl to all nature lovers and outdoor people. It is accessible on 4WD cars and most routes involve crossing un-bridged rivers.

If you really want to get away from it all, the interior of Iceland is like nothing you have ever experienced. The mountainous centre of the island, with its rocky deserts, craggy mountain peaks, ice caps, volcanoes, hidden valleys and hot springs, is an awesome and untouched wilderness.

The interior was almost totally inaccessible until recently. However outlaws managed to hide out for years at a time in the highlands, rustling sheep and keeping away from law-abiding citizens. Folklore stories tell of both natural and supernatural beings that lay in wait for unwary highland travellers. Travellers going between the north and south of Iceland sometimes had to cross the highlands. To get to the assembly of Alþingi (parliament) each summer, delegates had to ride from every corner of the country to Þingvellir in the southwest.

Journeys across the interior were never undertaken lightly; such travel was risky and lives were often lost. Today the interior is crossed by two mountain roads, via Kjölur and Sprengisandur, which are only open in summer, after the snow has thawed in spring.

Volunteers will be staying close to the glacier Hofsjökull and near to the rivers Hvítá and Þjórsá. The mountains in the area that reach up to 1500 m were formed during a volcanic eruption in the later part of the ice age. The area is still dynamic and great geothermal activity takes place in the surroundings. The environment is very diverse, both in shape and colour. The mountains are weathered and have very little continuous growth, as the forces of nature, like glaciers, water flow, ice bursts etc. have been fast working in these mountain highlands.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

The fee includes the domestic transportation from Reykjavík to the camp site and back (on the first and last day of the camp). **Departure time will be at 7:00 in the morning**.

Remote and very isolated site located in natural areas of extreme beauty. Volunteers need to be prepared for physical and demanding work, free time activities are mostly hiking and trekking in the area as there is no transportation available or possibility to organise transport to different sites.

Bring warm winter clothes as the project takes place outside and the weather can be very cold.



SEEDS 043. Botanic Garden in Reykjavík (4:10) 07.06 - 20.06 ENVI / NATU 7 Vols. Age: 20+

**WORK/PROJECT:** For the fifth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50<sup>th</sup> anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

**ACCOMMODATION:** SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) can be arranged for SEEDS at discount fares.



#### SEEDS 044. Photo Marathon in Reykjavík 08.06 - 18.06 ARTS / CULT 8 Volunteers Age: 18+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a regular workcamp - but volunteers will likely work for 2 days with the city of Reykjavík in the cemeteries, helping with raking leaves, beautifying the gardens and working on the recycling system among other tasks.

**ACCOMMODATION:** SEEDS participants will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

The *Icelandic National Day* is celebrated annually on June 17. The celebrations include a parade through the streets, along with various parties, street theatre, live music and other events.

Excursions (Blue Lagoon, Golden Circle, South shore etc.) can be arranged at discount fares.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.



### SEEDS 048. Revegetation in the south of Iceland (1:2) 11.06 - 25.06 ENVI 19 Volunteers Age: 18 +

**WORK/PROJECT:** Since 2007, SEEDS has been working with a few other NGOs devoted to the revegetation of eroded soils in the south-west of Iceland. The aim of the project is to halt the downward spiral of erosion and to strengthen the ecosystem by enhancing its natural vegetation.

In 2015 SEEDS volunteers will perform three different types of work: a) Revegetation and erosion control, b) Monitoring the survival and growth of tree plantations of former years, c) Tree planting.

By using organic waste materials for fertilizing we aim for a double gain. The soils, poor in plant nutrients, are enriched while the amount of materials in need for a waste treatment is substantially decreased. The south-west is part of the volcanic belt of Iceland, with vast lava fields and erodible volcanic soils. Additionally, the area has suffered from overgrazing of sheep for long. Consequently the ecological condition is rather poor and some areas are stripped entirely of top soil.

Close to 70% of the total population lives in this part of Iceland. Different kinds of organic waste materials are being generated in and from the urban environment, substantial quantities every year. In the long run materials like horse manure, garden waste and the likes are the best revegetation means available. We work to make way for these materials as a revegetation medium. In this project we combine professionalism with idealism. The results so far can already be seen at a number of sites in the area and since 2007 with great contribution from SEEDS volunteers.

**ACCOMMODATION:** Volunteers will be lodged in a school with basic facilities in one of Reykjavik's neighbouring towns, Hafnarfjörður. Volunteers will sleep on mattresses, please bring a sleeping bag.

Food ingredients will be provided and the group will be responsible for cooking and cleaning. Please do not forget some traditional food from your home country for the international evening.

**LOCATION:** The work will take place in the vicinity of Reykjavík, and the groups will touch upon more than one project in different places. The main emphasis will be on erosion control on the banks of Kleifarvatn (big lake in Reykjanes peninsula), Vatnsskarð, Bolalda, Sandskeið and various sites on the Reykjanes peninsula.

The Reykjanes peninsula is located near the capital and most travellers coming to Iceland land in the area: As the Reykjanes coastline draws closer and the plane prepares to land at Keflavík Airport, the peninsula is marked by active volcanism under its surface, and large lava fields allow little vegetation. There are numerous hot springs and sulphur springs in the southern half of the peninsula, around the Kleifarvatn Lake and in the Krýsuvík geothermal area. The Peninsula is envied for its hiking trails that zigzag through the region with colourful landscapes. Amazing ocean cliffs, (up to 70 m high) are nested by numerous bird species, often a wonderful spot for bird and whale watching. Another great asset of the peninsula is the geothermal power station at Svartsengi, where a pool has been installed using the hot and mineralized water coming down from the station. It is known as the "Blue Lagoon".

The Leif the Lucky Bridge is named after the Icelandic explorer Leifur Eriksson who travelled from Europe to America 500 years before Columbus. It spans the Álfagjá rift valley (60 feet wide and 20 deep) that marks the boundary of the Eurasian and North American continental tectonic plates.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our hosting partner will take the group on a two day trip, where participants are asked to pay 25 euros for staying overnight in a rented house.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.



# SEEDS 049. Geothermal experience in the South (1:2) 15.06 - 26.06 ENVI / CONS 8 Volunteers Age: 18+

**WORK/PROJECT**: SEEDS volunteers will have the unique opportunity to work in the hot spring capital of the world Hveragerði. Volunteers will work with the municipality. The town is built above a hot-spring field, and derives its name from the Icelandic word for hot spring: hver.

Volunteers will mainly be working in the hot spring areas. The main tasks include pulling and removing weeds and applying preservation on wood. Volunteers might also do some work in a forest in the area, like making walking paths. Other tasks might be cleaning up and light maintenance in the area.

The work is physically demanding and volunteers need to be motivated to work outdoors and to be flexible to work in all the diverse tasks connected with the project. Volunteers should be prepared for cold or rainy weather since the work takes place outdoors.

**ACCOMMODATION**: SEEDS volunteers will be staying in a local house/school. Volunteers will have access to kitchen and bathrooms and will sleep on mattresses on the floor. Shower facilities in the building are basic. Volunteers will have free access to the local swimming pool.

Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning activities. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: Hveragerði is located 45 Km from Reykjavik, and may be seen from the vantage point of the Kambar mountain slope, as it spreads out across a 5,000 year-old lava field. Throughout the years, pillars of steam from the numerous hot springs in the town may be seen rising up out of the ground. In summer the town is truly a green community, abounding in trees. A green revolution is taking place as areas of woodland in and around Hveragerði expand, with the locals working together in order to further develop their blossoming town.

A new hot spring area broke through the ground in the earthquake that shook Iceland's south on the 29<sup>th</sup> of May 2008. It is situated in the hillside above the town. Several very active hot springs can be seen that throw colourful mud and clear water in the air, which is a spectacular sight.

The Hveragerði surroundings are a paradise for outdoor activities. There are hiking trails in the recreational area of Hamar Mountain. From the mountain there are excellent views of land and out to sea. To the north of town is one of the country's largest geothermal areas, Hengill, where plumes of steam can be seen for miles. Hiking and riding trails stretch from town through Ölfusdalur valley, into the Hengill volcanic area, all the way to Nesjavellir and Þingvellir National Park. Along the way are warm springs where bathing is possible.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a special shared transport from Reykjavík to the camp which includes the Golden circle excursion. This excursion will be organised on the first day of the camp and it is included in the fee of the project. **Departure time will be at 9:00 in the morning**.

Apart from being cheaper than regular public services or tour operators, it also allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). This fee is paid to SEEDS on arrival in either Euros or Icelandic krónas. The fee includes the transportation from Reykjavík to the camp and back (on the first and last day of the camp). In the first day we will do the Golden Circle trip.

It is easy to enjoy life in all its splendour in Hveragerði. Innumerable walking trails wind through the beautiful countryside. SEEDS volunteers will be able to explore the surroundings in their free time.



SEEDS 051. Meet us - don't eat us (2:6) 15.06 - 27.06 ENVI / ARTS 10 Volunteers Age: 18+

**WORK/PROJECT:** This is the fifth year that SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with <u>IFAW</u> (International Fund for Animal Welfare). This mainly consists of distributing information, conducting a survey, having people fill out postcards that will be taken to the government at the end of the work camp, talking to people and having fun in Reykjavík! SEEDS is looking for enthusiastic and open people for this workcamp!

The aim of the project is to raise awareness in a friendly, peace- and joyful manner. Volunteers will be given the opportunity to prepare and carry out acts or actions to grab attention and entertain passers-by. We encourage people with artistic skills and talents to apply: this is your chance to give vent to your joy of creation and performance.

We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss them with the group and try to implement them. The work in this workcamp can be quite repetitive.

Our goal is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% where in favour of commercial whaling.

Iceland was one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house in Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Europe's most northern capital is a friendly, vibrant city that manages to combine the intimacy of a small-town atmosphere with all the qualities of a modern, trendy city. Here you can leisurely stroll around the lovely little streets of the town centre with its many renovated old houses and there's no hustle and bustle, no noisy traffic to contend with.

The visitor to Reykjavik is simply spoiled when it comes to things to do. There is the National Gallery and a range of other small avant-garde galleries for the art lover. The newly reopened National Museum provides an exciting insight into Iceland's history and heritage, as does the Arbaer Folk Museum.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; good conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 140 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

SEEDS will provide volunteers with passes to go on free whale watching trips. Tours and excursions (eg. Golden Circle, Blue Lagoon, Snaefellsnes or South Shore) can be arranged for SEEDS volunteers at discount fares.



### SEEDS 052. Archaeology in the East 17.06 - 01.07 ENVI / CONS / NATU 8 Volunteers Age: 18+

**WORK/PROJECT:** For the fourth year SEEDS volunteers will have the unique opportunity to join one of the most exciting archaeological projects in Iceland.

Volunteers will be working at the archaeological site Skriðuklaustur (e. The monastery at Skriða). On site are the ruins of a medieval monastery which was reconstructed by SEEDS volunteers a few years ago after 10 years of research and excavation.

The tasks in this project will be mainly connected with taking care of the land and the buildings around the monastery. Main tasks include repairing old walls made of stones and turf, beautifying the area, painting buildings and building a labyrinth.

The working plan will be very flexible and it will depend on the needs of our local hosts and of course on the weather conditions. Be prepared to get dirty. The work can be physical.

**ACCOMMODATION**: Volunteers will sleep in beds in a local house next to the cultural center. The house is fully equipped and volunteers will have access to kitchen and bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: Volunteers will work in Skriðuklaustur in Fljótsdalur valley, which is located about 40 km from the biggest town in the East of Iceland, Egilsstaðir (pop. 2,300) and about 650 km from Reykjavík. It is a part of Fljótsdalshérað. Skriðuklasutur is located by the south end of the mysterious lake Lagarfljót, where a world famous worm monster lives. In the valley you will also find Hengifoss, the second highest waterfall in Iceland 128m.

The monastery at Skriða, named Skriðuklaustur, was the youngest of the seven monasteries and two nunneries in operation in Iceland during the medieval period, but within a short time, it became one of the richest. It is thought that this increase in material wealth was due to Skriðuklaustur having been the only monastery in East Iceland. Nowadays, Skriðuklaustur has a local centre of culture and history. The house was built in 1939 and is one of Iceland's most important buildings. There is a museum about the writer Gunnar Gunnarsson in the house. It is also a residence for artists, writers and scholars, both Icelandic and foreign. At Skriðuklaustur there are as well exhibitions available for visitors and many events organized concerning local culture and the nature of East Iceland.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age. The largest natural forest in Iceland, Hallormsstaðaskógur, and wild reindeers are also found in Fljótsdalur.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF); domestic airport and bus stop is Egilsstaðir.

SEEDS organizes the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

Volunteers joining SEEDS minibus option will have the chance to **travel around Iceland**, as we will go to the camp via the North of the country and will return from the camp by the South. This trip includes scenic sights such as glaciers, unique waterfalls, glacier lagoons, geothermal areas, and amazing mountain ranges.

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Our hosting partner will organize free time activities such as a day tour, hiking and possibly horseback riding and fishing.



### SEEDS 071. Tálknafjörður in the West fjords (2:4) 17.06-01.07 CONS / ENVI 8 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working with the local municipality in Tálknafjörður, in the West Fjords.

Volunteers will work in a forest, plant trees and take care of green areas. Volunteers will also help to beautify the town, make walking paths, mark walking paths and mark their GPS coordinates. Each day, two volunteers will do some other tasks outside the town.

The weather conditions in Iceland can be unpredictable, be prepared to experience different kinds of weather and bring warm clothing since most of the work takes place outdoors.

**ACCOMMODATION**: Volunteers will sleep on mattresses on the floor in a local house in a sleeping bag accommodation. Please bring your own sleeping bag. There is no shower in the local house, but volunteers will have access to showers in the local swimming pool.

Food supplies will be provided and a kitchen will be available. Volunteers will share the duties of cooking and cleaning.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The West Fjords are among the most breathtakingly beautiful places in Iceland, with its high mountains and dramatic fjords cutting deep into the landscape. The Lonely Planet travel guide actually put the area on its top 10 list of regions in the world to visit in 2011.

Although the locals here are great, it is the nature that attracts visitors. For understandable reasons as well: it is untouched and almost uninhabited. The cliffs and valleys are packed with birds, the uninhabited fjords offer a moment of silence and tranquillity, and the Arctic fox proudly roams the mountains and inlets. The waterfalls are high and the streams pure. The distances are long and the fjords are deep. And then there are places where there are no roads at all.

Tálknafjörður is located in the southern Westfjords, it is one of three communities in the southwestern area of the Westfjords. Tálknafjörður is a fishing village that rests on the 15 km long and nearly 4 km wide bay, Tálknafjörður. The mountains drop steep into the bay, the lowland stretches are small and narrow and short valleys cut into the interior plateau. Thermal activity has been discovered in a few places and is used for house heating and a swimming pool in the village.

The placeis surrounded by mountains that offer endless opportunities to enjoy nature and wilderness during all seasons.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and be prepared to experience different kinds of weather in a very isolated region of the country.

There will be countless opportunities to discover the area by foot or to hike the surroundings; the location is surrounded by stunning nature.

Our hosting partner will organise some free time activities in the area; for instance visiting the local swimming pool and a day trip in the area.



## SEEDS 053. The Small Town Games in the North West 18.06 - 01.07 FEST / CULT / ENVI 8-10 Volunteers Age: 18+

**WORK/PROJECT:** For the first time, SEEDS volunteers will have the unique opportunity to take part in two different sports events in the North of Iceland; a football tournament for young kids called "Smábæjarleikarnir" (the Small Town Games) and a sports event called "Landsmót 50+" held by the Icelandic Youth Association (UMFÍ) for seniors over 50 years old.

The Small Town Games is a football tournament for kids aged 6-13. The tournament is 2 days long and has been growing every year since it was first held. This year the town is expecting around 800 people to come for the tournament.

Landsmót 50+ is a sports event for people over 50 years old. People will compete in various sports, for instance in boccia, tractor driving, athletics, golf, judo, chess, swimming and more.

Volunteers will be involved in preparing the two tournaments and assisting during them. Volunteers will help prepare the competition areas, put up signs, clean the areas and other related tasks. During competition days, volunteers will help with timing, catering, picking up garbage and other related tasks. Volunteers will play a big role in making it possible for these events to take place.

**ACCOMMODATION**: SEEDS volunteers will stay in a local school, sleeping on mattresses on the floor, with access to kitchen and bathrooms. Please bring your own sleeping bag.

Volunteers will be provided with food and be in charge of the cooking themselves. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The project is located about 250 Km from Reykjavík, in the North West of the country.

The work camp will take place in a small town called Blönduós which is the largest urban area in Húnaflói bay. The employment is connected to agriculture, industry, services and fishing industry. A creamery and butchery is operated in the town. At Blönduós there is a well-equipped Hospital, health service, service apartments for the elderly, a Community centre, a Sports centre, Swimming pool, good Camping area, a Hotel, Cafés & Restaurants and much more.

A handcraft museum, the only one of a kind in Iceland, is to be found in Blönduós. There is also a Sea Ice Exhibition Centre in the old part of the town and The Icelandic Textile Center in the old Woman's handcrafts college in Blönduós.

The river Blanda runs through the town and is the longest and perhaps the most powerful Salmon river in Iceland. The source of the river Blanda is in the southwest side of the glacier Höfsjökull and it runs into Húnaflói bay at Blönduós. The catchment area of Blanda is estimated to be 2370 km2 and is among the longest rivers in the country with a length of circa 125 km. The river is one of the main salmon rivers in Iceland and has often yielded a catch of almost 3000 salmon in one summer. In the river Blanda is the Island Hrútey. This island is protected and has good walking paths.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). Please note these fees are to be paid to SEEDS on arrival in Icelandic krónas or Euros.

Our local hosts will organise leisure activities for the group of volunteers, for instance a guided hiking tour, visits to local museums and possibly horseback riding. SEEDS volunteers will have free access to the local geothermal pool in Blönduós.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather and be sure to bring warm clothing since most of the work will take place outdoors.



# SEEDS 064. Patreksfjörður - Unique West fjords (1:3) 19.06 - 03.07 CONS / ENVI 6 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working this year once again with the local municipality in Patreksfjörður, in the West Fjords. SEEDS has been working in the municipality for the last 9 years in different projects.

Volunteers will be beautifying the town of Patreksfjörður and surroundings by taking care of green areas. Volunteers might also do some painting jobs, clean beaches, and other related tasks.

The working plan will be flexible and it will depend on the needs of our local host and the advance of the diverse projects in the area as well as weather conditions.

The weather conditions in Iceland are unpredictable, be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

**ACCOMMODATION**: SEEDS volunteers will be hosted in a local house in a sleeping bag accommodation. Please bring your own sleeping bag.

Food supplies will be provided and a kitchen will be available. Volunteers will share the duties of cooking and cleaning.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The West Fjords are among the most breathtakingly beautiful places in Iceland, with its high mountains and dramatic fjords cutting deep into the landscape. The Lonely Planet travel guide actually put the area on its top 10 list of regions in the world to visit in 2011.

Although the locals here are great, it is the nature that attracts visitors. For understandable reasons as well: it is untouched and almost uninhabited area. The cliffs and valleys are packed with birds, the uninhabited fjords offer a moment of silence and tranquillity, and the Arctic fox proudly roams the mountains and inlets. The waterfalls are high and the streams pure. The distances are long and the fjords are deep. And then there are places where there are no roads at all.

Patreksfjörður is a typical fishing village with a population of about 800. It is the biggest town in the southern part of the West Fjords. Patreksfjörður got its name from its first settler, whose spiritual guide was St. Patrick, the patron saint of Ireland. Somewhat fittingly it was in this fjord that the first potatoes were cultivated in Iceland in the 18<sup>th</sup> century.

The town is located on the shores in the south of the West Fjords and is surrounded by mountains that offer endless opportunities to enjoy nature and wilderness during all seasons.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and be prepared to experience different kinds of weather.

There will be countless opportunities to discover the area by foot or to hike the surroundings; the location is surrounded by stunning nature.

Our hosting partner will organise free time activities in the area; for instance visiting the local swimming pool and hiking.



# SEEDS 055. Hitting the slopes - Skálafell (1:2) 21.06 - 29.06 CONS / ENVI / RENO 8 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will once again be working with the City of Reykjavík in one of the main Skiing areas in the capital region of Iceland.

Volunteers will be working in Skálafell, where the ski slopes are turned into a Bike park during summertime and mountain bike enthusiasts can nourish their passion. The main tasks will include renovation and maintenance work on the bike trails; mainly raking and scraping them up. Some paint job awaits the SEEDS volunteers as well and general cleaning of the area.

The camp starts on the day when the summer solstice occurs, when the sun never fully sets at this latitude and the nights are as bright as the days. The bright nights are magical with almost 24 hours of sunlight and staying awake enjoying the beautiful surroundings is a unique experience.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house in Reykjavík. The facilities are basic and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be partly in charge of the cooking and cleaning activities. During week days lunch will be served at the working site.

Do not forget some traditional food from your country for an international evening.

**LOCATION:** The house where SEEDS volunteers will be quartered during the project is located in Reykjavík, approximately 30 km away from the location of the working site. Volunteers will be transported there every working day.

Some of the best natural country sides in Iceland are located where this workcamp takes place. Hiking, mountain biking, alpine and cross country skiing are a few outdoor activities people can enjoy in the area.

Iceland is chilly, even in summer. Expect nights to dip down to 10 Celsius and days to warm up to the mid-high teens Celsius and warmer. In mountains, weather can change quickly and drastically.

The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavík is a vibrant city that manages to combine the intimacy of a small-town atmosphere with all the qualities of a modern, trendy city. Here you can leisurely stroll around the lovely little streets of the town centre with its many renovated old houses and there's no hustle and bustle, no noisy traffic to contend with.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary. Volunteers need to be prepared for a wide range of weather.

Our hosting partner will organise free time activities in the area and tours and excursions can be arranged for SEEDS volunteers at discount fares as well (for example Golden Circle, Blue Lagoon, South Shore, etc.)



### SEEDS 056. Botanic Garden in Reykjavík (5.10) 21.06 - 04.07 ENVI / NATU 7 Vols. Age: 20+

**WORK/PROJECT:** For the fifth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50<sup>th</sup> anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short noticebut they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

**ACCOMMODATION:** SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) can be arranged for SEEDS at discount fares.



### SEEDS 057. Photo Marathon in Reykjavík 22.06 - 02.07 ARTS / CULT 8 Volunteers Age: 16+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a regular workcamp - but volunteers will likely work for 2 days with the city of Reykjavík in the cemeteries, helping with raking leaves, beautifying the gardens and working on the recycling system among other tasks.

**ACCOMMODATION:** SEEDS participants will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.



**WORK/PROJECT:** Since 2007, SEEDS has been working with a few other NGOs devoted to the revegetation of eroded soils in the south-west of Iceland. The aim of the project is to halt the downward spiral of erosion and to strengthen the ecosystem by enhancing its natural vegetation.

In 2015 SEEDS volunteers will perform three different types of work: a) Revegetation and erosion control, b) Monitoring the survival and growth of tree plantations of former years, c) Tree planting.

By using organic waste materials for fertilizing we aim for a double gain. The soils, poor in plant nutrients, are enriched while the amount of materials in need for a waste treatment is substantially decreased. The south-west is part of the volcanic belt of Iceland, with vast lava fields and erodible volcanic soils. Additionally, the area has suffered from overgrazing of sheep for long. Consequently the ecological condition is rather poor and some areas are stripped entirely of top soil.

Close to 70% of the total population lives in this part of Iceland. Different kinds of organic waste materials are being generated in and from the urban environment, substantial quantities every year. In the long run materials like horse manure, garden waste and the likes are the best revegetation means available. We work to make way for these materials as a revegetation medium. In this project we combine professionalism with idealism. The results so far can already be seen at a number of sites in the area and since 2007 with great contribution from SEEDS volunteers.

**ACCOMMODATION:** Volunteers will be lodged in a school with basic facilities in one of Reykjavik's neighbouring towns, Hafnarfjörður. We will sleep on mattresses, please bring a sleeping bag.

Food ingredients will be provided and the group will be responsible for cooking and cleaning. Please do not forget some traditional food from your home country for the international evening.

**LOCATION:** The work will take place in the vicinity of Reykjavík, and the groups will touch upon more than one project in different places. The main emphasis will be on erosion control on the banks of Kleifarvatn (big lake in Reykjanes peninsula), Vatnsskarð, Bolalda, Sandskeið and various sites on the Reykjanes peninsula.

The Reykjanes peninsula is located near the capital and most travellers coming to Iceland land in the area: As the Reykjanes coastline draws closer and the plane prepares to land at Keflavík Airport, the peninsula is marked by active volcanism under its surface, and large lava fields allow little vegetation. There are numerous hot springs and sulphur springs in the southern half of the peninsula, around the Kleifarvatn Lake and in the Krýsuvík geothermal area. The Peninsula is envied for its hiking trails that zigzag through the region with colourful landscapes. Amazing ocean cliffs, (up to 70 m high) are nested by numerous bird species, often a wonderful spot for bird and whale watching. Another great asset of the peninsula is the geothermal power station at Svartsengi, where a pool has been installed using the hot and mineralized water coming down from the station. It is known as the "Blue Lagoon".

The Leif the Lucky Bridge is named after the Icelandic explorer Leifur Eriksson who travelled from Europe to America 500 years before Columbus. It spans the Álfagjá rift valley (60 feet wide and 20 deep) that marks the boundary of the Eurasian and North American continental tectonic plates.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.



# SEEDS 060. Geothermal experience in the South (2:2) 29.06 - 10.07 ENVI / CONS 8 Volunteers Age: 18+

**WORK/PROJECT**: SEEDS volunteers will have the unique opportunity to work in the hot spring capital of the world Hveragerði. Volunteers will work with the municipality. The town is built above a hot-spring field, and derives its name from the Icelandic word for hot spring: hver.

Volunteers will mainly be working in the hot spring areas. The main tasks include pulling and removing weeds and applying preservation on wood. Volunteers might also do some work in a forest in the area, like making walking paths. Other tasks might be cleaning up and light maintenance in the area.

The work is physically demanding and volunteers need to be motivated to work outdoors and to be flexible to work in all the diverse tasks connected with the project. Volunteers should be prepared for cold or rainy weather since the work takes place outdoors.

**ACCOMMODATION**: SEEDS volunteers will be staying in a local house/school. Volunteers will have access to kitchen and bathrooms and will sleep on mattresses on the floor. Shower facilities in the building are quite poor, but volunteers will have free access to the local swimming pool.

Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: Hveragerði is located 45 Km from Reykjavik, and may be seen from the vantage point of the Kambar mountain slope, as it spreads out across a 5,000 year-old lava field. Throughout the years, pillars of steam from the numerous hot springs in the town may be seen rising up out of the ground. In summer the town is truly a green community, abounding in trees. A green revolution is taking place as areas of woodland in and around Hveragerði expand, with the locals working together in order to further develop their blossoming town.

A new hot spring area broke through the ground in the earthquake that shook Iceland's south on the 29<sup>th</sup> of May 2008. It is situated in the hillside above the town. Several very active hot springs can be seen that throw colourful mud and clear water in the air, which is a spectacular sight.

The Hveragerði surroundings are a paradise for outdoor activities. There are hiking trails in the recreational area of Hamar Mountain. From the mountain there are excellent views of land and out to sea. To the north of town is one of the country's largest geothermal areas, Hengill, where plumes of steam can be seen for miles. Hiking and riding trails stretch from town through Ölfusdalur valley, into the Hengill volcanic area, all the way to Nesjavellir and Þingvellir National Park. Along the way are warm springs where bathing is possible.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a special shared transport from Reykjavík to the camp which includes the Golden circle excursion. This excursion will be organised on the first day of the camp and it is included in the fee of the project. **Departure time will be at 9:00 in the morning**.

Apart from being cheaper than regular public services or tour operators, it also allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). This fee is paid to SEEDS on arrival in either Euros or Icelandic krónas. The fee includes the transportation from Reykjavík to the camp and back (on the first and last day of the camp). In the first day we will do the Golden Circle trip.

It is easy to enjoy life in all its splendour in Hveragerði. Innumerable walking trails wind through the beautiful countryside. SEEDS volunteers will be able to explore the surroundings in their free time.



SEEDS 061. Meet us - don't eat us (3:6) 29.06 - 11.07 ENVI / ARTS 10 Volunteers Age: 18+

**WORK/PROJECT:** This is the fifth year that SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with <u>IFAW</u> (International Fund for Animal Welfare). This mainly consists of distributing information, conducting a survey, having people fill out postcards that will be taken to the government at the end of the work camp, talking to people and having fun in Reykjavík! SEEDS is looking for enthusiastic and open people for this workcamp!

The aim of the project is to raise awareness in a friendly, peace- and joyful manner. Volunteers will be given the opportunity to prepare and carry out acts or actions to grab attention and entertain passers-by. We encourage people with artistic skills and talents to apply: this is your chance to give vent to your joy of creation and performance.

We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss them with the group and try to implement them. The work in this workcamp can be quite repetitive.

Our goal is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% where in favour of commercial whaling.

Iceland was one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house in Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Europe's most northern capital is a friendly, vibrant city that manages to combine the intimacy of a small-town atmosphere with all the qualities of a modern, trendy city. Here you can leisurely stroll around the lovely little streets of the town centre with its many renovated old houses and there's no hustle and bustle, no noisy traffic to contend with.

The visitor to Reykjavik is simply spoiled when it comes to things to do. There is the National Gallery and a range of other small avant-garde galleries for the art lover. The newly reopened National Museum provides an exciting insight into Iceland's history and heritage, as does the Arbaer Folk Museum.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; good conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 140 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

SEEDS will provide volunteers with passes to go on free whale watching trips. Tours and excursions (eg. Golden Circle, Blue Lagoon, Snaefellsnes or South Shore) can be arranged for SEEDS volunteers at discount fares.



# SEEDS 015. Outdoor work on the South Shore 30.06 - 15.07 AGRI / RENO 8 Volunteers Age: 18+

**WORK/PROJECT:** In this project volunteers will assist with renovations of an old farm in the south of Iceland which is being changed into a guesthouse. Our hosts are a young family that recently bought the farm and are renovating the house and maintaining the area, including a couple of historically preserved buildings.

The main work tasks will be to clean the area, tear down old fences and fix newer ones, paint a historically preserved house and outhouses, and help with repairs on a historically preserved barn.

Volunteers will also plant trees and/or other vegetation, as well as help with some farming activities such as cleaning out old hay from a barn. Based on the interest of the volunteers, they will have the opportunity to learn about tourist services such as booking and receiving guests.

The weather conditions in Iceland are unpredictable so be prepared to experience all kinds of weather and bring warm clothing.

**ACCOMMODATION**: SEEDS volunteers will stay in a small house on the land with access to a bathroom and kitchen in the next house. Volunteers will sleep in shared rooms in sleeping bags. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Breakfast will be prepared by the host. Do not forget to bring some traditional/typical food from your home country for an international evening.

**LOCATION**: The project is located on a farm on the South shore of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south. The farm is beautifully located between Dyrhóley and Pétursey islands on land. In the beginning the farm was still powered by a home hydroelectric generating station, which is still standing although no longer in use.

The farm is only a ten minutes' drive from the town of Vík í Mýrdal, which is Iceland's most southerly village. Vík is a charming small village surrounded by high beautiful bird cliffs with beautiful ocean view.

Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the sea. Just east of Vík's outskirts lies one of Europe's biggest arctic tern breeding grounds.

A range of recreational opportunities are offered in the area, including glacier hiking, snowmobiling, ice climbing, bird watching, nature hiking and horse riding as well as equestrian displays. There are also a number of exhibitions and museums, like Skogar museum where the old turf houses can be seen, and Skaftfellingur VE33 ship exhibitions.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** The participation fee is EUR 180 (Euros). Please note that this fee is to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should be motivated to get to know the way of life in rural areas of Iceland.

Our host will organise free time activities in the area depending on the weather conditions.



# SEEDS 062. Between glaciers & lava! 30.06 - 10.07 CONS / ENVI / RENO 8 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be taking part in various outdoors tasks such as building a stone wall in a garden with sculptures and outdoor artwork. The volunteers will be supervised by a professional stonewall maker and a nature scientist. Furthermore volunteers will make a walking path from the sculpture garden towards a small canyon where some outdoor artwork can be found. Volunteers will also help with setting up and moving the artwork.

Our host is taking the first steps towards making a Geo-park and volunteers will help with marking and registering locations and other related tasks.

If time and weather allows, volunteers will help building a chapel which is aimed to be for all religions and beliefs. We may take down old fences and generally beautify the area.

The working plan will depend on the needs of our local host and the volunteers need motivation to work mainly outdoors on physical jobs and under changeable weather conditions.

**ACCOMMODATION:** SEEDS volunteers will stay in a local house; sleeping in shared rooms on mattresses in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers receive food supplies and mostly are in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION:** The project takes place in the Western part of Iceland, in a unique natural pearl with breath taking landscape, between glaciers and lava fields. The place is like an oasis in the desert, as the weather is often better than in the surroundings.

The place is a dream for hikers, walking paths and trails spread around in all directions, beautiful waterfalls and one of the best known caves in Iceland is nearby. Every weekend there is a bon-fire in the nearby camping area where visitors meet, sing, play games and enjoy the company.

Among the natural wonders around are the Hraunfossar waterfalls, where water comes out from a lava field over a length of 1 km, placed in a setting of birch-wood and Surtshellir (Surt's Cave) is in the Hallmundarhraun lava field, which is among the best known and deepest in Iceland.

According to some of the oldest Icelandic sagas, this area is said to be inhabited since the very early settlement of the island. In the old days, farmers were expected to offer travellers something to eat and a place to stay if needed and as the location was in a busy trail, the locals had many guests they had to take care of: In that way it can be said that tourism started few hundred years ago in this beautiful location. Dense forests, lava, water springs and torrential glacier rivers, mixed with a diverse fauna and flora makes this area a delightful place to stay at.

There are small local services, a convenience store, swimming pool with Jacuzzis, a pit-stop joint with a gas station and a small restaurant.

The project is next to Langjökull (Long Glacier), the second largest glacier in Iceland, it is 950 km2 and its highest point is 1355 m above sea level. Agencies organize snow mobile trips and snow truck trips. Langjökull is surrounded by other small glaciers, Eiríksjökull, Þórisjökull, Hrútafell and Ok.

**LANGUAGE**: English will be the language in the camp; basic conversational skills are needed.

**TERMINAL**: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Volunteers applying for this project should have a motivation for working outdoors and do physical work. Our hosting partner will organise some free time activities in the area.



**WORK/PROJECT:** SEEDS volunteers will be working once again with the City of Reykjavík in the main Skiing area in the capital region of Iceland, Bláfjöll or the Blue Mountains.

The main tasks in this workcamp will be maintaining the slopes and preparing them for the next ski season. The city and few sports associations run lodges there and they might also need some renovation job, such as painting and/or cleaning. The working plan is flexible and it will depend on the needs of our local host. Volunteers need to be motivated to work mainly outdoors on physical jobs and under changeable weather conditions.

The camp starts shortly after summer solstice, when the sun never fully sets at this latitude and the nights are almost as bright as the days. The bright nights are magical and staying awake enjoying the beautiful surroundings is a unique experience.

**ACCOMMODATION:** SEEDS volunteers will stay in one of the ski lodges in the mountains and sleep in a sleeping bag accommodation, sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be partly in charge of the cooking and cleaning activities. During week days lunch will be served.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION:** The project takes place in the Blue Mountain Range area, which is about 30 minutes drive from Reykjavík. The range stretches to the west from the mountain Vifilsfell near the main road (#1) from the capital area to the Southwestern lowlands. The highest mountain in the range reaches 600m and in 1968 the district became a very popular skiing resort among Icelanders and the favourite for skiers in the Capital region.

This area is excellent for recreation, not only for alpine and cross country skiing, but outdoor activities as well such as hiking and mountain biking. Nature lovers are certain to find something they like there, but they have to be careful crossing the rugged lava fields because of the numerous caves underneath. The caves here are actually among the most interesting tourist attractions in the capital area and our volunteers will be given the change to explore them. The Blue Mountain Range area is a place of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot.

Iceland is chilly, even in summer. Expect nights to dip down to 10 Celsius and days to warm up to the mid-high teens Celsius and warmer. In mountains, weather can change quickly and drastically.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

In the Blue Mountain Range area, volunteers will be given an extraordinary opportunity to explore a hidden world beneath ours in an amazing trip to the underworld! Beneath the lava field in the area the volcanic eruptions have left behind caves with magical rock formations. Exploring the dark and hidden lava tubes is a fantastic addition to your volunteer adventure in Iceland and a perfect way to see how Iceland was created.

Our hosting partner will organise free time activities in the area and tours and excursions can be arranged for SEEDS volunteers at discount fares as well (for example Golden Circle, Blue Lagoon, South Shore, etc.)



# SEEDS 073. Tálknafjörður in the West fjords (3:4) 01.07-15.07 CONS / ENVI 8 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working with the local municipality in Tálknafjörður, in the West Fjords.

Volunteers will work in a forest, plant trees and take care of green areas. Volunteers will also help to beautify the town, make walking paths, mark walking paths and mark their GPS coordinates. Each day, two volunteers will do some other tasks outside the town.

The weather conditions in Iceland can be unpredictable, be prepared to experience different kinds of weather and bring warm clothing since most of the work takes place outdoors.

**ACCOMMODATION**: Volunteers will sleep on mattresses on the floor in a local house in a sleeping bag accommodation. Please bring your own sleeping bag. There is no shower in the local house, but volunteers will have access to showers in the local swimming pool.

Food supplies will be provided and a kitchen will be available. Volunteers will share the duties of cooking and cleaning.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The West Fjords are among the most breathtakingly beautiful places in Iceland, with its high mountains and dramatic fjords cutting deep into the landscape. The Lonely Planet travel guide actually put the area on its top 10 list of regions in the world to visit in 2011.

Although the locals here are great, it is the nature that attracts visitors. For understandable reasons as well: it is untouched and almost uninhabited. The cliffs and valleys are packed with birds, the uninhabited fjords offer a moment of silence and tranquillity, and the Arctic fox proudly roams the mountains and inlets. The waterfalls are high and the streams pure. The distances are long and the fjords are deep. And then there are places where there are no roads at all.

Tálknafjörður is located in the southern Westfjords, it is one of three communities in the southwestern area of the Westfjords. Tálknafjörður is a fishing village that rests on the 15 km long and nearly 4 km wide bay, Tálknafjörður. The mountains drop steep into the bay, the lowland stretches are small and narrow and short valleys cut into the interior plateau. Thermal activity has been discovered in a few places and is used for house heating and a swimming pool in the village.

The placeis surrounded by mountains that offer endless opportunities to enjoy nature and wilderness during all seasons.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and be prepared to experience different kinds of weather in a very isolated region of the country.

There will be countless opportunities to discover the area by foot or to hike the surroundings; the location is surrounded by stunning nature.

Our hosting partner will organise some free time activities in the area; for instance visiting the local swimming pool and a day trip in the area.



SEEDS 075. Family Farm under the Glacier 01.07 - 15.07 AGRI / RENO /CONS 5 Volunteers Age: 18+

**WORK/PROJECT:** This is the fourth year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, keep cows and run a tourist accommodation.

The main tasks in this project will mainly be connected with the carrots cultivation; volunteers will be working in the fields, collecting plastic covers from the garden beds.

SEEDS volunteers will also help clean the garden beds and beautifying the area. Other possible projects include help with paint work and maintenance.

Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable so be prepared to experience all kinds of weather and be sure to bring warm clothing.

**ACCOMMODATION**: SEEDS volunteers will stay in a fully equipped flat. Volunteers will sleep in shared rooms with sleeping bag. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was covered by ashes during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The main livelihood of the people in the district is agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which has been named as one of the world's ten best island beaches. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland.

Our host will organise free time activities in the area, depending on the weather conditions.



# SEEDS 065. Patreksfjörður - Unique West fjords (2:3) 03.07 - 17.07 CONS / ENVI 6 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working this year once again with the local municipality in Patreksfjörður, in the West Fjords. SEEDS has been working in the municipality for the last 9 years in different projects.

Volunteers will be beautifying the town of Patreksfjörður and surroundings by taking care of green areas. Volunteers might also do some painting jobs, clean beaches, and other related tasks.

The working plan will be flexible and it will depend on the needs of our local host and the advance of the diverse projects in the area as well as weather conditions.

The weather conditions in Iceland are unpredictable, be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

**ACCOMMODATION**: SEEDS volunteers will be hosted in a local house in a sleeping bag accommodation. Please bring your own sleeping bag.

Food supplies will be provided and a kitchen will be available. Volunteers will share the duties of cooking and cleaning.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The West Fjords are among the most breathtakingly beautiful places in Iceland, with its high mountains and dramatic fjords cutting deep into the landscape. The Lonely Planet travel guide actually put the area on its top 10 list of regions in the world to visit in 2011.

Although the locals here are great, it is the nature that attracts visitors. For understandable reasons as well: it is untouched and almost uninhabited area. The cliffs and valleys are packed with birds, the uninhabited fjords offer a moment of silence and tranquillity, and the Arctic fox proudly roams the mountains and inlets. The waterfalls are high and the streams pure. The distances are long and the fjords are deep. And then there are places where there are no roads at all.

Patreksfjörður is a typical fishing village with a population of about 800. It is the biggest town in the southern part of the West Fjords. Patreksfjörður got its name from its first settler, whose spiritual guide was St. Patrick, the patron saint of Ireland. Somewhat fittingly it was in this fjord that the first potatoes were cultivated in Iceland in the 18<sup>th</sup> century.

The town is located on the shores in the south of the West Fjords and is surrounded by mountains that offer endless opportunities to enjoy nature and wilderness during all seasons.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and be prepared to experience different kinds of weather.

There will be countless opportunities to discover the area by foot or to hike the surroundings; the location is surrounded by stunning nature.

Our hosting partner will organise free time activities in the area; for instance visiting the local swimming pool and hiking.



# SEEDS 067. Botanic Garden in Reykjavík (6:10) 05.07 - 18.07 ENVI / NATU 7 Vols. Age: 50+

**WORK/PROJECT:** For the fifth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50<sup>th</sup> anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

**ACCOMMODATION:** SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) can be arranged for SEEDS at discount fares.



**WORK/PROJECT:** SEEDS volunteers will be working for a pioneer Icelandic natural products manufacturer that was founded in the year 2000. The medicinal herbs in their supplements have been used as herbal remedies by Icelanders for more than a millennium.

Our main task will be to harvest leaves of Icelandic Angelica archangelica, which requires working by specific procedures. The harvesting methods are relatively easy to learn, but the tasks can get rather physically demanding and require good physical condition.

Note that the working hours are regular, but will also depend on weather conditions.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather and be sure to bring warm clothing since most of the work will take place outdoors.

**ACCOMMODATION**: SEEDS volunteers will be hosted in a local community centre in the town Vík í Mýrdal. Volunteers will sleep on mattresses in one big room. Please bring your own sleeping bag.

The house is equipped with a kitchen. Volunteers will share the duties of preparing food, cooking meals and cleaning. There is no shower in the local house, but volunteers will have access to showers in the local swimming pool.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The project takes place in the south of Iceland in a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions. The area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011 and got covered by ashes.

Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The main livelihood of people in the district is agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which has been named as one of the world's ten best island beaches. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our hosting partner will organise some free time activities for SEEDS volunteers, for instance day trips and/or excursions in the area.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.



SEEDS 068. Photo Marathon in Reykjavík 06.07 - 16.07 ARTS / CULT 8 Volunteers Age: 30+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a regular workcamp - but volunteers will likely work for 2 days with the city of Reykjavík in the cemeteries, helping with raking leaves, beautifying the gardens and working on the recycling system among other tasks.

**ACCOMMODATION:** SEEDS participants will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.



SEEDS 069. Trails & Hot waterfall in the East 08.07 - 22.07 ENVI / NATU / CONS 8 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working on a project in a beautiful place in the east of Iceland with the hikers' association of the area. Our tasks will mainly be focused on improving the environment in and around the area.

SEEDS Volunteers will continue the work on the Stone Wall from last year by gathering stones to put on it. The Stone Wall is a famous landmark in the area. It is almost 4km long. Volunteers will also help empty a cave and do some environment/construction work, like help renovating the association's cabin and help renovating an old turf house.

Volunteers will also mark walking paths in the area and go over older markings.

**ACCOMMODATION**: SEEDS volunteers will sleep in beds in house and share rooms. The house is fully equipped with access to a kitchen and a bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: Fljótsdalshérað is Iceland's easternmost populous municipality with a population of about 3.500. The largest towns in the area are Egilstaðir and Fellabær.

Fljótsdalshérað is famous for its natural beauty and pleasant climate, it is particularly characterised by woods, whose appearance in the environment is special for Iceland. The surrounds, waterfalls, lakes and rivers contribute to the many scenic attractions favourable for outdoor recreation.

There are many enjoyable walking routes through forests and open areas, and trips into nearby mountain ranges are popular regardless of the time of year. Not only is the fauna varied, but there are outstanding opportunities for bird-watching, besides the unique chance to view reindeer in Iceland. Lagarfljót lake is inhabited by Iceland's most renowned water monster, Lagarfljótsormur. Berries and mushrooms grow plentifully, while anglers seek out the lakes and rivers, and sportsmen also encounter one of Iceland's most exciting areas for hunting.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains and the wild reindeers of Iceland are found here, the herd counts between three and four thousand animals.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

**TERMINAL**: Closest International Airport: Keflavík/Reykjavík (KEF); closest domestic airport and bus stop are in Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working with outdoors and getting to know ways of living in rural areas in Iceland.

The weather in Iceland is unpredictable. Be prepared for all kinds of weather and be sure of bringing warm clothing.

Volunteers will get the chance to explore the surroundings of the location and enjoy free time activities arranged by the local host. Volunteers will for instance get to visit Iceland's one and only geothermal hot waterfall.



# SEEDS 096. Turf house renovation in the South 10.07 -23.07 RENO/HERI 8 Volunteers Age: 18+

**WORK/PROJECT:** Our host is a family that lives on an old farm close to Eyrarbakki on the south coast of Iceland. The farm is on the sea shore and has horses, sheep, a goat, hens, a dog and a cat.

The main tasks of SEEDS volunteers will be to renovate an old turf house. Icelanders traditionally lived in turf-houses during a period of more than 1000 years. In the late 18<sup>th</sup> century a new style called *burstabær* became popular and many of these survived well into the 20<sup>th</sup> century. It has been said that the turf-houses are Iceland's contribution to the world's architecture.

Other possible tasks include repairing a small boat and some fence work.

The work is mainly outdoors and physical. Please bring warm clothes and rain proof coat.

**ACCOMMODATION**: Most of the SEEDS volunteers will sleep in campers outside and two volunteers will sleep in the farmhouse. Please bring your own sleeping bag.

The host will prepare the meals with help from the volunteers. Please do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The farm is located on the sea shore between the towns Eyrarbakki and Stokkseyri on the south coast of Iceland. The farm is by the sea and there is a beautiful shore where it's possible to do sea-swimming and kayaking.

The closest town is Eyrarbakki, a small village in South Iceland. The town is renowned for its charming old houses and one of oldest house of Iceland, from 1765 is located in the town. Locals have put effort and energy in maintaining and renovating other old houses so the town holds more to its original look.

Few kilometres out of town is the Flói Nature Reserve, a paradise for wetland birds, with a marked circular hiking trail through the marshes. The surroundings are amazing; open sea and a beautiful coastline. Nearby you will find places such as Gullfoss, Geysir, Skálholt, Þórsmörk, Skógarfoss, as the very well-known and notorious Eyjafjallajökull. The distance from the capital is about 70 km.

LANGUAGE: English will be the language of the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a special shared transport from Reykjavík to the camp which includes the Golden circle excursion. This excursion will be organised on the first day of the camp and it is included in the fee of the project. **Departure time will be at 9:00 in the morning**.

Apart from being cheaper than regular public services or tour operators, it also allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). This fee is paid to SEEDS on arrival in either Euros or Icelandic krónas.

The fee includes the transportation from Reykjavík to Eyrarbakki and back (on the first and last day of the camp). In the first day of the camp we will include the Golden Circle excursion.

Volunteers have to bring good walking shoes and warm clothes. Even though the camp takes place in summer, it might still be cold. Rain coats, hats, scarves and gloves are necessary.

The camp is located in a place of stunningly beautiful surroundings with countless walking and hiking opportunities. Our hosts will organise some additional free time activities, including horseback riding and trips to the swimming pool in Stokkseyri.



## SEEDS 102. To the center of the earth - Snæfellsjökull 12.07 - 25.07 ENVI / CONS 8 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will have the unique opportunity to work in the Snæfellsjökull National Park. Our host is the Environmental agency of Iceland (Umhverfisstofnun), which SEEDS has been working with since 2007 in diverse projects in the national parks and protected areas of the country.

The work in this project will mainly consist of cleaning and beautifying the area around the glacier Snæfellsjökull, as well around the coast.

Volunteers will also help to maintain hiking paths and other light maintenance in the area.

Well maintained paths enable people to visit these amazing areas without damaging the environment and this also helps to improve safety for visitors.

Volunteers should be prepared for all kinds of weather. The work is physically demanding and volunteers need to be motivated to work outdoors.

**ACCOMMODATION**: SEEDS volunteers will stay in a local house during this workcamp. Volunteers will share the responsibilities of the cooking and cleaning activities.

Volunteers will have to bring their own sleeping bag and familiarize themselves with the Equipment Checklist in the Specific Information sheet.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The workcamp is located in Snæfellsjökull National Park on the Snæfellsness peninsula. The National Park is about 2, 5 hours' drive from Reykjavík.

The park was established in 2001 and it is one of the most visited parks in Iceland. Snaefellsjokull is the most famous volcano in Iceland, as it became world famous after Jules Verne described it in his book of "A Journey to the Center of the Earth" as the starting point of the journey.

The Snæfellsjökull glacier lies on top of a volcano and it's the center of the park. Its peak reaches 1446 metres and in a clear day it can be seen all the way from Reykjavik.

The mountain was first climbed in 1754 and like many other volcanoes in Iceland, it is still active. The latest eruption occurred 1900 years ago. The glacier covers the summit crater to the depth of 200 metres.

Due to global warming the glacier has shrunken and it continues to shrink. Some researchers predict that the glacier could vanish in less than 50 years.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the 'minibus option', a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

In the area, it is possible to take countless fascinating walks and hikes which volunteers will be able to explore in their free time.

Volunteers need to be prepared for hard physical work, free time activities are mostly outdoors, like hikes in the area.

Volunteers have to familiarize themselves with the Equipment Checklist at the Information Sheet.



SEEDS 072. Meet us - don't eat us (4:6) 13.07 - 25.07 ENVI / ARTS 10 Volunteers Age: 18+

**WORK/PROJECT:** This is the fifth year that SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with <u>IFAW</u> (International Fund for Animal Welfare). This mainly consists of distributing information, conducting a survey, having people fill out postcards that will be taken to the government at the end of the work camp, talking to people and having fun in Reykjavík! SEEDS is looking for enthusiastic and open people for this workcamp!

The aim of the project is to raise awareness in a friendly, peace- and joyful manner. Volunteers will be given the opportunity to prepare and carry out acts or actions to grab attention and entertain passers-by. We encourage people with artistic skills and talents to apply: this is your chance to give vent to your joy of creation and performance.

We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss them with the group and try to implement them. The work in this workcamp can be quite repetitive.

Our goal is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% where in favour of commercial whaling.

Iceland was one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house in Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Europe's most northern capital is a friendly, vibrant city that manages to combine the intimacy of a small-town atmosphere with all the qualities of a modern, trendy city. Here you can leisurely stroll around the lovely little streets of the town centre with its many renovated old houses and there's no hustle and bustle, no noisy traffic to contend with.

The visitor to Reykjavik is simply spoiled when it comes to things to do. There is the National Gallery and a range of other small avant-garde galleries for the art lover. The newly reopened National Museum provides an exciting insight into Iceland's history and heritage, as does the Arbaer Folk Museum.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; good conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

SEEDS will provide volunteers with passes to go on free whale watching trips. Tours and excursions (eg. Golden Circle, Blue Lagoon, Snaefellsnes or South Shore) can be arranged for SEEDS volunteers at discount fares.



# SEEDS 095. Local festival in the East fjords 17.07 - 29.07 FEST/HERI 10 Volunteers Age: 20+

**WORK/PROJECT:** Our host is a non-profit organization that runs a technical artifact museum in the East of Iceland. The museum's main focus is on the influx of modern technology in Iceland between 1880 and 1950.

This project is in collaboration with the museum's annual Blacksmith Festival. The festival is a gathering for professionals as well as for the general public to have a good time, enjoying activities such as music, dancing and dining, as well as lively exhibitions and education. The festival offers a number of courses including elementary blacksmithing, knife-making, whittling, metal casting and advanced blacksmith work.

The main work of the SEEDS volunteers will be to construct the festival site including the kitchen, tent, and guest facilities. Volunteers will also help clean and maintain the area during the festival, assist with surveillance of the museum's houses, and guide guests around the site.

Volunteers will also help to prepare food, as well as sell food and alcohol. For that reason, the minimum age limit of volunteers is 20 years of age. Lastly, volunteers will help take down the festival site and clean the area.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather and be sure to bring warm clothing since most of the work will take place outdoors.

**ACCOMMODATION**: SEEDS volunteers will be hosted in a local house, and will sleep on mattresses or in beds. It's a possibility that the volunteers will sleep in tents for the first three nights. Please bring your own sleeping bag.

Volunteers will receive food ingredients and access to a kitchen, and will be in charge of cooking and cleaning. Do not forget to bring some traditional/typical food from your home country for the international evening.

**LOCATION**: The festival is located in the town of Seyðisfjörður, which is surrounded by mountains, streams and waterfalls. The town has developed a reputation in the past few years for excellent artistic and cultural activities. Seyðisfjörður is famous for Norwegian-style wooden houses and an international ferry.

Seyðisfjörður is a part of the East Fjords, which cover a 120 km stretch of eastern Iceland's twisted coastline. Many of the fjords have small villages, mostly dedicated to fishing. The fjord scenery can be vivid, particularly in summer, with the villages sitting between the flat blue sea and steep, steelgrey mountains, their peaks dusted in snow and lower slopes covered in greenery and flowers.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organizes a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** The participation fee is EUR 250 (Euros). Please note that this fee is to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Volunteers will get free access to LUNGA festival, which is another festival in the area during the first weekend of the workcamp. This is an art- and music festival for young people.

The volunteers will also receive guidance around the museum and be informed about the history of the place. Volunteers will get free access to the local pool during their stay.

If you take SEEDS minibus option to and from the camp location, you will be able to go all around lceland, as we drive different ways (either North or South) to and from the camp.



# SEEDS 093. History & Culture Festival in the West fjords 14.07 - 27.07 ENVI / FEST / CONS 8 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will have, for the fourth year in a row, the opportunity to assist with a local fair in the West Fjords of Iceland. Our host is the municipality of Reykhólahreppur, in which the village of Reykhólar is the largest settlement with about 120 people.

The volunteers will help with various tasks in preparation for the fair and during the fair itself. The festival aims to promote the local history and culture, so this project is very good for volunteers interested in these aspects in a remote area of the country. Tasks will include beautifying the area in and around the town, helping with the village festivities by preparing for evening shows and entertainment during the festival, beautifying the area before the fair as well as cleaning up after the festival.

**ACCOMMODATION**: SEEDS volunteers will stay in a local school sharing rooms. Volunteers will have access to toilets and shower facilities. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking, cleaning activities and will divide the tasks among themselves. The food will partly be from the surrounding area giving volunteers a chance to try the local fare and experience with local ingredients.

Please do not forget some traditional/typical food from your home for the international evening.

**LOCATION**: Volunteers will stay in the south part of the West fjords of Iceland, in the municipality of Reykhólahreppur, which is located about 280 kilometres from Reykjavík. In 2012 the population of Reykhólahreppur was around 271 inhabitants, making it the 60<sup>th</sup> most populous municipality in Iceland.

The area boasts of beautiful landscape which catches the eye of everyone who travels through. It is a great place to stop and enjoy nature, go for hikes and for bird watching. The village gives a unique and beautiful view of the Breiðafjörður Bay. Geothermal heat can be found in the area, one of the few areas in the West fjords which have geothermal heat, and in the olden days it was used to grow corn. The only Algae factory in Iceland is located in Reykhólahreppur.

Economically, the town is quite different from many other of the Westfjord communities. It is not a fishing village, due in large to the shallow waters of the eastern end of Breiðafjörður. Historically, however, it has made its way over the years through the harvest of natural resources. In the past this has included the harvesting of seals and birds, the history of which is documented in the Gifts of Nature Museum located adjacent to the tourist information centre.

This is quite a historic place which is mentioned in many Viking Sagas especially the one of Grettir the strong or Grettissaga. The local swimming pool is named after him and is called Grettislaug.

The distance is around 200 Km from Reykjavík, 240 Km from Ísafjörður and 350 Km from Akureyri.

LANGUAGE: English will be the language in the camp; high proficiency is not required.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus, Central Bus Station (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 220 (Euros). To be paid to SEEDS on arrival in Euros or Icelandic Krónur.

Free time activities will be organized for SEEDS volunteers by our hosting partner.

SEEDS volunteers will get the chance to participate in the town fair, access to the swimming pool and other leisure activities during their stay.



# SEEDS 074. Tálknafjörður in the West fjords (4:4) 15.07-29.07 CONS / ENVI 8 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working with the local municipality in Tálknafjörður, in the West Fjords.

Volunteers will work in a forest, plant trees and take care of green areas. Volunteers will also help to beautify the town, make walking paths, mark walking paths and mark their GPS coordinates. Each day, two volunteers will do some other tasks outside the town.

The weather conditions in Iceland can be unpredictable, be prepared to experience different kinds of weather and bring warm clothing since most of the work takes place outdoors.

**ACCOMMODATION**: Volunteers will sleep on mattresses on the floor in a local house in a sleeping bag accommodation. Please bring your own sleeping bag. There is no shower in the local house, but volunteers will have access to showers in the local swimming pool.

Food supplies will be provided and a kitchen will be available. Volunteers will share the duties of cooking and cleaning.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The West Fjords are among the most breathtakingly beautiful places in Iceland, with its high mountains and dramatic fjords cutting deep into the landscape. The Lonely Planet travel guide actually put the area on its top 10 list of regions in the world to visit in 2011.

Although the locals here are great, it is the nature that attracts visitors. For understandable reasons as well: it is untouched and almost uninhabited. The cliffs and valleys are packed with birds, the uninhabited fjords offer a moment of silence and tranquillity, and the Arctic fox proudly roams the mountains and inlets. The waterfalls are high and the streams pure. The distances are long and the fjords are deep. And then there are places where there are no roads at all.

Tálknafjörður is located in the southern Westfjords, it is one of three communities in the southwestern area of the Westfjords. Tálknafjörður is a fishing village that rests on the 15 km long and nearly 4 km wide bay, Tálknafjörður. The mountains drop steep into the bay, the lowland stretches are small and narrow and short valleys cut into the interior plateau. Thermal activity has been discovered in a few places and is used for house heating and a swimming pool in the village.

The placeis surrounded by mountains that offer endless opportunities to enjoy nature and wilderness during all seasons.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and be prepared to experience different kinds of weather in a very isolated region of the country.

There will be countless opportunities to discover the area by foot or to hike the surroundings; the location is surrounded by stunning nature.

Our hosting partner will organise some free time activities in the area; for instance visiting the local swimming pool and a day trip in the area.



SEEDS 078. Family Farm under the Glacier 15.07 – 29.07 AGRI / RENO /CONS 8 Volunteers Age: 18+

**WORK/PROJECT:** This is the fourth year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, keep cows and run a tourist accommodation.

The main tasks in this project will mainly be connected with the carrots cultivation. Volunteers will be working in the fields, collecting plastic covers from the garden beds, harvesting carrots, cleaning and wrapping.

SEEDS volunteers will also help clean the garden beds and beautifying the area. Other possible projects include help with paint work and maintenance.

Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable so be prepared to experience all kinds of weather and be sure to bring warm clothing.

**ACCOMMODATION**: SEEDS volunteers will stay in a fully equipped flat. Volunteers will sleep in shared rooms with sleeping bag. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was covered by ashes during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The main livelihood of the people in the district is agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which has been named as one of the world's ten best island beaches. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland.

Our host will organise free time activities in the area, depending on the weather conditions.



# SEEDS 090. Outdoor work on the South Shore 15.07-30.07 AGRI / RENO 8 Volunteers Age: 18+

**WORK/PROJECT:** In this project volunteers will assist with renovations of an old farm in the south of Iceland which is being changed into a guesthouse. Our hosts are a young family that recently bought the farm and are renovating the house and maintaining the area, including a couple of historically preserved buildings.

The main work tasks will be to clean the area, tear down old fences and fix newer ones, paint a historically preserved house and outhouses, and help with repairs on a historically preserved barn.

Volunteers will also plant trees and/or other vegetation, as well as help with some farming activities such as cleaning out old hay from a barn. Based on the interest of the volunteers, they will have the opportunity to learn about tourist services such as booking and receiving guests.

The weather conditions in Iceland are unpredictable so be prepared to experience all kinds of weather and bring warm clothing.

**ACCOMMODATION**: SEEDS volunteers will stay in a small house on the land with access to a bathroom and kitchen in the next house. Volunteers will sleep in shared rooms in sleeping bags. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Breakfast will be prepared by the host. Do not forget to bring some traditional/typical food from your home country for an international evening.

**LOCATION**: The project is located on a farm on the South shore of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south. The farm is beautifully located between Dyrhóley and Pétursey islands on land. In the beginning the farm was still powered by a home hydroelectric generating station, which is still standing although no longer in use.

The farm is only a ten minutes' drive from the town of Vík í Mýrdal, which is Iceland's most southerly village. Vík is a charming small village surrounded by high beautiful bird cliffs with beautiful ocean view.

Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the sea. Just east of Vík's outskirts lies one of Europe's biggest arctic tern breeding grounds.

A range of recreational opportunities are offered in the area, including glacier hiking, snowmobiling, ice climbing, bird watching, nature hiking and horse riding as well as equestrian displays. There are also a number of exhibitions and museums, like Skogar museum where the old turf houses can be seen, and Skaftfellingur VE33 ship exhibitions.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** The participation fee is EUR 180 (Euros). Please note that this fee is to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should be motivated to get to know the way of life in rural areas of Iceland.

Our host will organise free time activities in the area depending on the weather conditions.



# SEEDS 076. Rey Cup - Football Festival for kids 16.07 - 29.07 FEST / SPORT 12 Volunteers Age: 18+

**WORK/PROJECT:** Once again SEEDS volunteers will be a part of the Rey Cup team, an International football festival for kids in 4<sup>th</sup> and 5<sup>th</sup> grade. The festival is 5 days long and has been growing every year since it was first held in 2001 and this year it will be around 100 teams participating, including up to 10 foreign teams from Norway, Denmark and England.

Rey Cup is a great adventure in the eyes of the young taking part. SEEDS volunteers will team up with the local Icelandic volunteers, young people interested in outdoor activities and sport, the parents of the participants and others. This festival is run mainly by volunteers and the support SEEDS is giving to the event is well appreciated.

Volunteers will share all types of tasks related to the festival and the group will be split according to the needs and to give everyone the chance to try out different assignments. Volunteers might be working during the weekends, but free days will be given accordingly to the working days. Volunteers are an integral part of creating an international atmosphere in Reykjavík. The input of us the volunteers will make a big difference in making the festival an impressive multicultural event.

Before starting the festival we will be helping with preparing the area for the festival, cleaning, painting and doing light maintenance work. During the festival we will be keeping the football fields clean, assisting with closing the fields in the evenings, preparing breakfast for the teams, helping with the clearance of the area after the tournament and a wide variety of many different duties before, during and after the festival.

**ACCOMMODATION:** Volunteers will be lodged in a school in Reykjavík, sleeping on mattresses, so please bring your own sleeping bag. Shower facilities may be located outside the actual accommodation, in a sports hall or swimming pool. Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. During the tournament some meals will be served in restaurants. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION:** Reykjavík is the capital of Iceland, often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and America. It is spread across a peninsula with a panoramic view of the mountains and the Atlantic on almost all sides.

July is the month of white night, when the sunsets are late, sunrises are early and darkness is never complete. In the area closer than 100 km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

The population of the city is over 200.000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavík is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

LANGUAGE: English will be the language in the camp, and good conversational skills are required.

TERMINAL: Closest International Airport: Keflavík (Reykjavík), KEF.

**SPECIAL REMARKS / EXTRAS:** Participation fee EUR 250, (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Volunteers will have free passes to the biggest geothermal outdoor pool in Reykjavík during the project and be invited to the final barbeque party in the Reykjavík Zoo. Volunteers with experience in refereeing are encouraged to apply.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) can be arranged for SEEDS volunteers at discount fares.



# SEEDS 077. Patreksfjörður - Unique West fjords (3:3) 17.07 - 31.07 CONS / ENVI 6 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working this year once again with the local municipality in Patreksfjörður, in the West Fjords. SEEDS has been working in the municipality for the last 9 years in different projects.

Volunteers will be beautifying the town of Patreksfjörður and surroundings by taking care of green areas. Volunteers might also do some painting jobs, clean beaches, and other related tasks.

The working plan will be flexible and it will depend on the needs of our local host and the advance of the diverse projects in the area as well as weather conditions.

The weather conditions in Iceland are unpredictable, be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

**ACCOMMODATION**: SEEDS volunteers will be hosted in a local house in a sleeping bag accommodation. Please bring your own sleeping bag.

Food supplies will be provided and a kitchen will be available. Volunteers will share the duties of cooking and cleaning.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The West Fjords are among the most breathtakingly beautiful places in Iceland, with its high mountains and dramatic fjords cutting deep into the landscape. The Lonely Planet travel guide actually put the area on its top 10 list of regions in the world to visit in 2011.

Although the locals here are great, it is the nature that attracts visitors. For understandable reasons as well: it is untouched and almost uninhabited area. The cliffs and valleys are packed with birds, the uninhabited fjords offer a moment of silence and tranquillity, and the Arctic fox proudly roams the mountains and inlets. The waterfalls are high and the streams pure. The distances are long and the fjords are deep. And then there are places where there are no roads at all.

Patreksfjörður is a typical fishing village with a population of about 800. It is the biggest town in the southern part of the West Fjords. Patreksfjörður got its name from its first settler, whose spiritual guide was St. Patrick, the patron saint of Ireland. Somewhat fittingly it was in this fjord that the first potatoes were cultivated in Iceland in the 18<sup>th</sup> century.

The town is located on the shores in the south of the West Fjords and is surrounded by mountains that offer endless opportunities to enjoy nature and wilderness during all seasons.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working outdoors and be prepared to experience different kinds of weather.

There will be countless opportunities to discover the area by foot or to hike the surroundings; the location is surrounded by stunning nature.

Our hosting partner will organise free time activities in the area; for instance visiting the local swimming pool and hiking.



SEEDS 089. Collecting herbs in the South - Vík (2:2) 18.07 – 31.07 AGRI / ENVI 12 Volunteers Age: 20+

**WORK/PROJECT:** SEEDS volunteers will be working for a pioneer Icelandic natural products manufacturer that was founded in the year 2000. The medicinal herbs in their supplements have been used as herbal remedies by Icelanders for more than a millennium. Our main task will be to harvest leaves of Icelandic Angelica archangelica.

Harvesting the leaves of the Icelandic Angelica archangelica requires working by specific procedures. The procedures are relatively easy to learn, but the tasks can get rather physically demanding and require good physical condition.

Note that working the hours are regular, but will also depend on weather conditions.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather and be sure to bring warm clothing since most of the work will take place outdoors.

**ACCOMMODATION**: SEEDS volunteers will be hosted in a local community centre in the town Vík í Mýrdal. Volunteers will sleep on mattresses in one big room. Please bring your own sleeping bag.

The house is equipped with a kitchen. Volunteers will share the duties of preparing food, cooking meals and cleaning. There is no shower in the local house, but volunteers will have access to showers in the local swimming pool.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The project takes place in the south of Iceland in a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions. The area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011 and got covered by ashes.

Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The main livelihood of people in the district is agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which has been named as one of the world's ten best island beaches. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our hosting partner will organise some free time activities for SEEDS volunteers, for instance day trips and/or excursions in the area.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.



## SEEDS 079. Botanic Garden in Reykjavík (7:10) 19.07 - 01.08 ENVI / NATU 7 Vols. Age: 20+

**WORK/PROJECT:** For the fifth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50<sup>th</sup> anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

**ACCOMMODATION:** SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) can be arranged for SEEDS at discount fares.



#### SEEDS 080. Growing Gardens in Reykjavík (2:4) 20.07 - 01.08 ENVI / NATU 7 Vols. Age: 20+

**WORK/PROJECT:** The volunteers will work in a Gardening station run by the municipality of Reykjavík. The station takes care of growing flowers, eatable plants and trees for the green areas of the city and the educational school gardens of Reykjavík. The station aims at maintaining Icelandic species and cultivars and to increase those who have adapted well to Icelandic climate. The station also tries to experiment with new species to increase variety and quality of plants that are grown in the gardens and recreational areas of the city.

SEEDS volunteers will be doing general garden work in the station, attending the flowers, trees and other plants and clearing out weed. Part of the work may take place in green houses. The work can be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning, but they will have more free time in the afternoon.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house that is situated in the middle of the gardening station about 4 Kilometres from the city centre. The house is used as the offices and facilities of the staff of the gardening station and it is equipped with kitchen, dining area, shower and washing machine.

Volunteers will be sleeping on mattresses in a shared sleeping bag accommodation. Please bring your own sleeping bag. Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The population of Iceland's capital Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still get cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.



#### SEEDS 092. Planting on a family farm in West Iceland 26.07 - 04.08 AGRI / ENVI 8 Volunteers Age: 18+

**WORK/PROJECT:** The project is located on a farm in Borgarfjörður in the West of Iceland. Our hosts are a family of three who are active in forestation and are this year starting a small production of essential oil production. The farm has organic certification for cultivated and wild plants and this is the first year that the farmers are planting for essential oils. The farmers are also beekeepers and keep two bee hives. The farm also keeps about two dozen hens, dogs and a cat.

SEEDS volunteers will help plant thousands of plants as part of ongoing reforestation efforts. About a third of the farmland is dedicated to reforestation. Volunteers will help with planting organic herbs for essential oil production, including making shelterbelts to protect the herbs. Volunteers will also spend one day doing small maintenance projects in a nearby forest.

Volunteers need to be motivated to work mainly outdoors doing physical labour.

**ACCOMMODATION**: SEEDS volunteers will be hosted in a local community centre, sleeping on beds or mattresses in one shared space. Please bring your own sleeping bag. The house is equipped with a shower and a kitchen.

Volunteers will share the duties of preparing food, cooking meals and cleaning. Meals during lunchtime will be prepared on the farm.

Do not forget to bring some traditional/typical food from your home country for the international evening.

**LOCATION**: Borgarfjörður region is regarded as the setting for most of the Icelandic sagas. The farm is only a few minutes from Reykholt, which is a historic site where the great writer Snorri Sturluson lived and died in 1241. The academic institution Snorra-stofa is situated there, dedicated to the memory of Snorri.

Deildartunguhver, Europe's most powerful hot spring, is also close by. It provides 200 l/sec of 100°C hot water, which is used for central heating in the nearby towns.

The farm is not far from the disappearing glacier Ok, as well as Langjökull (Icelandic for "long glacier"), the second largest ice cap in Iceland (953 km2).

On the farmland there is a beautiful small canyon which has a few nice waterfalls. Húsafell is close to the community centre where the volunteers stay. Húsafell is a pearl of nature by the glaciers Eiríksjökull and Langjökull. There is a golf course and swimming pool as well as other services for tourists. Near Húsafell there are two beautiful waterfalls called Barnafoss and Hraunfossar, as well as the huge lava caves, Surtshellir and Víðgelmir.

The Agricultural Museum of Iceland is located at Hvanneyri, some 40 km from the farm. It presents and explores the heritage and history of Icelandic agriculture with emphasis on the 19th and the 20th centuries.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way at interesting sites.

**EXTRAS / SPECIAL REMARKS:** The participation fee is EUR 180 (Euros). Please note that this fee is to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Some free time activities will be organized for SEEDS volunteers such as day trips and excursions in the area. Some of them will be free of charge while others might require a financial contribution.

Please bring warm clothes as the weather in Iceland can be cold in September.



# SEEDS 091. Outdoor work on the South Shore 15.07-30.07 AGRI / RENO 8 Volunteers Age: 18+

**WORK/PROJECT:** In this project volunteers will assist with renovations of an old farm in the south of Iceland which is being changed into a guesthouse. Our hosts are a young family that recently bought the farm and are renovating the house and maintaining the area, including a couple of historically preserved buildings.

The main work tasks will be to clean the area, tear down old fences and fix newer ones, paint a historically preserved house and outhouses, and help with repairs on a historically preserved barn.

Volunteers will also plant trees and/or other vegetation, as well as help with some farming activities such as cleaning out old hay from a barn. Based on the interest of the volunteers, they will have the opportunity to learn about tourist services such as booking and receiving guests.

The weather conditions in Iceland are unpredictable so be prepared to experience all kinds of weather and bring warm clothing.

**ACCOMMODATION**: SEEDS volunteers will stay in a small house on the land with access to a bathroom and kitchen in the next house. Volunteers will sleep in shared rooms in sleeping bags. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Breakfast will be prepared by the host. Do not forget to bring some traditional/typical food from your home country for an international evening.

**LOCATION**: The project is located on a farm on the South shore of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south. The farm is beautifully located between Dyrhóley and Pétursey islands on land. In the beginning the farm was still powered by a home hydroelectric generating station, which is still standing although no longer in use.

The farm is only a ten minutes' drive from the town of Vík í Mýrdal, which is Iceland's most southerly village. Vík is a charming small village surrounded by high beautiful bird cliffs with beautiful ocean view.

Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the sea. Just east of Vík's outskirts lies one of Europe's biggest arctic tern breeding grounds.

A range of recreational opportunities are offered in the area, including glacier hiking, snowmobiling, ice climbing, bird watching, nature hiking and horse riding as well as equestrian displays. There are also a number of exhibitions and museums, like Skogar museum where the old turf houses can be seen, and Skaftfellingur VE33 ship exhibitions.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** The participation fee is EUR 180 (Euros). Please note that this fee is to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should be motivated to get to know the way of life in rural areas of Iceland.

Our host will organise free time activities in the area depending on the weather conditions.



SEEDS 081. Photo Marathon in Reykjavík 20.07 - 30.07 ARTS / CULT 8 Volunteers Age: 16 - 20

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a regular workcamp - but volunteers will likely work for 2 days with the city of Reykjavík in the cemeteries, helping with raking leaves, beautifying the gardens and working on the recycling system among other tasks.

**ACCOMMODATION:** SEEDS participants will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.



SEEDS 084. Meet us - don't eat us (5:6) 27.07 - 08.08 ENVI / ARTS 10 Volunteers Age: 18+

**WORK/PROJECT:** This is the fifth year that SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with <u>IFAW</u> (International Fund for Animal Welfare). This mainly consists of distributing information, conducting a survey, having people fill out postcards that will be taken to the government at the end of the work camp, talking to people and having fun in Reykjavík! SEEDS is looking for enthusiastic and open people for this workcamp!

The aim of the project is to raise awareness in a friendly, peace- and joyful manner. Volunteers will be given the opportunity to prepare and carry out acts or actions to grab attention and entertain passers-by. We encourage people with artistic skills and talents to apply: this is your chance to give vent to your joy of creation and performance.

We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss them with the group and try to implement them. The work in this workcamp can be quite repetitive.

Our goal is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% where in favour of commercial whaling.

Iceland was one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house in Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Europe's most northern capital is a friendly, vibrant city that manages to combine the intimacy of a small-town atmosphere with all the qualities of a modern, trendy city. Here you can leisurely stroll around the lovely little streets of the town centre with its many renovated old houses and there's no hustle and bustle, no noisy traffic to contend with.

The visitor to Reykjavik is simply spoiled when it comes to things to do. There is the National Gallery and a range of other small avant-garde galleries for the art lover. The newly reopened National Museum provides an exciting insight into Iceland's history and heritage, as does the Arbaer Folk Museum.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; good conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

SEEDS will provide volunteers with passes to go on free whale watching trips. Tours and excursions (eg. Golden Circle, Blue Lagoon, Snaefellsnes or South Shore) can be arranged for SEEDS volunteers at discount fares.



# SEEDS 110. French Cemetery in the West Fjords 30.07 - 11.08 AGRI / ENVI 7 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working in the West Fjords, in a small town called Þingeyri. This is the second year that we are collaborating with this project. Our hosts are the town of bingeyri and the French cemetery, which is located in a nearby valley called Haukadalur. Volunteers will help maintain the cemetery where many French sailors were buried, as well as do some work for the town.

Volunteers' main tasks will be gardening, planting flowers and other plants, making a walking path, and painting.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather and be sure to bring warm clothing since most of the work will take place outdoors.

**ACCOMMODATION**: SEEDS volunteers will be hosted in a local school house and will sleep on mattresses on the floor. Please bring your own sleeping bag.

The school is equipped with a kitchen. Volunteers will share the duties of preparing food, cooking meals and cleaning. There is no shower in the school, but volunteers will have free access to showers in the local swimming pool; which is few blocks away within walking distance.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The project takes place in the West Fjords of Iceland in a beautiful area surrounded by mountains. The group will stay in Þingeyri and work there and also in Haukadalur.

bingeyri is a small town of 280 people located on the coast of Dýrafjörður. It is the oldest trading post of the Westfjords. Fishing and fish processing are the main bases of livelihood. Tourism grows more important by the year, and one of Iceland's oldest houses, a warehouse dating back to the 18th century, is at Þingeyri.

Spectacular nature surrounds Þingeyri, including the Western Fjord's highest mountain, Kaldbakur, and many other beautiful mountains and valleys. It is popular to drive to the top of Sandafell and enjoy the excellent view on a fine day.

The French Cemetery is located in the valley of Haukadalur, which was one of the main resting places for the crews of French boats fishing off the west coast of Iceland. The cemetery is about 96 square meters and is surrounded by a white concrete fence with a locked gate.

The valley of Haukadalur is also known for being the main setting for the famous Gisla Saga and it is believed that his farmhouse was situated on Gislaholl, where ancient ruins from the time of the sagas may be found.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). The closest local airport is located in Ísafjörður (IFJ).

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our hosting partner will organise some free time activities for SEEDS volunteers, for instance a day trip and excursions in the area.

Weather conditions in Iceland are unpredictable, so be prepared to experience all kinds of weather and be sure to bring warm clothing since most of the work will take place outdoors.



SEEDS 083. Family Farm under the Glacier 29.07 – 12.08 AGRI / RENO /CONS 8 Volunteers Age: 18+

**WORK/PROJECT:** This is the fourth year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, keep cows and run a tourist accommodation.

The main tasks in this project will mainly be connected with the carrots cultivation; volunteers will be working in the fields, harvesting carrots, cleaning and wrapping.

SEEDS volunteers will also help clean the garden beds and beautifying the area. Other possible projects include help with paint work and maintenance.

Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable so be prepared to experience all kinds of weather and be sure to bring warm clothing.

**ACCOMMODATION**: SEEDS volunteers will stay in a fully equipped flat. Volunteers will sleep in shared rooms with sleeping bag. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was covered by ashes during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The main livelihood of the people in the district is agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which has been named as one of the world's ten best island beaches. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland.

Our host will organise free time activities in the area, depending on the weather conditions.



# SEEDS 085. Eyrarbakki - Stepping back in time 31.07 - 14.08 CULT / FEST 9 Volunteers Age: 20+

**WORK/PROJECT:** This project gives SEEDS volunteers the opportunity to work in cultural and festival related tasks in Eyrarbakki, a village in the South of Iceland which is very rich in culture and history.

Volunteers will have the unique opportunity to take part in an annual village festival dedicated to the spirit of 1900. Volunteers will work together with the locals preparing the village for and running the festival Aldamótahátíð (Turn of the century festival). Volunteers will help prepare the town for hosting hundreds of visitors and assisting in various tasks in the village. Residents and visitors dress up in the spirit of 1900. Volunteers with artistic skills or just enthusiasm to perform are welcome to develop their ideas and the local hosts will try to include them in the schedule.

Volunteers will be involved in preparing, participating and then taking down the festival. The area will be prepared for the events, after those volunteers will help to get the area in its former shape.

As many events and happenings will be going on at the same time during the festival, volunteers may work in teams in different stations at different times. Furthermore, volunteers may help our hosts in their activities as a sustainable tour operator in one of the most beautiful parts of Iceland.

SEEDS volunteers may help cleaning up the coastline to maintain its wild untouched appearance and may also help with collecting dulse.

**ACCOMMODATION**: SEEDS volunteers will be lodged in a community house in sleeping bag accommodation, sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of cooking and cleaning activities. Please do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The project takes place in Eyrarbakki, a small village in South Iceland. The town played an important role in trading; the historical importance of the town is directly linked to the port, which was an entrance to the country in international trade.

The town is renowned for its charming old houses and one of oldest house of Iceland, from 1765 is located in the town. Other old houses are there and locals have put effort and energy in maintaining and renovating them, so the town holds more to its original outlook.

Few kilometres out of town is the Flói Nature Reserve, a paradise for wetland birds, with a marked circular hiking trail through the marshes. The surroundings are amazing, open sea, beautiful coastline; nearby you will find places such as Gullfoss, Geysir, Skálholt, Þórsmörk, Skógarfoss, as the very well known and notorious Eyjafjallajökull. The distance from the capital is about 70 km.

LANGUAGE: English will be the language of the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a special shared transport from Reykjavík to the camp which includes the Golden circle excursion. This excursion will be organised on the first day of the camp and it is included in the fee of the project. **Departure time will be at 9:00 in the morning**.

Apart from being cheaper than regular public services or tour operators, it also allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). This fee is paid to SEEDS on arrival in Euros or Icelandic krónas and it includes the transportation from Reykjavík to Eyrarbakki and back (on the first and last day of the camp). In the first day we will include the Golden Circle excursion.

Volunteers have to bring good walking shoes and warm clothes. Even though the camp takes place in summer, it might still be cold and hats, scarves and gloves might be necessary.

The camp is located in a place of stunningly beautiful surroundings with countless walking and hiking opportunities. Our hosts will organise some additional free time activities.



## SEEDS 086. Photo Marathon & Gay Pride 03.08 - 13.08 ARTS / CULT / FEST 8 Volunteers Age: 20+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Reykjavik Gay Pride 2015 will take place from August 4<sup>th</sup> to 9<sup>th</sup>. Many events and happiness colour the city during these days, volunteers will have the opportunity to take pictures during these events and also enjoy the famous Reykjavik Pride Parade!

Reykjavik Pride is one of the most vibrant and popular events in Reykjavík's cultural calendar.

Please note that this project is more a learning/sharing camp and not a regular workcamp - but volunteers will likely work for 2 days with the city of Reykjavík in the cemeteries, helping with raking leaves, beautifying the gardens and working on the recycling system among other tasks.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that the fees are to be paid to SEEDS on arrival in either Euros or Icelandic crowns.

Tours and excursions (Golden Circle, Blue Lagoon or South Shore) can be arranged for SEEDS volunteers at discount fares.



## SEEDS 087. Botanic Garden in Reykjavík (8:10) 03.08 - 15.08 ENVI / NATU 7 Vols. Age: 30+

**WORK/PROJECT:** For the fifth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50<sup>th</sup> anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

**ACCOMMODATION:** SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) can be arranged for SEEDS at discount fares.



#### SEEDS 088. Growing Gardens in Reykjavík (3:4) 04.08 - 15.08 ENVI / NATU 7 Vols. Age: 20+

**WORK/PROJECT:** The volunteers will work in a Gardening station run by the municipality of Reykjavík. The station takes care of growing flowers, eatable plants and trees for the green areas of the city and the educational school gardens of Reykjavík. The station aims at maintaining Icelandic species and cultivars and to increase those who have adapted well to Icelandic climate. The station also tries to experiment with new species to increase variety and quality of plants that are grown in the gardens and recreational areas of the city.

SEEDS volunteers will be doing general garden work in the station, attending the flowers, trees and other plants and clearing out weed. Part of the work may take place in green houses. The work can be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning, but they will have more free time in the afternoon.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house that is situated in the middle of the gardening station about 4 Kilometres from the city centre. The house is used as the offices and facilities of the staff of the gardening station and it is equipped with kitchen, dining area, shower and washing machine.

Volunteers will be sleeping on mattresses in a shared sleeping bag accommodation. Please bring your own sleeping bag. Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The population of Iceland's capital Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still get cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.



# SEEDS 111. Festival of Sacred Arts in Reykjavík 10.08 - 24.08 CULT / FEST 10 Volunteers Age: 18+

**WORK/PROJECT:** Our host for this project is the Festival of Sacred Arts of Hallgrímskirkja, which is a church music festival in Hallgrímskirkja in Reykjavík, the tallest church in Iceland and the tallest building in the capital city.

The biannual Festival of Sacred Arts will be held in Hallgrímskirkja in Reykjavík between August 14<sup>th</sup> and 23<sup>rd</sup>. The festival has been held by The Hallgrímskirkja Friends of the Arts Society since the church was consecrated in 1986 and this year it will be celebrated for the 14<sup>th</sup> time.

Volunteers in this project will get the chance to listen to the concerts during the festival, which will showcase artists such as The Hague International Baroque Orchestra, Olivier Latry organist of the Notre Dame, the KING'S Men from King's College Choir in Cambridge, The Hallgrímskirkja Motet Choir, and more.

The tasks of the project will be to help in preparation for the music festival and during the festival itself. Tasks will include distributing promotional materials, helping to set up and take down the stage, lining up chairs for the musicians, preparing coffee and refreshments for the artists during rehearsals, working in a fundraising café, helping with the ticket sales before concerts, greeting concert guests and helping them to their seats, helping to clean the church after concerts, and other related tasks that will come up.

The group of volunteers will sometimes be divided into teams to work on different tasks, such as in the fundraising café.

The weather conditions in Iceland are unpredictable so be prepared to experience all kinds of weather and bring warm clothing.

**ACCOMMODATION**: SEEDS volunteers will stay in another local church with access to a bathroom, shower and kitchen. Volunteers will sleep in shared rooms in sleeping bags. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget to bring some traditional/typical food from your home country for an international evening.

**LOCATION**: The project is located in Reykjavík, the capital of Iceland. The venue for the festival is Hallgrímskirkja, which is one of the iconic buildings of Reykjavík. The church is 73 metres high, making it the largest church in Iceland and the sixth tallest building in Iceland.

The church is named after the Icelandic poet and clergyman Hallgrímur Pétursson. He was the author of the Passion Hymns which were published in 1659 and have been translated to many languages and reprinted in Icelandic more than 75 times, a unique achievement in Icelandic literature.

Reykjavík is located in south-western Iceland and has a population of around 120,000 people. It is the world's most northerly capital and is thought to be very cosmopolitan for its size. By international standards the city is merely a town, yet it's loaded with museums, captivating art, rich culinary choices, and funky cafes and bars.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** The participation fee is EUR 200 (Euros). Please note that this fee is to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our host will organise free time activities in the area depending on time and the weather conditions.

Excursions (eg. Golden Circle, Blue Lagoon, Snaefellsnes or South Shore) can be arranged for SEEDS volunteers at discount fares.



SEEDS 094. Meet us - don't eat us (6:6) 10.08 - 22.08 ENVI / ARTS 10 Volunteers Age: 18+

**WORK/PROJECT:** This is the fifth year that SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with <u>IFAW</u> (International Fund for Animal Welfare). This mainly consists of distributing information, conducting a survey, having people fill out postcards that will be taken to the government at the end of the work camp, talking to people and having fun in Reykjavík! SEEDS is looking for enthusiastic and open people for this workcamp!

The aim of the project is to raise awareness in a friendly, peace- and joyful manner. Volunteers will be given the opportunity to prepare and carry out acts or actions to grab attention and entertain passers-by. We encourage people with artistic skills and talents to apply: this is your chance to give vent to your joy of creation and performance.

We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss them with the group and try to implement them. The work in this workcamp can be quite repetitive.

Our goal is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% where in favour of commercial whaling.

Iceland was one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house in Reykjavík. The facilities are basic with only one shower and volunteers are expected to show consideration for their companions. Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Europe's most northern capital is a friendly, vibrant city that manages to combine the intimacy of a small-town atmosphere with all the qualities of a modern, trendy city. Here you can leisurely stroll around the lovely little streets of the town centre with its many renovated old houses and there's no hustle and bustle, no noisy traffic to contend with.

The visitor to Reykjavik is simply spoiled when it comes to things to do. There is the National Gallery and a range of other small avant-garde galleries for the art lover. The newly reopened National Museum provides an exciting insight into Iceland's history and heritage, as does the Arbaer Folk Museum.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; good conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

SEEDS will provide volunteers with passes to go on free whale watching trips. Tours and excursions (eg. Golden Circle, Blue Lagoon, Snaefellsnes or South Shore) can be arranged for SEEDS volunteers at discount fares.



# SEEDS 113. Nature reserve below the Arctic Circle 15.08 - 29.08 CULT/FEST 8-10 Volunteers Age: 18+

**WORK/PROJECT:** This project is located on the nature reserve at Hornstrandir which is on the farthest point in the northwest of Iceland. Our host is the Old Doctor's House, which is now used as a guesthouse.

The main task of the project will be digging a trench for water mains and electrical cables. These will be used for a small power plant that the host has recently received permission to build on the premises. The trench has to be manually made because no machines are allowed on the nature reserve. The total length of the trench will be about one kilometer.

The volunteers will also help to build a small shed (6m<sup>2</sup>) and a small dam for water intake.

As this project is toward the end of the summer season, the last two days of the camp will be spent preparing the house for winter and bringing supplies to a boat which goes to Bolungarvík.

The weather conditions in Iceland are unpredictable so be prepared to experience all kinds of weather and bring warm clothing.

The work in this camp is very physically demanding.

**ACCOMMODATION**: SEEDS volunteers will sleep in beds in shared rooms. Please bring your own sleeping bag. The house is well heated, and has a shower and a well equipped kitchen. The electricity is limited but enough to charge cameras and other small electronics. There is no internet and phone connection is very limited. There is a landline available through which volunteers' families can reach the volunteers.

Volunteers will receive prepared food during the camp. Do not forget to bring some traditional/typical food from your home country for an international evening.

**LOCATION**: Hornstrandir is Iceland's northernmost peninsula, situated in the Westfjords, to the north of the Jökulfirðir and to the northwest of Drangajökull. Hornstrandir is close to the Arctic Circle and on a clear day the snowy mountains of Greenland are visible.

Hesteyri is a small village of ten houses in Jökulfirðir (e. glacier fjords) which was abandoned in 1952. Farther into the fjord, there are the ruins of an old whaling station which was built by Norwegians in 1897.

Hesteyri is a popular starting and ending place for hikers but Hornstrandir is an increasingly popular hiking place. The area is also popular for blueberry and crowberry picking. The place is only accessible by boat, so volunteers will travel by boat from Bolungarvík.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip while stopping on the way for interesting and tourist sites.

The minibus to this camp will cost EUR 70 (Euros) one way, and EUR 140 (Euros) both ways. This is about 30% cheaper than public transportation services. This includes also the boat ride from Bolungarvík.

**EXTRAS / SPECIAL REMARKS:** The participation fee is EUR 140 (Euros). Please note that this fee is to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should be motivated to experience life in a very isolated part of Iceland.

Available free time activities in the area include hikes and excursions. The Old Doctor's house has a good atmosphere, with card games and music as common evening activities. The host will make a barbeque pit for the farewell party.



#### SEEDS 098. Growing Gardens in Reykjavík (4:4) 17.08 - 29.08 ENVI / NATU 7 Vols. Age: 30+

**WORK/PROJECT:** The volunteers will work in a Gardening station run by the municipality of Reykjavík. The station takes care of growing flowers, eatable plants and trees for the green areas of the city and the educational school gardens of Reykjavík. The station aims at maintaining Icelandic species and cultivars and to increase those who have adapted well to Icelandic climate. The station also tries to experiment with new species to increase variety and quality of plants that are grown in the gardens and recreational areas of the city.

SEEDS volunteers will be doing general garden work in the station, attending the flowers, trees and other plants and clearing out weed. Part of the work may take place in green houses. The work can be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning, but they will have more free time in the afternoon.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house that is situated in the middle of the gardening station about 4 Kilometres from the city centre. The house is used as the offices and facilities of the staff of the gardening station and it is equipped with kitchen, dining area, shower and washing machine.

Volunteers will be sleeping on mattresses in a shared sleeping bag accommodation. Please bring your own sleeping bag. Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The population of Iceland's capital Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still get cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.



# SEEDS 099. Photo Marathon in Reykjavík & Cultural night 17.08 - 27.08 ARTS / CULT / FEST 8 Volunteers Age: 18+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

We will also be able to join partly the happenings of Menningarnótt (The Culture Night) on August 22<sup>nd</sup>. Menningarnótt is a yearly event held in Reykjavik. It was created by the Reykjavík city council, and has now become the largest festival in Iceland, rivalling the celebration of Iceland's national day on June 17th. During Culture Night a carnival atmosphere reigns. The festival consists of a main stage in the centre and many smaller events spread over the city. The highlight is an outside concert by few of the popular musicians in Iceland followed by a glamorous fireworks show.

Please note that this project is more a learning/sharing camp and not a regular workcamp - but volunteers will likely work for 2 days with the city of Reykjavík in the cemeteries, helping with raking leaves, beautifying the gardens and working on the recycling system among other tasks.

**ACCOMMODATION:** SEEDS volunteers will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore, etc) can be arranged at discount fares.



## SEEDS 100. Power Food in the East of Iceland 18.08 - 01.09 NATU / ENVI 8 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working on a project in the beautiful forest Hallormsstaðaskógur, doing nature oriented tasks. Our tasks will mainly be focused on picking blueberries, stone bramble, tree cones and herbs. Our host has a small 100% organic food and herb production, which focuses on manually handpicked food ingredients. This is a great volunteer project for those who love food, outdoors and have opinions about nutrition.

The working plan will be flexible and it will depend on the needs of our local host, the advance of the diverse projects in the area surrounding the forest and of course on the weather conditions.

Last but not least we will explore the surroundings of the location and enjoy free time activities arranged in cooperation with the local host.

**ACCOMMODATION**: SEEDS volunteers will sleep in a local house, sharing rooms. The apartment is fully equipped with access to kitchen and bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: Hallormsstaðaskógur, the largest wooded area of the country that spreads over 30 ha of land. The reforestation of the forest has been going on ever since a law for the protection was passed in 1899. The tree collection keeps an extensive variety of foreign trees and is renowned take professionals and travellers. The oldest part of the woodland is accessible with good hiking trails and explanation signs.

The area offers great variety of walking paths, such as to the deepest valley of the country and up to Sandfell where the view is quite magnificent. Riding tours up to the mountains or in the woodland are also nice experiences. Small streams run through the land where children and adults can cool down in warm summer days.

The project is located in the municipality of Fljótsdalshérað, Iceland's easternmost populous municipality; 17 km from the largest town in the Eastern Iceland - Egilsstaðir (population 2600). It is a young town, but which has become the largest town of east Iceland and offers a swimming pool, shops and museums among other main services.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains and the wild reindeers of Iceland are found here, the herd counts between three and four thousand animals.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF); domestic airport and bus stop is Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working with outdoors and getting to know ways of living in rural areas in Iceland.

Our hosting partner will organise free time activities in the surroundings of the project, such as hiking and possibly horseback riding.

If you take SEEDS minibus option to and from the camp location, you will be able to go all around lceland, as we drive different ways (either North or South) to and from the camp.



SEEDS 101. Family Farm under the Glacier 19.08 – 02.09 AGRI / RENO /CONS 5 Volunteers Age: 18+

**WORK/PROJECT:** This is the fourth year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, keep cows and run a tourist accommodation.

The main tasks in this project will mainly be connected with the carrots cultivation; volunteers will be working in the fields, collecting plastic covers from the garden beds. Possibly the volunteers will also help with harvesting the carrots, cleaning and wrapping them.

The volunteers will also help clean the garden beds and beautifying the area. Other possible projects include help with paint work and maintenance.

Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable so be prepared to experience all kinds of weather and be sure to bring warm clothing.

**ACCOMMODATION**: SEEDS volunteers will stay in a fully equipped flat. Volunteers will sleep in shared rooms with sleeping bag. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was covered by ashes during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The main livelihood of the people in the district is agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which has been named as one of the world's ten best island beaches. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland.

Our host will organise free time activities in the area, depending on the weather conditions.



## SEEDS 103. Skriðuklaustur - Making history 19.08 - 02.09 CONS / AGRI / NATU 8 Volunteers Age: 18+

**WORK/PROJECT:** For the fourth year SEEDS volunteers will have the unique opportunity to join one of the most exciting archaeological projects in Iceland.

Volunteers will be working at the archaeological site Skriðuklaustur (e. The monastery at Skriða). On site are the ruins of a medieval monastery which was reconstructed by SEEDS volunteers a few years ago after 10 years of research and excavation.

The tasks in this project will be mainly connected with taking care of the land and the buildings around the monastery. Main tasks include repairing walking paths, repairing old walls made of stones and turf, beautifying the area and possibly picking berries.

The working plan will be very flexible and it will depend on the needs of our local hosts and of course on the weather conditions. Be prepared to get dirty. The work can be physical.

**ACCOMMODATION**: Volunteers will sleep in beds in a local house next to the cultural center. The house is fully equipped and volunteers will have access to kitchen and bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: Volunteers will work in Skriðuklaustur in Fljótsdalur valley, which is located about 40 km from the biggest town in the East of Iceland, Egilsstaðir (pop. 2,300) and about 650 km from Reykjavík. It is a part of Fljótsdalshérað. Skriðuklasutur is located by the south end of the mysterious lake Lagarfljót, where a world famous worm monster lives. In the valley you will also find Hengifoss, the second highest waterfall in Iceland 128m.

The monastery at Skriða, named Skriðuklaustur, was the youngest of the seven monasteries and two nunneries in operation in Iceland during the medieval period, but within a short time, it became one of the richest. It is thought that this increase in material wealth was due to Skriðuklaustur having been the only monastery in East Iceland. Nowadays, Skriðuklaustur has a local centre of culture and history. The house was built in 1939 and is one of Iceland's most important buildings. There is a museum about the writer Gunnar Gunnarsson in the house. It is also a residence for artists, writers and scholars, both Icelandic and foreign. At Skriðuklaustur there are as well exhibitions available for visitors and many events organized concerning local culture and the nature of East Iceland.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age. The largest natural forest in Iceland, Hallormsstaðaskógur, and wild reindeers are also found in Fljótsdalur.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF); domestic airport and bus stop is Egilsstaðir.

SEEDS organizes the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

Volunteers joining SEEDS minibus option will have the chance to **travel around Iceland**, as we will go to the camp via the North of the country and will return from the camp by the South. This trip includes scenic sights such as glaciers, unique waterfalls, glacier lagoons, geothermal areas, and amazing mountain ranges.

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Our hosting partner will organize free time activities such as a day tour, hiking and possibly horseback riding and fishing.



SEEDS 104. Working & Fun in the South 20.08 - 03.09 CONS / RENO / ENVI 8 Volunteers Age: 18+

**WORK/PROJECT:** This project gives SEEDS volunteers again the opportunity to live and work within beautiful surroundings hosted in cooperation with the Icelandic Girls and Boys Scouts Association.

The project offers diverse tasks and various experiences for SEEDS volunteers. First of all, volunteers will beautify the surroundings by cleaning up the area. Volunteers will carry out some planting and gardening activities as well and possibly make and maintain walking paths.

Depending on the advance of the project, volunteers might do other possible tasks, like checking up and repairing old fences and light maintenance work in the huts, such as panting.

The work can be physically demanding and volunteers need to be motivated to work outdoors and to be flexible to work in all the diverse tasks connected with the project.

**ACCOMMODATION:** Volunteers will be lodged in a local hut, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

The area has a well equipped kitchen. Volunteers will be provided with food supplies and take care of the cooking themselves, as being in charge of the cleaning and housekeeping activities.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION:** The Ulfljótsvatn Scout Center is 65 Km to east from the capital, Reykjavík. The land is originally a farmland and a property of The City of Reykjavik. The scouts in Iceland rent a piece of the land and have been doing that for over 60 years. Úlfljótsvatn has been for decades the centre for outdoor activities, leader training and summer camp for scouts and guides in Iceland.

The nature is beautiful and outdoor activities are many with nature trail, adventure trail and water safari. Thousands of trees have been planted near the centre in the last 15 years. There is a climbing and abseiling tower in the area. Fishing is good in the lake and there are canoes, kayaks, rowing boats at the centre. Today's most popular boats are 4 persons pedal boats. At the centre there is a 10m high outdoor climbing wall. It is used both for practice and fun in abseiling and climbing.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a special shared transport from Reykjavík to the camp which includes the Golden circle excursion. This excursion will be organised on the first day of the camp and it is included in the fee of the project. **Departure time will be at 9:00 in the morning**.

Apart from being cheaper than regular public services or tour operators, it also allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). This fee is paid to SEEDS on arrival in Euros or Icelandic krónas and it includes the transportation from Reykjavík to Eyrarbakki and back (on the first and last day of the camp). In the first day we will include the Golden Circle excursion.

The camp is located in a place of beautiful surroundings with countless walking and hiking opportunities. Volunteers can also use the kayaks in the lake. Excursions (Blue Lagoon or South Shore) can be organised at discount fares for SEEDS volunteers.

The work can be physically demanding and volunteers need to be motivated to work outdoors and to be flexible to work in all the diverse tasks connected with the project.

Volunteers should be prepared for cold or rainy weather since the work takes place outdoors.



# SEEDS 106. Botanic Garden in Reykjavík (9:10) 23.08 - 05.09 ENVI / NATU 7 Vols. Age: 20+

**WORK/PROJECT:** For the fifth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50<sup>th</sup> anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

**ACCOMMODATION:** SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) arranged for SEEDS at discount fares.



# SEEDS 107. Organic Farming in Iceland (1:2) 23.08 - 06.09 AGRI / ENVI **6 Volunteers** Age: 18+

WORK/PROJECT: SEEDS volunteers will be working at one of the few organic farms in Iceland, located in the East of the country. Our main task will be to harvest (by hand) vegetables, mainly potatoes, beets, beetroots and lettuce.

Alongside the harvesting tasks, volunteers will clean the vegetables and make them ready for consumers in the Icelandic market, as the farm sells its products in different stores and organic shops around the country. Volunteers will also pick berries from the surrounding area. Around the farm there is a young forest that can be maintained and cleaned if the harvesting jobs are done. Volunteers need motivation to work mainly outdoors doing very **physical** labour and under ever changing weather conditions. As the farm is largely run by volunteers, SEEDS volunteers will be working alongside volunteers from other organizations.

Volunteers will work all working days and on Saturday mornings as the camp takes place on the peak of the harvesting season. Volunteers will receive waterproof overalls and gloves for the work.

ACCOMMODATION: SEEDS volunteers will be hosted in a local house, sleeping on beds or mattresses, sharing rooms (2-4 persons in each room). Please bring your own sleeping bag. The house is equipped with a shower, washing machine and a kitchen.

Volunteers will share the duties of preparing food, cooking meals and cleaning. Please keep in mind that during this work camp only vegetarian food will be provided, which also means eating mainly local, organic food from the farm.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The farm is one of the few organic farms in Iceland and is run with the large support of volunteers. About 20% of the farm area is used for cultivation of different crops and the rest of the land is grassland with a forest of about one million trees planted there since starting the farm in the 1970s. The two major crops grown are barley and potatoes. Others include parsley, kale, beetroot, lettuce, kohlrabi, carrots and cabbage.

The farm is located in the municipality of Fljótsdalshérað, Iceland's easternmost populated municipality; 16 km from the largest town in Eastern Iceland called Egilsstaðir (population 2268).

The area is beautiful and has a lot of interesting sites. The biggest forest in Iceland, Hallormstaðarskógur is located within the district. The farm is located very close to Lagarfljót, the home of the mythical creature "the Lagarfljót Serpent" (Lagarfljótsormurinn) which was believed to have been spotted last in early 2012 by a local farmer. Other interesting animals in the area are the wild reindeers, counting about ten thousand in the area.

The East Fiords of Iceland have a special landscape, dominated by long, narrow fiords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age.

**LANGUAGE**: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). The closest bus stop and local airport is located in Egilsstaðir (EGS). The ferry "Norræna – Smyril line" sails from the Faroe Islands and Denmark and docks in the harbour of Seyðisfjörður town, 27 km from Egilsstaðir.

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Some free time activities will be organized for SEEDS volunteers as day trips and excursions in the area. Some of them will be free of charge while others might require a financial contribution.

Please bring warm clothes as the weather in Iceland can be cold in the end of August/September. SEEDS Iceland

Grettisgata 3a 101 Reykjavík - Iceland



#### SEEDS 097. Lava and beaches in Reykjanes 24.08-31.08 ENVI 7 Volunteers Age: 18 +

**WORK/PROJECT:** SEEDS volunteers will be working with the municipality of Grindavík, a beautiful Icelandic fishing town on the south coast of the Reykjanes peninsula.

The main task of the project is to clean and maintain a walking path in Húshólmi and also to put up information signs in Húshólmi and Selatangar.

Volunteers will also help to clean the coastline if time allows.

**ACCOMMODATION:** Volunteers will stay in two local houses. One house is equipped with mattresses on the floor, fridge, microwave, sofas and tables. The other house is 100 metres away and has a kitchen, dining room and sofas. Volunteers will sleep on mattresses, please bring a sleeping bag.

Food ingredients will be provided and the group will be responsible for cooking and cleaning.

Please do not forget some traditional food from your home country for the international evening.

**LOCATION:** The workcamp is located on the southern part of the Reykjanes peninsula, with most of the work taking place in the national park Reykjanesfólkvangur. The closest town is Grindavík, a fishing town with a population of about 2900 people.

Life in Grindavík has to a large extent evolved around fishing since the time of its settlement in the year 934. Most people in Grindavík still base their livelihood on fishing or fish related industry but the town has grown significantly as a tourist destination.

The Reykjanes peninsula is located near the capital and most travellers coming to Iceland land in the area. The peninsula is marked by active volcanism under its surface, and large lava fields allow little vegetation. There are numerous hot springs and sulphur springs in the southern half of the peninsula, around the Kleifarvatn Lake and in the Krýsuvík geothermal area.

There are many lava caves on Reykjanes, but most are not readily accessible, not well-advertised. This is in part to protect the often fragile formations inside the caves.

Reykjanes has eleven spectacularly sited lighthouses along its wild coast, including Iceland's oldest Reykjanesviti dating from 1878 and Iceland's highest at Garðsskagi.

The Peninsula is famous for its hiking trails that zigzag through the region with colourful landscapes. Amazing ocean cliffs, (up to 70 m high) are nested by numerous bird species, often a wonderful spot for bird and whale watching. Another great asset of the peninsula is the geothermal power station at Svartsengi, where a pool has been installed using the hot and mineralized water coming down from the station. It is known as the "Blue Lagoon".

The Húshólmi area is a so called "clearing" over which the lava Ögmundarhraun didn't flow during an eruption in the year 1151. According to archaeologists, in the western part of the clearing are ruins of the ancient Krýsuvík farm, dated back since before the year 900. Among the ruins are presumably parts of a home, a church and a cemetery.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 120 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

The host will organise some free-time activities depending on the weather. Volunteers will have access to computers in the local library.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.



### SEEDS 105. Building Playground with Elves 24.08 - 04.09 CONS / ENVI & Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will join the construction and maintenance of a natural obstacle course and a challenge playground in the West of Iceland. The aim of the project is to develop a stimulating and playful area for children and families and assist with building up a youth-camp by assembling bunk-beds and do some light carpentry work.

Mainly natural local Icelandic materials will be used for the construction: woods, rope, turf, rocks and stones are the primary building materials. The main tasks will be covering an existing obstacle course with protective oil and make a bonfire place. Other tasks may be making paths, plant trees and create a garden grove.

The site is a youth activity center owned and run by the Icelandic Sports and culture Federation; the obstacle and training course will be used by the people staying at the center and by visitors. With these projects we want to establish platforms for recreational/sports use of the local surroundings, as to increase the outdoor activities and improve the healthy lifestyle of the inhabitants.

**ACCOMMODATION**: SEEDS volunteers will stay in the youth centre, a fully equipped house; sleeping in shared rooms. Please bring your own sleeping bag.

Volunteers will be provided with food and be in charge of cooking and cleaning activities themselves.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The project will take place in the country side in the West of Iceland; in the district of Dalabyggð ('Valley district'); which is one of the smaller districts in Iceland and one of the most sparsely populated, with only one town, Búðardalur with about 250 inhabitants. Agriculture, especially cattle rearing has long been the occupation of the people here.

Búðardalur is the largest town in the area. The country has a rich history dating back to the first settlers of Iceland. It is also notable that Leif Ericsson who discovered Vinland or America long before the time of Christopher Columbus grew up in Dalasýsla.

The valleys of Dalabyggð have much to offer anyone enjoying the great outdoors, with varied landscapes, many walking paths and places of historical interest. Fishing, horseback riding and historical walks through Laugar are among the attractions travellers are invited to enjoy in Dalasýsla.

Few parts of Iceland are as rich in history as Dalabyggd, where records go back virtually unbroken to the Settlement in the 9th and 10th centuries. On the 24th July 2000, a replica of a Viking ship, Islendingur (Icelander), set sail from Budardalur harbour en route for Greenland and America, retracing the first Viking voyages to North America.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers applying for this project should have a motivation for working outdoors.

Our local host will organise leisure activities for the group of volunteers, they might include hiking, excursions and possibly horseback riding.



**WORK/PROJECT:** SEEDS volunteers will be working on environmental and nature oriented tasks in this project in the North of the country.

The tasks will mainly be focused on harvesting potatoes from the ground, picking berries and mushrooms. The host has a small 100% organic food and herb production, which focuses on manually handpicked food ingredients. This is a great volunteer project for those who love food, outdoors and have opinions about nutrition.

The working plan will be flexible and it will depend on the needs of our local host, the advance of the diverse projects in the area and of course on the weather conditions.

Last but not least volunteers will explore the surroundings of the location and enjoy free time activities arranged in cooperation with the local host.

**ACCOMMODATION**: Volunteers will sleep in an apartment, sharing rooms. The apartment is fully equipped with access to a kitchen and a bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: Known as flashy dressers, the people of Skagafjörður were proud and often preferred to seek other work than farming. In this they were considered rather distinct from other Icelanders. Horsemanship was widespread in Skagafjörður and singing was given more weight than in many other regions; there culture and literature prospered.

Even though the vast majority of Skagafjörður residents make their living through agriculture, many were also engaged in fishing. Stagnation can be said to have marked many fields of life from about 1650 until 1850, when the impact of the industrial revolution began to be felt, and the Icelandic demand for increased independence from Denmark received a great deal of local support. Trade practices likewise began to change and the general population began to migrate from the countryside. Many moved to America, but others simply into villages and larger towns.

The previous history of Skagafjörður was decisively shaped by the presence of the bishop's seat. On the secular side, however, there were powerful chieftains living at such Skagafjörður estates as Reynistaður, Flugumýri and Ás, to name a few.

In Skagafjörður you will find many protected areas such as Orravatnsrústir, in the grazing commons Hofsafrétt; wetlands surrounding Orravatn lake and reaching north to Reyðarvatn lake. Another example of an exclusive area in Skagafjörður is the Upper end of Vesturdalur valley (Hofsárdalur valley): The innermost part of Vesturdalur, upstream from Miðmundargil gorge and including the canyon stretching inland from the valley. Unusual, lush valley, encircled by cliffs and precipitous slopes with enchanting waterfalls in Fossá river.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Our hosting partner will organise free time activities such as hiking.



# SEEDS 109. The Highlands of Iceland - The Famous Kjölur Road (2:2) 26.08 - 09.09 CONS / RENO 10 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working on several projects, mostly construction and renovation related tasks, preparing the area for the winter, after the busy summer season; helping a group of locals developing the area with tourism services, pushing forward alternative ways of income; running a series of huts in this isolated area, offering services to travellers in the summer.

The tasks will include landscaping around houses in the area as well as some painting. Volunteers will also help revegetate some areas around and help clear some old fences. Volunteers will be maintaining hiking paths, clearing litter along the paths and in the valley. As the landscape is raw, the work is physically demanding but also rewarding. Some of these tasks may have been fully accomplished by the group coming in the spring so volunteers may take on new different tasks in coordination with out hosts and depending on weather conditions.

**ACCOMMODATION**: Volunteers will be hosted in a local mountain hut; sleeping in shared rooms on mattresses on the floor; please bring your own sleeping bag. The facilities are very basic and volunteers are expected to show consideration for their companions.

Volunteers will receive food ingredients and be in charge of cooking and cleaning. Please do not forget some traditional food from your home country for the international evening.

**LOCATION:** The Icelandic highlands, or "the interior", are a true pearl to all nature lovers and outdoor people. It is accessible on 4WD cars and most routes involve crossing un-bridged rivers.

If you really want to get away from it all, the interior of Iceland is like nothing you have ever experienced. The mountainous centre of the island, with its rocky deserts, craggy mountain peaks, ice caps, volcanoes, hidden valleys and hot springs, is an awesome and untouched wilderness.

The interior was almost totally inaccessible until recently. However outlaws managed to hide out for years at a time in the highlands, rustling sheep and keeping away from law-abiding citizens. Travellers going between the north and south of Iceland sometimes had to cross the highlands. To get to the assembly of Alþingi (parliament) each summer, delegates had to ride from every corner of the country to Þingvellir in the southwest.

Journeys across the interior were never undertaken lightly; such travel was risky and lives were often lost. Today the interior is crossed by two mountain roads, via Kjölur and Sprengisandur, which are only open in summer, after the snow has thawed in spring.

Volunteers will be staying close to the glacier Hofsjökull and near to the rivers Hvítá and Þjórsá. The mountains in the area that reach up to 1500 m were formed during a volcanic eruption in the later part of the ice age. The area is still dynamic and great geothermal activity takes place in the surroundings. The environment is very diverse, both in shape and colour. The mountains are weathered and have very little continuous growth, as the forces of nature, like glaciers, water flow, ice bursts etc. have been fast working in these mountain highlands.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

The fee includes the domestic transportation from Reykjavík to the camp site and back (on the first and last day of the camp). **Departure time will be at 7:00 in the morning**.

Remote and very isolated site located in natural areas of extreme beauty. Volunteers need to be prepared for physical and demanding work, free time activities are mostly hiking and trekking in the area as there is no transportation available or possibility to organise transport to different sites.

Bring warm winter clothes as the project takes place outside and the weather can be very cold.



## SEEDS 139. Work and festival in Reykjanes 31.08 - 14.09 ENVI / FEST 8-10 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will help with the Night of the Lights festival in the town of Reykjanesbær. Our host for this project is the municipality of Reykjanesbær.

The main tasks in this project will be to set up for the festival and to clean after the festival. Volunteers will assist during the festival as needed and should be flexible and willing to assist with various projects.

Volunteers will also help to beautify the town of Reykjanesbær, as well as the surrounding area. This could possibly include paint work, light maintenance, and cleaning the coastline.

**ACCOMMODATION**: SEEDS volunteers will stay in a fully equipped house and sleep in beds in shared rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The work camp will take place in Reykjanesbær, the largest town on the Reykjanes Peninsula in Iceland. About 14,500 people live in the town of Reykjanesbær, which is Iceland's fifth largest town.

The Night of the Lights Festival, Ljósanótt, is held yearly in Reykjanesbær during the first weekend of September. It starts on a Thursday and ends on a Sunday. This cultural festival has various shows, concerts, and gatherings, and people from all over come to participate in the festivities.

Reykjanesbær is only a five minute drive from Keflavik International Airport and only a 40 minute drive to the capital city of Reykjavík.

The Reykjanes peninsula is marked by active volcanism under its surface, and large lava fields allow for little vegetation. There are numerous hot springs and sulphur springs in the southern half of the peninsula, around Kleifarvatn Lake and the Krýsuvík geothermal area where hot springs which spew water and mud dominate the landscape.

The peninsula is famous for its hiking trails that zigzag through the region, where the contrasting colours of the landscape delight visitors. Amazing ocean cliffs up to 70 metres high are inhabited by numerous bird species, often a wonderful spot for bird and whale watching.

Reykjanes has eleven spectacularly sited lighthouses along its wild coast. Iceland's oldest lighthouse, Reykjanesviti, dates back to 1878, and Iceland's highest is located at Garðsskagi.

There is also a geothermal power station at Svartsengi from which the hot, mineralized water of the famous Blue Lagoon originates. The Blue Lagoon Spa is the only spa in the world which is ranked as one of the 25 wonders of the world.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to and from the camps. The minibus option for this camp costs EUR 10 for one way or EUR 20 for both ways. This price is about 25% lower than the price of public transportation services.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 150 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our host will provide an excursion to the Blue Lagoon and other activities.

Please bring warm clothes and outdoor wear as the weather in Iceland can be quite unpredictable, even during the summer months.



**WORK/PROJECT:** SEEDS volunteers will be working on a project in the beautiful forest Hallormsstaðaskógur, doing nature oriented tasks. Our tasks will mainly be focused on picking blueberries, stone bramble, tree cones and herbs. Our host has a small 100% organic food and herb production, which focuses on manually handpicked food ingredients. This is a great volunteer project for those who love food, outdoors and have opinions about nutrition.

The working plan will be flexible and it will depend on the needs of our local host, the advance of the diverse projects in the area surrounding the forest and of course on the weather conditions.

Last but not least we will explore the surroundings of the location and enjoy free time activities arranged in cooperation with the local host.

**ACCOMMODATION**: SEEDS volunteers will sleep in a local house, sharing rooms. The apartment is fully equipped with access to kitchen and bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: Hallormsstaðaskógur, the largest wooded area of the country that spreads over 30 ha of land. The reforestation of the forest has been going on ever since a law for the protection was passed in 1899. The tree collection keeps an extensive variety of foreign trees and is renowned take professionals and travellers. The oldest part of the woodland is accessible with good hiking trails and explanation signs.

The area offers great variety of walking paths, such as to the deepest valley of the country and up to Sandfell where the view is quite magnificent. Riding tours up to the mountains or in the woodland are also nice experiences. Small streams run through the land where children and adults can cool down in warm summer days.

The project is located in the municipality of Fljótsdalshérað, Iceland's easternmost populous municipality; 17 km from the largest town in the Eastern Iceland - Egilsstaðir (population 2600). It is a young town, but which has become the largest town of east Iceland and offers a swimming pool, shops and museums among other main services.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains and the wild reindeers of Iceland are found here, the herd counts between three and four thousand animals.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF); domestic airport and bus stop is Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for working with outdoors and getting to know ways of living in rural areas in Iceland.

Our hosting partner will organise free time activities in the surroundings of the project, such as hiking and possibly horseback riding.

If you take SEEDS minibus option to and from the camp location, you will be able to go all around lceland, as we drive different ways (either North or South) to and from the camp.



# SEEDS 115. Organic Farming in Iceland (2:2) 05.09 - 19.09 AGRI / ENVI 6 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working at one of the few organic farms in Iceland, located in the East of the country. Our main task will be to harvest (by hand) vegetables, mainly potatoes, beets, beetroots and lettuce.

Alongside the harvesting tasks, volunteers will clean the vegetables and make them ready for consumers in the Icelandic market, as the farm sells its products in different stores and organic shops around the country. Volunteers will also pick berries from the surrounding area. Around the farm there is a young forest that can be maintained and cleaned if the harvesting jobs are done. Volunteers need motivation to work mainly outdoors doing very **physical** labour and under ever changing weather conditions. As the farm is largely run by volunteers, SEEDS volunteers will be working alongside volunteers from other organizations.

Volunteers will work all working days and on Saturday mornings as the camp takes place on the peak of the harvesting season. Volunteers will receive waterproof overalls and gloves for the work.

**ACCOMMODATION**: SEEDS volunteers will be hosted in a local house, sleeping on beds or mattresses, sharing rooms (2-4 persons in each room). Please bring your own sleeping bag. The house is equipped with a shower, washing machine and a kitchen.

Volunteers will share the duties of preparing food, cooking meals and cleaning. Please keep in mind that during this work camp **only** vegetarian food will be provided, which also means eating mainly local, organic food from the farm.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The farm is one of the few organic farms in Iceland and is run with the large support of volunteers. About 20% of the farm area is used for cultivation of different crops and the rest of the land is grassland with a forest of about one million trees planted there since starting the farm in the 1970s. The two major crops grown are barley and potatoes. Others include parsley, kale, beetroot, lettuce, kohlrabi, carrots and cabbage.

The farm is located in the municipality of Fljótsdalshérað, Iceland's easternmost populated municipality; 16 km from the largest town in Eastern Iceland called Egilsstaðir (population 2268).

The area is beautiful and has a lot of interesting sites. The biggest forest in Iceland, Hallormstaðarskógur is located within the district. The farm is located very close to Lagarfljót, the home of the mythical creature "the Lagarfljót Serpent" (Lagarfljótsormurinn) which was believed to have been spotted last in early 2012 by a local farmer. Other interesting animals in the area are the wild reindeers, counting about ten thousand in the area.

The East Fjords of Iceland have a special landscape, dominated by long, narrow fjords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). The closest bus stop and local airport is located in Egilsstaðir (EGS). The ferry "Norræna – Smyril line" sails from the Faroe Islands and Denmark and docks in the harbour of Seyðisfjörður town, 27 km from Egilsstaðir.

SEEDS organises a "minibus option", a shared transport from Reykjavík to the camps and back. Apart from being cheap and convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Some free time activities will be organized for SEEDS volunteers as day trips and excursions in the area. Some of them will be free of charge while others might require a financial contribution.

Please bring warm clothes as the weather in Iceland can be cold in September.



# SEEDS 116. Botanic Garden in Reykjavík (10:10) 06.09 - 19.09 ENVI / NATU 7 Vols. Age: 20+

**WORK/PROJECT:** For the fifth year in a row SEEDS offers projects in the Botanic Garden in Reykjavík. The Botanic Garden is an outdoor collection of living plants, founded in 1961 and celebrated its 50<sup>th</sup> anniversary in 2011. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. In summer there is a variety of events in the Botanic Garden and group receptions are available throughout the year.

SEEDS volunteers will be doing general garden work, attending the flowers, trees and other plants. Volunteers will assist in organising and carrying out special events that might be planned with a short notice but they will all be related to the general aim and work of the garden. The work may be repetitive as general gardening tasks tend to be. The project starts early every week day, working hours are from 8:00 - 15:30, so volunteers have to be motivated to work early in the morning.

**ACCOMMODATION:** SEEDS volunteers will stay in a well equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 kilometres from the centre of the city. Volunteers will be sleeping in shared rooms/dorms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteer from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The population of Reykjavik is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the North". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

In the area closer than 100 km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200,- (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers have to bring good working shoes and clothes, even though it is summer, it might still be cold and hats and gloves might be necessary.

Excursions (Blue Lagoon, Golden Circle, South shore, etc.) can be arranged for SEEDS at discount fares.



## SEEDS 140. Waterfalls and glaciers in the West of Iceland 06.09 - 19.09 ENVI / CONS 5 Volunteers Age: 18+

**WORK/PROJECT:** In this project SEEDS volunteers will have the unique opportunity to work in two amazing places in the west of Iceland. The first part of the project will take place close to the waterfalls Dynjandi in the Westfjords and the second part of the project will be in the Snæfellsjökull National Park in the Snæfellsnes peninsula in the west of Iceland.

Our host is the Environmental agency of Iceland (Umhverfisstofnun), which SEEDS has been working with since 2007 in diverse projects in the national parks and protected areas of the country.

In the first part of the project, volunteers will make walking paths in the area around Dynjandi waterfall. In the second part of the project, volunteers will clean and beautify the area around the glacier Snæfellsjökull. Volunteers will also help to maintain hiking paths and other light maintenance in the area.

Well maintained paths enable people to visit these amazing areas without damaging the environment and this also helps to improve safety for visitors.

Volunteers should be prepared for all kinds of weather. The work is physically demanding and volunteers need to be motivated to work outdoors.

**ACCOMMODATION**: SEEDS volunteers will stay in local houses during this workcamp in a sleeping bag accommodation. Volunteers will share the responsibilities of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: The first part of the workcamp will be located in the Westfjords. Volunteers will stay in a local house in Flókalundur and work around the set of waterfalls called Dynjandi. It is made up of seven different waterfalls, each with its own name; Dynjandi, meaning "thunderous", is the name of the largest of the waterfalls. It has a cumulative height of 100 metres, making it the tallest and one of the most spectacular waterfall in the country.

The second part of the workcamp is located in Snæfellsjökull National Park on the Snæfellsnes peninsula. The park was established in 2001 and it is one of the most visited parks in Iceland.

The Snæfellsjökull glacier lies on top of a volcano and it's the center of the park. Its peak reaches 1446 metres and in a clear day it can be seen all the way from Reykjavik. The mountain was first climbed in 1754 and like many other volcanoes in Iceland, it is still active. The glacier covers the summit crater to the depth of 200 metres. Due to global warming the glacier has shrunken and it continues to shrink. In August 2012 the summit was ice-free for the first time in recorded history. Some researchers predict that the glacier could vanish in less than 50 years.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 100 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

In the area of the workcamp, there are countless fascinating walks and hikes available which volunteers will be able to explore in their free time.

Volunteers need to be prepared for hard physical work, free time activities are mostly outdoors, like hikes in the area. Volunteers will have to bring their own sleeping bag and familiarize themselves with the Equipment Checklist in the Specific Information sheet.



SEEDS 117. Photo Marathon in Reykjavík 07.09 - 17.09 ARTS / CULT 8 Volunteers Age: 16+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a regular workcamp - but volunteers will likely work for 2 days with the city of Reykjavík in the cemeteries, helping with raking leaves, beautifying the gardens and working on the recycling system among other tasks.

**ACCOMMODATION:** SEEDS participants will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle, South shore etc.) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



**WORK/PROJECT:** SEEDS volunteers will be working on environmental and nature oriented tasks in this project in the North of the country.

The tasks will mainly be focused on harvesting potatoes from the ground, picking berries and mushrooms. The host has a small 100% organic food and herb production, which focuses on manually handpicked food ingredients. This is a great volunteer project for those who love food, outdoors and have opinions about nutrition.

The working plan will be flexible and it will depend on the needs of our local host, the advance of the diverse projects in the area and of course on the weather conditions.

Last but not least volunteers will explore the surroundings of the location and enjoy free time activities arranged in cooperation with the local host.

**ACCOMMODATION**: Volunteers will sleep in an apartment, sharing rooms. The apartment is fully equipped with access to a kitchen and a bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: Known as flashy dressers, the people of Skagafjörður were proud and often preferred to seek other work than farming. In this they were considered rather distinct from other Icelanders. Horsemanship was widespread in Skagafjörður and singing was given more weight than in many other regions; there culture and literature prospered.

Even though the vast majority of Skagafjörður residents make their living through agriculture, many were also engaged in fishing. Stagnation can be said to have marked many fields of life from about 1650 until 1850, when the impact of the industrial revolution began to be felt, and the Icelandic demand for increased independence from Denmark received a great deal of local support. Trade practices likewise began to change and the general population began to migrate from the countryside. Many moved to America, but others simply into villages and larger towns.

The previous history of Skagafjörður was decisively shaped by the presence of the bishop's seat. On the secular side, however, there were powerful chieftains living at such Skagafjörður estates as Reynistaður, Flugumýri and Ás, to name a few.

In Skagafjörður you will find many protected areas such as Orravatnsrústir, in the grazing commons Hofsafrétt; wetlands surrounding Orravatn lake and reaching north to Reyðarvatn lake. Another example of an exclusive area in Skagafjörður is the Upper end of Vesturdalur valley (Hofsárdalur valley): The innermost part of Vesturdalur, upstream from Miðmundargil gorge and including the canyon stretching inland from the valley. Unusual, lush valley, encircled by cliffs and precipitous slopes with enchanting waterfalls in Fossá river.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic kronas.

Our hosting partner will organise free time activities such as hiking.



## SEEDS 119. Mýrdalshreppur - South shore 09.09 - 23.09 AGRI / RENO /CONS 5 Volunteers Age: 18+

**WORK/PROJECT:** This is the fourth year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, have cows and run a tourist accommodation.

The main tasks in this project will mainly be connected with the carrots cultivation; volunteers will be working in the fields, removing plastic wraps and other things from the carrot beds.

Volunteers might also be asked to do some environment/construction work in this camp; beautifying the area and tidying up the surroundings of the farm. Volunteers might be asked to do a bit of renovation work as well, such as some painting preparation work if weather conditions allow. Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable; be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

**ACCOMMODATION**: SEEDS volunteers will stay in a fully equipped house, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to different kinds of weather.

Our host will organise free time activities in the area, depending on the weather conditions.



SEEDS 114. Forestry in the East of Iceland
13.09 - 26.09
NATU / ENVI
6 - 8 Volunteers
Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working on a project in the beautiful forest Hallormsstaðaskógur, doing nature oriented tasks. The host of this project is the Icelandic forest service. The main tasks will be to make new hiking paths, build stairs, and make and put up signs. Volunteers will also put up benches and tables in the forest. Other tasks will be to trim branches and beautify groves that are located near hiking paths.

Well maintained paths enable people to visit these amazing areas without damaging them and this important work also helps to improve safety for visitors.

Volunteers should be prepared for all kinds of weather. The work is physically demanding and volunteers need to be motivated to work outdoors.

The working plan will be flexible and it will depend on the needs of our local host, the advance of the diverse projects in the area surrounding the forest and of course on the weather conditions.

Last but not least we will explore the surroundings of the location and enjoy free time activities arranged in cooperation with the local host.

**ACCOMMODATION**: SEEDS volunteers will sleep in beds in a house owned by the forest service. The house is fully equipped. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: Hallormsstaðaskógur is the largest wooded area of the country that spreads over 30 ha of land. The reforestation of the forest has been going on since a law for the protection was passed in 1899. The oldest part of the woodland is accessible with good hiking trails and explanation signs.

The area offers great variety of walking paths, such as to the deepest valley of the country and up to Sandfell where the view is quite magnificent. Riding tours up to the mountains or in the woodland are also nice experiences. Small streams run through the land where children and adults can cool down in warm summer days.

The project is located in the municipality of Fljótsdalshérað, Iceland's easternmost populous municipality; 17 km from the largest town in the Eastern Iceland - Egilsstaðir (population 2600). It is a young town, but which has become the largest town of east Iceland and offers a swimming pool, shops and museums among other main services.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains and the wild reindeers of Iceland are found here, the herd counts between three and four thousand animals.

**LANGUAGE**: English will be the official language in the camp; high proficiency is not a requirement. **TERMINAL**: International Airport: Keflavík/Reykjavík (KEF); domestic airport and bus stop is Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Our hosting partner will organise free time activities in the surroundings of the project, such as hiking and possibly horseback riding in the forest.

If you take SEEDS minibus option to and from the camp location, you will be able to go all around lceland, as we drive different ways (either North or South) to and from the camp.



SEEDS 118. Fun, farm & Animals in the South (2:2) 13.09 - 27.09 CONS / RENO / ENVI 6 Volunteers Age: 18+

**WORK/PROJECT:** The aim of the project is to assist in preparing and building animal houses and shelters from recyclable material in a farm. Volunteers will be building an animal living area and pens from repurposed pallets. This is done to ease the access to the animals and make them feel better. The goal is to make a little zoo with animals that are in Iceland so that people can experience animals in an old farm.

On the farm there are dogs, cats, horses, rabbits, hens, cattle, a raven and pigeons, so volunteers need to have the motivation to work around the animals as well as to be ready to do manual work such building and fencing work. Volunteers are welcome to bring their own ideas on how to use pallets and/or other recyclable materials for the construction. Other tasks might be general beautifying of the area and clean up after the winter.

Volunteers will have the opportunity to be part of an Icelandic farm life and work where they will have the chance to enjoy the outdoors, the work, the animals, the building process, the farming and the time spent with the local hosts. We will work with an Icelandic family, participating in the diverse tasks of their daily lives. This is a unique occasion to experience first-hand how a family in the Icelandic countryside lives.

The working plan will be flexible and it will depend on the needs of our local hosts, the advance of the diverse projects in the area surrounding the farm and of course on the weather conditions.

**ACCOMMODATION**: SEEDS volunteers will stay in a fully equipped house. Bringing a sleeping bag is not necessary for the workcamp (but might be essential before and after it).

Volunteers will receive food and be in charge of the cooking and cleaning activities and will divide the tasks among themselves. Please do not forget some traditional/typical food from your home country for the international evening.

**LOCATION:** Volunteers will stay about 70 km from Reykjavik with an easy access from the main highway, only 16 km from the town of Selfoss where you will find all the modern comforts an Icelandic town has to offer. Volunteers will mostly stay in the project place as work and accommodation is both located in a rural area with no public transportation.

Volunteers will stay in a renovated country lodge in a beautiful setting above the lake of Villingarholt. From there you will enjoy a magnificent view, where you can easily spot the Westman islands (Vestmannaeyjar), the glacier of Eyjafjall (Eyjafjallajökull), the Tinda Mountains (Tindfjöll), the famous volcano Hekla and the slopes of Hella.

LANGUAGE: English will be the language in the camp; high proficiency is not required.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises a "minibus option", a special shared transport from Reykjavík to the camp which includes the Golden circle excursion. This excursion will be organised on the first day of the camp and it is included in the fee of the project. **Departure time will be at 9:00 in the morning**.

Apart from being cheaper than regular public services or tour operators, it also allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). This fee is paid to SEEDS on arrival in either Euros or Icelandic krónas. The fee includes the transportation from Reykjavík to the camp and back (on the first and last day of the camp). In the first day we will do the Golden Circle trip.

Our hosting partner will organise some free time activities such as hiking, fishing in a nearby lake and bicycling. Volunteers have to be open for living and working with a local family.

The weather conditions in Iceland are unpredictable, winter is kicking in soon, it can be cold and hats and gloves can be needed. Bring good working shoes & clothes.



## SEEDS 120. Island of Viðey (2:2) 14.09 - 24.09 ENVI / AGRI /CONS 7 Volunteers Age: 18+

**WORK/PROJECT:** The city of Reykjavík will once again be our host in this project and SEEDS volunteers will have the opportunity to work on the historical island of Viðey for the 9<sup>th</sup> year in a row!

The project offers diverse tasks and various experiences for SEEDS volunteers. Volunteers will work on environmental and nature related assignments, such as harvesting of vegetables and crops grown on the island.

Volunteers will also help with cleaning up in the area, especially along the coastline. Tools and furniture will also need to be stored inside, preparing the common and green recreational areas for the autumn/winter season. There will also be a bit of constructional work since some fences need maintenance and volunteers will do some paint jobs as well.

The weather conditions in Iceland are unpredictable, winter is kicking in soon and temperatures are dropping. Be prepared to experience all kinds of weather and be sure of bringing warm clothing as it can be cold, windy and rainy since most of the work will take place outdoors.

**ACCOMMODATION**: Volunteers will be lodged in a local house at Viðey Island, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

The house has a well equipped kitchen. Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: Viðey or "Wood Island" is the largest (1,7 km<sup>2</sup>) island in the Kollafjord Bay, just outside Reykjavík, the capital of Iceland. The island is covered by many species of plants and at least 30 species of breeding birds have been counted here.

Viðey was inhabited from soon after the settlement of Iceland already in the 10th century and at the beginning of the 20th century around 100 people lived there. But it's uninhabited nowadays.

There is a regular boat connection between the island and the harbour of Reykjavík. The trip takes just about 10 minutes and is only a few hundred metres away from the city. This makes Viðey so special; it is a peaceful place, very close to the busy city life of the capital.

There are hiking and cycling paths around the island and there is no motor traffic allowed. It also inhabits intriguing sculptural art work, amongst them all nine pairs of basalt pillars that comprise Richard's Serra's work Áfangar and Yoko Ono's "Imagine peace" column, a tower of light, which is supported by the widow of John Lennon. <u>http://imaginepeace.com/news/imagine-peace-tower</u>

Other places of interest on Viõey are related to archaeological research, the village. At the eastern end of the island is the site of an abandoned fishing village and Viõeyjarnaust, at the southwest of the island, it is a memorial to the twenty men who lost their lives when the cutter Ingvar sank off Viõey in 1906. Dramatic formations of columnar basalt may be seen on the shore.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Some spare time activities will be organised free of charge for SEEDS volunteers such as a whale watching boat trip.

SEEDS volunteers will have free rides in the boat/ferry to the city of Reykjavík during their free time.

Excursions (Golden Circle, Blue Lagoon or South Shore) can be organised at discount fares for SEEDS volunteers.



# SEEDS 138. Power Food in the East of Iceland 18.09 - 02.10 NATU / ENVI 6-8 Volunteers Age: 18+

**WORK/PROJECT:** SEEDS volunteers will be working on a project in the beautiful forest Hallormsstaðaskógur, doing nature oriented tasks. Our host has a small 100% organic food and herb production, which focuses on manually handpicked food ingredients.

Our tasks will mainly be focused on picking blueberries, stone bramble, tree cones and herbs. Volunteers will also prepare herbs and berries for processing. This is a great volunteer project for those who love food, outdoors and have opinions about nutrition.

The working plan will be flexible and it will depend on the needs of our local host, the advance of the diverse projects in the area surrounding the forest and of course on the weather conditions.

**ACCOMMODATION**: SEEDS volunteers will sleep in a local house, sharing rooms. The apartment is fully equipped with access to kitchen and bathroom. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities.

Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: Hallormsstaðaskógur, the largest wooded area of the country that spreads over 30 ha of land. The reforestation of the forest has been going on ever since a law for the protection was passed in 1899. The tree collection keeps an extensive variety of foreign trees and is renowned by professionals and travellers. The oldest part of the woodland is accessible with good hiking trails and explanation signs.

The area offers great variety of walking paths, such as to the deepest valley of the country and up to Sandfell where the view is quite magnificent. Riding tours up to the mountains or in the woodland are also nice experiences. Small streams run through the land where children and adults can cool down in warm summer days.

The project is located in the municipality of Fljótsdalshérað, Iceland's easternmost populous municipality; 17 km from the largest town in the Eastern Iceland - Egilsstaðir (population 2600). It is a young town, but which has become the largest town of east Iceland and offers a swimming pool, shops and museums among other main services.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains and the wild reindeers of Iceland are found here, the herd counts between three and four thousand animals.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF); domestic airport and bus stop is Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

The minibus to this camp will cost EUR 70 (Euros) one way, and EUR 140 (Euros) both ways. This is about 30% cheaper than public transportation services.

**EXTRAS / SPECIAL REMARKS**: Participation fee EUR 100 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have motivation for working with outdoors and getting to know ways of living in rural areas in Iceland.

Our hosting partner will organise free time activities in the surroundings of the project, such as hiking.

If you take SEEDS minibus option to and from the camp location, you will be able to go all around lceland, as we drive different ways (either North or South) to and from the camp.



## SEEDS 122. Photo Marathon in Reykjavík 21.09 - 01.10 ARTS / CULT 12 Volunteers Age: 18+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a regular workcamp - but volunteers will likely work for 2 days with the city of Reykjavík in the cemeteries, helping with raking leaves, beautifying the gardens and working on the recycling system among other tasks.

**ACCOMMODATION:** SEEDS participants will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



# SEEDS 123. Environmentally aware: in Reykjavík 22.09 - 30.09 ENVI / SUST / EDU 8 Participants Age: 18+

**WORK/PROJECT:** Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about.

We will start with the state of environment in general; then we will make an overview of the environment in Iceland - issues that regular visitors may not get to know or learn by travelling around Iceland (like the ecological footprint and energy use).

We will then have workshops about human needs - difference between 'wanting' and 'needing' something for a 'happy complete' life. During these days debates about consumerism, recycling, society and empowering will come up. Some days we will have workshops on global issues, and we will have documentary nights where we discuss the issues close to our heart among friends...

Our participants usually also learn how to make things independently in a simple and easy way, for instance seed-bombs to grow trees, cheese, humus and bread.

Some of our study visits may include one of the garbage collection/recycling centres of SORPA in Reykjavik or to the geothermal power plant!

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION:** SEEDS participants will stay in a house in down town Reykjavík. The facilities are basic with only one shower and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture.

It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.



# SEEDS 124. Mýrdalshreppur - South shore 23.09 - 07.10 AGRI / RENO /CONS 5 Volunteers Age: 18+

**WORK/PROJECT:** This is the fourth year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, have cows and run a tourist accommodation.

The main tasks in this project will mainly be connected with the carrots cultivation; volunteers will be working in the fields, harvesting carrots, removing plastic wraps and other things from the carrot beds. Volunteers might also be asked to do some environment/construction work in this camp; beautifying the area and tidying up the surroundings of the farm. Volunteers might be asked to do a bit of renovation work as well, such as some painting preparation work if weather conditions allow. Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable; be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

**ACCOMMODATION**: SEEDS volunteers will stay in a fully equipped house, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to different kinds of weather.

Our host will organise free time activities in the area, depending on the weather conditions.



## SEEDS 126. Photo Marathon in Reykjavík 05.10 - 15.10 ARTS / CULT 12 Volunteers Age: 18+

**WORK/PROJECT:** This is the eighth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organizing this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp. The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

SEEDS coordinators will prepare different topics on which the participants will base their entries; these topics will be mostly related to SEEDS work: Intercultural understanding, peace & Environment

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition. Volunteers shall be prepared for walking and working flexible time schedule.

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION:** SEEDS participants will stay in an equipped house, in a beautiful setting inside the Botanical Gardens of the city of Reykjavík, which are located about 4 Kilometres from the centre of the city.

Volunteers will be sleeping in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag. Please note that volunteers from other projects will also be staying in the house.

Volunteers will receive food supplies and be in charge of the cooking and cleaning. Do not forget some traditional food from your country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.

Imagine Peace Tower (an outdoor work of art conceived by Yoko Ono in memory of John Lennon, situated on Viðey Island) will be light up on October 9<sup>th</sup>.



SEEDS 127. Environmentally aware: in Reykjavík 06.10 - 14.10 ENVI / SUST / EDU 8 Participants Age: 18+

**WORK/PROJECT:** Have you ever wondered what it's like to live environmentally friendly? Or what "environmentally friendly" actually means? Well, wonder no more. You will not only get a dose of knowledge about the world around us and the state of the environment at the moment, but also a chance to try out those "green solutions" that we all keep hearing about.

We will start with the state of environment in general; then we will make an overview of the environment in Iceland - issues that regular visitors may not get to know or learn by travelling around Iceland (like the ecological footprint and energy use).

We will then have workshops about human needs - difference between 'wanting' and 'needing' something for a 'happy complete' life. During these days debates about consumerism, recycling, society and empowering will come up. Some days we will have workshops on global issues, and we will have documentary nights where we discuss the issues close to our heart among friends...

Our participants usually also learn how to make things independently in a simple and easy way, for instance seed-bombs to grow trees, cheese, humus and bread.

Some of our study visits may include one of the garbage collection/recycling centres of SORPA in Reykjavik or to the geothermal power plant!

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION:** SEEDS participants will stay in a house in down town Reykjavík. The facilities are basic with only one shower and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture.

It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learning and sharing on environmental and global issues.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm clothes, overcoats, scarves, gloves and hats as part of the project may take place outside.

Imagine Peace Tower (an outdoor work of art conceived by Yoko Ono in memory of John Lennon, situated on Viðey Island) will be light up on October 9<sup>th</sup>.



# SEEDS 125. Mýrdalshreppur - South shore 07.10 - 21.10 AGRI / RENO /CONS 5 Volunteers Age: 18+

**WORK/PROJECT:** This is the fourth year that SEEDS volunteers will have the unique opportunity to get to know and explore the traditional Icelandic dairy and vegetable/carrots farming. Our hosts, a farmer's family, cultivate carrots, have cows and run a tourist accommodation.

The main tasks in this particular camp will be some environment/construction, beautifying the area and tidying up the surroundings of the farm. Volunteers might be asked to do a bit of renovation work as well, such as some painting preparation work if weather conditions allow. Other tasks will be connected with the carrots cultivation and preparing the fields for the winter time. Those who are interested in animal husbandry should feel free to drop in on the cows in the stalls, assist in milking them or tending to them in general.

The weather conditions in Iceland are unpredictable; be prepared to experience all kinds of weather and be sure of bringing warm clothing since most of the work will take place outdoors.

**ACCOMMODATION**: SEEDS volunteers will stay in a fully equipped house, in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget some traditional/typical food from your home country for an international evening.

**LOCATION**: The farm is located in the South of Iceland, a beautiful area surrounded by mountains and glaciers to the north and facing the Atlantic Ocean to the south.

The inhabitants here live in constant threat of volcanic eruptions and the area was hit during the recent eruptions in Eyjafjallajökull 2010 and Vatnajökull 2011, as it got all covered by ashes, but the natives here are strong minded and 'folded up their sleeves' as the Icelanders express it and proved the common believe that what doesn't kill you makes you stronger.

Vík, the closest town, is Iceland's most southerly village. Mýrdalur is bordered by the glacial river Jökulsá to the west and the river Blautakvísl to the east. Its northern border is the Mýrdalsjökull glacier, which caps the volcanic Mt. Katla, while its southern limits are black sands and the rolling Atlantic waves. The district lives mainly by agriculture. Although this community of 600 inhabitants faces the open Atlantic, Vík is the only seaside settlement in Iceland left without a harbour due to natural circumstances. Among the many aspects of Vík that make it attractive are the sea-and-land trips and trips on the Mýrdalsjökull glacier to list a few.

The natural beauty of the area is spectacular. Just east of the village's outskirts lies one of Europe's biggest arctic tern breeding grounds. South of Vík is a beautiful beach, which the international Magazines named one of the world's ten best island beaches in 1991. A short hike within the close vicinity of Vík is sure to satisfy all serious nature lovers and bird watchers. Vík and its surroundings is one of the main bird life areas in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and viceversa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Volunteers should have a motivation for getting to know ways of living in rural areas in Iceland, for working outdoors and be prepared to different kinds of weather.

Our host will organise free time activities in the area, depending on the weather conditions.



## SEEDS 128. Environmentally aware: in Reykjavík 22.10 - 30.10 ENVI / SUST / EDU 8 Participants Age: 18+

**WORK/PROJECT:** Our work camp will allow you to learn about both global and local environmental issues through theory and practice as well. If you are concerned, for example, about global climate, waste management, animal protection, sustainability and other topics this work camp might be the best for you. Local Icelandic environmental issues as well as issues from the participants' countries will be addressed through discussions. Becoming one of more than one million tourists coming to Iceland every year might leave a mark. Do you want to know how to diminish your environmental impact as a traveller?

Each of our Environmentally Aware work camps will get a chance to improve local environment through hands-on activities. The specifics of the work might depend on weather conditions and schedule of our partners.

Please note that this project is more a learning/sharing camp and not a standard workcamp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION**: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a shower, washing machine, kitchen and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture.

From meeting locals in swimming pools to passing by Icelandic musicians on the street, the city seems cosy and cosmopolitan, traditional and modern.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline, geothermal park, lakes, mountains and many more.

The Reykjanes peninsula features the Blue Lagoon spa, the treasure of Icelandic hot pots. The geothermal water has a unique composition, featuring three active ingredients – Silica, Algae & Minerals. It is one of the most visited places on the island.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learn and share on environmental and global issues, and should be open to new cultures. All volunteers are encouraged to bring environmental and sustainability suggestions to the group and collaborate with the leader in planning activities.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm waterproof clothes, waterproof boots, overcoats, scarves, gloves and hats as part of the project may take place outside.



## SEEDS 129. Photo Marathon in Reykjavík 22.10 - 31.10 ARTS / CULT 12 Volunteers Age: 18+

**WORK/PROJECT:** This is the ninth year that SEEDS organizes series of International Photo marathons! Every two weeks throughout the year volunteers from all over the world come to Iceland for the ten-day intensive Photo marathon project. SEEDS coordinators work with the participants to develop their unique photographic voice through workshops and feedback sessions on technical settings, compositional considerations as well as developing conceptual frameworks which progress the participants individual style.

As the workshops ends we gather as a group to select some of our best pictures from the trip and prepare those images for an informal group exhibition locally. While learning more about photography the participants explore Icelandic culture by taking part in it, capturing it and also by working for the City of Reykjavik. One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp.

Participants should arrive ready to shoot and should bring with them their own digital cameras, lenses and laptops if possible. Volunteers should be prepared for walking and visually exploring the city streets and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

SEEDS also organises excursions outside of the city, which gives the chance to see more of what this beautiful country has to offer at a discounted price.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a shower, washing machine, kitchen and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 220 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



## SEEDS 130. Environmentally aware: in Reykjavík 12.11 - 20.11 ENVI / SUST / EDU 8 Participants Age: 18+

**WORK/PROJECT:** Our work camp will allow you to learn about both global and local environmental issues through theory and practice as well. If you are concerned, for example, about global climate, waste management, animal protection, sustainability and other topics this work camp might be the best for you. Local Icelandic environmental issues as well as issues from the participants' countries will be addressed through discussions. Becoming one of more than one million tourists coming to Iceland every year might leave a mark. Do you want to know how to diminish your environmental impact as a traveller?

Each of our Environmentally Aware work camps will get a chance to improve local environment through hands-on activities. The specifics of the work might depend on weather conditions and schedule of our partners.

Please note that this project is more a learning/sharing camp and not a standard workcamp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION**: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a shower, washing machine, kitchen and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture.

From meeting locals in swimming pools to passing by Icelandic musicians on the street, the city seems cosy and cosmopolitan, traditional and modern.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline, geothermal park, lakes, mountains and many more.

The Reykjanes peninsula features the Blue Lagoon spa, the treasure of Icelandic hot pots. The geothermal water has a unique composition, featuring three active ingredients – Silica, Algae & Minerals. It is one of the most visited places on the island.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learn and share on environmental and global issues, and should be open to new cultures. All volunteers are encouraged to bring environmental and sustainability suggestions to the group and collaborate with the leader in planning activities.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm waterproof clothes, waterproof boots, overcoats, scarves, gloves and hats as part of the project may take place outside.



## SEEDS 131. Photo Marathon in Reykjavík 12.11 - 21.11 ARTS / CULT 12 Volunteers Age: 18+

**WORK/PROJECT:** This is the ninth year that SEEDS organizes series of International Photo marathons! Every two weeks throughout the year volunteers from all over the world come to Iceland for the ten-day intensive Photo marathon project. SEEDS coordinators work with the participants to develop their unique photographic voice through workshops and feedback sessions on technical settings, compositional considerations as well as developing conceptual frameworks which progress the participants individual style.

As the workshops ends we gather as a group to select some of our best pictures from the trip and prepare those images for an informal group exhibition locally. While learning more about photography the participants explore Icelandic culture by taking part in it, capturing it and also by working for the City of Reykjavik. One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp.

Participants should arrive ready to shoot and should bring with them their own digital cameras, lenses and laptops if possible. Volunteers should be prepared for walking and visually exploring the city streets and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

SEEDS also organises excursions outside of the city, which gives the chance to see more of what this beautiful country has to offer at a discounted price.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a shower, washing machine, kitchen and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 220 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



# SEEDS 132. Advent Environmentally aware in Reykjavik 27.11 - 06.12 ENVI / SUST / EDU 8 Participants Age: 18+

**WORK/PROJECT:** Our work camp will allow you to learn about both global and local environmental issues through theory and practice as well. If you are concerned, for example, about global climate, waste management, animal protection, sustainability and other topics this work camp might be the best for you. Local Icelandic environmental issues as well as issues from the participants' countries will be addressed through discussions. Becoming one of more than one million tourists coming to Iceland every year might leave a mark. Do you want to know how to diminish your environmental impact as a traveller?

Each of our Environmentally Aware work camps will get a chance to improve local environment through hands-on activities. The specifics of the work might depend on weather conditions and schedule of our partners.

Please note that this project is more a learning/sharing camp and not a standard workcamp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION**: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a shower, washing machine, kitchen and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture.

From meeting locals in swimming pools to passing by Icelandic musicians on the street, the city seems cosy and cosmopolitan, traditional and modern.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline, geothermal park, lakes, mountains and many more.

The Reykjanes peninsula features the Blue Lagoon spa, the treasure of Icelandic hot pots. The geothermal water has a unique composition, featuring three active ingredients – Silica, Algae & Minerals. It is one of the most visited places on the island.

In December you can see the Northern lights (Aurora Borealis) in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learn and share on environmental and global issues, and should be open to new cultures. All volunteers are encouraged to bring environmental and sustainability suggestions to the group and collaborate with the leader in planning activities.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm waterproof clothes, waterproof boots, overcoats, scarves, gloves and hats as part of the project may take place outside.



# SEEDS 133. Advent Photo Marathon in Reykjavík 27.11 - 07.12 ARTS / CULT 12 Volunteers Age: 18+

**WORK/PROJECT:** This is the ninth year that SEEDS organizes series of International Photo marathons! Every two weeks throughout the year volunteers from all over the world come to Iceland for the ten-day intensive Photo marathon project. SEEDS coordinators work with the participants to develop their unique photographic voice through workshops and feedback sessions on technical settings, compositional considerations as well as developing conceptual frameworks which progress the participants individual style.

As the workshops ends we gather as a group to select some of our best pictures from the trip and prepare those images for an informal group exhibition locally. While learning more about photography the participants explore Icelandic culture by taking part in it, capturing it and also by working for the City of Reykjavik. One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp.

Participants should arrive ready to shoot and should bring with them their own digital cameras, lenses and laptops if possible. Volunteers should be prepared for walking and visually exploring the city streets and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

SEEDS also organises excursions outside of the city, which gives the chance to see more of what this beautiful country has to offer at a discounted price.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a shower, washing machine, kitchen and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 220 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



## SEEDS 134. Christmas Environmentally aware in Reykjavik 11.12 - 20.12 ENVI / SUST / EDU 8 Participants Age: 18+

**WORK/PROJECT:** Our work camp will allow you to learn about both global and local environmental issues through theory and practice as well. If you are concerned, for example, about global climate, waste management, animal protection, sustainability and other topics this work camp might be the best for you. Local Icelandic environmental issues as well as issues from the participants' countries will be addressed through discussions. Becoming one of more than one million tourists coming to Iceland every year might leave a mark. Do you want to know how to diminish your environmental impact as a traveller?

Each of our Environmentally Aware work camps will get a chance to improve local environment through hands-on activities. The specifics of the work might depend on weather conditions and schedule of our partners.

Please note that this project is more a learning/sharing camp and not a standard workcamp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION**: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a shower, washing machine, kitchen and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. Reykjavik is often called "the nightlife capital of the north", but there is so much more than pubs and clubs, it also gathers the most interesting of Icelandic culture.

From meeting locals in swimming pools to passing by Icelandic musicians on the street, the city seems cosy and cosmopolitan, traditional and modern.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline, geothermal park, lakes, mountains and many more.

The Reykjanes peninsula features the Blue Lagoon spa, the treasure of Icelandic hot pots. The geothermal water has a unique composition, featuring three active ingredients – Silica, Algae & Minerals. It is one of the most visited places on the island.

In December you can see the Northern lights (Aurora Borealis) in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 200 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learn and share on environmental and global issues, and should be open to new cultures. All volunteers are encouraged to bring environmental and sustainability suggestions to the group and collaborate with the leader in planning activities.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm waterproof clothes, waterproof boots, overcoats, scarves, gloves and hats as part of the project may take place outside.



# SEEDS 135. Christmas Photo Marathon in Reykjavík 11.12 - 21.12 ARTS / CULT 12 Volunteers Age: 18+

**WORK/PROJECT:** This is the ninth year that SEEDS organizes series of International Photo marathons! Every two weeks throughout the year volunteers from all over the world come to Iceland for the ten-day intensive Photo marathon project. SEEDS coordinators work with the participants to develop their unique photographic voice through workshops and feedback sessions on technical settings, compositional considerations as well as developing conceptual frameworks which progress the participants individual style.

As the workshops ends we gather as a group to select some of our best pictures from the trip and prepare those images for an informal group exhibition locally. While learning more about photography the participants explore Icelandic culture by taking part in it, capturing it and also by working for the City of Reykjavik. One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp.

Participants should arrive ready to shoot and should bring with them their own digital cameras, lenses and laptops if possible. Volunteers should be prepared for walking and visually exploring the city streets and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

SEEDS also organises excursions outside of the city, which gives the chance to see more of what this beautiful country has to offer at a discounted price.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a shower, washing machine, kitchen and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.



## SEEDS 136. New Year's Environmentally aware in Reykjavik 29.12 - 06.01 ENVI / SUST / EDU 8 Participants Age: 18+

**WORK/PROJECT:** Our work camp will allow you to learn about both global and local environmental issues through theory and practice as well. If you are concerned, for example, about global climate, waste management, animal protection, sustainability and other topics this work camp might be the best for you. Local Icelandic environmental issues as well as issues from the participants' countries will be addressed through discussions. Becoming one of more than one million tourists coming to Iceland every year might leave a mark. Do you want to know how to diminish your environmental impact as a traveller?

Each of our Environmentally Aware work camps will get a chance to improve local environment through hands-on activities. The specifics of the work might depend on weather conditions and schedule of our partners.

Please note that this project is more a learning/sharing camp and not a standard workcamp; we may be able to organize some voluntary service but in some cases it will not be possible.

**ACCOMMODATION**: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a shower, washing machine, kitchen and everyone is expected to show consideration for their companions. We will sleep in shared rooms in a sleeping bag accommodation. Please bring your own sleeping bag.

We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

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The Reykjanes peninsula features the Blue Lagoon spa, the treasure of Icelandic hot pots. The geothermal water has a unique composition, featuring three active ingredients – Silica, Algae & Minerals. It is one of the most visited places on the island.

In January you can see the Northern lights (Aurora Borealis) in Iceland.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Participants should have a motivation to learn and share on environmental and global issues, and should be open to new cultures. All volunteers are encouraged to bring environmental and sustainability suggestions to the group and collaborate with the leader in planning activities.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

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# SEEDS 137. New Year's Photo Marathon in Reykjavík 29.12 - 07.01 ARTS / CULT 12 Volunteers Age: 18+

**WORK/PROJECT:** This is the ninth year that SEEDS organizes series of International Photo marathons! Every two weeks throughout the year volunteers from all over the world come to Iceland for the ten-day intensive Photo marathon project. SEEDS coordinators work with the participants to develop their unique photographic voice through workshops and feedback sessions on technical settings, compositional considerations as well as developing conceptual frameworks which progress the participants individual style.

As the workshops ends we gather as a group to select some of our best pictures from the trip and prepare those images for an informal group exhibition locally. While learning more about photography the participants explore Icelandic culture by taking part in it, capturing it and also by working for the City of Reykjavik. One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp.

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Please note that this project is more a learning/sharing camp and not a work camp; we may be able to organize some voluntary service but in some cases it will not be possible.

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We will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

**LOCATION**: Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

Reykjavik is often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene surrounded with beautiful nature.

In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee EUR 250 (Euros). Please note that these fees are to be paid to SEEDS on arrival in either Euros or Icelandic krónas.

Excursions (Blue Lagoon, Golden Circle or South shore) can be arranged at discount fares.

Weather in Iceland is unpredictable and it can be cold or rainy. Please bring warm winter clothes, overcoats, scarves, gloves and hats as part of the project takes place outside.

