



SEEDS Iceland was founded in 2005 as a non-governmental, non-profit organisation with international scope. Our main activities relate to the promotion of environmental protection and awareness, intercultural understanding and peace, through the work on social, cultural and environmental projects in Iceland.

We aim to empower, inform and expand the horizons of people of all ages, cultures, and backgrounds, to inform them about the world in which we live and to take an active role in its future development.

SEEDS provides opportunities to live, learn, understand and experience, while sharing and cooperating with others from different cultures and backgrounds.

SEEDS Projects & Activities

SEEDS works closely with local communities, local authorities and other Icelandic associations. Jointly we develop projects aimed at fulfilling an identified need or to help in the development of particular actions that are already being undertaken. Projects are designed to be mutually beneficial to all involved: the individual volunteers, the local hosting communities and Iceland as a whole!

By having a diverse array of projects and bringing together people from different backgrounds, creating more opportunities; we try to fulfil our vision and build on our founding ideas.

Activities developed by SEEDS include:

- Voluntary Service
- International workcamps & Exchanges
- Internships and lifelong learning programmes.
- Awareness raising initiatives and campaigns
- Seminars & training sessions
- Cultural, arts and education exhibitions.

Our projects in Iceland are funded and supported by:

- Contributions from participants and volunteers in the projects
- Youth in Action and Lifelong learning Programmes of the European Commission.
- Engagement of our long-term volunteers and interns.
- Additional non-financial contributions in kind from the local hosts of the projects.

We are members of the Icelandic National Youth Council (LÆF), the Icelandic Environment Association (LANDVERND), the Senior European Volunteers Exchange Network (SEVEN) and work actively as partner organisation of the Alliance of European Voluntary Service Organisations (The Alliance), Service Civil International (SCI) and Youth Action for Peace (YAP).

During 2010 we organised 80 different projects located in every corner of Iceland; we hosted more than 800 International volunteers from 42 different countries, who performed almost 60.000 hours of valuable volunteer work! In this time we increased our work with various environmental protection and conservation projects and we also raised the number of projects related to arts, cultural activities, festivals and sports events.

Volunteers performed different types of tasks, for instance ecological research, removing invasive growth, building hiking trails, cleaning up the coastline, reforestation and erosion control work as well as construction or renovation of heritage monuments or community centres. In the cultural/festival/sport events related jobs, SEEDS came into action helping in their organisation and also taking part actively in the events.

We bring together volunteers and hosts from different nationalities and backgrounds, aiming at building up international understanding and encouraging peace, while working for an identified need within a community.



Many of our participants want to visit Iceland and get to know the country from a different perspective, being able to interact with locals and at the same time dedicating some of their time to support particular projects and addressing specific needs of the hosts.

The rewards for the volunteers, communities and ecosystems are massive, while interacting with Icelanders, volunteers learn about the local culture and have the opportunity to build friendships; additionally, they develop new skills working in challenging and unfamiliar surroundings.

SEEDS Iceland - Workcamps' list for 2011.

For easy browsing and navigation, you can click on the hyperlinks on each project name/location in the table to go directly to the workcamps' description. To return to this table, you can click on each description's title.


<p>* Camp types or themes:</p> <p>AGRI (Agriculture) ARTS (Cultural, arts) CONS (Construction) CULT (Cultural) ENVI (Environment - Nature) FEST (Festival) HERI (Heritage) LANG (Language learning) RENO (Renovation, construction, restoration) SPORTS (Sports events and healthy lifestyle)</p>	<p>Location/Area in the Icelandic map:</p>
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Code	Name / Location	Dates	Type*	Vols.	Age	Area
SEEDS 01.	Reykjavik: Design, Renovation & Environment	16.03. - 30.03.	ARTS/ENVI/RENO	8	16+	1
SEEDS 02.	Icelandic traditions & culture in Reykjavik	30.03. - 13.04.	CULT/ HERI/LANG/ENVI	10	16+	1
SEEDS 03.	Reykjavik: Easter Photo Marathon	13.04. - 25.04.	ARTS/ENVI/RENO	10	16+	1
SEEDS 04.	Nature & Culture in the South of Iceland (1)	16.04. - 30.04.	ENVI / ARTS	8	18+	6
SEEDS 05.	Reykjavik: Art Without Borders & Environment	25.04. - 09.05.	ARTS/ENVI/RENO	8	16+	1
SEEDS 14.	Skriðuklaustur - making history (1)	05.05. - 19.05.	ARCH/RENO/ENVI	8	18+	6
SEEDS 06.	Ísafjarðardjúp: Nature & Fun in the Westfjords (1)	06.05. - 20.05.	RENO / ENVI	10	18+	3
SEEDS 08.	Nature & Fun at the feet of Vatnajökull	17.05. - 31.05.	ENVI	10	18+	6
SEEDS 22.	Skriðuklaustur - making history (2)	18.05. - 01.06.	ARCH/RENO/ENVI	8	18+	6
SEEDS 09.	Ísafjarðardjúp: Nature & Fun in the West Fjords (2)	19.05. - 02.06.	RENO / ENVI	10	18+	3
SEEDS 17.	Nature in the far East and a week in Reykjavik	19.05. - 02.06.	ENVI/CONS/RENO	8	16+	1 / 6
SEEDS 10.	Reykjavik: SEEDS Photo Marathon	22.05. - 04.06.	ARTS/ENVI/RENO	10	16+	1
SEEDS 07.	Skriðdalur - Crawling Valley	25.05. - 08.06.	ENVI	8	20+	6
SEEDS 11.	Sandfell - Fljótsdalshérað	25.05. - 08.06.	ENVI / CONS	8	18+	6
SEEDS 18.	Island of Viðey: History, Nature & Art	25.05. - 08.06.	ENVI/AGRI	8	18+	1
SEEDS 12.	Skagafjörður - Renovation of a historical site	27.05. - 10.06.	ENVI / RENO	8	18+	4
SEEDS 38.	Remote fjords - Where the road ends!	30.05. - 10.06.	ENVI / AGRI	8	18+	3
SEEDS 13.	Meet us - don't eat us (1)	31.05. - 14.06.	ENVI	8	18+	1
SEEDS 24.	Skriðuklaustur - making history (3)	31.05. - 14.06.	ARCH / RENO / ENVI	8	18+	6
SEEDS 15.	Far far away! Icelandic heritage	03.06. - 16.06.	ENVI	10	18+	4 / 6
SEEDS 31.	The lighthouse at the end of the world!	04.06. - 18.06.	CONS / ENVI	10	18+	3
SEEDS 16.	The Highlands North of Vatnajökull glacier	05.06. - 19.06.	ENVI / RENO	8	18+	5
SEEDS 19.	Revegetation in the south of Iceland	08.06. - 22.06.	ENVI	12	16+	1 & 2
SEEDS 20.	Sustainability in Action	09.06. - 23.06.	ENVI / CONS	8	18+	2
SEEDS 21.	Meet us - don't eat us (2)	14.06. - 28.06.	ENVI	8	18+	1
SEEDS 32.	Patreksfjörður - Unique West fjords	14.06. - 28.06.	ENVI	8	18+	3
SEEDS 45.	SEEDS Photo Marathon in Reykjavik	14.06. - 27.06.	ARTS / ENVI / RENO	10	16+	1
SEEDS 39.	Alviðra - Environmental Education Centre (1)	15.06. - 29.06.	ENVI / CONS	10	16+	2
SEEDS 23.	Highlands of Iceland - The Famous Kjölur Road! (1)	18.06. - 02.07.	CONS / ENVI / RENO	10	18+	5
SEEDS 40.	Vatnajökull National Park & Organic Iceland	18.06. - 02.07.	ENVI / RENO / AGRI	8	18+	6 & 2
SEEDS 35.	Window into the Viking World	19.06. - 02.07.	CONS / ENVI	8	18+	2
SEEDS 25.	Reykjavik & Ísafjörður: Culture from Head to Toe	20.06. - 04.07.	CULT / ARTS	8	20-35	1 & 3
SEEDS 26.	Landsmót - National Horse Festival (1)	21.06. - 05.07.	FEST	14	20+	4

SEEDS 27.	Stykkishólmur in the Snæfellsnes peninsula (1)	21.06. - 05.07.	ENVI	8	16+	2
SEEDS 28.	Revegetation in the south of Iceland	22.06. - 06.07.	ENVI	12	16+	1 & 2
SEEDS 29.	Landsmót - National Horse Festival (2)	25.06. - 09.07.	FEST	14	20+	4
SEEDS 41.	Vatnajökull National Park & Reykjavik (1)	25.06. - 09.07.	ENVI / RENO	8	18+	6 & 2
SEEDS 46.	Reykjavik International Photo Marathon	27.06. - 08.07.	ARTS / ENVI / RENO	10	16+	1
SEEDS 30.	Meet us - don't eat us (3)	28.06. - 12.07.	ENVI	8	18+	1
SEEDS 56.	Forest playground in the West fjords	03.07. - 16.07.	CONS / ENVI	8	18+	3
SEEDS 48.	Nature & Culture in the South of Iceland	03.07. - 17.07.	ENVI / CONS	8	18+	6
SEEDS 49.	Selárdalur in the Western fjords - Samúel Jónsson	04.07. - 17.07.	RENO / FEST	8	18+	3
SEEDS 33.	Stykkishólmur in the Snæfellsnes peninsula (2)	05.07. - 19.07.	ENVI	8	16+	2
SEEDS 34.	Flying Testicles & Nature in the South West	05.07. - 19.07.	FEST / ENVI / RENO	8	20+	6 & 2
SEEDS 42.	Vatnajökull National Park & Reykjavik (2)	09.07. - 23.07.	ENVI / RENO	10	18+	6 & 2
SEEDS 36.	Adventure in Trolls' land	11.07. - 22.07.	ENVI / RENO	8	18+	4
SEEDS 44.	Reykjavik - Green & Fun!	11.07. - 25.07.	ENVI / AGRI	8	18+	1
SEEDS 47.	International Summer Photo Marathon	11.07. - 22.07.	ARTS / ENVI / RENO	16	16+	1
SEEDS 37.	Meet us - don't eat us (4)	12.07. - 26.07.	ENVI	8	18+	1
SEEDS 73.	Rey Cup - Football Festival for kids	13.07. - 26.07.	FEST / SPORTS / KIDS	12	18+	1
SEEDS 53.	Nordic Sailing, Coastal & Cultural festival	13.07. - 27.07.	FEST / CULT	20	20+	4
SEEDS 81.	Viking Festival & Fire in Húnaþing	19.07. - 30.07.	FEST / CULT / ENVI	8	18+	4 & 1
SEEDS 43.	Njálsbrennuhátið - Viking festival	19.07. - 02.08.	FEST / ENVI	12	18+	2
SEEDS 50.	Meet us - don't eat us (5)	26.07. - 09.08.	ENVI	8	18+	1
SEEDS 51.	Photo Marathon & Gay Pride!	26.07. - 08.08.	ARTS / ENVI / RENO	16	16+	1
SEEDS 52.	Renovation in Pristine Isolation	28.07. - 11.08.	RENO / ENVI	8	18+	3
SEEDS 82.	Cycling the circle - The Icelandic Biking ! (1:2)	02.08. - 14.08.	SPORTS / ENVI	8	18+	1 & 2
SEEDS 54.	Eyrbakkí - Stepping back in time	02.08. - 16.08.	FEST / CULT	8	18+	2
SEEDS 55.	Forestry in the North of Iceland	03.08. - 17.08.	ENVI	8	18+	4
SEEDS 83.	Reykjavik - Support in the centre	04.08. - 18.08.	ENVI / SOCIAL	8	18+	1
SEEDS 77.	Viking course & Challenge Playground	07.08. - 20.08.	CONS / ENVI	8	18+	2
SEEDS 78.	Icelandic Herbs & Mountain of Wolves	08.08. - 22.08.	CONS / ENVI	8	18+	1 & 2
SEEDS 58.	Meet us - don't eat us (6)	09.08. - 23.08.	ENVI	8	18+	1
SEEDS 60.	Unique West fjords	10.08. - 21.08.	ENVI / AGRI	8	18+	3
SEEDS 59.	Photo Marathon & Culture Night in Reykjavik	11.08. - 22.08.	ARTS / ENVI / RENO	16	16+	1
SEEDS 84.	Cycling the circle - The Icelandic Biking ! (2:2)	13.08. - 25.08.	SPORTS / ENVI	8	18+	1 & 2
SEEDS 85.	Nature & Fun in the South	16.08. - 28.08.	ENVI / CONS	8	18+	2
SEEDS 62.	Island of Viðey & Culture night in Reykjavik	17.08. - 31.08.	ENVI/AGRI/FEST	8	18+	1
SEEDS 61.	The fjord of the Eagles – Arnarfjörður	18.08. - 01.09.	ENVI/AGRI	10	18+	3
SEEDS 63.	Icelandic Natural Heritage in the far East	19.08. - 02.09.	ENVI / CONS	8	18+	6
SEEDS 88.	Working & horse-back riding in the South!	20.08. - 01.09.	CONS / ENVI	8	18+	2
SEEDS 64.	Highlands of Iceland - The Famous Kjölur Road (2)	21.08. - 03.09.	ENVI / RENO	10	18+	5
SEEDS 79.	Viking course & Challenge Playground	21.08. - 03.09.	CONS / ENVI	8	18+	2
SEEDS 66.	Djúpavík. Where the northern road ends!	21.08. - 04.09.	ENVI / CONS	10	18+	4
SEEDS 75.	Borgarfjörður Eystri - As far as it gets!	22.08. - 06.09.	ENVI / CONS	8	18+	4 / 6
SEEDS 65.	Skríðuklaustur - making history (4)	24.08. - 07.09.	ARCH/RENO/ENVI	12	18+	6
SEEDS 86.	Like the old days in Iceland	28.08. - 11.09.	CONS / ENVI	8	18+	1 & 2
SEEDS 67.	Fljótsdalshérað - Icelandic North-east	28.08. - 11.09.	AGRI/ENVI	8	18+	6
SEEDS 89.	Photo Marathon in the outskirts of Reykjavik	29.08. - 09.09.	ARTS / ENVI / RENO	10	16+	1 & 2
SEEDS 71.	The fjord of the Eagles - Arnarfjörður	31.08. - 14.09.	ENVI/AGRI	10	18+	3
SEEDS 90.	Nature & Culture in the South	04.09. - 18.09.	ENVI / RENO / CONS	8	18+	2
SEEDS 68.	Alviðra - Environmental Education Centre (2)	05.09. - 19.09.	ENVI / CONS	10	16+	2
SEEDS 69.	Ísafjarðardjúp: Nature & Fun in the West Fjords (3)	08.09. - 22.09.	RENO / ENVI	10	18+	3
SEEDS 70.	Nature & Culture in the South of Iceland (2)	10.09. - 24.09.	ENVI / ARTS	8	18+	6
SEEDS 72.	Fljótsdalshérað - Icelandic North-east	10.09. - 24.09.	AGRI/ENVI	8	18+	6
SEEDS 80.	Maritime outdoor education playground	11.09. - 24.09.	CONS / ENVI	8	18+	1 & 2
SEEDS 87.	Volunteering at the feet of Eyjafjallajökull	16.09. - 30.09.	CONS / ENVI	8	18+	2
SEEDS 74.	RIFF - Reykjavik International Film Festival	19.09. - 05.10.	FEST / ARTS	25	18+	1
SEEDS 93.	Reykjavik - Icelandic traditions & culture	10.10. - 21.10.	CULT / HERI / CONS	10	18+	1
SEEDS 94.	Reykjavik - In front & behind the camera	10.10. - 21.10.	ARTS / CULT	10	18+	1
SEEDS 96.	Autumn Photo Marathon	24.10. - 04.11.	ARTS / ENVI / RENO	12	18+	1
SEEDS 98.	Winter Photo Marathon	07.11. - 18.11.	ARTS / ENVI / RENO	12	18+	1

SEEDS 99.	Advent & Christmas in Reykjavik (1:2)	24.11. - 06.12.	SOCI / CULT	20	18+	1
SEEDS 100	Advents Photo Marathon	24.11. - 06.12.	ARTS / ENVI / RENO	12	18+	1
SEEDS 101	Advent & Christmas in Reykjavik (2:2)	09.12. - 24.12.	SOCI / CULT	20	18+	1
SEEDS 102	Christmas Photo Marathon	09.12. - 24.12.	ARTS / ENVI / RENO	12	18+	1

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Practical information about our projects:

1. Participation Fees.

Participation/Contribution fees are asked to take part in our workcamps, which helps to support the ongoing work of SEEDS. Please note that your entire fee **might not necessarily** go towards your particular workcamp, the fees collected by SEEDS are mainly used to:

- Bear the administrative expenditures of the association: Salaries, rent, office bills (energy, phone, electricity, insurance, heating), personnel, external representation, mail, website, postage, equipments, supplies, banking costs, legal formalities, etc.
- Provision of financial support and resources to aid develop of some of our other activities (eg. to pay food and/or accommodation in some of the projects, where the hosts do not provide it, co-funding for our long-term voluntary service projects and the development of particular sessions during the camps).
- Cover other costs associated with your workcamp/transportation, e.g. food/accommodation costs, rental/fuel costs, administrative costs and also supporting costs of the long term volunteers and project coordinators.

Most European organisations similar to SEEDS raise funds by sending volunteers abroad, charging outgoing volunteers a registration fee; while we in Iceland face a particular double-folded challenge as voluntary service is not very attractive to Icelanders, additional to the fact that the Icelandic population is quite reduced. Therefore the amount of volunteers sent by SEEDS overseas does not represent a considerable income to run our association.

Furthermore, SEEDS does not receive any governmental funding or financial support from our local, regional or national government. In the meantime SEEDS is taking actions in order to send more Icelanders overseas and to raise funds in different ways to expand our sources of income.

Thanks to the fees contributed by our participants we are able to run the association and to offer different projects during the summer. The amount of the fees will be stated in each camp's description.

SEEDS is a non-profit organisation, and all funds go back into improving the quality and service we provide to our volunteers and hosts, expanding the range of SEEDS projects and carrying out projects in areas where funds are not available to the local hosts or to provide food and accommodation to the volunteers.

2. Insurance.

Volunteers need to obtain health and accident insurance for the whole duration of their travel, prior to the arrival to Iceland and bring with them all needed documents, contact numbers, etc.

European volunteers are advised to take with them the European Health Insurance Card (EHIC) or the forms E-111 or E-104. Iceland is part of the European Economic Area (EEA) so volunteers residing in a member country of the EU or of the EEA and Switzerland benefit here from the use of

EHIC, having access to the Icelandic Health system as in any European country in the same conditions as Icelandic citizens and will be treated on the same basis as a resident of Iceland.

Volunteers residing outside the (EEA) must seek private medical/travel insurance for the duration of the stay. It is strongly advised that this is obtained before leaving the country of residence, as the cost of insuring in Iceland will be much higher.

Volunteers without insurance will not be allowed to participate in our projects.

3. Study part / Educational Content – Environmental Messengers.

Most of our workcamps have an educational/awareness-raising approach to environmental, nature-protection and sustainable development topics. We will have, apart from the leader(s), a person fully dedicated to organising and developing fun, interactive and educational activities within the workcamp.

This person is called the "Environmental Messenger" and will be in charge of activities aimed at raising awareness about environmental issues both within the local community and among the international volunteers taking part in the workcamps. S/he will be a source of knowledge on specific topics about the environment, nature protection and sustainable development. S/he will encourage workcamp participants to undertake simple but easy-to-implement actions which will affect the way we use our resources and we deal with the environment and the world we live in.

4. Transport to Iceland.

We suggest our volunteers to research travel with different airlines/alternatives as fares for different companies may vary significantly according to the dates of travel. There are 3 main airlines flying to Keflavík (Reykjavík) International Airport this summer:

1. Iceland Express: www.icelandexpress.com
2. Iceland Air: www.icelandair.net
3. Scandinavian Airlines: www.scandinavian.net

To check the **map routes** and destinations for **Icelandexpress** and **Icelandair** please click to:

[Icelandexpress route map](#) or [Icelandair route map](#)

Scandinavian Airlines (SAS) might be a good option for volunteers coming from Northern Europe and the Baltic countries (direct flights from Oslo) - www.flysas.com

Apart from these 3 airlines, there will be few others flying to Iceland during the summer 2011:

- a. **Lufthansa** : www.lufthansa.com
- b. **Germanwings**: www.germanwings.com
- c. **Air Berlin**: www.airberlin.com
- d. **Edelweiss**: www.edelweissair.ch
- e. **Air Greenland** www.airgreenland.com
- f. **Transavia France** www.transavia.com
- g. **Delta Airlines**: www.delta.com

Volunteers might find good deals and help with connecting flights and general trip planning at:

www.skyscanner.net
www.ebookers.com

www.dohop.com
www.opodo.com

www.edreams.com
www.kayak.com

Last, if volunteers have plenty of time to spare, the **Smyril Line** operates a ferry service to the east of Iceland. This is a four to seven day sea adventure for travellers and stops off at the Faroe Isles on the way! (www.smyril-line.com)

5. Arrival and Departure dates.

Volunteers participating in our projects **should arrive to Iceland the latest one day before the workcamp** starts, as travel to the project, if arranged by SEEDS (see point 6 below), will leave Reykjavík on the first day of the camp in the morning.

If volunteers choose to go by different means, they might need more than one day to reach the destination by public transportation services. In the same way, volunteers shall not book their **return journey** the day the camp ends, **the earliest one day after the camp finishes**. In this way volunteers ensure they will be able to join the camp for its full length.

From former volunteers' feedback you can consider staying longer in Iceland; before or/and after the project. Volunteers may group together and decide to travel the country and visit different areas to those of the project itself.

6. Domestic transport – Minibus.

SEEDS organises shared transport from Reykjavík city to the projects sites for all of the workcamps outside the city. The meeting point will be in Reykjavík on the first day of the camp, in the morning.

The “minibus option” is offered by SEEDS to volunteers in order to provide them a more convenient way to reach the camp, to allow them to meet their fellow volunteers and leaders earlier, and to have a relaxed trip to the camp location, with the opportunity to visit particular sites on the way and stop where possible (e.g. to take pictures or take a short walk).

We try to research all possible transportation to the projects and then offer a fair price for transportation compared with the public transport options available. We recommend that you take the minibus, but please feel free to investigate your own transport.

7. Accommodation in Reykjavík.

Volunteers do not need to book any accommodation for the period of the camp, as SEEDS provides accommodation and food during the project, but you will need accommodation on the days before or/and after the workcamp.

As mentioned in point 5, in order to be able to join the projects on time and fully, volunteers should arrive to Iceland the latest one day prior to the starting date of the camp and leave the country the earliest one day after the camp ends.

SEEDS can organise sleeping bag accommodation in Reykjavík for stays before or after the workcamp; it is a shared sleeping bag accommodation in dorms in a centrally located house in downtown Reykjavík. The house is equipped and volunteers have access to kitchen and washing machine facilities.

The cost per night is € 18 (ISK 2500). Details will be sent with the acceptance of the volunteer and the detailed Information Sheet. The fee does not cover any food; it covers only the sleeping/accommodation.

8. Language.

Icelandic knowledge is not needed in our projects. English is the language used by our leaders and messengers. Therefore, basic knowledge is expected from participants, even though it is not a requirement to fulfil.

9. Age.

We usually host volunteers aged 18 or over, nevertheless in recent years we hosted few teenagers in our projects with very positive results.

Volunteers under the age of 18 need to apply through a slightly different procedure, which involves parental/guardian authorisation. We do not have any upper age limit. So far our youngest volunteer was 15 and the oldest 69!

10. Conditions of Participation.

In order to be fully aware of volunteers' responsibilities during the workcamp, please read carefully the following:

- Volunteers are expected to be active members of the group and contribute to work, housekeeping and free time activities.
- Volunteers are expected to work seven to eight hours per day, five days per week, on a voluntary basis.
- Volunteers are expected to inform the camp-leader in case they want to spend the free time away from the workcamp. However, they should not spend the night away from the camp, nor host other people at the workcamp.
- SEEDS camp-leaders have been trained to run the workcamp; they are responsible for organising work, food, contacts with local authorities and many other things. Do not forget that they are volunteers as well, so try to cooperate with them at work and during free time activities. Camp-leaders are not fully responsible for organising volunteers' free time and they expect their ideas and contribution to do so.
- Smoking is not allowed in the accommodation areas. Use of alcohol should be moderate with consideration and only during free time.
- Volunteers are expected to stay for the whole duration of the workcamp. If you **MUST** leave early or arrive late, you should contact SEEDS in advance.
- Keep in mind that the use of any kind of drugs is strictly forbidden.
- Volunteers without insurance will not be allowed to participate in our projects.
- SEEDS does not accept any kind of discrimination in our workcamps and such cases will be strictly dealt with.

We would like to remind you, that SEEDS is **NOT** an alternative travel agency, our projects are not cheap holidays. Therefore we expect a high level of motivation from every volunteer, cooperation, flexibility and open-mindedness!

Our workcamps are based on self-organisation and self-management and this is also what makes them unique and enriching! Please do not expect the leader to organise everything for the group of volunteers, but be ready to contribute with your own ideas and personality.

11. Additional information.

For more details and up to date information please visit us at www.seeds.is

Or contact us via email at: seeds@seeds.is

Or at our phone number: +354-8456178

If you want to get further details about our past activities, please download our annual reports at:

<http://www.seeds.is/annual-report-2007.pdf>

<http://www.seeds.is/annual-report-2006.pdf>

If you want to check some pictures from our projects in the last years, please visit:

<http://www.seeds.is/pictures-iceland-en.html>

You can also follow SEEDS on facebook at

<https://www.facebook.com/seedsiceland>

and

<https://www.facebook.com/volunteer.workcamps.iceland>



SEEDS 01. Reykjavik: Design, Renovation & Environment

16/03 - 30/03

ARTS/ ENVI / RENO

8 Volunteers

Age: 16+

WORK / PROJECT: This particular project will combine different tasks within Reykjavik city with different partners, which ensures diverse daily tasks and various experiences at once for SEEDS volunteers.

The house where we will stay is run as a volunteer base and most of the maintenance and renovation is in the hands of volunteers. It is surrounded by a large garden and woodland area which needs to be taken care of. Tasks might include mowing the grass, collecting dead plants and scrubs, preparing the vegetable garden for seeding and other general gardening work. The house itself also needs some maintenance: Scraping up old paint from the window frames, sandpaper them and paint them again and fixing the fence in front of the house is among the tasks for us.

The project also includes supporting the DesignMarch 2011; which takes place on the weekend of March 24th -27th; there volunteers will assist in various tasks connected to the events.

DesignMarch is a four day feast for designers, artists, those with an interest in design, the general public and tourists alike. The first two DesignMarch programmes 2009 and 2010, were splendid and diverse, with events reflecting a wide range of design; for details for the events 2011 [click here](#).

We might also assist in the city to keep the public areas lively, attractive, interesting and charming for both the locals and the guests of the city and participate in local events and happenings.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house in Reykjavik; sleeping in shared rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the different cooking and cleaning activities. Equipped kitchen and washing machine are available.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

March is the last month when you can see, with a piece of good luck, the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

Iceland was badly hit with the current financial crisis, which did affect the life for foreign visitors in a positive way, making Iceland a much cheaper country to visit, the local currency greatly lost value - many goods and services cost (in EUR) just a half comparing to the year 2007.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: Closest international Airport: Keflavik/Reykjavik (KEF). Closest bus station: Central Reykjavik bus station (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 100. SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach. Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 02. Icelandic traditions & culture in Reykjavik

30/03 - 13/04

CULT / HERI / LANG / ENVI

10 Volunteers

Age: 16+

WORK & STUDY/PROJECT: SEEDS volunteers in this project will be part of voluntary service combined with non-formal learning activities bringing to the participants knowledge and practical skills on few different Icelandic traditions in the fields of language, gastronomy, folk culture and handcrafts.

SEEDS coordinators (enthusiastic Icelanders) will have prepared lessons on few different issues as:

- Language: Basics of the Icelandic language, its history and basic conversation
- Gastronomy: Cooking lessons on how to prepare some typical Icelandic dishes.
- Folk culture: Guests speakers and excursion on folk tales and "hidden people"
- Handcrafts: Icelandic knitting, how to make your own huts, gloves, scarves & "lopapeysur"

SEEDS coordinators will conduct the lessons and take the volunteers to places related to the topics. The language lessons will be interactive, sometimes in a class room or during the working hours. SEEDS will provide ingredients for the cooking, while materials for the knitting lessons (eg. wool, knitting needles) will be bought by the volunteers themselves according to taste and items to knit.

Volunteers' additional work with the city of Reykjavik; will be focused on trying to keep the city and its public areas lively, attractive, interesting and charming for locals and guests. Tasks may involve painting to cover graffiti tags, tidying up public spaces and face-lifting the city after the winter.

Additional work may be done at the new SEEDS volunteers' base. Volunteers will be assisting and giving contributions to the future development of SEEDS activities.

This project combines different tasks in Reykjavik and its surroundings ensuring diversity and various experiences for participating volunteers.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house in Reykjavik; sleeping in shared rooms. Please bring your own sleeping bag. Volunteers will receive food and be in charge of the different cooking and cleaning activities.

Equipped kitchen and washing machine are available. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

March is the last month when you can see, with a piece of good luck, the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 130. SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach.

Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 03. Reykjavik: Easter Photo Marathon

13/04 - 25/04

ARTS / ENVI / RENO

10 Volunteers

Age: 16+

WORK & STUDY/PROJECT: SEEDS volunteers in this project will be part of the 10th SEEDS photo marathon in the Icelandic capital! Last years' experiences were very successful and we would like to organise this project during the Easter! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp!

SEEDS coordinators will have prepared few different topics on which the participants will base their entries to the competition; those topics will be mainly related to the work of SEEDS: Environment and intercultural understanding.

Participants need to take their own digital cameras and its main work will be done walking or cycling all around the city and taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition at one of the most visited galleries and venue for exhibits in the country!

Volunteers shall be prepared for walking/cycling, flexible time schedule (early morning photo sessions, night photographing). A session in the surroundings of Reykjavik will be organised as well.

Volunteers' additional work with the city of Reykjavik; will be focused on trying to keep the city and its public areas lively, attractive, interesting and charming for locals and guests. Tasks may involve painting to cover graffiti tags, tidying up public spaces and face-lifting the city after the winter.

Additional work may be done at the SEEDS volunteers' bases. Volunteers will be assisting and giving contributions to the future development of SEEDS volunteering activities.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

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March is the last month when you can see, with a piece of good luck, the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120.

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach.

Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 04. Nature & Culture in the South of Iceland (1)

16/04 - 30/04

ENVI / ARTS

8 Volunteers

Age: 18+

WORK/PROJECT: For the second year in a row we offer this unique project that gives SEEDS volunteers the opportunity to work in very diverse tasks; assisting in preparing a local museum, doing environmental work and helping with traditional farming. It takes place in an agricultural area in the South of Iceland which is rich in both, culture and history.

The environmental work will consist of collecting drift wood on the beach, cleaning the coast line and the road sides, marking hiking paths, taking care of popular spots which need to be tendered after the busy summer season, when most of the travellers visit the area.

We will work on finding and mapping interesting hiking paths in the area. We will use GPS equipments to locate historical and panoramic spots and design the walks for a guided tour. We will measure the time each hike takes with a guide so volunteers have to be motivated for easy to medium difficult hikes.

The farming will offer us to get to know the Icelandic farm life by milking the cows, working in the stables and assist with the busy household tasks. We will be part of a family and work hand in hand with them. This is also a busy time in rural Iceland with assisting the sheep giving birth.

We will participate in the birth-process during the day and will be offered to take turns in night-shifts watching over the sheep. The bright nights are magical with almost 24 hours of sunlight and staying awake with the sheep is a unique experience.

ACCOMMODATION: We will stay in shared rooms in a sleeping bag accommodation with access to kitchen and bathroom. Other guests or travellers might be in the house at the same time as it is a guesthouse accommodation. Please bring your own sleeping bag.

The group will be responsible for cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The south of Iceland is one of the most popular destinations for travellers as the landscape offers diverse and breathtaking nature. Rivers and waterfalls, mountains, glaciers and long beaches form a contrast and offer a wide range of experiences. The project takes place in an active Icelandic farm in south Iceland with 35 cattle, there of 8 milking cows, 330 sheep, hens, cat and a puppy so it gives us a good example of rural living in Iceland.

Apart from traditional farming the inhabitants are building up a museum which will weave together history, culture and nature. The farm is on a flat area between Kirkjubæjarklaustur and Vík í Mýrdal and has amazing view to sands, mountains and glaciers in the west and north and to the Atlantic Ocean in the south.

Mýrdalssandur is a sandy area about 700 km² and its mythical appearance has been an inspiration both in traditional folklore and in modern lyrics and stories today.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120.

Volunteers should have a motivation for working with outdoors and getting to know ways of living in rural areas in Iceland.

Hikes and free time activities in the area will be arranged for SEEDS volunteers.

SEEDS 05. Reykjavik: Art Without Borders & Environment

25/04 - 09/05

ARTS / ENVI / RENO

8 Volunteers

Age: 16+

WORK / PROJECT: This particular project will combine different tasks within Reykjavik city with different partners, which ensures diverse daily tasks and various experiences at once for SEEDS volunteers.

The house where we will stay is run as a volunteer base and most of the maintenance and renovation is in the hands of volunteers. It is surrounded by a large garden and woodland area which needs to be taken care of. Tasks might include collecting dead plants and scrubs, preparing the vegetable garden for seeding and other general gardening work. The house itself also needs some maintenance: Scraping up old paint from the window frames, sandpaper them and paint them again and fixing the fence in front of the house is among the tasks for us.

The project also includes supporting the Art Without Borders (AWB) 2011; an annual art festival in Iceland. It aims to promote the art of people with disabilities and to facilitate co-operation. Different parties work together on various art projects with great results. This has led to greater understanding between people for the greater good of the whole community.

Due to the circumstances, most often the participants in the AWB will only need few volunteers to assist on each task, so we need to be prepared to work both as a group and also as couples.

We might also assist in the city to keep the public areas lively, attractive, interesting and charming for both the locals and the guests of the city and participate in local events and happenings.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

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The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

In April you can expect mild condition; although in Iceland it is always best to prepare for all kinds of weather. In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: Closest international Airport: Keflavik/Reykjavik (KEF). Closest bus station: Central Reykjavik bus station (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120. SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach.

Tours and excursions will be arranged for SEEDS volunteers at discount fares.

With the good experiences from our Photo Marathon projects, we offer the possibility of photography workshops or contests for interested volunteers.

SEEDS 14. Skriðuklaustur - making history (1)

05/05 - 19/05

ARCH / RENO / ENVI

8 Volunteers

Age: 18 +

WORK/PROJECT: SEEDS volunteers in this project will have the unique opportunity to join one of the most exciting archaeological projects in Iceland for the second year in a row!

We will be working at the archaeological site Skriðuklaustur (e. The monastery at Skriða), the project started in 2002 and its aim is to investigate, through an archaeological excavation, the monastery that operated on the farmstead Skriða in Fljótisdalur Valley, East Iceland, during the period from 1493 to the Reformation in 1550.

Our tasks in this project will be mainly connected with taking care of the land around the monastery. Main tasks include beautifying the area, preparing it for receiving visitors during the summertime and constructing a vegetable garden. Other tasks might include making and fixing walking paths nearby the monastery and the place where we will be accommodated.

The working plan will be very flexible and it will depend on the needs of our local hosts and of course on the weather conditions.

ACCOMMODATION: We will be lodged in a building located approximately 5 km from our working site (monastery excavations), equipped with kitchen and living room. A sleeping bag is needed.

We will have breakfast and dinner at the accommodation; while lunch will be served at the café in Skriðuklaustur on working days. The kitchen will be available for us to cater ourselves on weekends.

Food ingredients will be provided; we will share the duties of preparing and cooking meals. Please do not forget some traditional food from your home country for the international evening.

LOCATION: We will work in Skriðuklaustur at Fljótisdalur, located 40 km from the biggest town in the East of Iceland, Egilsstaðir (pop. 2,300) and about 650 km from Reykjavík. It is part of Fljótisdalshérað, (pop. of 3.700) at 8.884 km² is the largest Icelandic municipality.

The monastery at Skriða, named Skriðuklaustur, was the youngest of the seven monasteries and two nunneries in operation in Iceland during the medieval period, but within a short time, it became one of the richest. It is thought that this increase in material wealth was due to Skriðuklaustur having been the only monastery in East Iceland. Nowadays, Skriðuklaustur has a local centre of culture and history. The house was built in 1939 and is one of Iceland's most important buildings. There is a museum about the writer Gunnar Gunnarsson in the house. It is also a residence for artists, writers and scholars, both Icelandic and foreign. At Skriðuklaustur there are as well exhibitions available for visitors and many events organised concerning local culture and the nature of East Iceland. The ruins of the 16th century monastery with archaeological excavation are located nearby.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age. The biggest forest in Iceland and also wild reindeers are found in Fljótisdalur.

LANGUAGE: English will be the language in the camp, but high proficiency is not a requirement.

TERMINAL: Closest International Airports: Keflavík/Reykjavík (KEF); nearest domestic airport and bus stop is Egilsstaðir (EGS). The docking port for the Norröna ferry connecting Iceland with the Faroe Islands, Denmark and Europe is located in the town of Seyðisfjörður, 30 Km from Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

SPECIAL REMARKS / EXTRAS: Participation fee EUR 120.

SEEDS and the local host will organise several free-time activities to explore and discover the area as: excursions, horse-back riding or fishing for trout or a highland trip/mountain hike.

SEEDS 06. Ísafjarðardjúp: Nature & Fun in the Westfjords (1)

06/05 - 20/05

RENO / ENVI

10 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will continue working on this project after the excellent results of last years' groups. We will be working there for the 3rd year in a row. We will be working on various projects in this remote location in the Icelandic Western fjords. In general, we will be preparing the area before the summer season, when most tourists and hikers visit the district.

The works may involve cleaning, painting, light construction work inside and in the surroundings of the camping area, but also planting vegetables or helping in horse stables. The working plan will be very flexible and it will depend on the needs of our local hosts and the advance of the diverse projects in the area surrounding the valley.

In the evenings and during the free days there will be enough time to explore the surroundings, trekking and walking, as you will be able to rest in the natural hot tubs, bathe in the local swimming pool and discover many other surprises of this beautiful place including horseback riding on the unique Icelandic horses and possibly kayaking in the fjords.

ACCOMMODATION: SEEDS volunteers will be hosted in a local housing; sleeping in beds; bringing a sleeping bag is not necessary for the period of the camp. Food will be provided and a kitchen will be available; volunteers will share the duties of helping in the kitchen and cleaning.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The workcamp will take place in the Westfjords at the north-western part of Iceland. The region accounts for 10% of the country's surface but only about 7200 people live there, so it is one of the least populated areas of Europe. The Westfjords are very mountainous; the coastline is made by dozens of fjords surrounded by steep hills.

The region is bounded by Breiðafjörður in the south, with Gilsfjörður cutting into the land from the west and Bitrufjörður from the east, the two almost severing the ragged peninsula from the main mass of Iceland. The West Fjords are made up of Ísafjarðar-, Barðastrandar-, and Strandir Counties.

In the Westfjords you will be able to explore the whole range of Icelandic flora from the shore and meadows, through birch to mossy moors. On the shore, one can see birds and seals and then an occasional arctic fox around the sheep.

Fishing is traditionally the main industry in the region but tourism started to be more and more important as local and foreign visitors are discovering this region in rising numbers.

The workcamp will take place in a valley covered with birch bushes in Mjóifjörður in Ísafjarðardjúp.

The distances to the next town and villages are 130 km to Ísafjörður and 90 km to Hólmavík. Hiking in this beautiful area is very impressive and an inspection of the coastline by walking or kayaking is an inspiring option. Landline phone connection is available, and the place provides a full variety of opportunities for volunteers and visitors.

LANGUAGE: English will be the official language in the camp, high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). The closest domestic airport is Ísafjörður (IFJ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120.

The camp is located in a place of extreme beauty and isolation; natural surroundings with hot springs, free access to enjoy the hot tub and the local pool. Additional free time activities will be organized for SEEDS volunteers, like horseback riding and kayaking around a seal colony.

SEEDS 08. Nature & Fun at the feet of Vatnajökull

17/05 - 31/05

ENVI

10 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will perform diverse outdoors work consisting of:

- Making, marking and maintaining walking paths, put up information signs for visitors.
- Setting up fences to withhold cattle in the field and paint windows of the houses and stalls.
- Planting trees in order to make a sheltered area and help around with the spring tasks in the garden and on the land.
- Putting wood protection on timber constructed toilet facilities in a new outdoor and recreational area close to the glacier Flákajökull.

All the projects undertaken will be for the benefits of the local society and the nature of the area.

ACCOMMODATION: SEEDS volunteers will stay in shared rooms in a sleeping bag accommodation with access to kitchen and bathroom. Other guests or travellers might be in the house at the same time as it is a guesthouse accommodation. Please bring your own sleeping bag.

The group will be responsible for cooking and cleaning activities and please do not forget some traditional food from your home country for the international evening.

LOCATION: The project takes place in an active Icelandic farm in south Iceland placed between the town Höfn in Hornarfjörður and the glacier lagoon Jökulsárlón where big icebergs float. Tourism has been a growing field in the area and the locals are meeting the new demands. By working under an environmental framework they get a yearly certificate from Green Globe.

They focus on keeping the area clean and attractive; reduce waste of resources and pollution by recycling, saving energy and using environmental friendly products. It is important that the nature and cultural heritage is protected and respected but at the same time accessible and interesting for visitors. The project aims at using local product and services as long as it fulfils quality standards. SEEDS volunteers are encouraged to bring in their own ideas on how to develop their environmental guidelines even further.

The south of Iceland is one of the most popular destinations for travellers as the landscape offers diverse and breathtaking nature. Rivers and waterfalls, mountains, glaciers and long beaches form a contrast and offer a wide range of experiences.

The view is spectacular and the biggest national park in Europe with the largest glacier in Europe, Vatnajökull is only few kilometres away. The unique beauty of the nature, unpredictable weathers during winter and local culture have shaped the culture in the area.

The Vatnajökull N.P., stretching from the south coast to the north coast of the island; it is the largest protected wilderness in Europe. It covers around 15.000 km² (15% of the surface of Iceland), including all of Vatnajökull glacier, the former Skaftafell N.P., Jökulsárgljúfur N.P. and surrounding area.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120.

Volunteers should have a motivation for working with outdoors and getting to know ways of living in rural areas in Iceland. Spare time activities will be organized for the volunteers by SEEDS and/or the local hosts free of charge.

SEEDS 22. Skriðuklaustur - making history (2)

18/05 - 01/06

ARCH / RENO / ENVI

8 Volunteers

Age: 18 +

WORK/PROJECT: SEEDS volunteers in this project will have the unique opportunity to join one of the most exciting archaeological projects in Iceland for the second year in a row!

We will be working at the archaeological site Skriðuklaustur (e. The monastery at Skriða), the project started in 2002 and its aim is to investigate, through an archaeological excavation, the monastery that operated on the farmstead Skriða in Fljótisdalur Valley, East Iceland, during the period from 1493 to the Reformation in 1550.

Our tasks in this project will be mainly connected with taking care of the land around the monastery. Main tasks include beautifying the area, preparing it for receiving visitors during the summertime and constructing a vegetable garden. Other tasks might include making and fixing walking paths nearby the monastery and the place where we will be accommodated. We will assist in building and putting up a playground for kids and an obstacle course.

The working plan will be very flexible and it will depend on the needs of our local hosts and of course on the weather conditions.

ACCOMMODATION: We will be lodged in a building located approximately 5 km from our working site (monastery excavations), equipped with kitchen and living room. A sleeping bag is needed.

We will have breakfast and dinner at the accommodation; while lunch will be served at the café in Skriðuklaustur on working days. The kitchen will be available for us to cater ourselves on weekends.

Food ingredients will be provided; we will share the duties of preparing and cooking meals. Please do not forget some traditional food from your home country for the international evening.

LOCATION: We will work in Skriðuklaustur at Fljótisdalur, located 40 km from the biggest town in the East of Iceland, Egilsstaðir (pop. 2,300) and about 650 km from Reykjavík. It is part of Fljótisdalshérað, (pop. of 3.700) at 8.884 km² is the largest Icelandic municipality.

The monastery at Skriða, named Skriðuklaustur, was the youngest of the seven monasteries and two nunneries in operation in Iceland during the medieval period, but within a short time, it became one of the richest. It is thought that this increase in material wealth was due to Skriðuklaustur having been the only monastery in East Iceland. Nowadays, Skriðuklaustur has a local centre of culture and history. The house was built in 1939 and is one of Iceland's most important buildings. There is a museum about the writer Gunnar Gunnarsson in the house. It is also a residence for artists, writers and scholars, both Icelandic and foreign. At Skriðuklaustur there are as well exhibitions available for visitors and many events organised concerning local culture and the nature of East Iceland. The ruins of the 16th century monastery with archaeological excavation are located nearby.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age. The biggest forest in Iceland and also wild reindeers are found in Fljótisdalur.

LANGUAGE: English will be the language in the camp, but high proficiency is not a requirement.

TERMINAL: Closest International Airports: Keflavík/Reykjavík (KEF); nearest domestic airport and bus stop is Egilsstaðir (EGS). The docking port for the Norröna ferry connecting Iceland with the Faroe Islands, Denmark and Europe is located in the town of Seyðisfjörður, 30 Km from Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

SPECIAL REMARKS / EXTRAS: Participation fee EUR 140.

SEEDS and the local host will organise several free-time activities to explore and discover the area as: excursions, horse-back riding or fishing for trout or a highland trip/mountain hike.

SEEDS 09. Ísafjarðardjúp: Nature & Fun in the West Fjords (2)

19/05 - 02/06

RENO / ENVI

10 Volunteers

Age: 18 +

WORK/PROJECT: SEEDS volunteers will continue working on this project after the excellent results of last years' groups. We will be working there for the 3rd year in a row. We will be working on various projects in this remote location in the Icelandic Western fjords. In general, we will be preparing the area before the summer season, when most tourists and hikers visit the district.

The works may involve cleaning, painting, light construction work inside and in the surroundings of the camping area, but also planting vegetables or helping in horse stables. The working plan will be very flexible and it will depend on the needs of our local hosts and the advance of the diverse projects in the area surrounding the valley.

In the evenings and during the free days there will be enough time to explore the surroundings, trekking and walking, as you will be able to rest in the natural hot tubs, bathe in the local swimming pool and discover many other surprises of this beautiful place including horseback riding on the unique Icelandic horses and possibly kayaking in the fjords.

ACCOMMODATION: SEEDS volunteers will be hosted in a local housing; sleeping in beds; bringing a sleeping bag is not necessary for the period of the camp. Food will be provided and a kitchen will be available; volunteers will share the duties of helping in the kitchen and cleaning.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The workcamp will take place in the Westfjords at the north-western part of Iceland. The region accounts for 10% of the country's surface but only about 7200 people live there, so it is one of the least populated areas of Europe. The Westfjords are very mountainous; the coastline is made by dozens of fjords surrounded by steep hills.

The region is bounded by Breiðafjörður in the south, with Gilsfjörður cutting into the land from the west and Bitrufjörður from the east, the two almost severing the ragged peninsula from the main mass of Iceland. The West Fjords are made up of Ísafjarðar-, Barðastrandar-, and Strandir Counties.

In the Westfjords you will be able to explore the whole range of Icelandic flora from the shore and meadows, through birch to mossy moors. On the shore, one can see birds and seals and then an occasional arctic fox around the sheep.

Fishing is traditionally the main industry in the region but tourism started to be more and more important as local and foreign visitors are discovering this region in rising numbers.

The workcamp will take place in a valley covered with birch bushes in Mjóifjörður in Ísafjarðardjúp. The distances to the next town and villages are 130 km to Ísafjörður and 90 km to Hólmavík. Hiking in this beautiful area is very impressive and an inspection of the coastline by walking or kayaking is an inspiring option. Landline phone connection is available, and the place provides a full variety of opportunities for volunteers and visitors.

LANGUAGE: English will be the official language in the camp, high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík - Reykjavík, (KEF). The closest domestic airport is Ísafjörður (IFJ). SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

SPECIAL REMARKS / EXTRAS: Participation fee EUR 120.

SEEDS and/or the local hosts will organise spare time activities for the volunteers free of charge. Place of extreme beauty and isolation; natural surroundings with hot springs, free access to enjoy the hot tub and the local pool; possibility of horseback riding and kayaking in the fjords.

Countless opportunities to discover by foot or to hike the surroundings of the valley.

SEEDS 17. Nature in the far East and a week in Reykjavik

19/05 - 02/06

ENVI/CONS/RENO

8 Volunteers

Age: 16 +

WORK & STUDY/PROJECT: SEEDS Volunteers will be working in the east at a Nature and Heritage centre, working mainly in reforestation and soil erosion prevention; we will assist in preparing vegetable gardens, care for pigs, hens, ducks, a cow and a horse – all being a part of the areas sustainability. We will also build shelter and fences for the animals and clean the coastline.

The second week will combine different tasks within Reykjavik city which ensures daily diversity and various experiences for the volunteers. The activities for us will be focused on keeping Reykjavik and its public areas lively, attractive and charming for locals and visitors. Tasks may involve house painting to cover graffiti tags, tidying up public spaces and face-lifting the city.

Other activities might involve us in one off SEEDS volunteer base. We might be assisting there as well and giving our contribution in the future development of SEEDS volunteering activities.

ACCOMMODATION: We will stay within the reserve and will sleep in bunk beds in shared rooms. In Reykjavik we will sleep in a fully equipped local house in shared rooms. We need to bring our own sleeping bags.

We will receive food and be in charge of the different cooking and cleaning activities. Equipped kitchen and washing machine are available. Please bring some traditional food from your countries for the international evening.

LOCATION: The heritage and nature conservation centre and its reserve are located in a very isolated area in the East of Iceland, far from any urban centre; we should be aware of the location remoteness and its extreme natural beauty and wildlife.

There are no public transportation services to the closest town and entertainment alternatives are in connection with the gorgeous nature; walking and hiking journeys during the free time and the creativity of the group. This project is adequate for volunteers enjoying isolated places with splendid nature and looking for peaceful surroundings as the quietness of the area. The sea and High Mountains, reaching up to 600 meters in height, border the area. You can also discover waterfalls, snowfields and reindeer – all within walking distance of the house.

The reserve is managed as a conservation site for environmental education and sustainable tourism; hosting a number of environmentally important flora and fauna including one of Iceland's largest colonies of Arctic Tern (*Sterna paradisaea*), 600m sea cliffs hosting significant numbers of nesting sea birds (including Puffin, Kittiwake and Fulmar) and is home to the elusive arctic fox.

Reykjavik is the capital of Iceland, with a population of over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers. In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: Closest international Airport: Keflavik/Reykjavik (KEF). Domestic airport is Egilsstadir (EGS).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camp and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS: Participation fee EUR 120,- (Euros).

Free time activities will include making cheese and ale, as well as enjoying the many things the exquisite nature offers us.

Tours and excursions will be organised at discount prices, as well as free access to Reykjavik's seven geothermal pools.

SEEDS 10. Reykjavík: SEEDS Photo Marathon

22/05 - 04/06

ARTS / ENVI / RENO

10 Volunteers

Age: 16+

WORK & STUDY/PROJECT: SEEDS volunteers in this project will be part of the 11th SEEDS photo marathon in the Icelandic capital! Last years' experiences were very successful and we would like to organise this project in the early summer! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp!

SEEDS coordinators will have prepared few different topics on which the participants will base their entries to the competition; those topics will be mainly related to the work of SEEDS: Environment and intercultural understanding.

Participants need to take their own digital cameras and its main work will be done walking or cycling all around the city and taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition at one of the most visited galleries and venue for exhibits in the country!

Volunteers shall be prepared for walking/cycling, flexible time schedule (early morning photo sessions, night photographing). A session in the surroundings of Reykjavík will be organised as well.

Volunteers' additional work with the city of Reykjavík; will be focused on trying to keep the city and its public areas lively, attractive, interesting and charming for locals and guests. Tasks may involve painting to cover graffiti tags, tidying up public spaces and face-lifting the city after the winter.

Additional work may be done at the SEEDS volunteers' bases. Volunteers will be assisting and giving contributions to the future development of SEEDS volunteering activities.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavík is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavík is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

March is the last month when you can see, with a piece of good luck, the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120.

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach.

Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 07. Skriðdalur - Crawling Valley

25/05 - 08/06

ENVI

8 Volunteers

Age: 20+

WORK/PROJECT: SEEDS volunteers will be working on environmental and nature oriented tasks in this project, based on an Icelandic farm in the East of the country; this is our second year of cooperation and the volunteers' experiences have been very positive.

Our tasks will mainly be focused on improving the environment in and around the whole area; planting trees, cleaning out a sheep's barn, clearing old fences etc.

The working plan will be very flexible and it will depend on the needs of our local host, the advance of the diverse projects in the area surrounding the valley and of course on the weather conditions. While we help to preserve the local environment, we will explore the surroundings of the location and enjoy free time activities arranged in cooperation with the local host, such as hiking and discovering the beautiful scenery.

ACCOMMODATION: We will be lodged in a farmhouse, in a shared room(s), sleeping on mattresses on the floor. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen is available, volunteers will share the duties of preparing and cooking meals. Please do not forget some traditional food from your home country for the international evening.

LOCATION: The project is located in the municipality of Fljótsdalshérað; 17 km from the largest town in Eastern Iceland - Egilsstaðir (population 2300). It is a young town which has become the largest in the east and offers a swimming pool, shops and museums among other main services.

The farm is located in beautiful landscape with mountains and valleys. It is close to Hallormsstaðaskógur, the largest wooded area of the country that spreads over 30 ha. The tree collection keeps an extensive variety of foreign trees and is renowned among professionals and travellers. The oldest part of the woodland is accessible with good hiking trails and signs.

The wild reindeers of Iceland are found in Fljótsdalshérað, they are about ten thousand and also the biggest forest in Iceland is located within the district.

Near the north end of the valley, is the home of the fabled Lagarfljót Serpent which is believed to be Iceland's equivalent of the Loch Ness Monster. There are few natural forests that survived the Icelandic settlement close by. In the middle of it all is where the district assemblies were held in century's past- Þingmúli, the Meeting Mountain.

Fljótsdalshérað is Iceland's easternmost populous municipality. The massive land area of this municipality stretches from Biskupsháls in the west and Héraðsflói bay in the north to the mountain ranges surrounding the central eastern fjords in the east and to Vatnajökull and Öxi in the south.

The area offers great variety of walking paths, such as to the deepest valley of the country and up to Sandfell where the view is quite magnificent. Small stream runs through the land where children and adults can cool down in warm summer days.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airports: Keflavík/Reykjavík (KEF); nearest domestic airport (EGS). Nearest bus stop in Egilsstaðir. The docking port for the Norröna ferry connecting Iceland with the Faroe Islands, Denmark and Europe is located in the town of Seyðisfjörður, 30 Km from Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 100.

Place of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot.

SEEDS 11. Sandfell - Fljótsdalshérað

25/05 - 08/06

ENVI / CONS

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working on environmental and nature oriented tasks in this project, based on an Icelandic farm. Our tasks will mainly be focused on improving the environment in and around the whole area; planting trees, doing some paint work.

We might also help with building items out of timber. Furthermore we might assist in general clean up of the area, helping with other outdoor activities.

The host keeps horses, dogs and cats. The volunteers will have access to the animals and will be given guidance in taking care of and riding horses.

The working plan will be very flexible and it will depend on the needs of our local host, the advance of the diverse projects in the area surrounding the valley and of course on the weather conditions. We will help to preserve the local environment. Last but not least we will explore the surrounding of the location and enjoy free time activities arranged in cooperation with the local host, such as horseback riding.

ACCOMMODATION: Volunteers will stay in shared rooms in a sleeping bag accommodation with access to kitchen and bathroom. Please bring your own sleeping bag.

The group will be responsible for cooking and cleaning activities and please do not forget some traditional food from your home country for the international evening.

LOCATION: The farm is located in beautiful landscape with mountains and walleys. It is close to Hallormsstaðaskógur, the largest wooded area of the country that spreads over 30 ha. Of land. The reforestation of the forest has been going on ever since a law for the protection was passed in 1899. The tree collection keeps an extensive variety of foreign trees and is renowned among professionals and travellers. The oldest part of the woodland is accessible with good hiking trails and explanation signs.

The area offers great variety of walking paths, such as to the deepest walleye of the country and up to Sandfell where the view is quite magnificent. Riding tours up to the mountains or in the woodland is also a nice experience. Small stream runs through the land where children and adults can cool down in warm summer days.

The project is located in the municipality of Fljótsdalshérað, Iceland's easternmost populous municipality; 17 km from the largest town in the Eastern Iceland – Egilsstaðir (population 2300). It is a young town, but which has become the largest town of east Iceland and offers a swimming pool, shops and museums among other main services.

The wild reindeers of Iceland are found in Fljótsdalshérað, they are about ten thousand and also the biggest forest in Iceland, Hallormstaðarskógur is located within the district.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF); domestic airport and bus stop is Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 100.

Volunteers should have a motivation for working with outdoors and getting to know ways of living in rural areas in Iceland. The host will organize some free time activities and introduce us to the local community. Volunteers will be offered to take horse back riding and an introduction to how to treat and hold horses.

SEEDS 18. Island of Viðey: History, Nature & Art

25/05 - 08/06

ENVI/AGRI

8 Volunteers

Age: 18+

WORK/PROJECT: The city of Reykjavík will be our host again in this project and SEEDS volunteers will have the opportunity to work at the island of Viðey for the 5th year in a row! On Viðey we will work on environmental and nature related issues.

We will assist in preparing the island for the busy summer season when many visitors, both locals and foreigners visit this beautiful and historical place. The work includes coastline cleaning, the island is located not far out of the capital's coast and sea currents bring considerable amounts of sea waste to its shores. Apart from the annual cleansing work at the coast, SEEDS volunteers will be preparing the island small vegetable garden as most crops planted in May or early June to be harvested during the late summer.

Additional possible works may include general gardening, maintenance of paths and bicycle trails; as works on common recreational areas and painting works. Furthermore we might maintain and fix bicycles and furniture used on the island.

ACCOMMODATION: Volunteers will be lodged in a local house at Viðey island, sleeping on mattresses on the floor. Bringing a sleeping bag is needed. Volunteers will receive food ingredients and be in charge of the different cooking and cleaning activities. Equipped kitchen and washing machine are available.

Please do not forget some traditional food from your home country for the international evening.

LOCATION: Viðey or "Wood Island" is the largest island (1,7 km²) in the Kollafjord Bay. It is covered by many species of plants and at least 30 species of breeding birds have been counted here.

The island was inhabited already in the 10th century, in the 12th a church was built and in 1225 a monastery was established. The local house, which is still open to tourists, was built in 1755 and is the first construction made of stone and cement in the country. In the beginning of the 20th century the island was inhabited by over one hundred fishermen, merchants and farmers but the last inhabitant left it in 1943. The island is unpopulated now but several people work there in a 'homey' café and lively cultural house. Both are hosting visitors in the daily hours. The city is successfully trying to change Viðey into a place known by its cultural and environmental attractions.

There is a regular boat connection between the island and the harbour of Reykjavík. It takes just about 10 minutes and is only a few hundred metres away from the city. This makes Viðey so special, it is a peaceful place, very close to the busy city life of the capital.

There are hiking and cycling paths around the island and there is no motor traffic allowed. It also inhabits intriguing sculptural art work, amongst them all nine pairs of basalt pillars that comprise Richard's Serra's work *Áfangar* and Yoko Ono's "Imagine peace" column, a tower of light, which is supported by the widow of John Lennon. <http://imaginepeace.com/news/imagine-peace-tower>.

Other places of interest on Viðey are related to archaeological research, the village. At the eastern end of the island is the site of the abandoned fishing village and Viðeyjarnaust, at the southwest of the island, it is a memorial to the twenty men who lost their lives when the cutter *Ingvar* sank off Viðey in 1906. Dramatic formations of columnar basalt may be seen on the shore.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120.

Whale watching, puffin boat excursions and free time activities in the area will be organised free of charge for SEEDS volunteers. Volunteers will also have free rides in the boat/ferry to the city of Reykjavík during their free time.

SEEDS 12. Skagafjörður - Renovation of a historical site

27/05 - 10/06

ENVI / RENO

8 Volunteers

Age: 18 +

WORK/PROJECT: SEEDS volunteers will be working in a great historical site within easy striking distance of Sauðárkrókur. We will be undertaking a few different projects assisting the many visitors that come to this historical site each year. The project will focus on fixing up the camping site before the summer season and making some steps for easier access. We will have the responsibility of maintaining some old walking paths and of making new ones. We will also be putting up and making signs, some lawn mowing and tree trimming.

ACCOMMODATION: We will be hosted in a summer house and small huts, sleeping on mattresses on the floor. Please bring your own sleeping bag. Food ingredients will be provided to us and a kitchen will be available.

The group will be responsible for cooking and cleaning activities and please do not forget some traditional food from your home country for the international evening.

LOCATION: The work camp will take place on the eastern side of Skagafjörður, in a place that was very much the cultural capital of the north from the twelfth until the eighteenth century. This is the place of the country's first printing press in 1530; the place of education, poets and monks.

This is the home of one of Iceland's oldest church sites, with the first church built in 1050. The current cathedral was built from red sandstone taken from a mine in the vicinity and ordained in 1763. It is the seventh church in this spot and the second-oldest stone building in Iceland. The red sandstone mine is one of many interesting sites in this location. There are also many interesting hiking options, a historical excavation site, a beautiful forest, awesome history and amazing natural beauty.

Skagafjörður is 40 km long and 30 km wide, the home of two islands Drangey and Málmey. In the east there is a lot of lowland with high reaching mountains in the back. A big valley stretches out from the end of the fjord for about 50 km and then spreads out into narrow valleys far into the highlands. These valleys had the regal Norse name Godvalley (Goðadalir).

Drangey is steep-sided and flat-topped and resembles an arrow pointing north. It was the hideout of Grettir the Strong, the courageous and savage outlaw, and his brother Illugi for three years. Now the island is a bird sanctuary, with a colourful birdlife such as kittiwakes, puffins and guillemots. Boat trips to the island are available, but the steep climb is maybe not for the faint hearted.

In the eastern part of Skagafjörður there is big chain of mountains, Tindastóll (989m), Mælifellshnjúkur (1138) and Glóðafeykir (853m) to name a few. The area is widely vegetated, grassy meadows, fenlands and lowlands, but very little forestation. The climate is mild, with rich birdlife, salmon and trout in lakes and rivers.

To many, Skagafjörður is the most beautiful place in Iceland, with very special colours and light playing on the eye. Definitely a place to visit while in Iceland!

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF). Domestic Airport: Akureyri (AK).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120.

SEEDS volunteers will have access to a local swimming pool and a hot tub. Spare time activities will be organized for the volunteers by SEEDS and/or the local hosts free of charge. Place of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot.

Volunteers applying for this project should be motivated to work with people in outdoor activities.

SEEDS 38. Remote fjords - Where the road ends!

30/05 - 10/06

ENVI / AGRI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will take part in environmental projects in the Icelandic Western fjords. We are working with two local hosts in diverse projects including cleaning the coastline and collecting driftwood.

We will be going out to a small and beautiful island in the fjord where there is an eider nesting ground. We will be collecting the eider down with the local inhabitants; this is the most valuable and best filling for unique eider-down duvets.

If wished, we will be assisting the sheep and locals during the lambing season, which is both fun and very rewarding being a part of receiving new life into the world. In addition we will also be assisting our hosts with putting up fences, clearing old ones and some paint jobs.

ACCOMMODATION: We will be hosted in a local family house, sleeping in shared rooms with mattresses on the floor. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available as well as a washing machine; we will share the duties of cooking and cleaning activities. However, the hosts will most often prepare lunch and dinner in their home for us.

Please do not forget some traditional or typical food from your home country for the international evening.

LOCATION: The West Fjords is one of the most breathtakingly beautiful places in Iceland, with its high mountains of extreme beauty and dramatic fjords cutting deep into the landscape.

The area has a mythological aura and the landscape draws people into the world of elves, trolls and other supernatural creatures. The driftwood has always been one of the main valuables of the people and it has been used for building houses, boats and heating up accommodation. The numerous hiking ways in the area attract many visitors during the summertime to enjoy the beautiful landscape.

Perhaps one of Iceland's most remote areas, it is a sheltered bay in a remote region, largely untouched by modern developments where silence reigns and nature continues to shape a rugged, mountainous landscape. You can hardly get further away from the bustle of the towns to enjoy life in the beautiful and peaceful landscapes of this remote area. This is among the least frequented parts of the country. The roads up there are only open during the few months of the short summer; it is one of the remotest corners of Europe, where the coastline is covered with vast expanses of driftwood that originated on the other side of the Arctic Ocean, in Russian Siberia; the region is stunningly beautiful and somewhere to really experience Iceland's wildness.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Closest Domestic Airport: Ísafjörður (IFJ).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camp and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 100.

Volunteers applying for this project should be motivated for working outdoors and getting to know ways of living in rural areas in Iceland

Spare time activities will be organized for the volunteers by SEEDS and/or the local hosts free of charge; this may include sightseeing, hiking, swimming pool visit, boat rides, fishing etc. Place of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot.

SEEDS 13. Meet us - don't eat us (1)

31/05 - 14/06

ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with [IFAW](#) (International Fund for Animal Welfare). This mainly consists of distributing information, talking to people and having fun in Reykjavik!

The group will take turns wearing a whale costume and walk around downtown Reykjavik. One part of our project is also to let pedestrians try on the costume and take pictures. This project is fun loving, friendly and peaceful. We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss with the group and implement.

The purpose of this project is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat and do not intend to do so. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% were in favour of commercial whaling. This seems obscure, but explanations can be found in the nation's heritage.

In Iceland we have the saying 'Hvalreki' or 'Beached-Whale' meaning 'Jack-pot'. When a whale beached, the whole community had food for long time, and had indeed hit the jack-pot. Later Icelanders started whaling for the oil, that at one time was used for lighting street-lamps in cities such as Paris. This created work and foreign currency and improved life in the country at that time.

Iceland was also one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavik/Reykjavik (KEF). Closest bus station: Central Reykjavik bus station (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120.

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach and we will have the opportunity to go on free whale watching trips. Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 24. Skriðuklaustur - making history (3)

31/05 - 14/06

ARCH / RENO / ENVI

8 Volunteers

Age: 18 +

WORK/PROJECT: SEEDS volunteers in this project will have the unique opportunity to join one of the most exciting archaeological projects in Iceland for the second year in a row!

We will be working at the archaeological site Skriðuklaustur (e. The monastery at Skriða), the project started in 2002 and its aim is to investigate, through an archaeological excavation, the monastery that operated on the farmstead Skriða in Fljótisdalur Valley, East Iceland, during the period from 1493 to the Reformation in 1550.

Our tasks in this project will be mainly connected with taking care of the land around the monastery. Main tasks include beautifying the area, preparing it for receiving visitors during the summertime and constructing a vegetable garden. Other tasks might include making and fixing walking paths nearby the monastery and the place where we will be accommodated. We will assist in building and putting up a playground for kids and an obstacle course.

The working plan will be very flexible and it will depend on the needs of our local hosts and of course on the weather conditions.

ACCOMMODATION: We will be lodged in a building located approximately 5 km from our working site (monastery excavations), equipped with kitchen and living room. A sleeping bag is needed.

We will have breakfast and dinner at the accommodation; while lunch will be served at the café in Skriðuklaustur on working days. The kitchen will be available for us to cater ourselves on weekends.

Food ingredients will be provided; we will share the duties of preparing and cooking meals. Please do not forget some traditional food from your home country for the international evening.

LOCATION: We will work in Skriðuklaustur at Fljótisdalur, located 40 km from the biggest town in the East of Iceland, Egilsstaðir (pop. 2,300) and about 650 km from Reykjavík. It is part of Fljótisdalshérað, (pop. of 3.700) at 8.884 km² is the largest Icelandic municipality.

The monastery at Skriða, named Skriðuklaustur, was the youngest of the seven monasteries and two nunneries in operation in Iceland during the medieval period, but within a short time, it became one of the richest. It is thought that this increase in material wealth was due to Skriðuklaustur having been the only monastery in East Iceland. Nowadays, Skriðuklaustur has a local centre of culture and history. The house was built in 1939 and is one of Iceland's most important buildings. There is a museum about the writer Gunnar Gunnarsson in the house. It is also a residence for artists, writers and scholars, both Icelandic and foreign. At Skriðuklaustur there are as well exhibitions available for visitors and many events organised concerning local culture and the nature of East Iceland. The ruins of the 16th century monastery with archaeological excavation are located nearby.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age. The biggest forest in Iceland and also wild reindeers are found in Fljótisdalur.

LANGUAGE: English will be the language in the camp, but high proficiency is not a requirement.

TERMINAL: Closest International Airports: Keflavík/Reykjavík (KEF); nearest domestic airport and bus stop is Egilsstaðir (EGS). The docking port for the Norröna ferry connecting Iceland with the Faroe Islands, Denmark and Europe is located in the town of Seyðisfjörður, 30 Km from Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

SPECIAL REMARKS / EXTRAS: Participation fee EUR 140.

SEEDS and the local host will organise several free-time activities to explore and discover the area as: excursions, horse-back riding or fishing for trout or a highland trip/mountain hike.

SEEDS 15. Far far away! Icelandic heritage

03/06 - 16/06

ENVI

10 Volunteers

Age: 18 +

WORK/PROJECT: The work of SEEDS volunteers will be related to a beautiful Icelandic old turf house that has been transformed into a museum. This turf house is one of the best kept farmhouses from this era in the country. We have the chance to learn and adopt new skills as this project offers very diverse tasks and opportunities since maintaining a turf house requires special techniques and knowledge as the material is "alive" and always changing.

The museum emphasizes on a realistic set up of its collection, just as the inhabitants just went out for a moment. Additionally they work on transmitting the old ways of working through events, workshops and courses. The museum is unique in the way it shows clearly how the way of living has changed drastically from around 1770 until the last inhabitants lived in the farm in the 1960's.

Many tasks will be related to the museum itself, such as cleaning and polishing the collective items, but the museum includes i.e. textile, wooden household things and other items used in Iceland in the olden days. We will be cleaning the area, maintaining the houses and preparing for the busy season ahead. The museum opens in June every year and we will assist the locals with the arrangements for the opening which SEEDS volunteers will be invited to take part in.

Other tasks may be checking, correcting and even translating information for the museum but many guests from different countries visit the museum every year. Additional tasks may include general out-door environmental work.

ACCOMMODATION: Volunteers will be lodged in a local house, sleeping on mattresses on the floor. Please bring your own sleeping bag. Food will be provided and volunteers will have access to a kitchen and have to take care of their own cooking and cleaning activities. Please do not forget some traditional food from your home country for the international evening.

LOCATION: The project takes place in the north east part of Iceland in a mountainous bay (fjord) called Vopnafjörður, the Fjord of the Weapons. A name that comes from one of the Viking settlers, Eyvindur Vopni. The fjord is renowned for its natural beauty and good weather with salmon rivers and large areas of untouched landscape.

Just about 20 km away from the project is the town Vopnafjörður which is one of the warmest places in the country and warmer than most places at a similar latitude. The reason is the warm waters of the Gulf Stream that moderates the winters and makes the island habitable. The main industries of Vopnafjörður are fish processing, agriculture, and tourism and other services. Inhabitants of the fjord are 683 there of 540 who are living in the village.

The county is divided into three valleys, Hofsdalur, Vesturárdalur and Selárdalur and in those valleys are some of the most popular fishing rivers in the country. Selárdalur has natural hot springs, and next to them is a swimming pool with a hot jacuzzi. In Iceland you may find many unique pools all over the country but the one in Selárdalur is one of the most special. The area has various lakes, some of them popular for fishing, but others have gotten smaller due to soil erosion.

LANGUAGE: English will be the language in the camp, but high proficiency is not a requirement.

TERMINAL: Closest International Airports: Keflavík /Reykjavík (KEF) and Akureyri (AEY); nearest domestic airport is Þórshöfn (THO), while the closest bus stop is in town.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

SPECIAL REMARKS / EXTRAS: Participation fee EUR 120.

SEEDS and/or our local hosts will organise free time activities and sightseeing to some of the interesting attraction spots in the area.

SEEDS 31. The lighthouse at the end of the world!

04/06 - 18/06

CONS / ENVI

10 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will have the opportunity to follow this exciting projects started in 2010. We will be working in restoration and renovation works at one of the most remote light houses in the Icelandic western fjords. The work will be done at the light house and its surrounding area.

We will be part of various projects, working on fixing and face-lifting the lighthouse and its closest surroundings; doing some paint work, mowing and tending to vegetation in the area, as well as preparing for an art show that will be hosted in the lighthouse later in the summer.

Renovation works inside the lighthouse may include repairing walls, painting, changing some of the glass windows and work in the stair case to the tower.

We will also work on maintaining and building walking paths in the surroundings.

ACCOMMODATION: SEEDS volunteers will stay at the location, and will take turns between sleeping inside a house and in tents outside the house. Bringing a warm sleeping bag is needed.

We will receive food and be in charge of the different cooking and cleaning activities. Equipped kitchen is available. If volunteers want, they can also bring their own tents and camp. Please do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The lighthouse is located in the West Fjords, one of the most breathtaking and beautiful areas in the country; which is at the same time the least visited and most remote area of Iceland.

The place cannot be reached by car and there are no roads connecting the location; it can be reached only by boat or by foot. It is a paradise for nature enthusiasts.

The region accounts for 10% of the country's surface but only about 7200 people live there, so it is one of the least populated areas of Europe. The Westfjords are very mountainous; the coastline is made by dozens of fjords surrounded by steep hills.

The region is bounded by Breiðafjörður in the south, with Gilsfjörður cutting into the land from the west and Bitrufjörður from the east, the two almost severing the ragged peninsula from the main mass of Iceland. The West Fjords are made up of Ísafjarðar-, Barðastrandar-, and Strandir Counties.

In the Westfjords you will be able to explore the whole range of Icelandic flora from the shore and meadows, through birch to mossy moors. On the shore, one can see birds and seals and then an occasional arctic fox around the sheep.

Fishing is traditionally the main industry in the region but tourism started to be more and more important as local and foreign visitors are discovering this region in rising numbers.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

STUDY THEME: This workcamp has an educational/awareness-rising approach to environmental, nature-protection and sustainable development topics.

TERMINAL: Closest International Airport: Keflavík (Reykjavík), KEF. Domestic Airport is Ísafjörður (ÍFJ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

SPECIAL REMARKS / EXTRAS: Participation fee EUR 160,- (Euros).

Volunteers applying should be motivated to work with people in outdoor activities in isolated locations away from urban settlements. Volunteers should not be afraid of the sea as transport by boat may be regular; previous experience work is an asset but not a requirement.

Remote places located in natural areas of extreme beauty with countless opportunities to hike and discover it by foot.

SEEDS 16. The Highlands North of Vatnajökull glacier

05/06 - 19/06

ENVI / RENO

8 Volunteers

Age: 18+

WORK / PROJECT: SEEDS Volunteers will work in the midland, East of beautiful Mývatn lake and North of the Vatnajökull glacier. Our workcamp is situated in a farm in the highlands - 469 meters above the sea level.

This area has been inhabited since the early times of the settlement and some of the highest farms in the country are in the area. As small-scale farming has turned more difficult in recent times, some of the locals have decided to combine the work with the new tourism services and push forward alternative ways of income for the region. The extreme beauty of the area draws more and more visitors every year; especially after the Vatnajökull national park was enlarged in 1998.

Past farming work has taken its toll in the pristine landscape, we will support local farms in removing elements and machinery used in the past (e.g. old tires, old corrugated iron, fences, etc.), that have been left unattended and need to be removed in order to restore the natural and historical heritage of the region.

We will also work repairing an old turf building, restoring it to its previous "form", so it looks similar to the several other turf buildings in the surroundings.

Additional work for us will be turfing, fixing and maintaining walking paths and making a new trail, as fixing two bridges that were damaged by waters from the glacier-snow melting.

ACCOMMODATION: We will be lodged in a house at one of the farms, sleeping on mattresses on the floor; please bring a sleeping bag. We will receive food ingredients and be in charge of the different cooking and cleaning activities. Equipped kitchen and washing machine are available.

Please do not forget some traditional food from your home country for the international evening.

LOCATION: Located in the North-eastern part of the country and in the vicinity of the largest national park in Europe, the Vatnajökull National Park, which is now around 12.000 square-kilometers. It is expected the national park will enlarge even further within the next few years. The region of the park is unique; one can find glaciers, volcanic activities, glacier bursts, eruptions and geothermal heat plus extremely rare landscape; for example untouched vastness.

With the establishment of Vatnajökull National Park, Icelanders waded into the largest nature conservation project ever taken on in Iceland. It is one of the largest developments the authorities have undertaken in this region and has created many jobs. The land within the national park is mostly owned by the government, but a few privately owned districts are a part of the national park.

The farms in the area are surrounded by untamed nature of supreme beauty; most of the area is unspoiled and undisturbed. Some farms have been inhabited already since the early settlement.

Under its ice-cap, the glacier hides seven volcanoes and most of them are active. Underneath there is an ice cavern system several km long. Vatnajökull covers about 8% of the country, and is about 1000 m thick at its thickest point. Mount Herðubreið, the queen of Icelandic mountains and one of the most famous in Iceland is located in the area.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and back again, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee is EUR 120.

Remote places located in natural areas of extreme beauty. Outdoor activities, like hikes will be arranged for SEEDS volunteers and there is the possibility of horse riding during the project.

SEEDS 19. Revegetation in the south of Iceland

08/06 - 22/06

ENVI

12 Volunteers

Age: 16 +

WORK/PROJECT: Since 2007, SEEDS has been working with few other NGOs devoted to the revegetation of eroded soils in the south west part of Iceland. The aim of the project is to halt the downward spiral of erosion and to strengthen the ecosystems by enhancing its natural vegetation.

By using organic waste materials for fertilizing we aim for a double dividend. The soils, poor in plant nutrients, are enriched while the amount of materials in need for a waste treatment is substantially decreased. The south west is part of the volcanic belt of Iceland envisaged by vast lava fields and easily erodible volcanic soils. On top of that the area has suffered from overgrazing of sheep for a long time. Consequently the ecological condition is rather poor and some areas are stripped entirely of top soil.

Close to 70% of the total population lives in this part of Iceland with the capital Reykjavík and neighbouring municipalities making up the bulk of the population. Different kinds of organic waste materials are being generated in and from the urban environment, substantial quantities every year. In the long run stuff like horse manure, garden waste and the likes are the best revegetation means available. We work to make way for these materials as a revegetation medium.

In this project we combine professionalism with idealism. The results so far can already be seen at a number of sites in the area and since 2007 with an important contribution from SEEDS volunteers.

In 2011 SEEDS volunteers will basically perform three different types of work: a) Revegetation and erosion control, b) Monitoring the survival and growth of tree plantations of former years. c) Tree planting. Volunteers will likely be working hand-in-hand with Icelanders of similar age.

ACCOMMODATION: Volunteers will be lodged in a house with basic facilities in one of Reykjavík's neighbouring towns, Hafnarfjörður. We will sleep on mattresses and shall bring a sleeping bag.

Food ingredients will be provided, a kitchen will be available, we will share the duties of cooking and cleaning. Do not forget traditional food from your country for the international evening.

LOCATION: The work will take place in the vicinity of Reykjavík, and the groups will touch upon more than one project in more than just one place. The main emphasis will be on erosion control in an area on the banks of Kleifarvatn, the big lake of the Reykjanes peninsula.

The Reykjanes, peninsula at the south-western end of Iceland is located near the capital and most travellers to Iceland land in the area: As the Reykjanes coastline draws closer and the plane prepares to land at Keflavík Airport, the peninsula is marked by active volcanism under its surface, and large lava fields allow little vegetation. There are numerous hot springs and sulphur springs in the southern half of the peninsula, around the Kleifarvatn Lake and the Krýsuvík geothermal area where hot springs spewing water and mud dominate the landscape. The Peninsula is envied for its long & short hiking trails that zigzag through the region where colorful landscapes and their contrasts delight the visitor. Amazing ocean cliffs, (up to 70 m high) are nested by numerous bird species, often a wonderful spot for bird and whale watching.

There is also a geothermal power station at Svartsengi, where a pool has been installed using the hot and mineralized water coming down from the station; it is known as the "Blue Lagoon". The Leif the Lucky Bridge spans the Álfagjá rift valley (60 feet wide and 20 feet deep) near Grindavík that marks the boundary of the Eurasian and North American continental tectonic plates, named after Icelandic explorer Leif Eriksson who travelled from Europe to America 500 years before Columbus.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 140.

Excursions to the Blue Lagoon, South of Iceland and a weekend stay away from the project (likely to the largest National Park in Europe: Skaftafell/Vatnajökull National Park) will be organised.

SEEDS 20. Sustainability in Action

09/06 - 23/06

ENVI / CONS

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working in an organic farm in the south of Iceland. The project's goal is to establish a platform for the farm to come closer to their goal of running a sustainable farm with environmental and sustainable tourism.

The farmers need assistance in various things around the farm, so our schedule might be different from day to day. Our projects will include tearing down old fences and making some new ones, cleaning out a stable, picking and drying herbs and planting trees.

Other projects might be to clean the surroundings, putting down some new fences.

The working plan will be very flexible and it will depend on the needs of our local hosts, the advance of the diverse projects and of course on the weather conditions. We will help to preserve the local environment and get practical experience on the farm life and farm work. Our host is an animal masseuse and a healer and she wants to teach us her trade and let us tend to the animals.

ACCOMMODATION: We will stay in a house located on the farm; sleeping on mattresses on the floor. Please bring your own sleeping bag. We will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Please do not forget some traditional food from your home country for the international evening.

LOCATION: The South of Iceland is unique and that part of the country receives by far the greatest numbers of foreign visitors. There everything that makes Iceland interesting to visit can be found the year around. Here history follows you at every footstep, both ancient and recent. There are creative art, culture and flourishing trade and endless possibilities to enjoy the outdoor life in all seasons. Above all there is the awesome and rugged nature from the mountains to the sea.

The small town Hvolsvöllur, the nearest town to the farm, is one of the few Icelandic inland located towns. It started developing in the thirties, when most of the streams and rivers in the Southwestern Lowlands had been bridged. The inhabitants base their livelihood mainly on services rendered to the agricultural surroundings, the meat processing for the domestic market and tourism. The town is situated in one of the most important Saga regions of the country; with some of the main stages of the renowned Brennu-Njals Saga. Which is the longest and most celebrated of the Icelandic Sagas. Though its events are set in the tenth and early eleventh centuries, the Saga itself was not written until towards the end of the thirteenth century by an anonymous Icelandic storyteller. The Saga takes place in Southern Iceland mainly at Rangárvellir, where we will be staying.

The farm is one of three in Iceland that has received an organic certification for their cow farming. There also horses and breeding of Icelandic sheep dogs. The family is running a Peace centre, which aims at having goods and services that promote protection of nature and humans. They have been developing work ethic education and try to integrate that into their everyday live.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

STUDY THEME: This workcamp has an educational/awareness-raising approach to environmental awareness, nature-protection and sustainable development topics.

The host will also give us sessions in the work ethic material they have been developing, called the Vs. A package that emphasises on 21 work ethic words that in Icelandic all start with the letter V.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSI).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 100.

Free time activities will be arranged for SEEDS volunteers. Elf-stories from the area, animal massage and healing will be thought to volunteers.

SEEDS 21. Meet us - don't eat us (2)

14/06 - 28/06

ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with [IFAW](#) (International Fund for Animal Welfare). This mainly consists of distributing information, talking to people and having fun in Reykjavik!

The group will take turns wearing a whale costume and walk around downtown Reykjavik. One part of our project is also to let pedestrians try on the costume and take pictures. This project is fun loving, friendly and peaceful. We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss with the group and implement.

The purpose of this project is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat and do not intend to do so. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% were in favour of commercial whaling. This seems obscure, but explanations can be found in the nation's heritage.

In Iceland we have the saying 'Hvalreki' or 'Beached-Whale' meaning 'Jack-pot'. When a whale beached, the whole community had food for long time, and had indeed hit the jack-pot. Later Icelanders started whaling for the oil, that at one time was used for lighting street-lamps in cities such as Paris. This created work and foreign currency and improved life in the country at that time.

Iceland was also one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavik/Reykjavik (KEF). Closest bus station: Central Reykjavik bus station (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 140.

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach and we will have the opportunity to go on free whale watching trips. Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 32. Patreksfjörður - Unique West fjords

14/06 - 28/06

ENVI

8 Vols.

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working with the local community in Patreksfjörður to build a new walking path above the town. SEEDS has been working in the municipality for the last 5 years in different projects.

We will also assist in beautifying the town of Patreksfjörður and surroundings by maintaining hiking paths, planting trees and taking care of green areas.

We will do some painting jobs, and few other tasks that need to be done around town.

ACCOMMODATION: We will be hosted in a local school in a sleeping bag accommodation.

Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of cooking and cleaning. Please bring your own sleeping bag. Please do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Patreksfjörður is located in the Icelandic Western Fjords, which are too often missed by visitors due to its distance (real and perceived) from Route 1, the circle road, and from other population centers.

Patreksfjörður is a small fishing town, which bears the name of the fjord and one of the communities of Vesturbyggð, where the main trades are/were fishing and fish processing. In Patreksfjörður a coastal lagoon has been dredged and opened to the sea to provide a sheltered harbour. The town stands on slender sandpits and stretches two kilometres along the narrow northern shore of the fjord. It began as a fishing port, like most of the villages and towns in this region. Nearness of rich fishing banks, and a sheltered harbour, made the town one of the main fishing ports in the region, dating back to the 16th century.

The West Fjords are a mass of fjords, mountains and isolated villages on spits of lands surrounded by water and mountains. The area includes its own glacier, the magnificent, remote Hornstrandir and Europe's westernmost point of land at Látrabjarg, about two hours drive, you will find this gigantic, sheer cliff facing the North Atlantic Ocean. There, millions of birds nest in the cliffs among them puffins, arctic tern, guillemots and other types of birds making Látrabjarg a must for bird watchers.

The town is located on the shores in the south of the Western Fjords and is surrounded by mountains that offer endless opportunities to enjoy nature and wilderness during all seasons.

The vicinity offers a variety of interesting places to explore; hiking and mountain climbing are popular. The sheer beauty of the region attracts many people and tourism has started to play an increasing role recently. The distance from Reykjavik is 7-8 hours drive by the Whale Bay tunnel but only about 5 hours via Stykkisholmur and by the ferry to Brjanslaekur.

It is perhaps one of Iceland's most remote areas. In the West fjords one travels through the whole range of Icelandic flora from the shore and meadows, through birch and willow, to mossy moors. On a stroll amidst the driftwood on the shore one can see birds and seals and then an occasional arctic fox around the deserted farmsteads.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF). Closest bus stop is in town.

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120,- (Euros).

SEEDS volunteers will have access to the town's geothermal swimming pool and to the hot tubs. Several hiking options are within easy distance and many beautiful surroundings in the area. SEEDS volunteers will also be able to take part in the Icelandic independence festivities on June 17th.

SEEDS 45. SEEDS Photo Marathon in Reykjavík

14/06 - 27/06

ARTS / ENVI / RENO

10 Volunteers

Age: 16+

WORK & STUDY/PROJECT: This is the fourth year that SEEDS organizes series of International Photo marathons in the Icelandic capital! Last years' were very successful and we want to continue organising this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp! The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon

SEEDS coordinators will have prepared few different topics on which the participants will base their entries to the competition; those topics will be mainly related to the work of SEEDS: Environment and intercultural understanding.

Participants need to take their own digital cameras and its main work will be done walking or cycling all around the city and taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition at one of the most visited galleries and venue for exhibits in the country!

Volunteers shall be prepared for walking/cycling, flexible time schedule (early morning photo sessions, night photographing). A session in the surroundings of Reykjavík will be organised as well.

Volunteers' additional work with the city of Reykjavík; will be focused on trying to keep the city and its public areas lively, attractive, interesting and charming for locals and guests. Tasks may involve painting to cover graffiti tags, tidying up public spaces and face-lifting the city.

Other activities might involve us in maintaining the volunteers base, such as painting, light carpentry and other general repairing tasks.

This work camp is a great mix of learning photography and practical skills.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavík is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic on almost all sides. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavík is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200.

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach.

Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 39. Alviðra - Environmental Education Centre (1)

15/06 - 29/06

ENVI / CONS

10 Volunteers

Age: 16+

WORK/PROJECT: This project gives SEEDS volunteers the opportunity to work and live in an old farm which has been transformed into an environmental-education centre, Alviðra.

School kids are invited to take part in educational projects during spring and autumn in this popular place. The house and the surroundings need maintenance work and we will take part in various tasks in order to fix, maintain and beautify the house and its surroundings.

We will paint and give the houses a facelift which have been worn down due to wind and rain. We will work with the wood collected in the area, both in a creative way and to chip it down for various usages. We will also do gardening work such as cutting grass in the fields, gathering it together and possibly planting trees.

We aim at starting a vegetable garden, so it has to be prepared, maintained and cared for. We will take care of the hen house which keeps the original species from the time of the settlers in Iceland. Other tasks we will possibly undertake during the camp are marking and making hiking trails, light maintenance inside or outside the house. We will have time to work in creative projects.

ACCOMMODATION: We will live in a beautiful typical Icelandic farmhouse and will sleep in the loft on mattresses with sleeping bags. Please bring your own sleeping bag.

The house has all facilities available. Food ingredients will be provided; we will share the duties of preparing and cooking meals. Do not forget some traditional food for the international evening.

LOCATION: We will stay in an old farmhouse, Alviðra, 1 hour drive from Reykjavik, the capital of Iceland. The house sits under Ingólfssjáll, The Mountain of Ingólfur, with a view to Eyjafjallajökull where the volcanic eruptions started in March and April.

The place is protected as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. Visitors can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found are spread around the area, which is a popular attraction among foreign and local visitors.

Wild blue- and crowberries grow on the land and the berry season is in late August/September. The house serves as an environmental-educational centre where students and other visitors can have a look at an extensive stone and stuffed animal collection.

The river Sogið is within walking distance which is a place of interest in itself regarding birdlife and fishing. The river is 19 km long and is the largest freshwater river in the country in terms of flow. The nearest town, Selfoss, is only 10 minutes-drive away with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

STUDY THEME: This workcamp has an educational/awareness-raising approach to environmental, nature-protection and sustainable development topics. The group is encouraged to organise and develop fun, interactive and educational activities within the project.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 100.

Volunteers applying for this project should have a motivation for working outdoors. We will take part and organize a Mid-summer night festival and be invited to listen to stories about the hidden people. SEEDS and our hosts will organise a one day excursion by car for the group of volunteers.

SEEDS 23. The Highlands of Iceland - The Famous Kjölur Road! (1)

18/06 - 02/07

CONS / ENVI / RENO

10 Volunteers

Age: 18+

WORK / PROJECT: SEEDS volunteers will be working on few different projects for the general preparation of the area before the summer: Cleaning the area after the winter, turfing and light maintenance of the houses. We will be fixing and making walking paths and making the area more accessible, putting up signs, rebuilding a natural pool and putting up safety fences. The work can be physically demanding, due to the harsh landscape, but also quite rewarding.

ACCOMMODATION: We will be hosted in a local mountain house with a kitchen; sleeping on mattresses on the floor; please bring your own sleeping bag. We will receive food ingredients and be in charge of the different cooking and cleaning activities. Please do not forget some traditional food from your home country for the international evening.

LOCATION: The Icelandic highlands, or "the interior", are a true pearl to all nature lovers and outdoor people. It is accessible all year round on 4WD cars and most Highland routes involve crossing un-bridged rivers.

If you really want to get away from it all, the interior of Iceland is like nothing you have ever experienced. The mountainous centre of the island, with its rocky deserts, craggy mountain peaks, ice caps, volcanoes, hidden valleys and hot springs, is an awesome and untouched wilderness. Lake Hvítárvatn on the Kjölur highland road glints icy-blue at the foot of the Langjökull glacier, and in the barren black sands of Sprengisandur the arctic river beauty blooms bright magenta.

The interior was long all but inaccessible. Outlaws hid out for years at a time in the highlands, rustling sheep and keeping away from law-abiding citizens, while folklore tells of both natural and supernatural beings who lay in wait for unwary highland travellers.

Travellers between north and south sometimes had to cross the highlands: for instance for the assembly of Alþingi (parliament) each summer, delegates had to ride from every corner of the country to Þingvellir in the southwest, journeys across the interior were never undertaken lightly; such travel was risky and lives were often lost. Today the interior is crossed by two mountain roads, via Kjölur and Sprengisandur, which are only open in summer, after the snow has thawed in spring.

We will be staying close to the glacier Hofsjökull and near to the rivers Hvítá and Þjórsá. The mountains in the area that reach up to 1500m were formed during a volcanic eruption in the later part of the ice age. The area is still dynamic and great geothermal activity takes place in the surroundings. The environment is very diverse, both in shape and colour. The mountains are very weathered and have very little continuous growth, as the forces of nature, like glaciers, water flow, ice bursts etc. have been fast working in these mountain highlands.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

STUDY THEME: This work camp has an educational/awareness-rising approach to environmental, nature-protection and sustainable development topics. Apart from the leader, we will have an environmental messenger, a person dedicated to organising and developing fun, interactive and educational activities within the project.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 150.

Remote places located in natural areas of extreme beauty. Place of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot. Volunteers applying for this project should be motivated to work in isolated locations in outdoor activities.

SEEDS 40. Vatnajökull National Park & Organic Iceland

18/06 - 02/07

ENVI / RENO / AGRI

8 Volunteers

Age: 18+

WORK/PROJECT: This project offers SEEDS volunteers a unique opportunity to work at the largest National Park in Europe, the Vatnajökull National Park and in the beautiful and attractive area of Laugarvatn.

SEEDS Iceland will continue the partnership with the Environmental agency of Iceland (Umhverfisstofnun) and the volunteers will support a research project on invasive species conducted by a team of scientist from the University of Iceland and the Soil Conservation Service of Iceland (Landgræðsla ríkisins). The Lupine plant (from Alaska) has been used in Iceland in order to control soil erosion and re-vegetate eroded areas; but in some places its spread is more than desirable and being a foreign specie endangers the native habitat in the National Park; the research project focuses on the use, management and control of invasive species in Iceland.

The work in Laugarvatn area will mainly consist of picking wild Icelandic plants, herbs and flowers. The plants will be used to make organic creams and skin products. Many of the plants have been used in Iceland for centuries and the volunteers will learn about them, where and when they can be picked, how they work and can be used for health and healing.

ACCOMMODATION: Volunteers will have two different types of accommodation. In the National park volunteers will sleep in tents provided the by the National Park service. If volunteers want, they can also bring their own tents. In Laugarvatn the volunteers will stay in a fully equipped local house with access to bathroom and kitchen.

Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

Please bring your own warm sleeping bag and your own sleeping mat. Volunteers must bring their own walking boots and waterproofs.

LOCATION: Part of the project will take place at the largest National Park in Europe, Vatnajökull N.P., stretching from the south coast to the north coast of the island; it is the largest protected wilderness in Europe. It covers around 15.000 km² (15% of the surface of Iceland), including all of Vatnajökull glacier, the former Skaftafell N.P., Jokulsargljufur N.P. and surrounding area. Due to the size of the Park it is established and operated under special law, it is an autonomous government agency that requires cooperation between nine municipalities.

The other part of the project will take place about 70 km from Reykjavik city, in the area of Laugarvatn, a small village with 169 inhabitants standing on the shore of the 2,14 km² lake with the same name. In the area are many hot springs and it is only in a short driving distance from Þingvellir, the old parliament, the powerful waterfall Gullfoss and the erupting hot pools at Geysir area. The area is known for good weather and quiet lifestyle and Icelanders do go there during their summer vacations for relaxing and enjoying the beautiful nature. In the area are many nice hiking trails for beginners and more advanced hikers.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF). SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS: Participation fee EUR 150,- (Euros).

Volunteers applying for this project should have a motivation for working outdoors. Unique combination of two different of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot.

SEEDS 35. Window into the Viking World

19/06 - 02/07

CONS / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: For the second year in a row, SEEDS volunteers will get an introduction and a chance to try to work like the Vikings used to! We will, among other things, be building old style turf- and stonewalls using ancient tools and methods. The project's objective is to reconstruct and keep in good shape old Viking traditional turf farmhouses.

The tasks are done using ancient tools and elements keeping the work with the same style and final details as the turf houses were originally constructed. The tools are reconstructed like the actual tools the Vikings used for similar work, since their methods still prove to be the best for this work. We will get guidance from professionals and experts, will be taught the techniques and the methods used in the old times. The concept uses Icelandic, natural local materials for the turf walls and roofs, as in the interior of the houses, using turf, soil, rocks and wood.

There is a strong aspect of learning during the working process and on the social importance of the work. We will receive practical lessons in turf cutting, turf-walling and in stone construction; which are the traditional Icelandic crafts, then to produce turf material and use these skills for the work on the turf, stone walls and other constructions.

We will work closely with one of few Icelandic specialists on turf constructions. Additional tasks depending on the needs might come up during the camp.

The work is very interesting and fun but also physically demanding.

ACCOMMODATION: We will be lodged in a house, sleeping on mattresses on the floor. Please bring your own sleeping bag. There will be an opportunity to sleep for at least some nights in the traditional Icelandic turf houses.

Volunteers will receive food and be in charge of the different cooking & cleaning activities. Please do not forget some traditional/typical food from your home country for the international evening.

LOCATION: We will stay in the south of Iceland, around 60 km from Reykjavík. The place consists of few typical traditional farmhouses in the South-Icelandic style. Very few similar farmhouses remain in the country and these ones we will be staying and working in, are the last in the district. A dedicated effort has been made to develop and conserve the place as the farmhouse tradition embodies an important element of Icelandic history and the Icelandic way of life over centuries.

The largest town in the district is Selfoss (pop. 6000). The workcamp site is located about 15 km from Selfoss. We will be able to explore and enjoy the south Icelandic lowland, which is made out of sand and rock sediments delivered by the river Þjórsá during the last centuries. The land is covered mostly by green grass and the closeness of the ocean can be felt in the air. The Southern district is known by its geothermal activity which helped to develop important greenhouse agriculture.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

STUDY THEME: This project has an educational approach to building with ancient tools and techniques. We will also receive information on the historical relevance of the project and its present usefulness.

TERMINAL: Closest International Airports: Keflavík /Reykjavík (KEF), the closest bus stop is in Selfoss.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

SPECIAL REMARKS / EXTRAS: Participation fee EUR 120,- (Euros). This project is ideal for those interested in green architecture, eco-culture, design and artistic work. We will have the opportunity to spend the weekend in the city of Reykjavík.

SEEDS 25. Reykjavík & Ísafjörður: Culture from Head to Toe of West Iceland

20/06 - 04/07

CULT / ARTS

8 Volunteers

Age range: 20-35

WORK/PROJECT: SEEDS volunteers will be part of two projects in West Iceland, first half in the "capital" of the Westfjords, Ísafjörður, and the second half in the capital of Iceland, Reykjavík.

The first week volunteers will work in the annual music festival "Við Djúpið". The festival is held in the West Fjords of Iceland around summer solstice and it offers series of concerts and master classes, which are held in close cooperation with the Iceland Academy of Arts. During the last 7 years the festival has offered master classes and concerts with nation- and worldwide known artists.

We will share all types of tasks related to the festival and the group will be split according to the needs to give everyone the chance to try out different assignments. The input of volunteers will make a big difference in making the festival an impressive cultural event. The tasks include receiving guests at the airport, driving them, selling entrance tickets, controlling at the entrances in the venues, helping during the classes and concerts, guiding and assisting participants and audience, setting up the venues before and after the concerts and a wide variety of many different duties. We are an integral part of creating a special festival atmosphere in Ísafjörður and shall be prepared for flexible time schedule (like for evenings & weekends).

In the second week, in Reykjavík, we will take part in variety of task, garden work in SEEDS volunteer centre, organize street campaigns around topics decided by the group, such an environment, peace, or any other relevant and interesting subject to the group.

ACCOMMODATION: Volunteers will stay at a local house/school; volunteers will sleep on mattresses on the floor and need to bring a warm sleeping bag. Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals.

Please do not forget some traditional food from your home country for the international evening.

LOCATIONS: Ísafjörður is surrounded by mountains that offer endless opportunities to enjoy nature and wilderness during all seasons. Despite its small population, the town has a rather urban, or one could say international, atmosphere. It is known throughout the country for its rich cultural life, with music and visual arts having long tradition and firm roots in the town's history.

In the West fjords one travels through the whole range of Icelandic flora from the shore and meadows, through birch and willow, to mossy moors. On a stroll amidst the driftwood on the shore one can see birds and seals and then an occasional arctic fox around the deserted farmsteads.

Reykjavík, the Icelandic capital, has been called Europe's hottest capital. Slick advertising campaigns have championed the city's famed nightlife. But there is more to Reykjavík than pubs and clubs. The world's northernmost capital bridges the Atlantic, between Europe and North America, is framed by the majestic Mt. Esja and the blue waters of Faxaflói Bay.

Visitors to Reykjavík experience easily the pure energy at the heart of Iceland's capital city - whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides. In the summer, you can sit by the harbour at midnight and watch the sun dip slightly below the horizon before it makes its way up again.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Closest bus station in town.

EXTRAS / SPECIAL REMARKS: Participation fee EUR160.

Transport from Ísafjörður to Reykjavík (one way) is included in the fee. SEEDS will provide volunteers with passes to access free of charge the Reykjavík city's seven geothermal swimming pools and thermal-water beach. Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 26. Landsmót - National Horse Festival (1)

21/06 - 05/07

FEST

14 Volunteers

Age: 20+

WORK/PROJECT: SEEDS Volunteers will work at the National Horse Show of Iceland, called Landsmót, this year the weeklong festival is held in the municipality of Skagafjörður, located in the northeast of Iceland. There will be 2 groups of SEEDS volunteers supporting the events and they will overlap in their work during the week of the festival.

This first group of volunteers working in Landsmót will spend their first week on preparing the festival area. Preparation includes putting up signs, marking camping places, car parks and walking paths, and putting up some service stations amongst other things involved in putting up such a festival. The second week will be a hectic and exciting week, the horse festival will be happening and there all of Iceland's best horses and riders gather to compete in various disciplines and breeding classes.

Our main task during this time will be assisting in the gates, selling tickets, preparing and selling the daily newsletter, being visible, overseeing and keeping the area clean. We will be working on shifts, sometimes during the day and sometimes during the evening. In between there will also be some time off to enjoy the festival, having time to watch some of the showings or competitions.

SEEDS volunteers will have the opportunity to meet some of Iceland's best-known riders and breeders, as to meet horse enthusiasts from various countries.

ACCOMMODATION: Accommodation during the festival will be in a nearby school, volunteers will sleep on mattresses on the floor. Bringing a warm sleeping bag is needed.

Volunteers will receive meals from the festival's canteen and/or receive ingredients and share together the cooking and cleaning. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The workcamp will take place in the municipality of Skagafjörður, in the north of Iceland, which offers a rich variety of places of interest. A quarter of area residents make their homes in the country, since Skagafjörður is one of Iceland's most prosperous agricultural regions, with widespread dairy and sheep farming in addition to the horse breeding for which the region is famed.

The Landsmót is an event like no other and the atmosphere is unique, with guests from all over the world sharing their common enthusiasm for the Icelandic horse. It was first held in the year 1950 at Thingvellir, in 2011 Landsmót will be held for the 19th time. The 2011 Landsmót will be held at the show grounds at Vindheimamelar. Horsemanship is born into the people of Skagafjörður region and many of Iceland's most famous horse-breeding farms are located there. Icelandic horse lovers from around the globe gather at the Landsmót.

We will have the opportunity to meet some of Iceland's best-known riders and breeders. You will also meet horse enthusiasts from various countries.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 140.

Remote places located in natural areas of extreme beauty. We will have access to concerts and will be able to attend some of the shows and competitions when we are not working.

The Skagafjörður area has great hiking possibilities and it is a paradise for nature and outdoors lovers, beautiful natural surroundings with countless opportunities to hike and discover it by foot.

SEEDS 27. Stykkishólmur in the Snæfellsnes peninsula (1)

21/06 - 05/07

ENVI

8 Vols.

Age: 16+

WORK/PROJECT: SEEDS volunteers will be working with the local community to reduce the spread of the Lupine plant, which has been used in Iceland in order to control soil erosion and re-vegetate eroded areas; but in some places its spread is more than desirable and being a foreign specie (originally from Alaska) hinders the native flora to grow and reproduce.

Furthermore we will assist in beautifying the town and surroundings by maintaining hiking paths, planting trees and taking care of green areas.

The town is very concerned about environmental issues and the marina was awarded the Blue Flag 2007, for the initiative of protecting and improving the quality of the marina. In 2008 all inhabitants were encouraged to recycle their garbage and it was the first community in Iceland to classify and recycle all normal garbage from the homes.

ACCOMMODATION: We will be hosted in a local school in sleeping bag accommodation. Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please bring your own sleeping bag and do not forget some traditional food from your home country for the international evening.

LOCATION: The town of Stykkishólmur is situated in the western part of Iceland, to the north of the Snæfellsnes peninsula. With its 1240 inhabitants, it is a centre of services and commerce for the area. Most of the people make their living from fishing and tourism. The distance to Reykjavik is about 180 km, and scheduled buses operate daily between the two places all year round.

The favourable position of the town was discovered rather early and in 1550 a trading post was founded at the site, becoming a centre for trade, transportation and services on Breiðafjörður

A great deal of effort has been put into preserving the town's old houses, and old buildings thus have a great influence on the appearance of downtown Stykkishólmur. The oldest building, the Norwegian House (Norska Húsið), is the Snæfellsnes Folk Museum. Many craftspeople live in Stykkishólmur, and a crafts market there is open in summer. The town's former library has been restored as a public hall and contains an installation by the American artist Roni Horn, situated at a place with one of the most beautiful views.

The landscape draws travellers there to experience the renowned diverse nature of the peninsula. Hiking trails between beaches offers great views to admire and the nearby mountains with routes for beginners and more experienced hikers can tempt every outdoor loving person

All general services can be found in Stykkishólmur, while famous historical places and natural monuments are within easy reach including interesting shark processing, in Bjarnahöfn, which has been popular with visitors.

The ferry Baldur makes regular journeys over Breiðafjörður. In summer, it sails twice a day between Stykkishólmur and Brjánslægur, with a stop in Flatey where travellers can spend some of the day in a peaceful village which has a long and noteworthy history.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF). Closest bus stop is in town. SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120,- (Euros).

SEEDS volunteers will have access to the town's geothermal swimming pool, as to the hot tubs with pure water that comes straight from the borehole. The water is famed for its healing powers. Several pleasant hiking options within the Stykkishólmur area: The nearby mountains of Helgafell, Drápuhlíðarfjall and Kerlingarfjall are also worth the hike and are easily accessible.

SEEDS 28. Revegetation in the south of Iceland

22/06 - 06/07

ENVI

12 Volunteers

Age: 16 +

WORK/PROJECT: Since 2007, SEEDS has been working with few other NGOs devoted to the revegetation of eroded soils in the south west part of Iceland. The aim of the project is to halt the downward spiral of erosion and to strengthen the ecosystems by enhancing its natural vegetation.

By using organic waste materials for fertilizing we aim for a double dividend. The soils, poor in plant nutrients, are enriched while the amount of materials in need for a waste treatment is substantially decreased. The south west is part of the volcanic belt of Iceland envisaged by vast lava fields and easily erodible volcanic soils. On top of that the area has suffered from overgrazing of sheep for a long time. Consequently the ecological condition is rather poor and some areas are stripped entirely of top soil.

Close to 70% of the total population lives in this part of Iceland with the capital Reykjavík and neighbouring municipalities making up the bulk of the population. Different kinds of organic waste materials are being generated in and from the urban environment, substantial quantities every year. In the long run stuff like horse manure, garden waste and the likes are the best revegetation means available. We work to make way for these materials as a revegetation medium.

In this project we combine professionalism with idealism. The results so far can already be seen at a number of sites in the area and since 2007 with an important contribution from SEEDS volunteers.

In 2011 SEEDS volunteers will basically perform three different types of work: a) Revegetation and erosion control, b) Monitoring the survival and growth of tree plantations of former years. c) Tree planting. Volunteers will likely be working hand-in-hand with Icelanders of similar age.

ACCOMMODATION: Volunteers will be lodged in a house with basic facilities in one of Reykjavík's neighbouring towns, Hafnarfjörður. We will sleep on mattresses and shall bring a sleeping bag.

Food ingredients will be provided, a kitchen will be available, we will share the duties of cooking and cleaning. Do not forget traditional food from your country for the international evening.

LOCATION: The work will take place in the vicinity of Reykjavík, and the groups will touch upon more than one project in more than just one place. The main emphasis will be on erosion control in an area on the banks of Kleifarvatn, the big lake of the Reykjanes peninsula.

The Reykjanes, peninsula at the south-western end of Iceland is located near the capital and most travellers to Iceland land in the area: As the Reykjanes coastline draws closer and the plane prepares to land at Keflavík Airport, the peninsula is marked by active volcanism under its surface, and large lava fields allow little vegetation. There are numerous hot springs and sulphur springs in the southern half of the peninsula, around the Kleifarvatn Lake and the Krýsuvík geothermal area where hot springs spewing water and mud dominate the landscape. The Peninsula is envied for its long & short hiking trails that zigzag through the region where colorful landscapes and their contrasts delight the visitor. Amazing ocean cliffs, (up to 70 m high) are nested by numerous bird species, often a wonderful spot for bird and whale watching.

There is also a geothermal power station at Svartsengi, where a pool has been installed using the hot and mineralized water coming down from the station; it is known as the "Blue Lagoon". The Leif the Lucky Bridge spans the Álfagjá rift valley (60 feet wide and 20 feet deep) near Grindavík that marks the boundary of the Eurasian and North American continental tectonic plates, named after Icelandic explorer Leif Eriksson who travelled from Europe to America 500 years before Columbus.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 140.

Excursions to the Blue Lagoon, South of Iceland and a weekend stay away from the project (likely to the largest National Park in Europe: Skaftafell/Vatnajökull National Park) will be organised.

SEEDS 29. Landsmót - National Horse Festival (2)

25/06 - 09/07

FEST

8 Volunteers

Age: 20+

WORK / PROJECT: SEEDS Volunteers will work at the National Horse Show of Iceland, called Landsmót, this year the weeklong festival is held in the municipality of Skagafjörður, located in the northeast of Iceland. There will be two groups of SEEDS volunteers supporting the events and they will overlap in their work during the week of the festival.

This second group of SEEDS volunteers in Landsmót will have a hectic and exciting first week, the horse festival will be happening and there all of Iceland's best horses and riders gather to compete in various disciplines and breeding classes.

Our main tasks during this time will be assisting in the gate, selling tickets, preparing and selling the daily newsletter, being visible, overseeing and keeping the area clean assisting in keeping the area clean. We will be working on shifts, sometimes during the day and sometimes during the evening. In between there will also be some time off to enjoy the festival, having time to watch some of the showings and competitions.

The second week we will spend clearing the area after the festival. We will be cleaning the area and taking down different areas from the festival, buildings, tents and markings. The goal is to leave the area as clean as possible, with as less damage as possible.

SEEDS volunteers will have the opportunity to meet some of Iceland's best-known riders and breeders, as to meet horse enthusiasts from various countries.

ACCOMMODATION: Accommodation during the festival will be in a nearby school, volunteers will sleep on mattresses on the floor. Bringing a warm sleeping bag is needed.

Volunteers will receive meals from the festivals canteen and/or receive ingredients and share together the cooking and cleaning. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: In the municipality of Skagafjörður, north of Iceland, which offers a rich variety of places of interest. A quarter of residents make their homes in the country, since Skagafjörður is one of Iceland's most prosperous agricultural regions, with widespread dairy and sheep farming in addition to the horse breeding for which the region is famed.

The Landsmót is an event like no other and the atmosphere is unique, with guests from all over the world sharing their common enthusiasm for the Icelandic horse. It was first held in the year 1950 at Thingvellir, in 2011 Landsmót will be held for the 19th time. The 2011 Landsmót will be held at the show grounds at Vindheimamelar. Horsemanship is born into the people of Skagafjörður region and many of Iceland's most famous horse-breeding farms are located there. Icelandic horse lovers from around the globe gather at the Landsmót.

We will have the opportunity to meet some of Iceland's best-known riders and breeders. You will also meet horse enthusiasts from various countries.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camp and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 140.

Remote places located in natural areas of extreme beauty. We will have access to concerts and will be able to attend some of the shows and competitions when we are not working.

The Skagafjörður area has great hiking possibilities and it is a paradise for nature and outdoors lovers, beautiful natural surroundings with countless opportunities to hike and discover it by foot.

SEEDS 41. Vatnajökull National Park & Reykjavik (1)

25/06 - 09/07

ENVI / RENO

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers in this project will have the unique opportunity to work at the largest National Park in Europe, the Vatnajökull National Park and in the capital city of Reykjavik.

SEEDS Iceland will continue building the partnership with the Environmental agency of Iceland (Umhverfisstofnun) and the volunteers will support a research project on invasive species conducted by a team of scientist from the University of Iceland and the Soil Conservation Service of Iceland (Landgræðsla ríkisins). The Lupine plant (from Alaska) has been used in Iceland in order to control soil erosion and re-vegetate eroded areas; but in some places its spread is more than desirable and being a foreign specie endangers the native habitat in the National Park; the research project focuses on the use, management and control of invasive species in Iceland.

The work in Reykjavik will be varied combining different tasks ensuring diversity in experiences for participating volunteers. The idea and tasks of the project is to keep Reykjavik and its public areas lively, attractive, interesting and charming for both the locals and the guests of the city. Volunteers' work will be focused on improvements and development of surroundings and environment all around Reykjavik. Tasks may involve house painting to cover graffiti tags, tidying up public spaces and face-lifting the city.

There may be one more assignment: Volunteers will be assisting in the SEEDS' housing and if needed working in the gardens of the houses. Be prepared for flexibility due to Iceland's changeable weather.

ACCOMMODATION: Volunteers will have two different types of accommodation. In the National park volunteers will sleep in tents provided the by the National Park service. If volunteers want, they can also bring their own tents. Please bring your own warm sleeping bag and your own sleeping mat. Volunteers must bring their own walking boots and waterproofs. In Reykjavik, they will stay in SEEDS volunteers centre, a fully equipped house; sleeping in shared rooms.

Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

LOCATION: Part of the project will take place at the largest National Park in Europe, Vatnajökull N.P., stretching from the south coast to the north coast of the island; it is the largest protected wilderness in Europe. It covers around 15.000 km² (15% of the surface of Iceland), including all of Vatnajökull glacier, the former Skaftafell N.P., Jökulsárgljúfur N.P. and surrounding area. Due to the size of the Park it is established and operated under special law, it is an autonomous government agency that requires cooperation between nine municipalities.

The other part of the project will take place in the city of Reykjavik, the capital of Iceland. Reykjavik gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene. The world's northernmost capital bridges the Atlantic, between Europe and North America. The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF). SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS: Participation fee EUR 150,- (Euros). Unique combination of locations: Isolated places of extreme beauty and the capital of Iceland!

SEEDS 46. Reykjavik International Photo Marathon

27/06 - 08/07

ARTS / ENVI / RENO

10 Volunteers

Age: 16+

WORK & STUDY/PROJECT: This is the fourth year that SEEDS organizes series of International Photo marathons in the Icelandic capital! Last years' were very successful and we want to continue organising this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp! The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon

SEEDS coordinators will have prepared few different topics on which the participants will base their entries to the competition; those topics will be mainly related to the work of SEEDS: Environment and intercultural understanding.

Participants need to take their own digital cameras and its main work will be done walking or cycling all around the city and taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition at one of the most visited galleries and venue for exhibits in the country!

Volunteers shall be prepared for walking/cycling, flexible time schedule (early morning photo sessions, night photographing). A session in the surroundings of Reykjavik will be organised as well.

Volunteers' additional work with the city of Reykjavik; will be focused on trying to keep the city and its public areas lively, attractive, interesting and charming for locals and guests. Tasks may involve painting to cover graffiti tags, tidying up public spaces and face-lifting the city.

Other activities might involve us in maintaining the volunteers base, such as painting, light carpentry and other general repairing tasks.

This work camp is a great mix of learning photography and practical skills.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic on almost all sides. In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200.

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach.

Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 30. Meet us - don't eat us (3)

28/06 - 12/07

ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with [IFAW](#) (International Fund for Animal Welfare). This mainly consists of distributing information, talking to people and having fun in Reykjavik!

The group will take turns wearing a whale costume and walk around downtown Reykjavik. One part of our project is also to let pedestrians try on the costume and take pictures. This project is fun loving, friendly and peaceful. We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss with the group and implement.

The purpose of this project is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat and do not intend to do so. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% were in favour of commercial whaling. This seems obscure, but explanations can be found in the nation's heritage.

In Iceland we have the saying 'Hvalreki' or 'Beached-Whale' meaning 'Jack-pot'. When a whale beached, the whole community had food for long time, and had indeed hit the jack-pot. Later Icelanders started whaling for the oil, that at one time was used for lighting street-lamps in cities such as Paris. This created work and foreign currency and improved life in the country at that time.

Iceland was also one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavik/Reykjavik (KEF). Closest bus station: Central Reykjavik bus station (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 140.

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach and we will have the opportunity to go on free whale watching trips. Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 56. Forest playground in the West fjords

03/07 - 16/07

ENVI / AGRI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will join the construction of a natural playground in the West fjords. The playground is being created in a forest and the work will be led by a landscape architect with great experience in this field, who has been working with SEEDS since 2009 in diverse projects around Iceland with great experiences for SEEDS volunteers!

The aim of the project is to develop a stimulating and playful area for children and families. Only natural local Icelandic materials will be used for the construction: Woods, rope, turf, rocks and stones are the primary building materials. Some of the tasks are to build turf and rock walls, challenging play structures of forest wood and ropes, making paths and planting woods.

We will build a stage, make a pond, create a place for campfires, make playground equipment etc. We will learn the crafts of the Viking days, using old day tools and techniques.

With these projects we want to establish platforms for recreational use of the local surroundings, as to increase the outdoor use and improve the healthy lifestyle of the inhabitants.

There is a strong aspect of learning during the process and of the social importance of the work. The project is initiated by a community group and sponsored by the municipality. The work brings together locals, young and grown-ups with SEEDS group for a cultural and learning exchange.

SEEDS Volunteers will receive lessons in turf cutting and turf-walling, which is a traditional Icelandic craft, then produce turf material and at one point build a turf wall. Ideas will be put forth and volunteers will have some say in how constructions will look like.

ACCOMMODATION: SEEDS volunteers will be hosted in a local school; sleeping on mattresses on the floor in shared rooms. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available; volunteers will share the different duties of cooking and cleaning. Please do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The work camp will take place in the West fjords at the north-western part of Iceland. The region accounts for 10% of the country's surface but only about 7200 people live there, so it is one of the least populated areas of Europe. The West fjords are very mountainous; the coastline is made by dozens of fjords surrounded by steep hills.

The region is bounded by Breiðafjörður in the south, with Gilsfjörður cutting into the land from the west and Bitrufjörður from the east, the two almost severing the ragged peninsula from the main mass of Iceland. In the Westfjords you will be able to explore the whole range of Icelandic flora from the shore and meadows, through birch to mossy moors. On the shore, one can see birds and seals and then an occasional arctic fox around the sheep.

Fishing is traditionally the main industry in the region but tourism started to be more and more important as local and foreign visitors are discovering this region in rising numbers.

Hiking in this beautiful area is very impressive and an inspection of the coastline by walking or kayaking is an inspiring option. Landline phone connection is available, and the place provides a full variety of opportunities for volunteers and visitors.

LANGUAGE: English will be the official language in the camp, high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 140.

SEEDS and the locals will organise excursions and free time activities in the area for the volunteers!

SEEDS 48. Nature & Culture in the South of Iceland

03/07 - 17/07

ENVI / CONS

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working on environmental and nature oriented tasks in this project, based on an Icelandic farm in the South of Iceland. Our tasks will mainly be focused on improving the environment in and around the whole area.

There is an old wave-iron barn that needs to be cleaned and painted; we will be clearing some trees and planting new ones, and tearing down old fences among other things.

We will have the opportunity to live and work with an Icelandic family and also participating in the diverse tasks that they are involved in, in their daily lives. This is a unique opportunity to get to know and to experience firsthand how a family in the countryside lives. The farm is big, with sheep, cows and horses, have their own produce and we will have the opportunity to learn about that.

The working plan will be very flexible and it will depend on the needs of our hosts, the advance of the diverse projects in the area and of course on the weather conditions.

We will help to preserve the local environment and explore the surroundings enjoying our free time.

ACCOMMODATION: We will be hosted in a farmhouse, sleeping on mattresses on the floor.

Please bring your own sleeping bag. The house is a fully equipped home, with access to a kitchen, bathroom and a washing machine. We will share the different duties of cooking and cleaning.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The work camp is in the beautiful south lowlands of Iceland. We will be able to explore and enjoy the south Icelandic lowland, which is made out of sand and rock sediments delivered by the river Þjórsá during the last centuries. The land is covered mostly by green grass and the closeness of the ocean can be felt in the air. The Southern district is known by its geothermal activity which helped to develop important greenhouse agriculture.

The south of Iceland is one of the most popular destinations for travellers as the landscape offers diverse and breathtaking nature. Rivers and waterfalls, mountains, glaciers and long beach's form a contrast and offer a wide range of experiences. The project takes place in an active Icelandic farm in south Iceland.

In this area you will find some of Iceland's most beautiful places, like Þórsmörk, Tindfjöll, Eyjafjallajökull, Skógarfoss, Seljalandsfoss (a waterfall you can walk behind) and Paradísarhellir (Paradise Cave) in addition to finding unique natural and geological heritage sites and relics of a centuries-old forest.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160.

Volunteers need to be motivated to work outdoors and be willing to take part in all the diverse projects connected with the work camp.

SEEDS and/or our hosting partner will organise free time activities in the area for the volunteers. This might include horse-back riding, fishing, sight-seeing for a small price, hiking etc.

Place of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot.

SEEDS 49. Selárdalur in the Western fjords - Samúel Jónsson

04/07 - 17/07

RENO / FEST

8 Vols.

Age: 18+

WORK/PROJECT: SEEDS Volunteers will be working for the third year on this particular project at the artworks of Samúel Jónsson, an Icelandic artist, who lived at Selárdalur. We will be working on restoring an old church. We will be working hand in hand with a well know sculpture artist; who has dedicated several years to this project.

The restoration work will both be carpentry work, concrete wall building and more light maintenance work inside the church, like oiling the wood, etc.

There is a small festival in the area when we are there and we will be assisting in setting up the festival, assisting during the happenings and taking it down.

SEEDS volunteers will continue supporting the project, as the buildings have been rapidly decaying after the artist's death.

ACCOMMODATION: We will be hosted in a local house, in sleeping bag accommodation with mattresses on the floor. Please bring you own sleeping bag.

Food ingredients will be provided and a kitchen will be available, volunteers will share the different duties of cooking and cleaning. Please do not forget some traditional/typical food from your home country for the international evening.

LOCATION: This work camp is on the west side of Arnarfjörður, located in the Icelandic Western Fjords, which are too often missed by visitors due to its distance (real and perceived) from Route 1, the circle road, and from other population centers. The West Fjords are a mass of fjords, mountains and isolated villages on spits of lands surrounded by water and mountains. The area includes its own glacier, the magnificent, remote Hornstrandir and Europe's westernmost point at Látrabjarg, where millions of birds nest, a must for bird watchers.

The artist who lived there was not able to really practise his art until he retired from his job and then he began building palaces and sculptures. He started adding to his home and then he built a museum for all his artwork, sculptures as well as paintings with carved frames which he made during the winter. Samúel built a grotesque but charming resemblance to the lion's fountain in the Alhambra-palace in Granada, Spain, and many sculptures showing seals and other animals as well as figures from Icelandic history like Leif the lucky who found America.

Iceland's most famous hermit Gísli Gíslason lived in this area. He lived alone on a farm named Uppsaliir, almost without any communication with other people. He was famous for living in total harmony with nature, not having to use any money or modern facilities such as electricity, machines or vehicles. Now there are plans to make a museum out of his former home.

The distance from Reykjavik is about 500 km (7-8 hours drive) by the Whale Bay tunnel; it is perhaps one of Iceland's most remote areas and a very peaceful and beautiful place to enjoy.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 140,- (Euros).

Place of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot. SEEDS and/or our hosting partner will organise free time activities in the area for the volunteers. This might include sightseeing, hiking, swimming, etc.

SEEDS 33. Stykkishólmur in the Snæfellsnes peninsula (2)

05/07 - 19/07

ENVI

8 Vols.

Age: 16+

WORK/PROJECT: SEEDS volunteers will be working with the local community to reduce the spread of the Lupine plant, which has been used in Iceland in order to control soil erosion and re-vegetate eroded areas; but in some places its spread is more than desirable and being a foreign specie (originally from Alaska) hinders the native flora to grow and reproduce.

Furthermore we will assist in beautifying the town and surroundings by maintaining hiking paths, planting trees and taking care of green areas.

The town is very concerned about environmental issues and the marina was awarded the Blue Flag 2007, for the initiative of protecting and improving the quality of the marina. In 2008 all inhabitants were encouraged to recycle their garbage and it was the first community in Iceland to classify and recycle all normal garbage from the homes.

ACCOMMODATION: We will be hosted in a local school in sleeping bag accommodation. Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please bring your own sleeping bag and do not forget some traditional food from your home country for the international evening.

LOCATION: The town of Stykkishólmur is situated in the western part of Iceland, to the north of the Snæfellsnes peninsula. With its 1240 inhabitants, it is a centre of services and commerce for the area. Most of the people make their living from fishing and tourism. The distance to Reykjavik is about 180 km, and scheduled buses operate daily between the two places all year round.

The favourable position of the town was discovered rather early and in 1550 a trading post was founded at the site, becoming a centre for trade, transportation and services on Breiðafjörður

A great deal of effort has been put into preserving the town's old houses, and old buildings thus have a great influence on the appearance of downtown Stykkishólmur. The oldest building, the Norwegian House (Norska Húsið), is the Snæfellsnes Folk Museum. Many craftspeople live in Stykkishólmur, and a crafts market there is open in summer. The town's former library has been restored as a public hall and contains an installation by the American artist Roni Horn, situated at a place with one of the most beautiful views.

The landscape draws travellers there to experience the renowned diverse nature of the peninsula. Hiking trails between beaches offers great views to admire and the nearby mountains with routes for beginners and more experienced hikers can tempt every outdoor loving person

All general services can be found in Stykkishólmur, while famous historical places and natural monuments are within easy reach including interesting shark processing, in Bjarnahöfn, which has been popular with visitors.

The ferry Baldur makes regular journeys over Breiðafjörður. In summer, it sails twice a day between Stykkishólmur and Brjánslægur, with a stop in Flatey where travellers can spend some of the day in a peaceful village which has a long and noteworthy history.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF). Closest bus stop is in town. SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120,- (Euros).

SEEDS volunteers will have access to the town's geothermal swimming pool, as to the hot tubs with pure water that comes straight from the borehole. The water is famed for its healing powers. Several pleasant hiking options within the Stykkishólmur area: The nearby mountains of Helgafell, Drápuhlíðarfjall and Kerlingarfjall are also worth the hike and are easily accessible.

SEEDS 34. Flying Testicles & Nature in the South West

05/07 - 19/07

FEST / ENVI / RENO

8 Volunteers

Age: 20+

WORK/PROJECT: SEEDS volunteers in this project will have the unique opportunity to work in two very different locations in the country at opposite locations, the first week in Neskaupstaður one of the largest towns in the Eastern fjords of Iceland and the second with a local host in the South West of the country.

During the first part of the camp, we will work in the annual Icelandic metal music festival: Eistnaflug (e. Flying Testicles), held in Neskaupsstaður. We will be working on different tasks around the Metal festival Eistnaflug; preparing the area, working on the festival and cleaning the area afterwards. The main task will be guarding the area of the festival, both during the concerts and in the camping area. The festival itself is held for three days, but both before and after the festival we will be in the area to manage the logistics of the events.

The second week we will be working with a local host in the South West to reduce the spread of the Lupine plant, which has been used in Iceland in order to control soil erosion and re-vegetate eroded areas; but in some places its spread is more than desirable and being a foreign specie (originally from Alaska) hinders the native flora to grow and reproduce. We will also be making some walking paths and building a bridge, mowing some grass and some light paint jobs.

ACCOMMODATION: During the festival we will stay in tents in the camping site of the festival. Volunteers are encouraged to bring their own tents if they have them available; please bring a sleeping bag and sleeping mat. We will receive food and be in charge of the different cooking and cleaning activities.

The second week we will stay in a house with basic facilities; in a sleeping bag accommodation. There we will have access to an out-door hot tub. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Eistnaflug is a music festival held annually for the last six years in the Eastern fjords and it has become a celebration for musicians from Iceland and abroad. In 2010 there were over 90 bands playing, the music spans from easy rock to heavy metal. The festival has been a peaceful one without any hazards, the motto is: Rock festival held in brotherhood and friendship.

In the eastern fjords visitors enjoy remarkable mountain scenery with mountains in almost every direction, majestic peaks, mysterious ravines and deep valleys. It is said that a visit is a mountain therapy because, some believe that they are good for body and soul, can be inspiring and give unexplained energy. Hikers will find challenges that suite them and enjoy the wonderful scenery and the mountains are the oldest part of Iceland. The geology is unique and very interesting to explore. Most of them are formed by layers of lava that have piled up through the millenniums.

In the South West we will be surrounded by beautiful landscapes, fjords and valleys and majestic mountains. There we might even meet a big and mean troll-woman; however chances are that she has been turned into stone by the sunlight.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ). Domestic airport: Egilsstaðir Airport.

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160.

Transport between the projects (about 800 Km. around Iceland) is included in the fee. Volunteers need to be motivated for physically demanding work outdoors.

SEEDS 42. Vatnajökull National Park & Reykjavik (2)

09/07 - 23/07

ENVI / RENO

10 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers in this project will have the unique opportunity to work at the largest National Park in Europe, the Vatnajökull National Park and in the capital city of Reykjavik.

SEEDS Iceland will continue building the partnership with the Environmental agency of Iceland (Umhverfisstofnun) and the volunteers will support a research project on invasive species conducted by a team of scientist from the University of Iceland and the Soil Conservation Service of Iceland (Landgræðsla ríkisins). The Lupine plant (from Alaska) has been used in Iceland in order to control soil erosion and re-vegetate eroded areas; but in some places its spread is more than desirable and being a foreign specie endangers the native habitat in the National Park; the research project focuses on the use, management and control of invasive species in Iceland.

The work in Reykjavik will be varied combining different tasks ensuring diversity in experiences for participating volunteers. The idea and tasks of the project is to keep Reykjavik and its public areas lively, attractive, interesting and charming for both the locals and the guests of the city. Volunteers' work will be focused on improvements and development of surroundings and environment all around Reykjavik. Tasks may involve house painting to cover graffiti tags, tidying up public spaces and face-lifting the city.

There may be one more assignment: Volunteers will be assisting in the SEEDS' housing and if needed working in the gardens of the houses. Be prepared for flexibility due to Iceland's changeable weather.

ACCOMMODATION: Volunteers will have two different types of accommodation. In the National park volunteers will sleep in tents provided the by the National Park service. If volunteers want, they can also bring their own tents. Please bring your own warm sleeping bag and your own sleeping mat. Volunteers must bring their own walking boots and waterproofs. In Reykjavik, they will stay in SEEDS volunteers centre, a fully equipped house; sleeping in shared rooms.

Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

LOCATION: Part of the project will take place at the largest National Park in Europe, Vatnajökull N.P., stretching from the south coast to the north coast of the island; it is the largest protected wilderness in Europe. It covers around 15.000 km² (15% of the surface of Iceland), including all of Vatnajökull glacier, the former Skaftafell N.P., Jökulsárgljúfur N.P. and surrounding area. Due to the size of the Park it is established and operated under special law, it is an autonomous government agency that requires cooperation between nine municipalities.

The other part of the project will take place in the city of Reykjavik, the capital of Iceland. Reykjavik gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene. The world's northernmost capital bridges the Atlantic, between Europe and North America. The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF). SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS: Participation fee EUR 150,- (Euros). Unique combination of locations: Isolated places of extreme beauty and the capital of Iceland!

SEEDS 36. Adventure in Trolls' land

11/07 - 22/07

ENVI / RENO

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will work in a remote turf-farm which has been used as a hut for travellers and hikers. The farm was inhabited until 1965 and for some years it was maintained and looked for. Since the year 1981 the farm has been poorly kept and needs substantial care as it has become a very popular place to stay for hikers in this isolated area in the North of the country.

We will assist in maintaining this old farm house and the main tasks will include turfing both the house and the surroundings and do some general gardening work. We will do some paint work and assist with its preparation.

Furthermore the house needs to be isolated so mice will not have access to it and we might also help with light smith work such as fixing chairs and tables. We will help to clean the area and undertake other general environmental tasks.

The working plan will be very flexible and it will depend on the needs of our local host, how the project develops and of course on the weather conditions while we help to preserve the local environment. Last but not least we will explore the surrounding of the location and enjoy free time activities arranged in cooperation with the local host such as trips to the near by swimming pool.

ACCOMMODATION: Sleeping arrangements will vary, we might spend part of the time in tents and where cooking facilities will be arranged. We might also be hosted in a local community house in sleeping bag accommodation. We might also sleep on the location, in the old farm house. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available. The group will be responsible for cooking and cleaning activities and please do not forget some traditional food from your home country for the international evening.

About 30 minutes from the project there is a swimming pool and the host will take us there when possible.

LOCATION: The old farm is located in the remote Barkárdalur which is a side valley of Hörgárdalur. From there are walking routes to the heart of Tröllaskagi ("Trolls' Headland" – between Eyjafjörður and Skagafjörður), a mountainous peninsula, where most of the mountains rise above 1000 meters and the highest one is over 1500 meters. The area is not a continuous highland, but has deep valleys which glaciers have dug with their enormous power in the last Ice Age. The area is renowned as one of Iceland's most spectacular areas for outdoor activity. Hikers can find suitable walking routes at any time of year, while mountaineers can scale peaks of all shapes and sizes

The project is located the county Eyjafjarðarsýsla, in the North of the country. The surface is 3.930 km and includes the island Grimsey. The district consists of 6 municipalities, Akureyri with 17.490 inhabitants and Dalvík with 1.454 inhabitants are the largest towns. Akureyri is the largest town after the capital area, and it attracts both Icelanders and foreigners to its lively cultural scenery, fantastic out-door and recreational areas and yet safe and calm town atmosphere.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180.

Volunteers should have a motivation for working outdoors and staying in a very remote place. Volunteers will spend part of the time in tents and and cook in basic kitchen facilities. SEEDS and/or our host will organize some free time activities such as trips to the swimming pool.

SEEDS 44. Reykjavik - Green & Fun!

11/07 - 25/07

ENVI / AGRI

8 Volunteers

Age: 18+

WORK/PROJECT: The project takes place in a centre for disabled people in Reykjavik where they are habilitated to work in protected places or in the private sector. The aim of the centre is not only to increase the people's competences in the working market by focusing on quality of work, but also creates space for them to develop and use their artistic skills in a workshop. The centre meets the needs of each individual, and create environment that suits people with different disabilities.

As the centre closes during the summer, SEEDS volunteers will work on the garden and greenhouse where vegetables and summer flowers are grown. Our main tasks will be clearing the garden of wheat, harvesting vegetables, seeding and working in the greenhouse. All the vegetables are organically grown.

We will have a great chance to learn about growing and taking care of different types of vegetables out- and indoors.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country and even games to play for the international evening.

LOCATION: Reykjavik is believed to be the location of the first permanent settlement in Iceland, which Ingólfur Arnarson is said to have established around 870. Until the 18th century, there was no urban development in the city location. The city was founded in 1786 as an official trading town and grew steadily over the next decades, as it transformed into a regional and later national centre of commerce, population and governmental activities.

Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

In July the sun never sets and you can enjoy 24 hours sunlight. It is spectacular to be able to sit outside at midnight and read a book. In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 150.

Volunteers should have a motivation for working outdoors. SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach.

Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 47. International Summer Photo Marathon

11/07 - 22/07

ARTS / ENVI / RENO

16 Volunteers

Age: 16+

WORK & STUDY/PROJECT: This is the fourth year that SEEDS organizes series of International Photo marathons in the Icelandic capital! Last years' were very successful and we want to continue organising this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp! The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon

SEEDS coordinators will have prepared few different topics on which the participants will base their entries to the competition; those topics will be mainly related to the work of SEEDS: Environment and intercultural understanding.

Participants need to take their own digital cameras and its main work will be done walking or cycling all around the city and taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition at one of the most visited galleries and venue for exhibits in the country!

Volunteers shall be prepared for walking/cycling, flexible time schedule (early morning photo sessions, night photographing). A session in the surroundings of Reykjavik will be organised as well.

Volunteers' additional work with the city of Reykjavik; will be focused on trying to keep the city and its public areas lively, attractive, interesting and charming for locals and guests. Tasks may involve painting to cover graffiti tags, tidying up public spaces and face-lifting the city.

Other activities might involve us in maintaining the volunteers base, such as painting, light carpentry and other general repairing tasks.

This work camp is a great mix of learning photography and practical skills.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic on almost all sides. In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200.

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach.

Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 37. Meet us - don't eat us (4)

12/07 - 26/07

ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with [IFAW](#) (International Fund for Animal Welfare). This mainly consists of distributing information, talking to people and having fun in Reykjavik!

The group will take turns wearing a whale costume and walk around downtown Reykjavik. One part of our project is also to let pedestrians try on the costume and take pictures. This project is fun loving, friendly and peaceful. We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss with the group and implement.

The purpose of this project is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat and do not intend to do so. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% were in favour of commercial whaling. This seems obscure, but explanations can be found in the nation's heritage.

In Iceland we have the saying 'Hvalreki' or 'Beached-Whale' meaning 'Jack-pot'. When a whale beached, the whole community had food for long time, and had indeed hit the jack-pot. Later Icelanders started whaling for the oil, that at one time was used for lighting street-lamps in cities such as Paris. This created work and foreign currency and improved life in the country at that time.

Iceland was also one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavik/Reykjavik (KEF). Closest bus station: Central Reykjavik bus station (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160.

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach and we will have the opportunity to go on free whale watching trips. Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 73. Rey Cup - Football Festival for kids

13/07 - 26/07

FEST / SPORT

12 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be part of the team organising Rey Cup, an International football festival for kids in 4th and 5th grade. The festival is 5 days long and will be organised in Reykjavík, between July 20 and 24. The festival has been growing every year since it was first held in 2001 and this year it will include international teams from Finland, Canada and Faroe Islands and referees from Germany, Denmark and Switzerland.

Rey Cup is a great adventure in the eyes of the young taking part, participants and volunteers take home precious memories about the days and nights they spent in Laugardalur and the neighbourhood. We will team up with the local Icelandic volunteers, young people interested in outdoor activities and sport, the parents of the participants and others. This festival is run mainly by volunteers and the support SEEDS is giving to the event is well appreciated.

We will share all types of tasks related to the festival and the group will be split according to the needs and to give everyone the chance to try out different assignments. We might be working during the weekends, but free days will be given accordingly to the working days. Volunteers are an integral part of creating an international atmosphere in Reykjavík. The input of us the volunteers will make a big difference in making the festival an impressive multicultural event.

Before starting the festival we might be helping with preparing the area for the festival, cleaning, painting and doing light maintenance work. During the festival we will be keeping the football fields clean, helping with closing the fields in the evenings, helping with preparing breakfast for the teams, help with the clearance of the area after the tournament and a wide variety of many different duties before, during and after the festival. We will have great change to mix with the locals and get to know Icelandic culture.

ACCOMMODATION: We will be lodged in a local house or school in Reykjavík. We will sleep on mattresses, so please bring your own sleeping bag. Food will be provided and cooking, cleaning or common tasks will be shared fairly among the participants.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavík is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

July is the month of white night, when the sunsets are late, sunrises are early and darkness is never complete. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavík is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

LANGUAGE: English will be the language in the camp, and good conversational skill are required.

TERMINAL: Closest International Airport: Keflavík (Reykjavík), KEF.

SPECIAL REMARKS / EXTRAS: Participation fee EUR 140,-.

We will have free passes to the biggest geothermal outdoor pool in Reykjavík during the project. We will be invited to the final barbeque party in the in the Reykjavík Zoo.

Tours and excursions will be organised for the group of volunteers at discount fares.

SEEDS 53. Nordic Sailing, Coastal & Cultural festival

13/07 - 27/07

FEST / CULT

20 Volunteers

Age: 20 +

WORK/PROJECT: SEEDS volunteers will be working on a coastal cultural festival in the North of Iceland. All in all the festivities will last for nine days, with seminars, lectures, courses and exhibits. Furthermore there will be markets every day with food and handicrafts; music, dance and plays. We will be a part of the diverse preparations and assisting during the festival.

Our project will involve putting up exhibitions related to the sailing and coastal culture in the area, greeting incoming ships and putting up the exhibitions that they carry. We will be building a boat shelter in a historical way and some of the work will involve a few nightshifts watching the exhibition area on the pier.

We will also be assisting the guest with information regarding the festival and the area and some of us might take shifts in the festival-info office. A festival needs many hands to do many different things, and we need to be very flexible and willing to jump into the diverse task that our hosts might need assistance with.

ACCOMMODATION: We will be hosted in a local school, sleeping on mattresses on the floor. Please bring your own sleeping bag.

Food ingredients will be provided and a nice kitchen will be available. We will share the duties of cooking and cleaning. Sometimes during this period, we might get food from the festival's canteen.

Please do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The project will take place in the North of Iceland in one of the largest towns in the area. The town used to bustle with life around the fishermen, but now most of the bustle is due to the whale-watching industry. Some say this is the best place in Iceland to see whales.

The town church was built 1907 and is by many regarded as the most beautiful church in the country. As in most populated places in Iceland there is a nice geothermal swimming pool in town, and many nice hiking opportunities.

One of the oldest cared for birch forest in the country is in the area with the tallest and straightest birch trees in Iceland. The forest was bought and protected in 1905 and the work has been continuous ever since.

Close by we will find the largest continuous woodland in Iceland, reaching from Háls at the western part of Ljósavatnsskarð and south to Belgsá, and it is spreading. In the valley flows Fnjóská, regarded by many as the most beautiful fishing river in Iceland. There are many marked hiking routes in the area and museums of nature, culture and trees.

We will be close to many of the most beautiful places in Iceland, like Myatn, Dimmuborgir, Goðafoss and Ásbyrgi -a huge horseshoe shaped cliff face, reputedly a hoof print made by the Norse god Odin's eight-legged horse.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Closest Domestic Airport: Akureyri (AEY), closest bus stations in Akureyri or Húsavík.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180.

Volunteers applying for this project should be motivated to work with people in outdoor activities and be prepared for a flexible time schedule.

SEEDS 81. Viking Festival & Fire in Húnaþingi

19/07 - 30/07

FEST / CULT / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: The project will take part in two different locations. The first, we will be engaged in two cultural festivals; a youth arts festival called Eldur í Húnaþingi and a Viking festival devoted to one of the heroes of the Icelandic sagas, Grettir the strong!

We will be involved in preparing, participating and then taking down the festivals. The area will be prepared to fit the festival, Vikings tents will be set up and a wooden playground for kids built. Areas for bow shooting and tests of strength will be arranged. We will also help around with games for the children, competitions and courses related to the Viking culture. After the festival we will help to deconstruct the Viking tents and get the area in its former shape.

Eldur í Húnaþingi is a Youth arts festival organised since 2003 that became a venue for Youth to let their light shine. It is organized by local youngsters with the help of many people in the county and Iceland. We will be helping in the preparations for an outdoor concert, doing light cleaning and maintenance work. We assist on the family-day – i.e. face painting and other fun activities.

Apart from taking part in both festivals, we will get to know the place and the history of the area and we can participate in the various courses and seminars held by the hosts during our free time.

The second part of the project we will work at the new SEEDS volunteers' base in the outskirts of Reykjavík. We will be assisting and giving contributions to its future development.

We will help with taking care of the garden in the volunteers centre, painting the house and if weather allows, planting trees, working on a vegetable garden and tending the lot. We will have flexibility and freedom to plan and make our own schedule with the leader and according to the needs of the house. Furthermore we will have space and time to plan workshops and introduce new skills to the rest of the group. Independency and enthusiasm to work outdoors is an asset.

ACCOMMODATION: We will stay in a local school with mattresses on the floor, with access to living room area, kitchen and bathrooms. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available, we will share the duties of preparing and cooking meals. Facilities to wash your clothes are in the area. Please do not forget some traditional food from your home country for the international evening.

LOCATION: The first part of the project is located in the North West of the country, on the foot of the Western Fjords peninsula, where one of the most famous Icelandic sagas took place. This area is rich in history, here the Viking battled for power and justice. Today it is a more peaceful place, with few farms, small towns and villages, rich on beautiful basalt cliffs and hot springs.

Hvammstangi is the largest town in the area; its main economic activities are fisheries, a variety of services for the surrounding area while tourism is blooming.

Part of the project will take place in the outskirts of Reykjavík, in the hills of Mountain of Wolves. The location is far enough from the city to be able to enjoy the quality of the country life, pure air, nature and tranquillity, but close enough to be able to visit the capital during the project.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180.

Free access to the local geothermal pool in Hvammstangi, unique opportunity to get in touch with one of the greatest Icelandic sagas, Grettissaga, through work and play.

SEEDS 43. Njálsbrennuhátíð - Viking festival

19/07 - 02/08

FEST / ENVI

12 Volunteers

Age: 18+

WORK / PROJECT: SEEDS Volunteers will have the unique opportunity to work in the Southwest of Iceland on a big festival surrounding the 1000 year anniversary of the famous incidents that make up the Icelandic Saga of Burnt Njál.

We will assist in various tasks preparing for the festival, building the stage, scenes and props, making Viking weapons and sewing costumes. We will also be working on the environment and taking part in preparing and making a facility for competing in Viking-era competitions and games.

A big part of our role there will be taking part in re-enactment of the Saga of Burnt Njál. This will include taking part in the games and competitions and re-enacting the big famous last fight scene leading to the burning of Njál and his family.

"The tale centres on the life of Njáll Þorgeirsson and his family, who are casually ensnared in a minor issue that somehow escalates into a frightful, fifty-year blood feud. Bound by their own personalities, fate and sense of honour, nobody is able to stop the bloodshed, which ends only after the original characters – and many of their descendants – have been killed.

There is far more to Njál's saga than it's violence, and the tale paints a vivid picture of Iceland that was, in some ways, an idyllic time: the power of the Alþingi at Þingvellir at its peak, Christianity was overpowering paganism, and the country's settlers lived by their own efforts on farming and freebooting." (*The Rough Guide to Iceland, 2004*)

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the different cooking and cleaning activities. Equipped kitchen with a beautiful dining room and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Most of the festivities will take place in the town of Hvolsvöllur; located in the Southwest of Iceland in the broad open mouth of the Markarfljót valley, along which the intricately tangled shallow rivers flows westward out from the Mýrdalsjökull and Eyjafjallajökull caps.

This is the area of one of Iceland's most beloved Sagas and only 20 km coastward off the highway and across the flat, waterlogged countryside you will find Berþórshvoll, where Njál's homestead sat a thousand years ago. In this area you will find some of Iceland's most beautiful places, like Þórsmörk, Tindfjöll, Eyjafjallajökull, Skógarfoss, Seljalandsfoss (a waterfall you can walk behind) and Paradisarhellir (Paradise Cave) in addition to finding unique natural and geological heritage sites and relics of a centuries-old forest.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and back again, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee is EUR 160.

Due to the historical relation, volunteers are recommended to read the Saga of Burnt Njál; which might make the camp a lot more interesting. Volunteers need to be motivated to work outdoors and be willing to take part in all the diverse projects connected with the work camp.

SEEDS and/or our hosting partner will organise free time activities in the area for the volunteers.

SEEDS 50. Meet us - don't eat us (5)

26/07 - 09/08

ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with [IFAW](#) (International Fund for Animal Welfare). This mainly consists of distributing information, talking to people and having fun in Reykjavik!

The group will take turns wearing a whale costume and walk around downtown Reykjavik. One part of our project is also to let pedestrians try on the costume and take pictures. This project is fun loving, friendly and peaceful. We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss with the group and implement.

The purpose of this project is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat and do not intend to do so. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% were in favour of commercial whaling. This seems obscure, but explanations can be found in the nation's heritage.

In Iceland we have the saying 'Hvalreki' or 'Beached-Whale' meaning 'Jack-pot'. When a whale beached, the whole community had food for long time, and had indeed hit the jack-pot. Later Icelanders started whaling for the oil, that at one time was used for lighting street-lamps in cities such as Paris. This created work and foreign currency and improved life in the country at that time.

Iceland was also one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavik/Reykjavik (KEF). Closest bus station: Central Reykjavik bus station (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160.

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach and we will have the opportunity to go on free whale watching trips. Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 51. Photo Marathon & Gay Pride!

26/07 - 08/08

ARTS / ENVI / RENO

16 Volunteers

Age: 16+

WORK & STUDY/PROJECT: This is the fourth year that SEEDS organizes series of International Photo marathons in the Icelandic capital! Last years' were very successful and we want to continue organising this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp! The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon

SEEDS coordinators will prepare different topics on which the participants will base their entries; those topics will be mostly related to SEEDS work: Environment and intercultural understanding.

Participants need to take their own digital cameras and its main work will be done walking or cycling all around the city and taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition at one of the most visited galleries and venue for exhibits in the country!

Volunteers shall be prepared for walking/cycling, flexible time schedule (early morning photo sessions, night photographing). A session in the surroundings of Reykjavík will be organised as well.

Volunteers' additional work with the city of Reykjavík; will be focused on trying to keep the city and its public areas lively, attractive, interesting and charming for locals and guests. Tasks may involve painting to cover graffiti tags, tidying up public spaces and face-lifting the city.

From August 4 to 7 will be the so called Hinsegin dagar (Other kind of Days) in Reykjavík, a three day fair in relation to the Reykjavík Gay Pride. Many events and happiness colour the city during these days. We will work with the organizers, especially during the parade day, which is one of the largest events in Iceland. We will assist in making the balloon snake (which consists of hundreds of balloons in the colours of the rainbow), putting up the stages and clearance of the area. We will also assist in the walk itself, which is the highlight of the day.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavík is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

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The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavík is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200. Everyone is welcome to apply!

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach.

Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 52. Renovation in Pristine Isolation

28/07 - 11/08

RENO / ENVI

8 Vols.

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working in a cultural and historical heritage project, assisting in renovating an old church. This project will include carpentry work, building fences around the old church, maintaining the area around the church and old priests' house.

We might also, if time and weather allows, be assisting in some surfacing work, changing the corrugated iron on a barn.

This project is very ambitious and all former work has been done with the uttermost respect for the past. This is a great opportunity to stay in a remote, historical location doing meaningful work with this small community in the Icelandic Western fjords.

ACCOMMODATION: We will be hosted in the old Priest's house, in sleeping bag accommodation with mattresses on the floor. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available, volunteers will share the different duties of cooking and cleaning. Please do not forget some traditional/typical food from your home country for the international evening.

LOCATION: This work camp is located in the Icelandic Western Fjords, which are too often missed by visitors due to its distance (real and perceived) from Route 1, the circle road, and from other population centres. The West Fjords are a mass of fjords, mountains and isolated villages on spits of lands surrounded by water and mountains.

The area includes its own glacier, waterfall, the magnificent, remote Hornstrandir and Europe's westernmost point of land at Látrabjarg, in about one hour drive, you will find this gigantic, sheer cliff facing the North Atlantic Ocean. There, millions of birds nest in the cliffs among them puffins, arctic tern, guillemots and other types of birds making Látrabjarg a must for bird watchers.

Close to the site you will find ruins from one of the first settlers and the area is surrounded by mountains and sea with beautiful sand beaches that offer endless opportunities to enjoy nature and wilderness during all seasons.

The vicinity offers a variety of interesting places to explore; hiking and mountain climbing are popular. The sheer beauty of the region attracts many people and tourism has started to play an increasing role recently. The distance from Reykjavik is about 5 hours drive by the Whale Bay tunnel.

It is perhaps one of Iceland's most remote areas. In the West fjords one travels through the whole range of Icelandic flora from the shore and meadows, through birch and willow, to mossy moors. On a stroll amidst the driftwood on the shore one can see birds and seals and then an occasional arctic fox around the deserted farmsteads.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF). Closest bus stop is in town.

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180,- (Euros).

Place of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot.

SEEDS and/or our hosting partner will organise free time activities in the area for the volunteers. This might include sightseeing, hiking, swimming,, natural hot tub on the beach, sailing and visiting the island of Flatey with the Ferry.

SEEDS 82. Cycling the circle - The Icelandic Biking ! (1:2)

02/08 - 14/08

SPORTS / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS started in 2010 developing volunteer projects with Bikeability, an NGO promoting cycling and healthy lifestyles, with the preparation phase of a large cycling project, "Cycle the circle".

We will cycle between different municipalities and meet with locals, cyclists, youth centres, organisations and other interested people to discuss the issues of cycling, healthy and sustainable lifestyle. We would like to have gatherings with the locals where we can exchange and share with them, our presentations can be in the form of theatre, using audiovisual resources, rounds tables, etc. It will mostly depend on the availability of a venue and our own creativity.

During the visits we aim at getting in touch with the locals, share with them, discussing about cycling as an alternative to transportation, recreation and sustainable lifestyle.

We will stay two nights in each municipality as that will give us reasonable time to meet the locals, have our meeting(s) and plan the future project with each partner.

Participants do not have to be experienced cyclists; the cycling requires reasonable physical condition but each trip is meant to be a leisure activity in a nice environment.

Promoting sports activities, healthy and sustainable lifestyles to Icelanders and others is the main target of the project; to encourage them to use the bicycle as a mean of transportation and a daily part of their lives. Apart from promoting public health through outdoors activities, this will gather people of all ages in a fun and educating experience.

In some of the locations we may volunteer in specific projects identified by our local partners.

ACCOMMODATION: We will travel between five to six different towns during the project; the accommodation will depend on each municipality's facilities. It may be sleeping bag accommodation or sometimes we may sleep outdoors in tents at the local camp site.

Please bring your own sleeping bag. Food ingredients will be provided and a kitchen will be available, we will share the duties of preparing and cooking meals

LOCATION: This project is unique as we will have the chance to visit different municipalities so it is a great opportunity for us to travel and see different parts of the country. Each town of the country has its own charm, speciality and history.

The first & last night we will stay in Reykjavik, a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

STUDY THEME: This workcamp has an educational/awareness-rising approach, promoting outdoors, sports activities, healthy and sustainable lifestyles.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180.

Volunteers should be motivated to work with people in matters related to cycling and outdoor activities. SEEDS can provide bicycles but we encourage those who can bring their own to do so.

We are looking for volunteers with passion & commitment, with gifts of all kinds –creativity, positivity, endless energy, humour, logistics, or general helpfulness. The more diverse a group we are, the more we can accomplish, the stronger our message, and the more we learn from each other.

Although being an experienced cyclist is not required, an ideal participant would be familiar with riding on regular basis. The weather in Iceland can be very changeable and windy, so participants should be prepared for a physical challenge.

SEEDS 54. Eyrarbakki - Stepping back in time

02/08 - 16/08

CULT / FEST

8 Volunteers

Age: 18+

WORK/PROJECT: For the second year SEEDS volunteers have the opportunity to work in cultural and environmental related tasks in Eyrarbakki, a village in the South of Iceland which is very rich in culture and history. We will work together with the locals preparing the village for and running the festival Aldamótahátíð (Turn of the century festival) which is held 13th - 15th of August. We will help preparing the town for hosting hundreds of visitors by painting houses and fences, maintaining and beautifying the harbour area and assisting in various tasks in the public areas of the village.

During the events we will work in various places such as museums, the church, open country market, the old cars exhibition and the coffee house. Some of us will wear old-style Icelandic costumes and participate in a welcoming team by the entrance of the festival. This creates a welcoming and ceremonial atmosphere with an international tone.

We will join and perform with the street theatre and prepare events during the festival. Volunteers with artistic skills or just enthusiasm to perform are welcome to develop their ideas and the local hosts will try to include them in the schedule.

Our host will assist us organising an international evening where locals will be invited to try, taste and learn about food and traditions from our home countries.

As many events and happenings will be going on at the same time during the festival, we may work in teams in different stations at each time. We are encouraged to use the opportunity to explore and learn about the Icelandic culture and history.

ACCOMMODATION: We will live in a local townhouse in the village, partly taking care of cooking for the group and partly receiving meals from the community. Please bring your own sleeping bag. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The project takes place in Eyrarbakki, a small village in South Iceland. The town played an important role in trading; the towns' prime time was from middle of the 18th century to the early 19th century. During that time the town life flourished and expanded around the houses of the Danish trading area. The population grew fast and at its peak, the inhabitants were around 1000 at 1920, but decreased to 530 - 550 during the last decades.

The historical importance of the town is directly linked to the port, which was an entrance to the country in international trade, churches and bishops in the country had their goods and material for building delivered through Eyrarbakki from abroad. In the mid 18th century Danish merchants were permitted to live in Iceland all year which led them to start building and importing houses and settle down in the town.

The town is renowned for its charming old houses and one of oldest house of Iceland, from 1765 is located in the town. Other old houses are there and locals have put effort and energy in maintaining and renovating them, so the town holds more to its original outlook.

Few kilometres out of town is Flói Nature Reserve, a paradise for wetland birds, with a marked circular hiking trail through the marshes.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160. Artistic volunteers are encouraged to join! We will have free access to a nearby geothermal swimming pool and we will organise horse-back riding or kayaking for SEEDS volunteers.

SEEDS 55. Forestry in the North-east of Iceland

03/08 - 17/08

ENVI

8 Volunteers

Age: 18 +

WORK/PROJECT: SEEDS volunteers will be working in forestry in two beautiful locations in the North and Northeast of Iceland, which are a part of the largest continuous woodland in the country. One week the work will focus mostly on forest work, clipping and thinning. The forests are growing in size every year, and to keep them healthy and able to grow, the trees need some ("tender, love & care") thinning to make room for each tree to grow bigger.

The other week we will be making and maintaining walking paths. These forests are very popular and therefore the walking paths need constant maintenance to keep up with the traffic of hikers that come here every year. We will be responsible for cutting some hedge and do some light maintenance of the forestry house, like painting.

ACCOMMODATION: We will be hosted in a nice house in the forest. The house is owned by the Forestry Association and is used for those working in the forest. We will be sleeping on mattresses on the floor. Please bring your own sleeping bag.

Food ingredients will be provided and a nice kitchen, dining- and living room will be available. We will share the duties of cooking and cleaning.

Please do not forget some traditional food from your home country for the international evening.

LOCATION: The project will take place in the North/Northeast of Iceland in two forests. Forests cover very little area in Iceland and there is a great interest expanding the ones we have, reforesting those that have been eroded and planting new ones where appropriate. Growing a forest creates change. That is why it is important that the new forest agrees with the landscape and does not compromise environmental or cultural monuments.

One of the forest where we will be working is the oldest cared for birch forest in the country with the tallest and straightest birch trees in Iceland. The forest was bought and protected in 1905 and the work has been continuous ever since. SEEDS volunteers will be a part of this great work!

The area is in the largest continuous woodland in Iceland, reaching from Háls at the western part of Ljósavatnsskarð and south to Belgsá, and it is spreading. In the valley flows Fnjóská, regarded by many as the most beautiful fishing river in Iceland. There are many marked hiking routes in the area and museums of nature, culture and trees.

These forests are a very popular destination, with large camping sites, and many people choose to have their vacations there.

The forests are close to many of the most beautiful places in Iceland, like Mýatn, Dimmuborgir, Goðafoss, Ásbyrgi – a huge horseshoe shaped cliff face, reputedly a hoof print made by the Norse god Odin's eight-legged horse - and Húsavík, Iceland's premier whale-watching venue.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Closest Domestic Airport: Akureyri (AEY), closest bus stations in Akureyri or Húsavík.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180.

Volunteers applying for this project should be motivated to work with people in outdoor activities.

The work will be physical and might be demanding, but always rewarding. We shall be prepared for walking and a flexible time schedule.

SEEDS 83. Reykjavik - Support in the centre

04/08 - 18/08

ENVI / SOCIAL

8 Volunteers

Age: 18 +

WORK/PROJECT: 2011 is the second year that SEEDS volunteers get the opportunity to use and develop different skills in this interesting combination of an environmental and social project.

It takes place in an old charming house in the centre of Reykjavik which serves as a day-centre for mentally challenged people.

Around the house is a beautiful garden which we will take care of by mowing the grass, collecting dead plants and scrubs, planting new ones, taking care of the flower garden, etc. The house itself also needs some maintenance inside, painting, cleaning and general maintenance. We will also help with cooking lunch for the guests and the group itself.

Part of the project is also to activate the guests of the house, involve them in gardening, art workshop, take them to art exhibitions, home-page making or in other activities they might be interested in. We are expected to interact with the guests of the house; in discussions and with encouragement to participate in different tasks and activities. There is a piano in the living room, a library and volunteers with musical skills are welcome to play with and for the people in the house.

The guests come there to get support, counselling and to spend the day in company of others, some of them are in a difficult state in their life and often nowhere else to go. Their state has led some of them into isolation and has made many of them incapable of seeing their own skills, qualities and possibilities in life.

The centre aims to look into the personal possibilities (rather than focusing on the disabilities) to work towards rehabilitation and engagement in society again. The centre has no tolerance for alcohol or drug use in-house. On average there are 50-70 people who visit the centre every day.

ACCOMMODATION: We will live in the house of the project, located right in the heart of Reykjavik. Volunteers have access to the living room and other facilities such as a computer room, billiard table, small library and art work shop.

Please bring your own sleeping bag. SEEDS volunteers will receive all meals in the house and share their responsibilities of cooking and cleaning. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

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LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 150.

Volunteers applying for this project should have a motivation for doing manual work as well as working with mentally challenged people.

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach. We will offer some free time activities for the volunteers. Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 77. Viking course & Challenge Playground

07/08 - 20/08

CONS / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will join the construction of a natural obstacle course and a challenge playground in the West of Iceland. The playground is being created and the work will be led by a landscape architect with great experience in this field, who has been working with SEEDS since 2009 in diverse projects around Iceland with great experiences for SEEDS volunteers!

The aim of the project is to develop a stimulating and playful area for children and families. Only natural local Icelandic materials will be used for the construction: Woods, rope, turf, rocks and stones are the primary building materials. Some of the tasks are to build turf and rock walls, challenging play structures of forest wood and ropes, making paths and planting woods.

The site is a youth activity centre owned and run by the Icelandic Sports Federation; the obstacle and training course will be used for the people staying at the centre and for visitors. Some of the main elements to built/jobs for SEEDS volunteers are a climbing wall; low rope obstacles, traditional playground elements, a shelter and landscaping.

We will learn the crafts of the Viking days, using old day tools and techniques. We will learn to do rope and wood work and traditional Icelandic rock and turf walling.

With these projects we want to establish platforms for recreational/sports use of the local surroundings, as to increase the outdoor use and improve the healthy lifestyle of the inhabitants.

SEEDS Volunteers will receive lessons in turf cutting and turf-walling, which is a traditional Icelandic craft, then produce turf material and at one point build a turf wall. Ideas will be put forth and volunteers will have some say in how constructions will look like.

ACCOMMODATION: SEEDS volunteers will stay in the youth centre, a fully equipped house; sleeping in shared rooms. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

LOCATION: The project will take place in the country side in the West of Iceland; in the district of Dalabyggð ('Valley district'); which is one of the smaller districts in Iceland and one of the most sparsely populated. Agriculture, especially cattle rearing has long been the occupation of the people here. Búðardalur is the largest town in the area.

The valleys of Dalabyggð have much to offer anyone enjoying the great outdoors, with varied landscapes, many walking paths and places of historical interest. Fishing, horse riding and historical walks through Laugar are among the attractions travellers are invited to enjoy in Dalasýsla.

Few parts of Iceland are as rich in history as Dalabyggd, where records go back virtually unbroken to the Settlement in the 9th and 10th centuries. On the 24th July 2000, a replica of a Viking ship, Islendingur (Icelander), set sail from Budardalur harbour en route for Greenland and America, retracing the first Viking voyages to North America.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS: Participation fee EUR 180,- (Euros).

Volunteers applying for this project should have a motivation for working outdoors. Organised excursions and free time activities for the volunteers! Free access to the local swimming pool.

SEEDS 78. Icelandic Herbs & Mountain of Wolfs

08/08 - 22/08

CONS / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers in this project will have the unique opportunity to work at two beautiful locations in Iceland experiencing different tasks and projects.

First week we will work at the new SEEDS volunteers' base located in the outskirts of Reykjavik. We will be assisting and giving contributions to the future development of SEEDS volunteering activities. We will help with taking care of the garden in the volunteers centre, painting the house if needed and if weather allows, planting trees, preparing a vegetable garden and tending the lot.

During the first week we will have flexibility and freedom to plan and make our own schedule with the leader and according to the needs of the house. Furthermore we will have space and time to plan workshops and introduce new skills to the rest of the group. Independency and enthusiasm to work outdoors is an asset.

The second week, we will spend in the amazing area of Laugarvatn, about one hour drive from Reykjavik. The work in Laugarvatn area will mainly consist of picking Icelandic plants, herbs and flowers. The plants are used to make organic creams and skin products. Many of the plants have been used in Iceland for centuries and the volunteers will learn about them, where and when they can be picked, how they work and can be used for health and healing.

The project will offer SEEDS volunteers some free time activities such as hiking, barbeque, sight-seeing or a trip to the thermal pool in Laugarvatn.

This project combines diverse tasks in two very different locations, ensuring diversity and various experiences for participating volunteers.

ACCOMMODATION: SEEDS volunteers will have two different types of accommodation. In the first week, we will stay in SEEDS volunteers centre, a fully equipped house; sleeping in shared rooms.

In Laugarvatn area the volunteers will stay in a fully equipped local house with access to bathroom and kitchen. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

LOCATION: Part of the project will take place in the outskirts of Reykjavik, in the hills of Mountain of Wolfs. The location is far enough from the city to be able to enjoy the quality of the country life, pure air, nature and tranquillity, but close enough to be able to visit the capital once or twice during the project.

The other part of the project will take place about 70 km from Reykjavik city, in the area of Laugarvatn, a small village with 170 inhabitants standing on the shore of the 2,14 km² lake with the same name. In the area are many hot springs and it is only in a short distance from the old parliament Þingvellir, the powerful waterfall Gullfoss and the erupting hot pools at Geysir area. The area is known for good weather and quiet lifestyle and Icelanders go there during their summer vacations for relaxing and enjoying the beautiful nature. In the area are many nice hiking trails for beginners and more advanced hikers.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF). SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS: Participation fee EUR 180,- (Euros). Volunteers applying for this project should have a motivation for working outdoors.

Great combination of two different places & projects in Iceland.

SEEDS 58. Meet us - don't eat us (6)

09/08 - 23/08

ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will take part in a whale-awareness and protection project run in cooperation with [IFAW](#) (International Fund for Animal Welfare). This mainly consists of distributing information, talking to people and having fun in Reykjavik!

The group will take turns wearing a whale costume and walk around downtown Reykjavik. One part of our project is also to let pedestrians try on the costume and take pictures. This project is fun loving, friendly and peaceful. We encourage each volunteer to come prepared with some ideas of awareness rising for this project, to discuss with the group and implement.

The purpose of this project is to raise awareness among tourists (and locals) that by tasting whale meat in Icelandic restaurants they encourage whaling. The truth is that most Icelanders have never tasted whale meat and do not intend to do so. In a survey made by Gallup in 2007, 86% of those asked had not purchased whale meat in the last 12 months; however 67% were in favour of commercial whaling. This seems obscure, but explanations can be found in the nation's heritage.

In Iceland we have the saying 'Hvalreki' or 'Beached-Whale' meaning 'Jack-pot'. When a whale beached, the whole community had food for long time, and had indeed hit the jack-pot. Later Icelanders started whaling for the oil, that at one time was used for lighting street-lamps in cities such as Paris. This created work and foreign currency and improved life in the country at that time.

Iceland was also one of the first countries in the world to ban commercial whaling. We can help Iceland to make a positive decision again, by educating the growing number of people who eat up to 40% of the whale meat consumed in the country, but at the same time say they are against whaling.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

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The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavik/Reykjavik (KEF). Closest bus station: Central Reykjavik bus station (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160.

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach and we will have the opportunity to go on free whale watching trips. Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 60. Unique West fjords

10/08 - 21/08

ENVI / AGRI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will take part, for the second year in a row, in a very successful environmental project in the Icelandic western fjords. We will mainly be working on one main task, simple outdoors work, collecting berries.

The locals there are collecting berries to make their own home made jam and berry juice. We might get the chance to learn how to make the jam and juice. Part of the work may take place on the island of Æðey.

We will also be doing some general cleaning and tidying up of the area, which has become a very popular hiking place for nature lovers and hikers that want to enjoy the isolated and amazing nature of this area of the West fjords.

Our hosts run a mountain hut where hikers can stay overnight and sometimes food is prepared for the visitors; volunteers may be assisting in diverse tasks connected to the mountain hut when needed.

ACCOMMODATION: We will be hosted in a local community centre, sleeping on mattresses on the floor. Please bring your own sleeping bag.

The house is a fully equipped home, with access to a kitchen, bathroom and a washing machine. We will share the different duties of cooking and cleaning. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The West Fjords is one of the most breathtakingly beautiful places in Iceland, with its high mountains of extreme beauty and dramatic fjords cutting deep into the landscape.

The area has a mythological aura and the landscape draws people into the world of elves, trolls and other supernatural creatures. Here we have stories of monsters and ghosts and of the local peoples ways of dealing with them, showing the strength and resourcefulness of the once inhabiting the land.

The driftwood has always been one of the people's main valuables and it has been used for building houses, boats and heating up accommodation for centuries. The numerous hiking ways in the area attract many visitors during the summertime to enjoy the beautiful landscape.

Perhaps one of Iceland's most remote areas, it is a sheltered bay in a remote region, largely untouched by modern developments where silence reigns and nature continues to shape a rugged, mountainous landscape. You can hardly get further away from the bustle of the towns to enjoy life in the beautiful and peaceful landscapes of this remote area.

This is among the least frequented parts of the country. The roads up there are only open during the few months of the short summer; it is one of the remotest corners of Europe, where the coastline is covered with vast expanses of driftwood that originated on the other side of the Arctic Ocean, in Russian Siberia; the region is stunningly beautiful to really experience Iceland's wildness.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF). Domestic Airport: Ísafjörður (IFJ).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camp and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180.

Extreme beautiful natural surroundings with countless opportunities to hike and discover by foot.

Volunteers applying for this project should be motivated for working outdoors and getting to know ways of living in rural areas in Iceland.

SEEDS 59. Photo Marathon & Culture Night in Reykjavík

11/08 - 22/08

ARTS / ENVI / RENO

16 Volunteers

Age: 16+

WORK & STUDY/PROJECT: This is the fourth year that SEEDS organizes series of International Photo marathons in the Icelandic capital! Last years' were very successful and we want to continue organising this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp! The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon

SEEDS coordinators will prepare different topics on which the participants will base their entries; those topics will be mostly related to SEEDS work: Environment and intercultural understanding.

Participants need to take their own digital cameras and its main work will be done walking or cycling all around the city and taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition at one of the most visited galleries and venue for exhibits in the country!

Volunteers shall be prepared for walking/cycling, flexible time schedule (early morning photo sessions, night photographing). A session in the surroundings of Reykjavík will be organised as well.

Volunteers' additional work with the city of Reykjavík; will be focused on trying to keep the city and its public areas lively, attractive, interesting and charming for locals and guests. Tasks may involve painting to cover graffiti tags, tidying up public spaces and face-lifting the city.

SEEDS volunteers will be able to join partly the happenings of Menningarnótt (The Culture Night) on August 20. Menningarnótt is a yearly event held and SEEDS has been engaged since 2006. It was created by the Reykjavík city council, and has now become the largest festival in Iceland, rivalling the celebration of Iceland's national day on June 17th.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavík is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic on almost all sides. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavík is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200. Everyone is welcome to apply!

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach.

Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 84. Cycling the circle - The Icelandic Biking ! (2:2)

13/08 - 25/08

SPORTS / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS started in 2010 developing volunteer projects with Bikeability, an NGO promoting cycling and healthy lifestyles, with the preparation phase of a large cycling project, "Cycle the circle".

We will cycle between different municipalities and meet with locals, cyclists, youth centres, organisations and other interested people to discuss the issues of cycling, healthy and sustainable lifestyle. We would like to have gatherings with the locals where we can exchange and share with them, our presentations can be in the form of theatre, using audiovisual resources, rounds tables, etc. It will mostly depend on the availability of a venue and our own creativity.

During the visits we aim at getting in touch with the locals, share with them, discussing about cycling as an alternative to transportation, recreation and sustainable lifestyle.

We will stay two nights in each municipality as that will give us reasonable time to meet the locals, have our meeting(s) and plan the future project with each partner.

Participants do not have to be experienced cyclists; the cycling requires reasonable physical condition but each trip is meant to be a leisure activity in a nice environment.

Promoting sports activities, healthy and sustainable lifestyles to Icelanders and others is the main target of the project; to encourage them to use the bicycle as a mean of transportation and a daily part of their lives. Apart from promoting public health through outdoors activities, this will gather people of all ages in a fun and educating experience.

In some of the locations we may volunteer in specific projects identified by our local partners.

ACCOMMODATION: We will travel between five to six different towns during the project; the accommodation will depend on each municipality's facilities. It may be sleeping bag accommodation or sometimes we may sleep outdoors in tents at the local camp site.

Please bring your own sleeping bag. Food ingredients will be provided and a kitchen will be available, we will share the duties of preparing and cooking meals

LOCATION: This project is unique as we will have the chance to visit different municipalities so it is a great opportunity for us to travel and see different parts of the country. Each town of the country has its own charm, speciality and history.

The first & last night we will stay in Reykjavik, a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

STUDY THEME: This workcamp has an educational/awareness-rising approach, promoting outdoors, sports activities, healthy and sustainable lifestyles.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180.

Volunteers should be motivated to work with people in matters related to cycling and outdoor activities. SEEDS can provide bicycles but we encourage those who can bring their own to do so.

We are looking for volunteers with passion & commitment, with gifts of all kinds –creativity, positivity, endless energy, humour, logistics, or general helpfulness. The more diverse a group we are, the more we can accomplish, the stronger our message, and the more we learn from each other.

Although being an experienced cyclist is not required, an ideal participant would be familiar with riding on regular basis. The weather in Iceland can be very changeable and windy, so participants should be prepared for a physical challenge.

SEEDS 85. Nature & Fun in the South

16/08 - 28/08

ENVI / CONS

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working in an organic farm in the south of Iceland. The project's goal is to establish a platform for the farm to come closer to their goal of running a sustainable farm with environmental and sustainable tourism.

The farmers need assistance in various things around the farm, so our schedule might be different from day to day. Our projects will include tearing down old fences and making some new ones, cleaning out a stable, picking and drying herbs and planting trees. Other projects might be to clean the surroundings do some light painting work.

The working plan will be very flexible and it will depend on the needs of our local hosts, the advance of the diverse projects and of course on the weather conditions. We will help to preserve the local environment and get practical experience on the farm life and farm work. Our host is an animal masseuse and a healer and she wants to teach us her trade and let us tend to the animals.

ACCOMMODATION: We will stay in a house located on the farm; sleeping on mattresses on the floor. Please bring your own sleeping bag. We will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available. Please do not forget some traditional food from your home country for the international evening.

LOCATION: The South of Iceland is unique and that part of the country receives by far the greatest numbers of foreign visitors. There everything that makes Iceland interesting to visit can be found the year around. Here history follows you at every footstep, both ancient and recent. There are creative art, culture and flourishing trade and endless possibilities to enjoy the outdoor life in all seasons. Above all there is the awesome and rugged nature from the mountains to the sea.

The small town Hvalsöllum, the nearest town to the farm, is one of the few Icelandic inland located towns. It started developing in the thirties, when most of the streams and rivers in the Southwestern Lowlands had been bridged. The inhabitants base their livelihood mainly on services rendered to the agricultural surroundings, the meat processing for the domestic market and tourism. The town is situated in one of the most important Saga regions of the country; with some of the main stages of the renowned Brennu-Njals Saga, which is the longest and most celebrated of the Icelandic Sagas. Though its events are set in the tenth and early eleventh centuries, the Saga itself was not written until towards the end of the thirteenth century by an anonymous Icelandic storyteller. The Saga takes place in Southern Iceland mainly at Rangárvellir, where we will be staying.

The farm is one of three in Iceland that has received an organic certification for their cow farming. There also horses and breeding of Icelandic sheep dogs. The family is running a Peace centre, which aims at having goods and services that promote protection of nature and humans. They have been developing work ethic education and try to integrate that into their everyday live.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

STUDY THEME: This workcamp has an educational/awareness-raising approach to environmental awareness, nature-protection and sustainable development topics.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSI).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180.

Free time activities will be arranged for SEEDS volunteers. Elf-stories from the area, animal massage and healing will be thought to volunteers.

SEEDS 62. Island of Viðey & Culture night in Reykjavík

17/08 - 31/08

ENVI/AGRI/FES

8 Volunteers

Age: 18+

WORK/PROJECT: The city of Reykjavík will be our host again in this project and SEEDS volunteers will have the opportunity to work at the island of Viðey for the 5th year in a row! On Viðey we will work on environmental and nature related issues, such as harvesting of vegetables and crops grown in the island; support the organisation of the festival and market around the last weekend of August.

Depending on the advance of the project, we may have other possible tasks as maintenance and marking of hiking paths or bicycle trails, work on common and green recreational areas, gardening and painting works, cleaning of the coastline, etc. We will also help with preparing the island for the autumn/winter season by taking care of the bicycles, tools and furniture and store them inside.

We will also be able to join partly the happenings of Menningarnótt (The Culture Night) on August 20. Menningarnótt is a yearly event held and SEEDS has been engaged since 2006. It was created by the Reykjavík city council, and has now become the largest festival in Iceland, rivalling the celebration of Iceland's national day on June 17th. During Culture Night a carnival atmosphere reigns. The festival consists of a main stage in the centre and many smaller events spread over the city. The highlight is an outside concert by 3-4 of the most popular musicians in Iceland followed by a glamorous fireworks show.

ACCOMMODATION: Volunteers will be lodged in a local house at Viðey island, sleeping on mattresses on the floor. Bringing a sleeping bag is needed. Volunteers will receive food ingredients and be in charge of the different cooking and cleaning activities. Equipped kitchen and washing machine are available. Please do not forget some traditional food from your home country for the international evening.

LOCATION: Viðey or "Wood Island" is the largest island (1,7 km²) in the Kollafjord Bay. It is covered by many species of plants and at least 30 species of breeding birds have been counted here.

The island was inhabited already in the 10th century, in the 12th a church was built and in 1225 a monastery was established. The local house, which is still open to tourists, was built in 1755 and is the first construction made of stone and cement in the country. In the beginning of the 20th century the island was inhabited by over one hundred fishermen, merchants and farmers but the last inhabitant left it in 1943. The island is unpopulated now but several people work there in a 'homey' café and lively cultural house. Both are hosting visitors in the daily hours. The city is successfully trying to change Viðey into a place known by its cultural and environmental attractions.

There is a regular boat connection between the island and the harbour of Reykjavík. It takes just about 10 minutes and is only a few hundred metres away from the city. This makes Viðey so special, it is a peaceful place, very close to the busy city life of the capital.

There are hiking and cycling paths around the island and there is no motor traffic allowed. It also inhabits intriguing sculptural art work, amongst them all nine pairs of basalt pillars that comprise Richard's Serra's work Áfangar and Yoko Ono's "Imagine peace" column, a tower of light, which is supported by the widow of John Lennon. <http://imaginepeace.com/news/imagine-peace-tower>.

Other places of interest on Viðey are related to archaeological research, the village. At the eastern end of the island is the site of the abandoned fishing village and Viðeyjarnaust, at the southwest of the island, it is a memorial to the twenty men who lost their lives when the cutter Ingvar sank off Viðey in 1906. Dramatic formations of columnar basalt may be seen on the shore.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160. Whale watching, puffin boat excursions and free time activities in the area will be organised free of charge for SEEDS volunteers. Volunteers will also have free rides in the boat/ferry to the city of Reykjavík during their free time.

SEEDS 61. The fjord of the Eagles - Arnarfjörður

18/08 - 01/09

ENVI / AGRI

10 Volunteers

Age: 18+

WORK/PROJECT: SEEDS Volunteers will be working on few different projects, mainly collecting wild berries and gathering the ingredients as Icelanders used to cater themselves some decades ago when the country and this region in particular were very isolated and transport of "foreign" goods and products was almost non-existent.

Our local host and few groups of SEEDS volunteers have been counting, registering and following up the growth of the local flora. We will continue counting and registering information regarding the plants and trees that grow in the area.

Other tasks might include maintaining hiking trails and pathways in the area of Langibotn and putting up signs and descriptive information charts for the trails.

We might also take part in a media project which may include photography and filmmaking.

ACCOMMODATION: We will be hosted in a local house in Bíldudalur; bringing sleeping bag is necessary. Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of cooking and cleaning activities.

Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

LOCATION: Perhaps one of Iceland's most remote areas, the Fjord of the Eagles, Arnarfjörður, is located in the West fjords at 65° north of the Equator, close to the northern most part of the country and in the area is the western-most point of Iceland and Europe, Látrabjarg.

The distance from Reykjavik is 475 km (7 hours drive) by the Whale Bay tunnel.

Bíldudalur, is a small sea-side village, built on the slopes between mountain and sea, on a spectacular fjord inlet, famed for its beautiful landscape and good weather. The summers are often very warm and sunny with gentle breezes, conditions which are hospitable for fishing, swimming, hiking and a variety of other activities. The vicinity offers a variety of interesting places to explore and hiking and mountain climbing are popular. The sheer beauty of the region attracts people and tourism has started to play an increasing role recently.

Bíldudalur is a small fishing town, where the main trades are/were fishing and fish processing. However, during the last years and due to the introduction of the quota system in the Icelandic fishing sector, the town lost its share in the fishing amounts to be caught and this has strongly hit the economy and living situation in the area.

Langibotn is one of the places where the story of Gísli Súrsson took place, which is one of the most famous Icelandic sagas; a classic outlaw saga that is centered on the internal struggles of Gísli, a 10th century settler who ends up outlawed - that is, being declared a person who could be legally killed by anyone finding him - after he avenges the death of his blood brother.

The area includes its own glacier, the magnificent, remote Hornstrandir and Europe's westernmost point of land at Látrabjarg, there, millions of birds nest making it a must for bird watchers.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS: Participation fee EUR 180,- (Euros).

SEEDS volunteers will be invited for a boat-sightseeing trip in the area and to catch fish from the ocean. Places of extreme beauty with countless opportunities to discover them by foot or to hike.

SEEDS 63. Icelandic Natural Heritage in the far East

19/08 - 02/09

ENVI / CONS

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working in two different locations in the far East of the country. The first week we will be working at a Nature and Heritage centre, working mainly in reforestation and soil erosion prevention; we will also assist in preparing vegetable gardens, clean the coast, care for some livestock; build shelter and fences -all being a part of the area's sustainability. These projects may also include traditional food and drink preparation, like smoking, curing, cheese making and even ale brewing.

The second week we will be working on environmental and nature oriented tasks on a farm. Our tasks will mainly focus on improving the environment in and around the area; planting trees, doing some paint work, cleaning, building items out of timber etc.

The host keeps horses, dogs and cats. The volunteers will have access to the animals and will be given guidance in taking care of and riding horses. The working plan will be very flexible and it will depend on the needs of our local hosts, the advance of the diverse projects in the area and of course on the weather conditions.

ACCOMMODATION: Volunteers will stay in shared rooms in a sleeping bag accommodation with access to kitchen and bathrooms. Please bring your own sleeping bag.

The group will be responsible for cooking and cleaning activities and please do not forget some traditional food from your home country for the international evening.

LOCATION: The heritage and nature conservation centre and its reserve are located in a very isolated area in the East of Iceland, far from any urban centre; we should be aware of the location remoteness and its extreme natural beauty and wildlife.

There are no public transportation services to the closest town and entertainment alternatives are in connection with the gorgeous nature; walking and hiking journeys during the free time and the creativity of the group. This project is adequate for volunteers enjoying isolated places with splendid nature and looking for peaceful surroundings as the quietness of the area. The sea and high mountains reaching up to 600 meters in height, border the area. You can also discover waterfalls, snowfields and reindeers -all within walking distance of our accommodation house.

The farm is located in beautiful settings as well; It is close to Hallormsstaðaskógur, the largest wooded area of the country that spreads over 30 ha. of land. The reforestation has been going on ever since a law for the protection was passed in 1899. The tree collection keeps an extensive variety of foreign trees and is renowned among professionals and travellers. The oldest part of the woodland is accessible with good hiking trails and explanation signs.

The area offers great variety of walking paths, such as to the deepest valley of the country and up to Sandfell where the view is quite magnificent. Riding tours up to the mountains or in the woodland is also a nice experience. The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Domestic airport is Egilsstaðir (EGS).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160.

Places of extreme beauty & isolation; with countless opportunities to discover them by foot or to hike the surroundings. Volunteers should have a motivation for working outdoors. SEEDS and/or our hosts will organize free time activities for the volunteers.

SEEDS 88. Working & horse-back riding in the South!

20/08 - 01/09

CONS/ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working on environmental & nature oriented tasks in this project, first with a local host in the South of Iceland and then few days in the SEEDS volunteers' base at the outskirts of Reykjavik.

Our tasks will mainly be focused on improving the environment in and around the area. We will be coating wooden walls of the accommodation facilities, sleeping huts, platforms and fences. We will also assist our host with gardening and the surroundings of the area.

While we help to beautify the local environment, we will explore the surroundings and enjoy free time activities arranged in cooperation with the local host, such as horseback riding and hiking.

There will be a lot of horseback riding available to us. Great experience is not required, only good physical state and a sense of adventure. The Icelandic horse is a rather small breed and it is the only one in the world which is able to trot. The Icelandic horse is strong and quite easy to train, and has been very popular in other countries, especially Germany and the European countries.

The last few days we will work at the new SEEDS volunteers' base located in the outskirts of Reykjavik. We will be assisting and giving contributions to the future development of SEEDS volunteering activities. We will help with taking care of the garden in the volunteers centre, painting the house if needed and if weather allows, planting trees, preparing a vegetable garden and tending the lot surrounding the house.

ACCOMMODATION: We will be lodged in a local house, in a shared room(s), sleeping on mattresses on the floor. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen is available, volunteers will share the duties of preparing and cooking meals.

Please do not forget some traditional food from your home country for the international evening.

LOCATION: The south of Iceland is one of the most popular destinations for travellers as the landscape offers diverse and breathtaking nature. Rivers and waterfalls, mountains, glaciers and long beaches form a contrast and offer a wide range of experiences.

The South of Iceland is unique and that part of the country receives by far the greatest numbers of foreign visitors. There everything that makes Iceland interesting to visit can be found the year around. Here history follows visitors at every footstep, both ancient and recent. There are creative art, culture and flourishing trade and endless possibilities to enjoy the outdoor life in all seasons. Above all there is the awesome and rugged nature from the mountains to the sea.

Our camp is in close vicinity to many natural hot springs and natural pools that hikers can take a dip in. The hiking possibilities are almost endless with Hengill, Reykjadalir (Steam Valley), Moiddahnúkur, Ölkelduhnúkur, Dalsel and Klambragil close by.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airports: Keflavik/Reykjavik (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180.

SEEDS and/or our hosting partner will organise free time activities as horse-back riding and finding trails and natural springs to bathe in.

Volunteers need to be motivated to work outdoors and to take part in all the diverse projects. Place of extreme beautiful surroundings with countless opportunities to hike and discover by foot.

SEEDS 64. The Highlands of Iceland - The Famous Kjölur Road (2)

21/08 - 03/09

ENVI / RENO

10 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working on few different projects for the general preparation of the area before the winter: The main focus will be to clear old fences in the area that no longer serve their purpose. Those fences are old and are now weathered down and can easily be a danger hazard for hikers and travellers in the area.

We will be working on hiking paths, building new ones and maintaining those already in place; we will put up signs, markings and descriptive information charts around them. We will also be clearing up litter and doing light maintenance work on the houses to prepare them for winter. The work can be physically demanding, due to the harsh landscape, but also quite rewarding.

ACCOMMODATION: We will be hosted in a local mountain house; sleeping on mattresses on the floor; please bring your own sleeping bag. We will receive food ingredients and be in charge of the different cooking and cleaning activities.

Please do not forget some traditional food from your home country for the international evening.

LOCATION: The Icelandic highlands, or "the interior", are a true pearl to all nature lovers and outdoor people. It is accessible all year round on 4WD cars and most Highland routes involve crossing un-bridged rivers.

If you really want to get away from it all, the interior of Iceland is like nothing you have ever experienced. The mountainous centre of the island, with its rocky deserts, craggy mountain peaks, ice caps, volcanoes, hidden valleys and hot springs, is an awesome and untouched wilderness. Lake Hvítárvatn on the Kjölur highland road glints icy-blue at the foot of the Langjökull glacier, and in the black sands of Sprengisandur - the arctic river.

The interior was long all but inaccessible. Outlaws hid out for years at a time in the highlands, rustling sheep and keeping away from law-abiding citizens, while folklore tells of both natural and supernatural beings who lay in wait for unwary highland travellers.

Travellers between north and south sometimes had to cross the highlands: for instance for the assembly of Alþingi (parliament) each summer, delegates had to ride from every corner of the country to Þingvellir in the southwest, journeys across the interior were never undertaken lightly; such travel was risky and lives were often lost. Today the interior is crossed by two mountain roads, via Kjölur and Sprengisandur, which are only open in summer, after the snow has thawed in spring.

We will be staying close to the glacier Hofsjökull and near to the rivers Hvítá and Þjórsá. The mountains in the area that reach up to 1500m were formed during a volcanic eruption in the later part of the ice age. The area is still dynamic and great geothermal activity takes place in the surroundings. The environment is very diverse, both in shape and colour. The mountains are very weathered and have very little continuous growth, as the forces of nature, like glaciers, water flow, ice bursts etc. have been fast working in these mountain highlands.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows you to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160,- (Euros).

Remote places located in natural areas of extreme beauty with countless opportunities to hike and discover it by foot.

Volunteers applying for this project should be motivated to work with people in outdoor activities in isolated locations away from urban settlements.

SEEDS 79. Viking course & Challenge Playground

21/08 - 03/09

CONS / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will join the construction of a natural obstacle course and a challenge playground in the West of Iceland. The playground is being created and the work will be led by a landscape architect with great experience in this field, who has been working with SEEDS since 2009 in diverse projects around Iceland with great experiences for SEEDS volunteers!

The aim of the project is to develop a stimulating and playful area for children and families. Only natural local Icelandic materials will be used for the construction: Woods, rope, turf, rocks and stones are the primary building materials. Some of the tasks are to build turf and rock walls, challenging play structures of forest wood and ropes, making paths and planting woods.

The site is a youth activity centre owned and run by the Icelandic Sports Federation; the obstacle and training course will be used for the people staying at the centre and for visitors. Some of the main elements to built/jobs for SEEDS volunteers are a climbing wall; low rope obstacles, traditional playground elements, a shelter and landscaping.

We will learn the crafts of the Viking days, using old day tools and techniques. We will learn to do rope and wood work and traditional Icelandic rock and turf walling.

With these projects we want to establish platforms for recreational/sports use of the local surroundings, as to increase the outdoor use and improve the healthy lifestyle of the inhabitants.

SEEDS Volunteers will receive lessons in turf cutting and turf-walling, which is a traditional Icelandic craft, then produce turf material and at one point build a turf wall. Ideas will be put forth and volunteers will have some say in how constructions will look like.

ACCOMMODATION: SEEDS volunteers will stay in the youth centre, a fully equipped house; sleeping in shared rooms. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

LOCATION: The project will take place in the country side in the West of Iceland; in the district of Dalabyggð ('Valley district'); which is one of the smaller districts in Iceland and one of the most sparsely populated. Agriculture, especially cattle rearing has long been the occupation of the people here. Búðardalur is the largest town in the area.

The valleys of Dalabyggð have much to offer anyone enjoying the great outdoors, with varied landscapes, many walking paths and places of historical interest. Fishing, horse riding and historical walks through Laugar are among the attractions travellers are invited to enjoy in Dalasýsla.

Few parts of Iceland are as rich in history as Dalabyggd, where records go back virtually unbroken to the Settlement in the 9th and 10th centuries. On the 24th July 2000, a replica of a Viking ship, Islendingur (Icelander), set sail from Budardalur harbour en route for Greenland and America, retracing the first Viking voyages to North America.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS: Participation fee EUR 180,- (Euros).

Volunteers applying for this project should have a motivation for working outdoors. Organised excursions and free time activities for the volunteers! Free access to the local swimming pool.

SEEDS 66. Djúpavík. Where the northern road ends!

21/08 - 04/09

ENVI / CONS

10 Volunteers

Age: 18+

WORK/PROJECT: Volunteers will be working on various different things in and around Djúpavík, which is a small village in the North-West of Iceland.

Among the main tasks will be to build and maintain hiking trails and walking paths in the area, alongside we will put up sticks and signs. Other tasks will also include taking down old farming fences which have now become danger hazard instead of marking division of properties and land.

In Djúpavík there is an old abandoned herring factory which needs to be maintained, the main tasks this year will be to clean its rooftops. The building is used now by artists and to host diverse cultural events. Furthermore volunteers will be cleaning the coastline between Djúpavíkurkleif and Stekkjarnes. And finally, if time allows, volunteers will be helping locals doing some gardening work.

ACCOMMODATION: Volunteers will be hosted in a local summer house, sleeping on bunk beds in shared rooms. Please bring your own sleeping bag. Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Djúpavík is located at the head of Reykjarfjörður on the Strandir coast in the Westfjords region (Vestfirðir), in the municipality of Árneshreppur. Perhaps one of Iceland's most remote areas, it is a sheltered bay in a remote region, largely untouched by modern developments where silence reigns and nature continues to shape a rugged, mountainous landscape. The distance from the capital is around 360 km.

You can hardly get further away from the bustle of the towns to enjoy life in the beautiful and peaceful landscapes of this remote area. The bay Djúpavík is among the least frequented parts of the country. The roads up there are only open during the few months of the short summer; it is one of the remotest corners of Europe, where the coastline is covered with vast expanses of driftwood that originated on the other side of the Arctic Ocean, in Russian Siberia; the region is stunningly beautiful and somewhere to really experience Iceland's wildness.

There has been small farming communities in the district for hundreds of years, but the story of Djúpavík really began in 1915, when Elias Stefánsson started a herring salting station; that worked until 1919 when he went bankrupt; then a herring factory built in 1934 changed the lives of the people for a few years until the last big catches were landed about 20 years later.

Djúpavík is dominated by the huge ruins of its old herring factory and the rusting shipwreck of the 100-year-old former passenger and cargo ship Suðurland. When the herring industry was at its height in the mid-1940s, hundreds lived in this remote location, women salting the fish, men turning the remains into animal meal and oil. The factory went bankrupt in 1954 following a disastrous collapse in fish catches, but the huge costs involved in demolishing the building – once the largest concrete structure in Europe – means that its huge shell remains, reminiscent of a Hollywood set.

Few years ago, world-famous Icelandic band Sigur Rós held a small number of concerts in Iceland. The venues were specially chosen, and the old herring factory in Djúpavík was one of them.

LANGUAGE: English will be the official language in the camp, high proficiency is not a requirement.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180.

Excursions for SEEDS' volunteers include kayak trips in the fjord, a visit to the area and isolated pool in Krossnes, among other recreation activities.

SEEDS 75. Borgarfjörður Eystri - As far as it gets!

22/08 - 06/09

CONS / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will join the construction of a natural playground in the far North-East of Iceland. The playground is being created in the style of Georg Hollander and we will have the chance to influence the outcome of the project. A part of our task will be to collect driftwood on the beach to use in the playground.

The aim of the project is to develop a stimulating and playful area for children and families. Only natural local Icelandic materials will be used for the construction: Woods, rope, turf, rocks and stones are the primary building materials. Some of the tasks are to build turf and rock walls, challenging play structures of forest wood and ropes, making paths and planting woods.

With these projects we want to establish platforms for recreational use of the local surroundings, as to increase the outdoor use and improve the healthy lifestyle of the inhabitants.

There is a strong aspect of learning during the process and of the social importance of the work.

If time and weather allows, our host will take us to sheep-walks. Those are the annual round-up walks to gather the sheep and lambs for the winter. This task demands good hiking boots and proper outdoors clothes. It is extremely fun to take part in these walks and many friends and relatives of the farmers come to join. This is a unique opportunity for us to take part in real life work of Icelandic farmers.

ACCOMMODATION: SEEDS volunteers will be hosted in a local school; sleeping on mattresses on the floor in shared rooms. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available; volunteers will share the different duties of cooking and cleaning. Please do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The work camp will take place in Borgarfjörður Eystri, in the East fjords, 70 km northeast of Egilsstaðir, in a small community of 120 people. It is a charming location overlooking a wide fjord and backed by mountains. Inland from the fjord lays a beautiful grown valley, reaching about 10 km into the Eastern Mountains. Along it runs Fjarðará, a beautiful river with quite a few waterfalls.

In Borgarfjörður Eystri we have beautiful mountain scenery, mountains such as Dyrfjöll, Staðarfjall, Geitfell and Svartfell to name a few. Borgarfjörður is by some called a hiking haven, with a good number of marked trails in an area of extreme beauty.

The area is located in beautiful landscape with mountains and valleys. It is close to Hallormsstaðaskógur, the largest wooded area of the country that spreads over 30 ha. The tree collection keeps an extensive variety of foreign trees and is renowned among professionals and travellers. The oldest part of the woodland is accessible with good hiking trails and signs.

One of Iceland's most beloved artists grew up there, Jóhannes Kjarval. In Kjarvalsstofa in community house Fjarðarborg you can see a show on Kjarval. The artist spent most of his summers in the East painting the colourful landscape of Borgarfjörður and the cove. He also painted the altar piece in the church, which is a must see for all visitors.

LANGUAGE: English will be the official language in the camp, high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). Closest Domestic Airport: Egilsstaðir
SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180.

SEEDS and/or our host will organise a boat for the volunteers to go fishing. Place of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot.

SEEDS 65. Skriðuklaustur - making history (4)

24/08 - 07/09

ARCH / RENO / ENVI

12 Volunteers

Age: 18 +

WORK/PROJECT: SEEDS volunteers in this project will have the unique opportunity to join one of the most exciting archaeological projects in Iceland! We will be working at the archaeological project at Skriðuklaustur (e. The monastery at Skriða), which started in 2002 and its aim is to investigate, through an archaeological excavation, the monastery that was operated on the farmstead Skriða in Fljótisdalur Valley, East Iceland, during the period from 1493 to the Reformation in 1550.

Our tasks in this project will be mainly connected with construction and renovation of the walls of the 16th century monastery. We will help to build up stonewalls, turfing and putting wood material into the ruins.

The working plan will be very flexible and it will depend on the needs of our local hosts and of course on the weather conditions.

ACCOMMODATION: We will be lodged in a building located approximately 5 km from our working site (monastery excavations), equipped with kitchen and living room. A sleeping bag is needed.

We will have breakfast and dinner at the accommodation; while lunch will be served at the café in Skriðuklaustur on working days. The kitchen will be available for us to cater ourselves on weekends.

Food ingredients will be provided; we will share the duties of preparing and cooking meals. Please do not forget some traditional food from your home country for the international evening.

LOCATION: We will work in Skriðuklaustur at Fljótisdalur, located 40 km from the biggest town in the East of Iceland, Egilsstaðir (pop. 2,300) and about 650 km from Reykjavík. It is part of Fljótisdalshérað, (pop. of 3.700) at 8.884 km² is the largest Icelandic municipality.

The monastery at Skriða, named Skriðuklaustur, was the youngest of the seven monasteries and two nunneries in operation in Iceland during the medieval period, but within a short time, it became one of the richest. It is thought that this increase in material wealth was due to Skriðuklaustur having been the only monastery in East Iceland. Nowadays, Skriðuklaustur has a local centre of culture and history. The house was built in 1939 and is one of Iceland's most important buildings. There is a museum about the writer Gunnar Gunnarsson in the house. It is also a residence for artists, writers and scholars, both Icelandic and foreign. At Skriðuklaustur there are as well exhibitions available for visitors and many events organised concerning local culture and the nature of East Iceland. The ruins of the 16th century monastery with archaeological excavation are located nearby.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age. The biggest forest in Iceland and also wild reindeers are found in Fljótisdalur.

LANGUAGE: English will be the language in the camp, but high proficiency is not a requirement.

TERMINAL: Closest International Airports: Keflavík/Reykjavík (KEF); nearest domestic airport and bus stop is Egilsstaðir (EGS). The docking port for the Norröna ferry connecting Iceland with the Faroe Islands, Denmark and Europe is located in the town of Seyðisfjörður, 30 Km from Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

SPECIAL REMARKS / EXTRAS: Participation fee EUR 140.

SEEDS and the local host will organise several free-time activities to explore and discover the area as: excursions, horse-back riding or fishing for trout or a highland trip/mountain hike.

SEEDS 86. Like the old days in Iceland.

28/08 - 09/09

ENVI / CONS

8 Volunteers

Age: 18 +

WORK & STUDY/PROJECT: This is a unique project where SEEDS volunteers will be working in two different locations. The first part will take part in Brynjudalur, Valley of Brynja, renovating a house made of timber and natural materials. We will help with cutting the wood and forming the house. We may also have the chance to cut down and form the tiles for the roof and install it on top of the house. We will assist with the sorting out and cleaning wood pieces for flooring.

We will help building a rustic fire place and building paths with stone tiles. If weather & time allows we will be offered to travel to different locations, collect drift wood with 1000 year old techniques.

Natural Icelandic materials will be used for the construction: Woods, rope, turf, rocks and stones are the primary building materials. We will learn the crafts of the Viking days, using old day tools & techniques; to do rope and wood work and traditional Icelandic rock and turf walling.

The second part we will be at the new SEEDS volunteers' base located in the outskirts of Reykjavik. We will be assisting and giving contributions to the future development of SEEDS volunteering activities. We will be taking care of the garden in the volunteers centre, painting the house if needed and if weather allows, planting trees, preparing a vegetable garden and tending the lot.

This camp offers volunteers an amazing opportunity to learn from and work with an expert in building with traditional techniques, using natural resources and experience first-hand a way of living that is long gone.

ACCOMMODATION: During the first part of the project we will sleep in a big "Indian" tent on the location of the project. The food provided will be traditional Icelandic food, Icelandic lamb, fish, and root vegetables among other more modern products which we will cook on an open fire. Food will be kept cold in the river and we will wash ourselves with cloths and water either straight from the river or with water heated on the fire. A travel-toilet will be set up in a private location.

In the second part of the project we will stay in SEEDS volunteers centre, a fully equipped house with showers and washing machines; sleeping in shared rooms.

We will share the different duties of cooking and cleaning. Do not forget to bring some traditional/typical food from your home country for the international evening which will be held during the second part of the project.

LOCATION: The work camp will take place in a valley about 80 Kilometres from the capital, Brynjudalur. The valley is extremely beautiful, with many plants and trees, surrounded by high mountains on both sides. Many small canyons, streams and waterfalls and it is a popular place for hikers to visit. Along the valley runs the river Brynjudalsá which starts in Sandvatn.

Part of the project will take place in the outskirts of Reykjavik, in the hills of Wolves' Mountain, far enough from the city to be able to enjoy the quality of the country life, pure air, nature & tranquillity, but close enough to be able to visit the capital once or twice during the project.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: Closest international Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSÍ). SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS: Participation fee EUR 180.

Volunteers need to be motivated to work outdoors and be willing to take part in all the diverse projects connected with the workcamp.

SEEDS and/or our hosting partner will organise free time activities in the area for the volunteers. Extreme beautiful natural surroundings with countless opportunities to hike & discover by foot.

SEEDS 67. Fljótsdalshérað - Icelandic North-east

28/08 - 11/09

AGRI / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working at one of the few organic farms in Iceland, located in the East of the country. Our main tasks will be to harvest (by hand) vegetables, mainly potatoes, beats, beetroots and lettuce. Alongside the harvesting tasks, we will clean the vegetables and make them ready for the consumers in the Icelandic market. Around the farm there is a young forest that can be maintained and cleaned in case the harvesting jobs are done.

We will also be doing some berry picking and other things the host needs assistance with.

Volunteers need motivation to work mainly outdoors on physical jobs and under changeable weather conditions. We will be provided with good waterproof overalls and gloves for the work.

ACCOMMODATION: We will be hosted in a local house; sleeping on beds or mattresses in several rooms, shared by 2-4 volunteers each. Please bring your own sleeping bag. All facilities like showers and a washing machine are available. Food ingredients will be provided and a kitchen will be available; we will share the duties of preparing and cooking the meals.

Please, keep in mind that during this workcamp only vegetarian food will be provided, which also means that we will be mainly eating local, organic food from the farm.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The farm, one of the few and large organic farms in Iceland is run with the support of volunteers; who have been helping in the project of organic locally grown crops for the last years. About 20% of the farm is used for cultivation of different crops and the rest of the land is grassland, there is a forest of about one million trees planted there since starting the farm in the 1970s. The two major crops grown are barley and potatoes, and others include parsley, kale, beetroot, lettuce, kohlrabi, carrots and cabbage.

The farm is located in the municipality of Fljótsdalshérað, Iceland's easternmost populous municipality; 16 km from the largest town in the Eastern Iceland - Egilsstaðir (population 2300). Total population is about 3.700 and it is the largest municipality (in area) in the country.

The wild reindeers of Iceland are found in Fljótsdalshérað, they are about ten thousand and also the biggest forest in Iceland, Hallormstaðarskógur is located within the district. The farm is located very close to Lagarfljót, the home of the mythical creature of the Lagarfljót Serpent (Lagarfljótsormur). If you are lucky you might get a glimpse of it and maybe even be able to get a picture of the much sought after serpent.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík – Reykjavík (KEF).

The closest bus stop and local airport is located in Egilsstaðir (EGS). The harbour for ferries coming from Faroe Islands and Denmark is in Seyðisfjörður, 27 km from Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120.

Free time activities will be organized for SEEDS volunteers; as day trips and excursions in the area.

Some of them will be organised by SEEDS and our hosts free of charge, some others might require some financial contribution.

SEEDS 89. Photo Marathon in the outskirts of Reykjavik

29/08 - 09/09

ARTS / ENVI / RENO

10 Volunteers

Age: 18+

WORK & STUDY/PROJECT: This is the fourth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organising this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp! The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon

SEEDS coordinators will prepare different topics on which the participants will base their entries; those topics will be mostly related to SEEDS work: Environment and intercultural understanding.

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking/cycling, flexible time schedule (early morning photo sessions, night photographing).

Volunteers additional work will be at the new SEEDS volunteers' base located in the outskirts of Reykjavik. We will be assisting and giving contributions to the future development of SEEDS volunteering activities. We will help with taking care of the garden in the volunteers centre, painting the house if needed and if weather allows working at the garden and tending the lot.

Volunteers may work with the city of Reykjavik; trying to keep the city and its public areas lively. Tasks may involve painting to cover graffiti tags, tidying up public spaces and face-lifting the city.

ACCOMMODATION: SEEDS volunteers will stay in a fully equipped house; in a sleeping bag accommodation sharing rooms. Please bring your own sleeping bag.

Volunteers will receive food and be in charge of the cooking and cleaning activities. Equipped kitchen and washing machine are available.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The project will take place in the outskirts of Reykjavik, in the hills of Mountain of Wolfs. The location is far enough from the city to be able to enjoy the quality of the country life, pure air, nature and tranquillity, but close enough to be able to visit the capital once or twice.

Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

During this month we will have great chances to see spectacular Northern lights (aurora borealis). The warm geothermal swimming pools offer a great way of relaxation; dipping into a hot pot, surrounded by snow and stars shining above is an experience not to miss.

In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit. The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 200.

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach when visiting the city.

Tours and excursions will be arranged for SEEDS volunteers at discount fares.

SEEDS 71. The fjord of the Eagles - Arnarfjörður

31/08 - 14/09

ENVI / AGRI

10 Volunteers

Age: 18+

WORK/PROJECT: SEEDS Volunteers will be working on few different projects, mainly collecting wild berries and gathering the ingredients as Icelanders used to cater themselves some decades ago when the country and this region in particular were very isolated and transport of "foreign" goods and products was almost non-existent.

Our local host and few groups of SEEDS volunteers have been counting, registering and following up the growth of the local flora. We will continue counting and registering information regarding the plants and trees that grow in the area.

Other tasks might include maintaining hiking trails and pathways in the area of Langibotn and putting up signs and descriptive information charts for the trails.

We might also take part in a media project which may include photography and filmmaking.

ACCOMMODATION: We will be hosted in a local house in Bildudalur; bringing sleeping bag is necessary. Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of cooking and cleaning activities.

Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

LOCATION: Perhaps one of Iceland's most remote areas, the Fjord of the Eagles, Arnarfjörður, is located in the West fjords at 65° north of the Equator, close to the northern most part of the country and in the area is the western-most point of Iceland and Europe, Látrabjarg.

The distance from Reykjavik is 475 km (7 hours drive) by the Whale Bay tunnel.

Bildudalur, is a small sea-side village, built on the slopes between mountain and sea, on a spectacular fjord inlet, famed for its beautiful landscape and good weather. The summers are often very warm and sunny with gentle breezes, conditions which are hospitable for fishing, swimming, hiking and a variety of other activities. The vicinity offers a variety of interesting places to explore and hiking and mountain climbing are popular. The sheer beauty of the region attracts people and tourism has started to play an increasing role recently.

Bildudalur is a small fishing town, where the main trades are/were fishing and fish processing. However, during the last years and due to the introduction of the quota system in the Icelandic fishing sector, the town lost its share in the fishing amounts to be caught and this has strongly hit the economy and living situation in the area.

Langibotn is one of the places where the story of Gísli Súrsson took place, which is one of the most famous Icelandic sagas; a classic outlaw saga that is centered on the internal struggles of Gísli, a 10th century settler who ends up outlawed - that is, being declared a person who could be legally killed by anyone finding him - after he avenges the death of his blood brother.

The area includes its own glacier, the magnificent, remote Hornstrandir and Europe's westernmost point of land at Látrabjarg, there, millions of birds nest making it a must for bird watchers.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS: Participation fee EUR 180,- (Euros).

SEEDS volunteers will be invited for a boat-sightseeing trip in the area and to catch fish from the ocean. Places of extreme beauty with countless opportunities to discover them by foot or to hike.

SEEDS 90. Nature & Culture in the South

04/09 - 18/09

ENVI / CONS / RENO

8 Volunteers

Age: 18 +

WORK/PROJECT: SEEDS volunteers will be working on environmental and nature oriented tasks in this project, based on an Icelandic farm in the South of Iceland. Our tasks will mainly be focused on improving the environment in and preparing the place for the winter.

We will assist in garden work, fix a roof that got damaged in bad weather, work on removing fences and fix other. We will help with painting walls and clear out houses for the winter.

We will have the opportunity to live and work with an Icelandic family and also participating in the diverse tasks that they are involved in their daily lives. This is a unique opportunity to get to know and to experience first-hand how a family in the countryside lives. The farm is big, with sheep, cows and horses, have their own produce and we will have the opportunity to learn about that.

The working plan will be flexible and it will depend on the needs of our hosts, the advance of the diverse projects in the area and of course on the weather conditions.

We will help to preserve the local environment and explore the surroundings enjoying our free time.

ACCOMMODATION: We will be hosted in a farmhouse, sleeping on mattresses on the floor.

Please bring your own sleeping bag. The house is a fully equipped home, with access to a kitchen, bathroom and a washing machine.

We will share the different duties of cooking and cleaning. As the hot water is heated with electricity the water for the shower is sometimes limited, so people have to take short showers on different times of the day. There is a hot Jacuzzi by the house which volunteers are free to use.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The work camp is in the beautiful south lowlands of Iceland. We will be able to explore and enjoy the south Icelandic lowland, which is made out of sand and rock sediments delivered by the river Þjórsá during the last centuries. The land is covered mostly by green grass and the closeness of the ocean can be felt in the air. The Southern district is known by its geothermal activity which helped to develop important greenhouse agriculture.

The south of Iceland is one of the most popular destinations for travellers as the landscape offers diverse and breathtaking nature. Rivers and waterfalls, mountains, glaciers and long stretches of beach form a contrast and offer a wide range of experiences. The project takes place in an active Icelandic farm in south Iceland.

In this area you will find some of Iceland's most beautiful places, like Þórsmörk, Tindfjöll, Eyjafjallajökull, Skógarfoss, Seljalandsfoss (a waterfall you can walk behind) and Paradísarhellir (Paradise Cave) in addition to finding unique natural and geological heritage sites and relics of a centuries-old forest.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS: Participation fee EUR 180. Volunteers need to be motivated to work outdoors and be willing to take part in all the diverse projects connected with the work camp.

SEEDS and/or our hosting partner will organise free time activities in the area for the volunteers. This might include horse-back riding, sight-seeing, hiking etc.

Extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot.

SEEDS 68. Alviðra - Environmental Education Centre (2)

05/09 - 19/09

ENVI / CONS

10 Volunteers

Age: 16+

WORK/PROJECT: This project gives SEEDS volunteers the opportunity to work and live in an old farm which has been transformed into an environmental-education centre, Alviðra.

School kids are invited to take part in educational projects during spring and autumn in this popular place. The house and the surroundings need maintenance work and we will take part in various tasks in order to fix, maintain and beautify the house and its surroundings.

We will paint and give the houses a facelift which have been worn down due to wind and rain. We will work with the wood collected in the area, both in a creative way and to chip it down for various usages. We will also do gardening work such as cutting grass in the fields, gathering it together and possibly planting trees.

We will work on an out-door educational area, using local and natural products. We will take care of the hen house which keeps the original species from the time of the settlers in Iceland. Other tasks we will possibly undertake during the camp are marking and making hiking trails, light maintenance inside or outside the house. We will have time to work in creative projects.

ACCOMMODATION: We will live in a beautiful typical Icelandic farmhouse and will sleep in the loft on mattresses with sleeping bags. Please bring your own sleeping bag.

The house has all facilities available. Food ingredients will be provided; we will share the duties of preparing and cooking meals. Do not forget some traditional food for the international evening.

LOCATION: We will stay in an old farmhouse, Alviðra, 1 hour drive from Reykjavik, the capital of Iceland. The house sits under Ingólfsfjall, The Mountain of Ingólfur, with a view to Eyjafjallajökull where the volcanic eruptions started in March and April.

The place is protected as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. Visitors can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found are spread around the area, which is a popular attraction among foreign and local visitors.

Wild blue- and crowberries grow on the land and the berry season is in late August/September. The house serves as an environmental-educational centre where students and other visitors can have a look at an extensive stone and stuffed animal collection.

The river Sogið is within walking distance which is a place of interest in itself regarding birdlife and fishing. The river is 19 km long and is the largest freshwater river in the country in terms of flow. The nearest town, Selfoss, is only 10 minutes-drive away with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

STUDY THEME: This workcamp has an educational/awareness-raising approach to environmental, nature-protection and sustainable development topics. The group is encouraged to organise and develop fun, interactive and educational activities within the project.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavik to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 140.

Volunteers applying for this project should have a motivation for working outdoors. We will take part and organize an outdoor barbecue evening and be invited to a star-watching trip. SEEDS and our hosts will organise a one day excursion by car for the group of volunteers.

SEEDS 69. Ísafjarðardjúp: Nature & Fun in the West Fjords (3)

08/09 - 22/09

RENO / ENVI

10 Volunteers

Age: 18 +

WORK/PROJECT: SEEDS volunteers will continue working on this project, after the excellent results of last years' groups. We will be working on various projects in this remote location in the Icelandic Western fjords. In general, we will be preparing the area for the winter after the summer season, when most tourists and hikers visit the district.

The works may involve cleaning, painting, light construction work inside and in the surroundings, at the camping area, or helping in horse stables. The working plan is flexible and it will depend on the needs of our local hosts and advance of the diverse projects in the area surrounding the valley, as on the weather conditions for working outdoors.

In the afternoon and during the free days there will be enough time to explore the surroundings, trekking and walking, as you will be able to rest in the natural hot tubs, bathe in the local swimming pool and discover many other surprises of this beautiful place including horseback riding on the unique Icelandic horses and possibly kayaking in the fjords.

ACCOMMODATION: SEEDS volunteers will be hosted in a local housing; sleeping in beds; bringing a sleeping bag is not necessary for the period of the camp. Food will be provided and a kitchen will be available; volunteers will share the duties of helping in the kitchen and cleaning.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The workcamp will take place in the Westfjords at the north-western part of Iceland. The region accounts for 10% of the country's surface but only about 7200 people live there, so it is one of the least populated areas of Europe. The Westfjords are very mountainous; the coastline is made by dozens of fjords surrounded by steep hills.

The region is bounded by Breiðafjörður in the south, with Gilsfjörður cutting into the land from the west and Bitrufjörður from the east, the two almost severing the ragged peninsula from the main mass of Iceland. The West Fjords are made up of Ísafjarðar-, Barðastrandar-, and Strandir Counties.

In the Westfjords you will be able to explore the whole range of Icelandic flora from the shore and meadows, through birch to mossy moors. On the shore, one can see birds and seals and then an occasional arctic fox around the sheep.

Fishing is traditionally the main industry in the region but tourism started to be more and more important as local and foreign visitors are discovering this region in rising numbers.

The workcamp will take place in a valley covered with birch bushes in Mjóifjörður in Ísafjarðardjúp.

The distances to the next town and villages are 130 km to Ísafjörður and 90 km to Hólmavík. Hiking in this beautiful area is very impressive and an inspection of the coastline by walking or kayaking is an inspiring option. Landline phone connection is available, and the place provides a full variety of opportunities for volunteers and visitors.

LANGUAGE: English will be the official language in the camp, high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF). The closest domestic airport is Ísafjörður (IFJ).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 140.

The camp is located in a place of extreme beauty and isolation; natural surroundings with hot springs, free access to enjoy the hot tub and the local pool. Additional free time activities will be organized for SEEDS volunteers, like horseback riding and kayaking around a seal colony.

SEEDS 70. Nature & Culture in the South of Iceland (2)

10/09 - 24/09

ENVI / ARTS

8 Volunteers

Age: 18+

WORK/PROJECT: For the second year we offer this unique project that gives SEEDS volunteers the opportunity to work in very diverse tasks; assisting in the early phases of preparing a local museum, doing environmental work and helping with traditional farming. It takes place in an agricultural area in the South of Iceland which is rich in both, culture and history.

The environmental work will consist of collecting drift wood in the beach, cleaning the coast line and marking hiking paths, taking care of popular spots which need to be tendered after the busy summer season, when most of the travellers visit the area.

The environmental work will consist of collecting drift wood on the beach, cleaning the coast line and the road sides, marking hiking paths, taking care of popular spots which need to be tendered after the busy summer season, when most of the travellers visit the area.

The farming will offer us to get to know the Icelandic farm life by milking the cows, working in the stables and assist with the busy household tasks. We will be part of a family and work hand in hand with them.

We will also have the chance to participate in "Réttir" (the annual sheep round-up in the area). Réttir is one of the most beautiful Icelandic traditions. The annual round-up of sheep and horses is very popular and people come from the city and to take part in the activities. Réttir is a tradition which goes back a thousand years to the Viking settlement.

ACCOMMODATION: We will stay in shared rooms in a sleeping bag accommodation with access to kitchen and bathroom. Other guests or travellers might be in the house at the same time as it is a guesthouse accommodation. Please bring your own sleeping bag.

The group will be responsible for cooking and cleaning activities. Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The south of Iceland is one of the most popular destinations for travellers as the landscape offers diverse and breathtaking nature. Rivers and waterfalls, mountains, glaciers and long beaches form a contrast and offer a wide range of experiences. The project takes place in an active Icelandic farm in south Iceland with 35 cattle, there of 8 milking cows, 330 sheep, hens, cat and a puppy so it gives us a good example of rural living in Iceland.

Apart from traditional farming the inhabitants are building up a museum which will weave together history, culture and nature. The farm is on a flat area between Kirkjubæjarklaustur and Vík í Mýrdal and has amazing view to sands, mountains and glaciers in the west and north and to the Atlantic Ocean in the south.

Mýrdalssandur is a sandy area about 700 km² and its mythical appearance has been an inspiration both in traditional folklore and in modern lyrics and stories today.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 140.

Volunteers should have a motivation for working with outdoors and getting to know ways of living in rural areas in Iceland.

Hikes and free time activities in the area will be arranged for SEEDS volunteers.

SEEDS 72. Fljótsdalshérað - Icelandic North-east

10/09 - 24/09

AGRI / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be working at one of the few organic farms in Iceland, located in the East of the country. Our main tasks will be to harvest (by hand) vegetables, mainly potatoes, beans, beetroots and lettuce. Alongside the harvesting tasks, we will clean the vegetables and make them ready for the consumers in the Icelandic market. Around the farm there is a young forest that can be maintained and cleaned in case the harvesting jobs are done.

We will also be doing some berry picking and other things the host needs assistance with.

Volunteers need motivation to work mainly outdoors on physical jobs and under changeable weather conditions. We will be provided with good waterproof overalls and gloves for the work.

ACCOMMODATION: We will be hosted in a local house; sleeping on beds or mattresses in several rooms, shared by 2-4 volunteers each. Please bring your own sleeping bag. All facilities like showers and a washing machine are available. Food ingredients will be provided and a kitchen will be available; we will share the duties of preparing and cooking the meals.

Please, keep in mind that during this workcamp only vegetarian food will be provided, which also means that we will be mainly eating local, organic food from the farm.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The farm, one of the few and large organic farms in Iceland is run with the support of volunteers; who have been helping in the project of organic locally grown crops for the last years. About 20% of the farm is used for cultivation of different crops and the rest of the land is grassland, there is a forest of about one million trees planted there since starting the farm in the 1970s. The two major crops grown are barley and potatoes, and others include parsley, kale, beetroot, lettuce, kohlrabi, carrots and cabbage.

The farm is located in the municipality of Fljótsdalshérað, Iceland's easternmost populous municipality; 16 km from the largest town in the Eastern Iceland - Egilsstaðir (population 2300). Total population is about 3.700 and it is the largest municipality (in area) in the country.

The wild reindeers of Iceland are found in Fljótsdalshérað, they are about ten thousand and also the biggest forest in Iceland, Hallormstaðarskógur is located within the district. The farm is located very close to Lagarfljót, the home of the mythical creature of the Lagarfljót Serpent (Lagarfljótsormur). If you are lucky you might get a glimpse of it and maybe even be able to get a picture of the much sought after serpent.

The East Fjords is a region of a special landscape, dominated by long, narrow fjords and steep mountains. This is one of the oldest regions of Iceland shaped by glaciers in the Ice Age.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: Closest International Airport: Keflavík – Reykjavík (KEF).

The closest bus stop and local airport is located in Egilsstaðir (EGS). The harbour for ferries coming from Faroe Islands and Denmark is in Seyðisfjörður, 27 km from Egilsstaðir.

SEEDS organises the "minibus option", a shared transport from Reykjavík to the camp site and vice versa. Apart from being cheaper and more convenient, it allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS / SPECIAL REMARKS: Participation fee EUR 120.

Free time activities will be organized for SEEDS volunteers; as day trips and excursions in the area.

Some of them will be organised by SEEDS and our hosts free of charge, some others might require some financial contribution.

SEEDS 80. Maritime outdoor education playground

11/09 - 24/09

CONS / ENVI

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will join the construction of outdoor facilities for two local kindergartens and an elementary school in Reykjanesbaer, a local municipality in the Reykjanes Peninsula, in the south-west of Iceland. The playground is being created and the work will be led by a landscape architect with great experience in this field, who has been working with SEEDS since 2009 in diverse projects around Iceland with great experiences for SEEDS volunteers!

The site is by the sea, an open shore towards the northern arctic sea with fantastic view. The design of the outdoor education area is derived from the maritime heritage of the local community.

We will build replica of an old shark barrack and smaller structures with strong reference to the maritime heritage. The site is and will also be a playground, so everything has an element of play.

Only natural local Icelandic materials will be used for the construction: Woods, rope, turf, rocks and stones are the primary building materials. All the work has a strong aspect of learning and references to the history. The working methods are the traditional Icelandic craftsmanship. We will learn the crafts of the Viking days, using old day tools and techniques.

The work will also be done along with the local students and parents, volunteering in the project. SEEDS Volunteers will receive lessons in turf cutting and turf-walling, which is a traditional Icelandic craft, then produce turf material and at one point build a turf wall.

With these projects we want to establish platforms for recreational/sports use of the local surroundings, as to increase the outdoor use and improve the healthy lifestyle of the inhabitants. Ideas will be put forth and SEEDS volunteers will have some say in how constructions will look like.

ACCOMMODATION: SEEDS volunteers will stay in a local fully equipped house; sleeping in shared rooms. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

LOCATION: Reykjanes peninsula in the southwest of Iceland is located near the capital and most travellers to Iceland land in the area, the peninsula is marked by active volcanism under its surface, and large lava fields. There are numerous hot & sulphur springs around the Kleifarvatn Lake and the Krysuvik geothermal area where hot springs spewing water and mud dominate the landscape.

The Peninsula is envied for its long & short hiking trails that zigzag through the region where colorful landscapes and their contrasts delight the visitor. Amazing ocean cliffs, (up to 70 m high) are nested by numerous bird species, often a wonderful spot for bird and whale watching.

There is a geothermal power station at Svartsengi, where a swimming pool has been installed using the hot and mineralized water coming down from the station; it is known as the "Blue Lagoon". The Leif the Lucky Bridge spans the Álfagjá rift valley (60 feet wide and 20 feet deep) near Grindavik marks the boundary of the Eurasian and North American continental tectonic plates, named after Icelandic explorer Leif Eriksson who travelled from Europe to America 500 years before Columbus.

Reykjanes has a long history of seafaring, and some of the oldest lighthouses in Iceland dot the coastline to guide sailors home. Some fishing towns, as Grindavik, where is located the Salt fish Museum of Iceland and Njarðvík are situated on the peninsula as well as the town Keflavik.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF).

EXTRAS: Participation fee EUR 180,- (Euros).

Volunteers applying for this project should have a motivation for working outdoors. Organised excursions & free time activities for the volunteers! Visit to geothermal active areas are included!

SEEDS 87. Volunteering at the feet of Eyjafjallajökull

16/09 - 30/09

ENVI / CONS

8 Volunteers

Age: 18 +

WORK & STUDY/PROJECT: This is the second time SEEDS volunteers will be working on environmental and nature oriented tasks in this project, based on an Icelandic farm in the South of Iceland, on the feet of the mighty and famous Eyjafjallajökull. Our tasks will mainly be focused on improving the environment in and preparing the place for the winter.

We will assist in fixing houses, isolating walls; install a roof among other tasks. We will also be helping with moving machines and other equipment into the houses.

We will have the opportunity to live and work with an Icelandic family and also participating in the diverse tasks that they are involved in, in their daily lives. This is a unique opportunity to get to know and to experience first-hand how a family in the countryside lives. The farm is big, with sheep, cows and horses, have their own produce and we will have the opportunity to learn about that.

The working plan will be very flexible and you will possibly have the chance to visit more farms in the area and help them as well. It will depend on the needs of our hosts, the advance of the diverse projects in the area and of course on the weather conditions.

We will help to preserve the local environment and explore the surroundings enjoying our free time.

ACCOMMODATION: We will be hosted in a farmhouse, sleeping on mattresses on the floor.

Please bring your own sleeping bag. The house is a fully equipped home, with access to a kitchen, bathroom and a washing machine. We will share the different duties of cooking and cleaning.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: The work camp is in the beautiful south lowlands of Iceland. We will be able to explore and enjoy the south Icelandic lowland, which is made out of sand and rock sediments delivered by the river Þjórsá during the last centuries. The land is covered mostly by green grass and the closeness of the ocean can be felt in the air. The Southern district is known by its geothermal activity which helped to develop important greenhouse agriculture.

The south of Iceland is one of the most popular destinations for travellers as the landscape offers diverse and breathtaking nature. Rivers and waterfalls, mountains, glaciers and long beach's form a contrast and offer a wide range of experiences. The project takes place in an active Icelandic farm in south Iceland.

In this area you will find some of Iceland's most beautiful places, like Þórsmörk, Tindfjöll, Eyjafjallajökull, Skógarfoss, Seljalandsfoss (a waterfall you can walk behind) and Paradísarhellir (Paradise Cave) in addition to finding unique natural and geological heritage sites and relics of a centuries-old forest.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ). SEEDS organises the "minibus option", a shared transport from Reykjavík to the camps and vice-versa, which apart from being cheaper and more convenient, allows volunteers to meet fellow campers and have a relaxed trip, while stopping on the way for interesting and tourist sites.

EXTRAS: Participation fee EUR 180.

Volunteers need to be motivated to work outdoors and be willing to take part in all the diverse projects connected with the work camp.

SEEDS and/or our hosting partner will organise free time activities in the area for the volunteers. This might include horse-back riding, fishing, sight-seeing for a small price, hiking etc.

Place of extreme beautiful natural surroundings with countless opportunities to hike and discover it by foot.

SEEDS 74. RIFF - Reykjavik International Film Festival

19/09 - 05/10

FEST/ART

25 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will be part of the team organising the Reykjavik International Film Festival (RIFF). The festival is 11 days long and will be organised between 22.9. - 2.10. Last year, there were 181 films presented from 33 countries varying from Icelandic shorts to environmental documentaries. The festival has been growing every year since it was first held in 2004.

We will team up with the local Icelandic volunteers especially from the Film studies of the University of Iceland. We will share all types of tasks related to the festival and the group will be split according to the needs and to give everyone the chance to try out different assignments. We might be working also during the weekends, having a chance to enjoy at least one day off during the festival. There will be more free days before and after all the events.

Volunteers are an integral part of creating a special festival atmosphere in Reykjavik. The input of us, volunteers will make a big difference in making the festival an impressive cultural event.

Before starting the festival we might be handing out leaflets, posters and brochures, receiving guests at the airport, driving them to the city, and back, helping the International teams presenting their new releases, selling entrance tickets and festival passes. During the festival we might be controlling the tickets and passes at the entrances in the venues, working as projectionists or cinema attendants, helping during the screenings, guiding and assisting participants and spectators, working on the central information desk, setting up the venues before or after the movies and a wide variety of many different duties.

The tasks are exciting for volunteers interested in films, since we try to give them insight into the working process for a film festival whilst also offering a chance to experience a fun job in a creative atmosphere.

ACCOMMODATION: We will be lodged in a local house in Reykjavik. We will sleep on bunk beds or mattresses, so please bring your own sleeping bag. Food will be provided and cooking, cleaning or common tasks will be shared fairly among the participants.

Do not forget some traditional/typical food from your home country for the international evening.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. Reykjavik is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

LANGUAGE: **English** will be the language in the camp, but high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik (Reykjavik), KEF.

SPECIAL REMARKS / EXTRAS: Participation fee EUR 180,-.

We will have free passes and access to all the screenings of the festival including receptions and "extra events", during our free time.

SEEDS will provide volunteers with passes to access free of charge the city's seven geothermal swimming pools and thermal-water beach.

Tours and excursions will be organised for the group of volunteers at discount fares.

SEEDS 93. Reykjavik - Icelandic traditions & culture

10/10 - 21/10

CULT / HERI / CONS

10 Volunteers

Age: 18+

WORK & PROJECT: SEEDS volunteers in this project will be part of voluntary service combined with non-formal learning activities bringing to the participants knowledge and practical skills on few different Icelandic traditions in the fields of language, gastronomy, folk culture and handcrafts.

SEEDS coordinators (enthusiastic Icelanders) will have prepared lessons on few different issues as:

- Language: Basics of the Icelandic language, its history and basic conversation
- Gastronomy: Cooking lessons on how to prepare some typical Icelandic dishes.
- Folk culture: Guests speakers on folk tales and Icelandic history
- Handcrafts: Icelandic knitting, how to make your own huts, gloves, scarves & "lopapeysur"

SEEDS coordinators will conduct the sessions and take the volunteers to places related to the topics. The sessions will be interactive, sometimes in a room or during the working hours. SEEDS will provide ingredients for the cooking, while materials for the knitting lessons (eg. wool, knitting needles) will be brought/bought by the volunteers themselves according to taste and items to knit.

The group will also work on the new SEEDS volunteers' base in the outskirts of Reykjavik where we will be partly staying. We will be assisting and giving contributions to the future development of SEEDS base and its activities. Painting the house and possibly tending the lot, all depending on weather conditions.

We may work with the city of Reykjavik on trying to keep the city and its public areas lively and charming for locals and guests. Tasks may involve painting to cover graffiti tags, tidying up public spaces, working in the green areas and preparing the city for the winter.

This project combines different tasks in Reykjavik and its surroundings ensuring diversity and various experiences for participating volunteers.

ACCOMMODATION: SEEDS volunteers will stay in two different SEEDS volunteers bases, both fully equipped houses; sleeping in shared rooms. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

LOCATION: The project will take place in the city centre and also in the outskirts of Reykjavik: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". It is an International city with a lively Cosmopolitan cultural scene. The world's northernmost capital bridges the Atlantic, between Europe and North America.

In October, you are likely to see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

Part of the time the group will stay in the hills of Úlfarsfell, or Mountain of Wolves. The location is far enough from the city to be able to enjoy the quality of the country life, pure air, nature and tranquillity but close enough to the capital.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160.

Volunteers have to bring warm clothes, hats, gloves and scarves as part of the project takes place outside. Tours and excursions (Golden Circle, Blue Lagoon or South Shore) will be arranged for SEEDS volunteers at discount fares.

SEEDS 94. Reykjavík - In front & behind the camera

10/10 - 21/10

ARTS / CULT

10 Volunteers

Age: 18+

WORK & STUDY/PROJECT: In this project we want to take our successful photo marathons a step further and combine theatre & camera work. The main objective of the project is to improve the volunteers' skills in front and behind the camera. The main work done will be photography and acting training. Volunteers shall be prepared for flexible time schedule (morning acting sessions, night photographing).

SEEDS coordinators will prepare different topics on which the participants will base their entries; those topics will be mostly related to SEEDS work: Environment and intercultural understanding.

Participants need to take their own digital cameras and its main work will be done taking photographs / videos as well as acting training. The final works of the participants will be exhibited.

The group will also work on the new SEEDS volunteers' base in the outskirts of Reykjavík where we will be partly staying. We will be assisting and giving contributions to the future development of SEEDS base and its activities. Painting the house and possibly tending the lot, all depending on weather conditions.

We may work with the city of Reykjavík on trying to keep the city and its public areas lively and charming for locals and guests. Tasks may involve painting to cover graffiti tags, tidying up public spaces, working in the green areas and preparing the city for the winter.

This project combines different tasks in Reykjavík and its surroundings ensuring diversity and various experiences for participating volunteers.

ACCOMMODATION: SEEDS volunteers will stay in two different SEEDS volunteers bases, both fully equipped houses; sleeping in shared rooms. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

LOCATION: The project will take place in the city centre and also in the outskirts of Reykjavík: Reykjavík is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

In October, you are likely to see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

Part of the time the group will stay in the hills of Úlfarsfell, or Mountain of Wolves. The location is far enough from the city to be able to enjoy the quality of the country life, pure air, nature and tranquillity but close enough to the capital.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 160.

Volunteers have to bring warm clothes, hats, gloves and scarves as part of the project takes place outside. Tours and excursions (Golden Circle, Blue Lagoon or South Shore) will be arranged for SEEDS volunteers at discount fares.

SEEDS 96. Autumn Photo Marathon

24/10 - 04/11

ARTS / ENVI / RENO

12 Volunteers

Age: 18+

WORK & STUDY/PROJECT: This is the fourth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organising this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp! The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon

SEEDS coordinators will prepare different topics on which the participants will base their entries; those topics will be mostly related to SEEDS work: Environment and intercultural understanding.

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking/cycling, flexible time schedule (early morning photo sessions, night photographing).

Volunteers additional work will be at the new SEEDS volunteers' base located in the outskirts of Reykjavík. We will be assisting and giving contributions to the future development of SEEDS volunteering activities. We will help with taking care of the garden in the volunteers centre, painting the house if needed and if weather allows working at the garden and tending the lot.

Volunteers may work with the city of Reykjavík; trying to keep the city and its public areas lively. Tasks may involve painting to cover graffiti tags, tidying up public spaces and face-lifting the city.

ACCOMMODATION: SEEDS volunteers will stay in two different SEEDS volunteers bases, both fully equipped houses; sleeping in shared rooms. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

LOCATION: The project will take place in the city centre and also in the outskirts of Reykjavík: Reykjavík is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

In October & November, you are likely to see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

Part of the time the group will stay in the hills of Úlfarsfell, or Mountain of Wolves. The location is far enough from the city to be able to enjoy the quality of the country life, pure air, nature and tranquillity but close enough to the capital.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180.

Volunteers have to bring warm clothes, hats, gloves and scarves as part of the project takes place outside. Tours and excursions (Golden Circle, Blue Lagoon or South Shore) will be arranged for SEEDS volunteers at discount fares.

SEEDS 98. Winter Photo Marathon

07/11 - 18/11

ARTS / ENVI / RENO

12 Volunteers

Age: 18+

WORK & STUDY/PROJECT: This is the fourth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organising this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp! The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon

SEEDS coordinators will prepare different topics on which the participants will base their entries; those topics will be mostly related to SEEDS work: Environment and intercultural understanding.

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking/cycling, flexible time schedule (early morning photo sessions, night photographing).

Volunteers additional work will be at the new SEEDS volunteers' base located in the outskirts of Reykjavík. We will be assisting and giving contributions to the future development of SEEDS volunteering activities. We will help with taking care of the garden in the volunteers centre, painting the house if needed and if weather allows working at the garden and tending the lot.

Volunteers may work with the city of Reykjavík; trying to keep the city and its public areas lively. Tasks may involve painting to cover graffiti tags, tidying up public spaces and face-lifting the city.

ACCOMMODATION: SEEDS volunteers will stay in two different SEEDS volunteers bases, both fully equipped houses; sleeping in shared rooms. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

LOCATION: The project will take place in the city centre and also in the outskirts of Reykjavík: Reykjavík is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

In November, you are likely to see the Northern lights (Aurora Borealis) in Iceland. In the area closer than 100 Km from Reykjavík, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

Part of the time the group will stay in the hills of Úlfarsfell, or Mountain of Wolves. The location is far enough from the city to be able to enjoy the quality of the country life, pure air, nature and tranquillity but close enough to the capital.

LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180.

Volunteers have to bring warm clothes, hats, gloves and scarves as part of the project takes place outside. Tours and excursions (Golden Circle, Blue Lagoon or South Shore) will be arranged for SEEDS volunteers at discount fares.

SEEDS 99. Advent & Christmas in Reykjavík (1:2)

24/11 - 06/12

SOCI / CULT

20 Vols.

Age: 18+

WORK/PROJECT: In December the city gets busy with people preparing for Christmas. In this time of the year many families struggle to make ends meet and need to reach out for support of any kind.

The Red Cross organises food donations to them and we will assist them during this busy time. The tasks will be to prepare the ware-house for the food-donation-station, put food packages together, organise and classify the food in stock, give the food to the people among other related tasks.

Volunteers will also join the festive atmosphere during some days by handing out hot chocolate in the city centre as a way of fundraising for non-for-profit projects.

We will help in the preparation by putting up the chocolate stations, decorating the tables, making the chocolate and taking it to the different stations around the city. At the end, we will assist in taking down the stations and leaving the areas clean.

Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to perform during the chocolate hand-out and help to create a nice and friendly atmosphere.

ACCOMMODATION: We will stay in a fully equipped house in Reykjavík; sleeping in shared rooms. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

LOCATION: Reykjavik is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavik than pubs and clubs. Reykjavik also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic Ocean on almost all sides.

The population of the city is over 200,000 including the metropolitan area, so two thirds of Iceland's inhabitants live here. It is a dynamic, modern city which lives in harmony with beautiful nature, using renewable energy sources - geothermal power and glacial rivers.

In December the city is lightened up with Christmas lights in "every window". During this month the chances to see spectacular Northern lights (aurora borealis) are very high. The warm geothermal swimming pools offer a great way of relaxation; dipping into a hot pot, surrounded by snow and stars shining above is an experience not to miss.

In the area closer than 100 Km from Reykjavik, there are several spectacular waterfalls, geysers, impressive coastline and the well-known geothermal Blue Lagoon spa to visit.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavik/Reykjavik (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180,- (Euros).

Volunteers have to bring warm clothes, hats, gloves and scarves as part of the project takes place outside.

Tours and excursions (Golden Circle, Blue Lagoon or South Shore) will be arranged for SEEDS volunteers at discount fares.

SEEDS 100. Advents Photo Marathon

24/11 – 06/12

ARTS / ENVI / RENO

12 Volunteers

Age: 18+

WORK & STUDY/PROJECT: This is the fourth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organising this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp! The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon

SEEDS coordinators will prepare different topics on which the participants will base their entries; those topics will be mostly related to SEEDS work: Environment and intercultural understanding.

Participants need to take their own digital cameras and its main work will be done taking photographs on the issues given; the best pictures will be selected for a final exhibit. The last part of the project will be putting up the exhibition.

Volunteers shall be prepared for walking/cycling, flexible time schedule (early morning photo sessions, night photographing).

Volunteers additional work will be at the new SEEDS volunteers' base located in the outskirts of Reykjavík. We will be assisting and giving contributions to the future development of SEEDS volunteering activities. We will help with taking care of the garden in the volunteers centre, painting the house if needed and if weather allows working at the garden and tending the lot.

Volunteers may work with the city of Reykjavík; trying to keep the city and its public areas lively. Tasks may involve painting to cover graffiti tags, tidying up public spaces and face-lifting the city.

ACCOMMODATION: SEEDS volunteers will stay at SEEDS volunteers' base, a fully equipped house; sleeping in shared rooms. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

LOCATION: The project will take place in the outskirts of Reykjavík, in the hills of Mountain of Wolfs. The location is far enough from the city to be able to enjoy the quality of the country life, pure air, nature and tranquillity, but close enough to be able to visit the capital once or twice.

Reykjavík is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

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LANGUAGE: English will be the language of the camp; high proficiency is not required.

TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180.

Volunteers have to bring warm clothes, hats, gloves and scarves as part of the project takes place outside.

Tours and excursions (Golden Circle, Blue Lagoon or South Shore) will be arranged for SEEDS volunteers at discount fares.

SEEDS 101. Advent & Christmas in Reykjavík (2:2)

09/12 - 24/12

SOCI / CULT

20 Vols.

Age: 18+

WORK/PROJECT: In December the city gets busy with people preparing for Christmas. In this time of the year many families struggle to make ends meet and need to reach out for support of any kind.

The Red Cross organises food donations to them and we will assist them during this busy time. The tasks will be to prepare the ware-house for the food-donation-station, put food packages together, organise and classify the food in stock, give the food to the people among other related tasks.

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Volunteers with artistic skills, such as singing, juggling, playing music are encouraged to apply for this camp as they will have the chance to perform during the chocolate hand-out and help to create a nice and friendly atmosphere.

ACCOMMODATION: We will stay in a fully equipped house in Reykjavík; sleeping in shared rooms. Please bring your own sleeping bag.

Food ingredients will be provided and a kitchen will be available, volunteers will share the duties of preparing and cooking meals. Please do not forget some typical food for the international evening, where others can try and taste some specialities from your home countries.

LOCATION: Reykjavík is the capital of Iceland, often called "the nightlife capital of the north". But there is more to Reykjavík than pubs and clubs. Reykjavík also gathers the most interesting of Icelandic culture. It is an incubator of new ideas and styles which often indicates new global trends. It is an International city with a lively Cosmopolitan cultural scene.

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LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest International Airport: Keflavík/Reykjavík (KEF).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180,- (Euros).

Volunteers have to bring warm clothes, hats, gloves and scarves as part of the project takes place outside.

Tours and excursions (Golden Circle, Blue Lagoon or South Shore) will be arranged for SEEDS volunteers at discount fares.

Volunteers wishing to stay longer, for Christmas are welcome to do so!

SEEDS 102. Christmas Photo Marathon

09/12 - 24/12

ARTS / ENVI / RENO

12 Volunteers

Age: 18+

WORK & STUDY/PROJECT: This is the fourth year that SEEDS organizes series of International Photo marathons! Last years' were very successful and we want to continue organising this project! One of our objectives is to deliver messages and draw the attention to the local population through pictures and photos made during the camp! The main idea and task of the project is involvement and participation of the volunteers in the SEEDS Photo Marathon.

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TERMINAL: International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSI).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 180.

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